

DESERT SPRINGS

Gracious Retirement Living

30 West Lambert Lane • Oro Valley, Arizona 85737 • Phone (520) 219-8100 • www.seniorlivinginstyle.com

NOVEMBER 2019

DESERT SPRINGS STAFF

Managers.....DAVID & BRENDA CERVANTES
Assistant Managers ...JOHN & JACKIE DAIGH
Executive Chef..... JUSTIN MURDOCK
Marketing..... JENN GALE
Activity Coordinator LISA MATTHEWS
Bus DriverANTHONY TRUJILLO

TRANSPORTATION

Monday, 10 a.m. and 2 p.m.:
Fry's, Target, Walmart and Walgreens

Tuesday, 9 a.m.-4 p.m.:
Doctor Appointments

Wednesday, 9 a.m.: Outings

Thursday, 9 a.m.-4 p.m.:
Doctor Appointments

Sunday, 8 a.m.-noon:
Church Transportation

HAWTHORN
SENIOR LIVING

Cooking Demo With Marie

In October, Marie prepared for us her Cilantro Lime Coleslaw. Along with her demonstration, Marie gave us a little history on the different kinds of coleslaw. Thank you Marie for sharing your recipe. It was delicious!

If you have a recipe and would like to give a cooking demo, see Lisa, Activities Coordinator.



Everyone enjoying the slaw



Marie preparing the slaw



November Outings

“Some Enchanted Evening”

The Songs of Rodgers and Hammerstein

Tohona Chul Pavilion

Sunday, November 10th

Cost: \$30

Leave at 5 p.m.

Mission Garden

Tour and Picnic

Wednesday, November 13th

Cost: \$5

Leave at 10:10 a.m.

Mission Garden, located at the base of A Mountain, is a living agricultural museum of Sonoran Desert adapted heritage fruit trees, traditional local heirloom crops and edible native plants. Their primary mission is to preserve, transmit and revive the region's rich agricultural heritage by growing garden plots representative of more than 4000 years of continuous cultivation in the Tucson Basin.

Lunch at Dove M Chinese Bistro

Wednesday, November 20th

Leave at 11 a.m.

LIHua founded Dove M Bistro out of a deep love for Chinese food, for food that is fresh, healthy, and authentic. They only use real ingredients at Dove M. Farm fresh eggs, organic tomatoes, freshwater fish, and free-range beef. They strive to make each and every dish a wholesome expression of their love from Chinese food, life, and living.

Old Tucson Studios

Wednesday, November 27th

Cost: \$17.95

Leave at 9:30 a.m.

Old Tucson is one of Arizona's top Wild West attractions, featuring live-action stunt shows, musicals and live entertainment and genuine southwest barbecue. Step back in time as you make your way through town, walking the same streets made famous by movie legends such as John Wayne, Clint Eastwood, Elizabeth Taylor and Kurt Russell. Immortalized in more than 400 films and commercial productions, Old Tucson remains the region's premiere film location.

History of Old Tucson Studios

Old Tucson was originally built in 1939 by Columbia Pictures on a Pima County-owned site as a replica of 1860s era Tucson for the movie “Arizona” (1940), starring William Holden and Jean Arthur. Workers built more than 50 buildings in 40 days. Many of those structures are still standing.

After “Arizona” completed filming, the location lay dormant for several years, until the filming of “The Bells of St. Mary's” (1945), starring Bing Crosby and Ingrid Bergman. Other early movies filmed on this set included “The Last Round-Up” (1947) with Gene Autry and “Winchester '73” (1950) with James Stewart and “The Last Outpost” (1951) with Ronald Reagan. The 1950s saw the filming of “Gunfight at the O.K. Corral” (1957), “The Lone Ranger and the Lost City of Gold” (1958), “Cimarron” (1960) and “Rio Bravo” (1959), among others.

In 1959, entrepreneur Robert Shelton leased the property from Pima County and began to restore the aging facility. Old Tucson reopened in 1960, as both a film studio and a theme park. The park grew building by building with each movie filmed on its dusty streets. John Wayne starred in four movies at Old Tucson. “Rio Bravo” (1959) added a saloon, bank building and doctor's office; “McLintock!” (1963) added the McIntock Hotel; “El Dorado” (1966) brought a renovation of the storefronts on Front Street; and with “Rio Lobo” (1970) came a cantina, a granite-lined creek, a jail and a ranch house.

In 1968, a 13,000 square foot (1,208 square meter) soundstage was built to give Old Tucson greater movie-making versatility. The first film to use the soundstage was “Young Billy Young” (1968), starring Robert Mitchum and Angie Dickinson.

The park also began adding tours, rides and shows for the entertainment of visitors, most notably gunfights staged in the “streets” by stunt performers. One of the rides is a two-foot (610 mm) narrow gauge railroad powered by two Chance Rides C.P. Huntington train sets, which encircles most of the property.

Old Tucson served as an ideal location for shooting scenes for TV series like NBC's “The High Chaparral” (1967-1971) with Leif Erickson and Cameron Mitchell where the ranch house survived the 1995 fire: the 1970s-1980s series “Little House on the Prairie” with Michael Landon, and



A Brief History of Veterans Day

later "Father Murphy," featuring Merlin Olsen and "Petrocelli" (1974-76) used the site. "Three Amigos" was a popular comedy movie shot there in the 1980s with Steve Martin, utilizing the church set. From 1989 to 1992, the western show "The Young Riders" filmed here and at the Mescal, Arizona sister site. The main street appears prominently in 1990s westerns such as "Tombstone" (1993) with Kurt Russell and Val Kilmer. A partial mirror set exists at Mescal and is featured in "The Quick and the Dead" (1995), with Sharon Stone and Gene Hackman which filmed all of the town of Redemption scenes at the studios.

en.wikipedia.org/wiki/Old_Tucson_Studios

Be sure to sign up for outings in the Activity Center.



Claire and Pat enjoying lunch at Popeye's



Sisters, Gerrie and Anna enjoying lunch

Veterans Day, formerly known as Armistice Day, was originally set as a U.S. legal holiday to honor the end of World War I, which officially took place on November 11, 1918. In legislation that was passed in 1938, November 11th was "dedicated to the cause of world peace and to be hereafter celebrated and known as 'Armistice Day.'" As such, this new legal holiday honored World War I veterans.

In 1954, after having been through both World War II and the Korean War, the 83rd U.S. Congress — at the urging of the veterans service organizations — amended the Act of 1938 by striking out the word "Armistice" and inserting the word "Veterans." With the approval of this legislation on June 1, 1954, November 11th became a day to honor American veterans of all wars.

In 1968, the Uniform Holiday Bill ensured three-day weekends for federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day, and Columbus Day. Under this bill, Veterans Day was moved to the fourth Monday of October. Many states did not agree with this decision and continued to celebrate the holiday on its original date. The first Veterans Day under the new law was observed with much confusion on October 25, 1971.

Finally, on September 20, 1975, President Gerald R. Ford signed a law which returned the annual observance of Veterans Day to its original date of November 11th, beginning in 1978. Since then, the Veterans Day holiday has been observed on November 11th.

www.military.com/veterans-day/history-of-veterans-day.html

Join us on Monday, November 11th at 11 a.m. as we honor our veterans at Desert Springs.



NOVEMBER 2019

Birthdays

Candy Kincaid, 3rd
Margaret Smith, 3rd
Robert Gerkin, 6th
Nicki Sindt, 7th
Georgia Erickson, 10th
Joan Hohenstein, 13th
Nancy Jensen, 23rd
Sara Friend, 29th

Anniversaries

Pat & Art Phillips,
11/27/1948
Millie & Rags Ragland,
11/30/2002

Locations

Activity Center, AC
Activity Center
Kitchen, ACK
Atrium, A
Billiards Room, BR
Chapel, CH
Computer Center, CC
Dining Room, DR
Exercise Room, EX
Front Lobby, L
Library, LB
Movie Theater, MT
Swimming Pool, Pool
TV Room, TV

“May your thoughts turn to gratitude this holiday season and carry on throughout the next year.”

—James A. Murphy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<div>DAYLIGHT SAVING TIME ENDS 3</div> <div>8:30 Church Transport, L</div> <div>9:15 Exercise, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bingo with Debbie, AC</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div> <div></div>	<div>7:30 Morning Walking Group, L 4</div> <div>9:20 Chair Exercise & Balance, AC</div> <div>9:30 Bible Study, CH</div> <div>10:00 Mah Jongg, BR</div> <div>10:00 Shopping, L</div> <div>10:00 Pet Partners Therapy Dog, A</div> <div>10:00 Volleyball, A</div> <div>2:00 Bridge, BR</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Shopping, L</div> <div>2:00 Bean Bag Baseball, AC</div> <div>2:15 Mah Jongg, BR</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>ELECTION DAY 5</div> <div>9:20 Chair Exercise, AC</div> <div>10:00 Catholic Communion, CH</div> <div>10:00 Volleyball, A</div> <div>11:00 Memory Enhancement Class, AC</div> <div>11:00 Blood Pressure Checks, TV</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bingo with Right at Home, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 6</div> <div>9:20 Chair Exercise, AC</div> <div>9:30 Errand Day</div> <div>10:00 Unique Fashions, A</div> <div>10:30 Water Aerobics with Laura, Pool</div> <div>2:00 Bunco, AC</div> <div>2:00 Errand Day</div> <div>2:00 Bridge, BR</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Euchre, TV</div> <div>6:45 Evening Movie, MT</div> <div></div>	<div>9:20 Chair Exercise, AC 7</div> <div>10:00 Volleyball, A</div> <div>10:30 Handmade Cards, AC</div> <div>2:00 Bingo with Liz, AC</div> <div>3:00 Mission Garden Presentation, MT</div> <div>6:45 Evening Movie, MT</div> <div></div>	<div>7:30 Morning Walking Group, L 8</div> <div>9:20 Chair Exercise & Balance, AC</div> <div>10:00 Worship Service, CH</div> <div>10:00 Volleyball, A</div> <div>10:45 The Game of Farkle, AC</div> <div>2:00 Entertainment: TLC in Harmony, A</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Wii Bowling, AC</div> <div>6:45 Evening Movie, MT</div>	<div>9:15 Exercise, AC 9</div> <div>10:00 Donut Social, TV</div> <div>10:30 Bean Bag Baseball, AC</div> <div>2:00 Needlework, CH</div> <div>2:00 Movie Matinee, MT</div> <div>3:30 Wii Bowling, AC</div> <div>6:15 Skip-Bo, TV</div> <div>6:45 Evening Movie, MT</div>
<div>8:30 Church Transport, L 10</div> <div>9:15 Exercise, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bingo with Debbie, AC</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>5:00 Outing: “Some Enchanted Evening”</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div> <div></div>	<div>VETERANS DAY 11</div> <div>7:30 Morning Walking Group, L</div> <div>9:20 Chair Exercise & Balance, AC</div> <div>9:30 Bible Study, CH</div> <div>10:00 Shopping, L</div> <div>10:00 Volleyball, A</div> <div>11:00 Veterans Day Ceremony, A</div> <div>2:00 Bridge, BR</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Shopping, L</div> <div>2:15 Mah Jongg, BR</div> <div>2:30 Veterans Day Entertainment with Wild Bill, A</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Chair Exercise, AC 12</div> <div>10:00 Catholic Communion, CH</div> <div>10:00 Volleyball, A</div> <div>11:00 Memory Enhancement Class, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bingo with Right at Home, AC</div> <div>3:00 New Resident Orientation, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 13</div> <div>9:20 Chair Exercise, AC</div> <div>10:00 Volleyball, A</div> <div>10:10 Outing: Mission Garden Tour and Picnic</div> <div>10:30 Water Aerobics with Laura, Pool</div> <div>10:30 Current Events, DR</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bridge, BR</div> <div>6:15 Euchre, TV</div> <div>6:45 Evening Movie, MT</div> <div></div>	<div>9:20 Chair Exercise, AC 14</div> <div>10:00 Nature’s Bounty Handmade Jewelry, A</div> <div>11:00 Yoga with Sasha, LB</div> <div>2:00 Bingo with Liz, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:00 Trivia, A</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 15</div> <div>9:20 Chair Exercise & Balance, AC</div> <div>10:00 Worship Service, CH</div> <div>10:00 Volleyball, A</div> <div>10:45 The Game of Farkle, AC</div> <div>2:00 Wii Bowling, AC</div> <div>2:00 Lifelong Learning Series, MT</div> <div>3:15 Movie Matinee, MT</div> <div>6:45 Evening Movie, MT</div>	<div>9:15 Exercise, AC 16</div> <div>10:00 Donut Social, TV</div> <div>10:00 Paparazzi Jewelry, A</div> <div>10:00 Clear Captions, A</div> <div>10:30 Bean Bag Baseball, AC</div> <div>11:00 Book Club, CH</div> <div>2:00 Singalong with Bill, A</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Needlework, CH</div> <div>3:30 Wii Bowling, AC</div> <div>6:15 Skip-Bo, TV</div> <div>6:45 Evening Movie, MT</div>
<div>8:30 Church Transport, L 17</div> <div>9:15 Exercise, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bingo with Debbie, AC</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 18</div> <div>9:20 Chair Exercise & Balance, AC</div> <div>9:30 Bible Study, CH</div> <div>10:00 Mah Jongg, BR</div> <div>10:00 Shopping, L</div> <div>10:00 Pet Partners Therapy Dog, A</div> <div>10:00 Volleyball, A</div> <div>2:00 Bridge, BR</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Shopping, L</div> <div>2:00 Bean Bag Baseball, AC</div> <div>2:15 Mah Jongg, BR</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Chair Exercise, AC 19</div> <div>10:00 Catholic Communion, CH</div> <div>10:00 Mary Kay Cosmetics, A</div> <div>11:00 Memory Enhancement Class, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bingo with Right at Home, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 20</div> <div>9:20 Chair Exercise, AC</div> <div>10:00 Volleyball, A</div> <div>10:30 Water Aerobics with Laura, Pool</div> <div>10:30 Parkinson’s Support Group, AC</div> <div>11:00 Outing: Lunch at Dove M Chinese Bistro</div> <div>2:00 Errand Day</div> <div>2:00 Errand Day, L</div> <div>2:00 Birthday Celebration with Wild Bill, A</div> <div>2:00 Bridge, BR</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Euchre, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Chair Exercise, AC 21</div> <div>10:00 Volleyball, A</div> <div>10:30 Handmade Cards, AC</div> <div>11:00 All About Ears with Susan Tek, AC</div> <div>2:00 Bingo with Liz, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:00 Trivia, A</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 22</div> <div>9:20 Chair Exercise & Balance, AC</div> <div>10:00 Worship Service, CH</div> <div>10:00 Volleyball, A</div> <div>10:45 The Game of Farkle, AC</div> <div>2:00 Wii Bowling, AC</div> <div>2:00 Art Talk: “Richard Diebenkorn Point of Departure,” MT</div> <div>3:15 Movie Matinee, MT</div> <div>6:45 Evening Movie, MT</div>	<div>9:15 Exercise, AC 23</div> <div>10:00 Donut Social, TV</div> <div>10:30 Bean Bag Baseball, AC</div> <div>2:00 Needlework, CH</div> <div>2:00 Movie Matinee, MT</div> <div>3:00 Game Show: “What’s My Line,” A</div> <div>3:30 Wii Bowling, AC</div> <div>6:15 Skip-Bo, TV</div> <div>6:45 Evening Movie, MT</div> <div></div>
<div>8:30 Church Transport, L 24</div> <div>9:15 Exercise, AC</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bingo with Debbie, AC</div> <div>3:30 Wii Bowling, AC</div> <div>4:00 Coloring Group, AC</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 25</div> <div>9:20 Chair Exercise & Balance, AC</div> <div>9:30 Bible Study, CH</div> <div>10:00 Shopping, L</div> <div>10:00 Volleyball, A</div> <div>2:00 Antarctica Presentation by John Dupont, MT</div> <div>2:00 Bridge, BR</div> <div>2:00 Shopping, L</div> <div>2:15 Mah Jongg, BR</div> <div>3:30 Bean Bag Baseball, AC</div> <div>6:15 Mexican Train, TV</div> <div>6:45 Evening Movie, MT</div>	<div>9:20 Chair Exercise, AC 26</div> <div>10:00 Catholic Communion, CH</div> <div>10:00 Volleyball, A</div> <div>11:00 Memory Enhancement Class, AC</div> <div>11:45 Resident/Chef’s Meeting, DR</div> <div>2:00 Bingo with Right at Home, AC</div> <div>2:00 Walker Repair, A</div> <div>2:00 Movie Matinee, MT</div> <div>6:15 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 27</div> <div>9:20 Chair Exercise, AC</div> <div>9:30 Outing: Old Tucson Studios</div> <div>10:00 Volleyball, A</div> <div>10:30 Current Events, DR</div> <div>10:30 Water Aerobics with Laura, Pool</div> <div>11:45 Resident/Manager’s Meeting, DR</div> <div>2:00 Movie Matinee, MT</div> <div>2:00 Bridge, BR</div> <div>2:00 Singalong with Visiting Angels, A</div> <div>6:15 Euchre, TV</div> <div>6:45 Evening Movie, MT</div> <div></div>	<div>THANKSGIVING DAY 28</div> <div>9:20 Chair Exercise, AC</div> <div>10:00 Volleyball, A</div> <div>11:00 Yoga with Sasha, LB</div> <div>11:45 Resident/Chef’s Meeting, DR</div> <div>2:00 Bingo with Liz, AC</div> <div>2:00 Movie Matinee, MT</div> <div>3:00 Trivia, A</div> <div>6:45 Evening Movie, MT</div>	<div>7:30 Morning Walking Group, L 29</div> <div>9:20 Chair Exercise & Balance, AC</div> <div>10:00 Worship Service, CH</div> <div>10:00 Volleyball, A</div> <div>10:45 The Game of Farkle, AC</div> <div>2:00 Wii Bowling, AC</div> <div>2:00 Movie Matinee, MT</div> <div>6:45 Evening Movie, MT</div> <div></div>	<div>9:15 Exercise, AC 30</div> <div>10:00 Donut Social, TV</div> <div>10:30 Bean Bag Baseball, AC</div> <div>2:00 Needlework, CH</div> <div>2:00 Movie Matinee, MT</div> <div>3:30 Wii Bowling, AC</div> <div>6:15 Skip-Bo, TV</div> <div>6:45 Evening Movie, MT</div> <div></div>



Studio “C” Hair Salon at Desert Springs

Desert Springs has a wonderful Hair Salon located out the back doors to the right. Carol Smith, the owner, is an experienced beautician with over 30 years of salon ownership. She enjoys doing hair and loves having her salon at Desert Springs. Carol enjoys working with our residents and her prices are amazingly affordable. Whether you need a trim or a new hairstyle, check out the salon! Carol is awesome and she loves what she does. The salon hours are: Tuesday, 8:30 a.m.-1 p.m.; Wednesday and Thursday, 8:30 a.m.-3:30 p.m.; Friday, 8:30 a.m.-4 p.m. Please call 561-248-5934 to make an appointment. Women's Haircut: \$18; Men's \$14.



Benefits of Walking for Seniors

Experts have said that walking could be the best exercise for seniors; it's an effective way to reduce the risk for chronic conditions and improve your overall health. Some of the benefits of walking for seniors include:

Improves heart health. For seniors, walking offers numerous heart health benefits. Getting your heart rate up daily leads to a reduction in the risk for high blood pressure and high cholesterol, and even coronary heart disease.

Lowers blood sugar. After eating, taking a 15-minute walk has been shown to reduce the after-eating spike in blood sugar some seniors can experience. Your body is using blood sugar more effectively to strengthen muscles, and insulin works better, too.

Reduces pain. Studies have shown that walking helps reduce some pain due to chronic conditions like arthritis. Some seniors experience lower back pain, and walking even just three times a week for around 20 minutes can help strengthen abdominal and back muscles to decrease chronic back pain.

Low participation cost. After you've invested in a good, sturdy pair of shoes, you can walk basically anywhere — for free! When the weather permits, head to the park for a stroll on the path or simply walk around your neighborhood. If it's too cold or rainy to go outside, head to a shopping mall instead.

Promotes social engagement. Walking offers an easy way for seniors to meet up with others, whether you join a walking group with friends or simply engage with neighbors while out on your daily walk. You can meet new people and enjoy your environment each day.

Boosts mental health. A daily walk can help you feel more positive about life. The endorphins released during physical activity create a sense of well-being, reduce anxiety and boost your mood.

www.asccare.com/walking-beneficial-seniors/

Join the Walking Group every Monday, Wednesday and Friday. We meet in the lobby at 7:30 a.m.



Steve and Wanda



Ruth and Bob enjoying their morning walk around the community



Handmade Card Making With Misti

Twice a month, Misti teaches a group on how to make cards. Each month she has a theme appropriate for the season. If you enjoy card making or would like to give it a try, join us on Thursday, November 7th and 21st at 10:30 a.m. in the activity center.



Everyone busy at work making their cards

Book Club News

By Kay Gragg

At our November 16th meeting we will be discussing "House of Thieves" by Charles Belfoure. It takes place in 1886 New York. A respectable architect shouldn't have a connection to the notorious gang of thieves and killers that rules the underbelly of the city. But when John Cross's son racks up an unfathomable gambling debt to Kent's Gents, Cross must use his inside knowledge of high society mansions and museums to craft a robbery even the smartest detectives won't solve. With a newfound talent for sniffing out easy targets, Cross becomes invaluable to the gang. But his entire life has become a balancing act, and it will take only one mistake for it all to come crashing down.

Join us in the Chapel on Saturday, November 16th at 11 a.m. All are welcome. Maxine Campbell is the Chairwoman of the group and can answer any questions you may have.



Welcome New Residents

We welcome all our new residents to Desert Springs! We are excited you have chosen Desert Springs to be your new home. We have so much fun with outings, entertainment, activities and just socializing. You are invited to attend our New Resident Orientation on Tuesday, November 12th at 3 p.m. in the activity center. At that time, you will learn how to sign up for outings, doctor appointments and shopping trips, along with additional information to make your transition a pleasant one. If you are unable to attend this month's orientation, you are always welcome to attend a future one. If you have any questions, please see Lisa, Activities Coordinator, and she will be more than happy to answer any questions you have.

DESERT SPRINGS
Gracious Retirement Living

30 West Lambert Lane
Oro Valley, AZ 85737



Fall in love... with the season

Embrace Autumn without the worry of rising utility costs and home maintenance issues. Enjoy the freedom that our gracious retirement lifestyle has to offer. Please give us a call or stop by any day of the week for a complimentary meal and tour.

520-219-8100

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