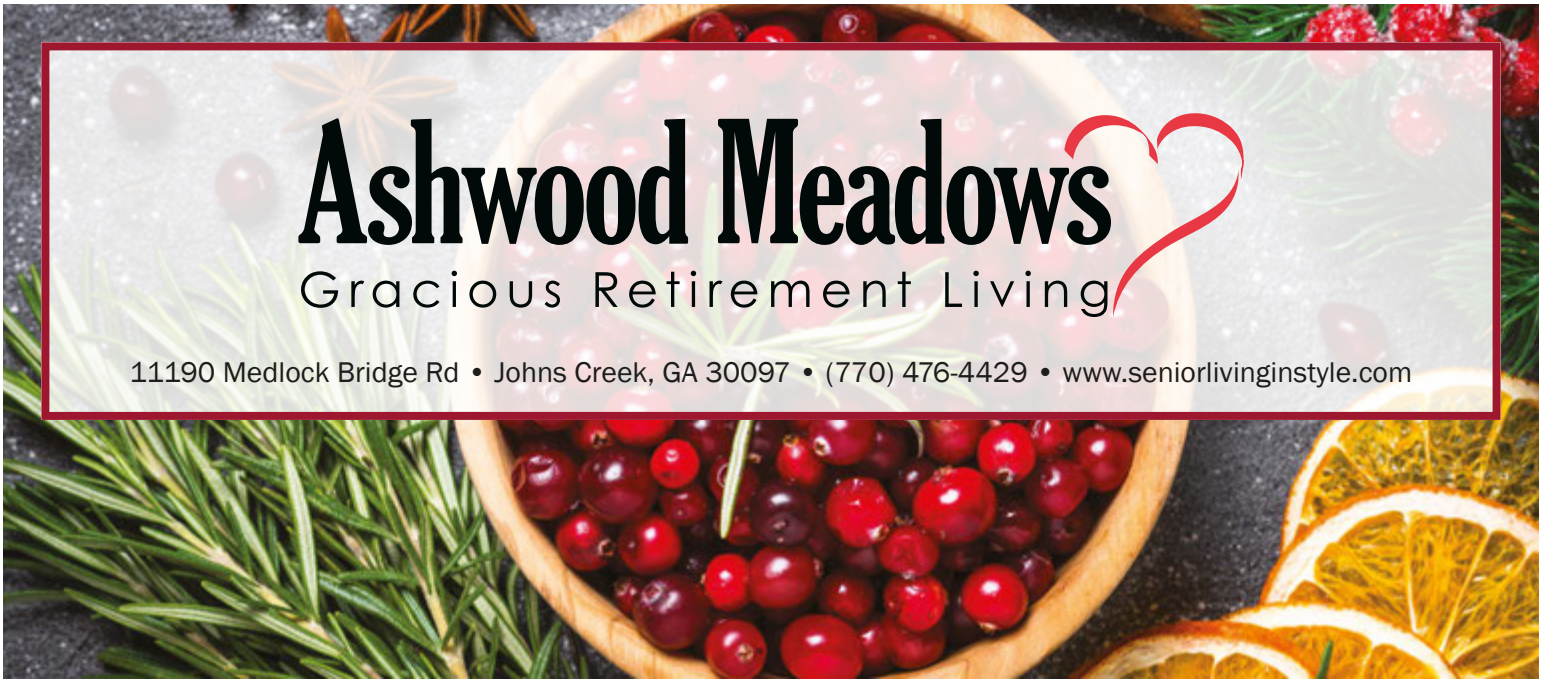


Ashwood Meadows

Gracious Retirement Living

11190 Medlock Bridge Rd • Johns Creek, GA 30097 • (770) 476-4429 • www.seniorlivinginstyle.com

NOVEMBER 2019

ASHWOOD MEADOWS STAFF

Managers.....CHRIS & GAYLENE CARPENTER
Assistant Managers ..... LEE & LISA MCDOUGALD
Executive Chef..... COURTNEY SMITH
Activity Coordinator .....SHEILA BAILEY
Maintenance Coordinator.....FELIX PICHARDO
Transportation .....ROBERT WATSON

TRANSPORTATION

Monday, 9:30 a.m. and 2 p.m.:
Shopping in The Johns Creek/Suwanee Area

Tuesday, 8:30 a.m.-3 p.m.: Appointments

Wednesday, TBD: Outing Day

Thursday, 8:30 a.m.-3 p.m.: Appointments

Friday, 9:30 a.m.:
Shopping in The Johns Creek/Suwanee Area

Volunteer Appreciation Program

Remember that the happiest people are not those getting more, but those giving more.

—H. Jackson Brown, Jr.

We are so thankful for our wonderful volunteers at Ashwood! They truly do make a difference! Whether assisting with activities, cutting up paper for our Trivia, calling Bingo, updating our daily activity sheet, etc., every minute of your time is invaluable. Thank you again for all you do to help things run smoothly as Ashwood!

(Photos continued inside)

Volunteer Appreciation Program *(Continued)*

Always A Reason To Dance

Music gives everyone a reason to dance! Bob H. and Bernadette E. graced the Activity Room floor with a few smooth moves while their faces gleamed with happiness! Keep on dancing guys!!

"It is music and dancing that make me at peace with the world."
—Nelson Madella

Happy dancers Bob H. and Bernadette E.

Be Thankful

It is often hard to be thankful in a world that is so full of disappointment, anger, hate and selfishness, but we indeed have so many blessings. As we enter into the holiday season of Thanksgiving, let us all take a moment to reflect and remember all the people who adorn our lives. Share love with those who cross your path. It could be a smile, a hug, a hello, or an ear for someone who needs a friend. By appreciating your blessings, you could help someone else who doesn't recognize how blessed they are.

All month, we will be sharing what we are thankful for. A "Thankful Box" will be located in the Activity Room for you to drop off your thankful sheets!

Also, consider picking up a can good or two for our October Can Food Drive. Giving is a blessing. Sheila B.

"When I started counting my blessings, my whole life turned around."

— Willie Nelson

First Classic Celebrity Bowl-Off

It was all game faces at our First Classic Celebrity Bowl-Off at Ashwood! Each competitor did an awesome job! Thank you to all who participated! Our top Bowler was Marion “Millie Majors” A., with a score of 225.

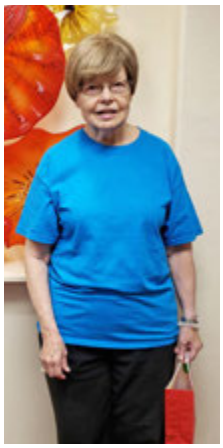
Anne “Artistic Arm” C. scored 170.

Bob “Battle Boom” P. scored 167.

Merlyn “The Magician” M. scored 149.

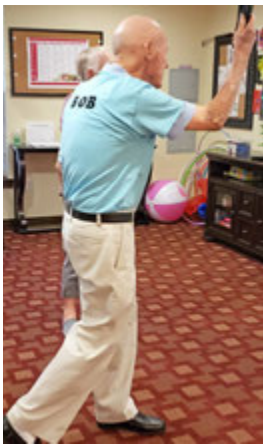
Our Wii Bowling competition continues, so drop by the Activity Room and join the fun!

Marion “Millie Majors” A., checking out her first throw!

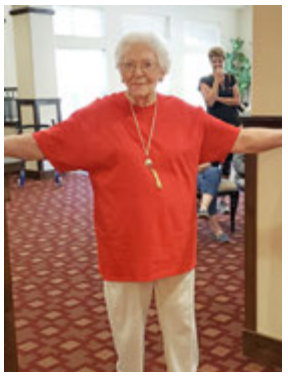


Top Bowler, Marion “Millie Majors” A.!

Anne “Artistic Arm” C., gazing at the screen for her score.

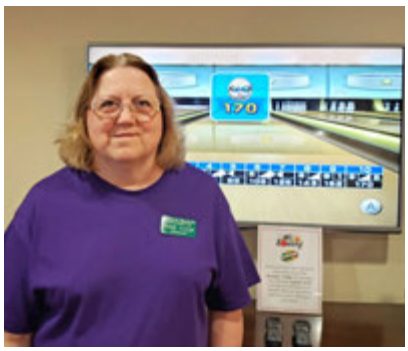


Bob ‘Battle Boom” P., following through with perfect form!

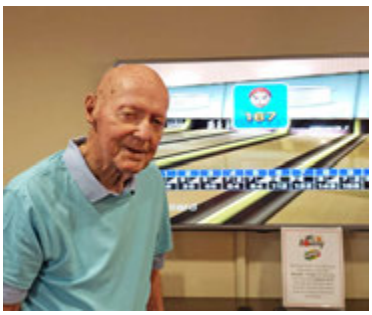


Merlyn “The Magician” M., with arms extended as she hits her first strike!

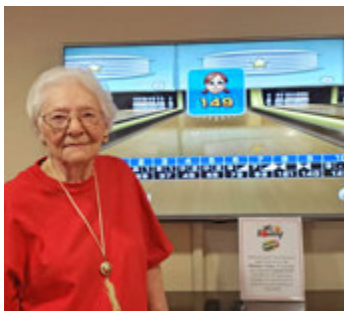
Marion “Millie Majors” A., posing with her score of 225.



Anne “Artistic Arm” C., posing with her score of 170.



Bob ‘Battle Boom” P., posing with his score of 167.



Merlyn “The Magician” M., posing with her score of 149.

Group photo of the winners!

Bowlers showing off their famous names!

NOVEMBER 2019

Birthdays

JoAnn Lockhart, 2nd
Freda Meador, 4th
Nancy Patterson, 9th
Marines, 10th
Sheila Bailey, 12th (Employee)
Mary Anna Hunter, 15th
Caroline Hardt, 15th
Trish Applebee, 20th
Ethel Faricelli, 23rd
Peggy Nut, 27th
Catherine Newberry, 30th

Locations

Activity Room, AR
Backyard Patio, BP
Billiards, BL
Chapel, CH
Computer Room, CR
Dining Room, DR
Dining Room Bump Out, DRBO
Gym 3rd Floor, GYM
Library, LIB
Main Lobby, ML
Meadows Corner Cafe, MCC
Movie Theater, MT
Patio 4th Floor, PT
Private Dining Room, PDR
Television Room, TR

Reemick's Hair Salon

- 678-500-6737
- Call for appointment.
- Open Thursday and Saturday.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Can Goods Food Drive, AR 1 10:00 Let's Get Movin', AR **11:00 Snoopy Gingerbread House, AR** 11:15 Communion, CH **11:30 Hugs with Sheila B., AR** 2:00 Bible Study, CH **2:30 Ashwood Weavers, MCC** **4:00 Happy Hour Sponsor: Golden Home Services, AR** **4:00 Happy Hour with Paula Jones, AR** 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 2 11:00 Wii Bowling, AR **11:00 Ashwood Weavers, MCC** 2:00 Funny Money Bingo, DRBO 3:00 Mahjong, TR 3:00 Silly Saturday Matinee, MT **3:00 Non-Partisan Voter Registration, ML** 4:00 Rummikub 7:00 Evening Movie, MT
DAYLIGHT SAVING TIME ENDS 3 **Can Goods Food Drive, AR** 11:15 St. Benedict's Catholic Service and Eucharist, CH 2:00 Worship Service, AR 2:00 Sunday Matinee, MT 3:00 Rummikub 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 4 10:00 Weights & Cardio, AR 11:00 Chit Chat with Sheila B., AR 2:00 Funny Money Bingo, DRBO *2:00 Special Call for Bingo with Eileen, DRBO* **3:30 Ashwood Weavers, MCC** 7:00 Billiards, BL 7:00 Evening Movie, MT	**ELECTION DAY** 5 **Can Goods Food Drive, AR** 10:00 Yoga with Gina, AR 11:00 Name That Tune, AR **2:00 Resident & Management Meeting, AR** 2:00 Balloon Volleyball, AR 2:00 Bridge, BL 3:00 Meadows Market (3rd Floor) 3:00 Rummikub 7:00 Evening Movie, MT	**Outing: Steve's Sister's Cabin, ML** 6 **Can Goods Food Drive, AR** 2:00 Mahjong, TR 2:00 Western Wednesday Matinee, MT 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 7 10:00 Stretch Bands & Come on Cardio, AR 11:00 Trivia, AR 2:00 Meadows Market 3:00 Funny Money Bingo, DRBO 4:00 Rummikub 4:10 Prayer Group, LIB 7:00 Evening Movie, MT 7:00 Bridge, BL	**Can Goods Food Drive, AR** 8 10:00 Let's Get Movin', AR **11:00 Snoopy Gingerbread House, AR** 11:15 Communion, CH **11:30 Hugs with Sheila B., AR** 2:00 Bible Study, CH **2:30 Ashwood Weavers, MCC** **4:00 Happy Hour Sponsor: Memory Care Atlanta, AR** **4:00 Happy Hour with Steve Chappelle, AR** 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 9 11:00 Wii Bowling, AR **11:00 Ashwood Weavers, MCC** 2:00 Funny Money Bingo, DRBO 3:00 Mahjong, TR 3:00 Silly Saturday Matinee, MT 4:00 Rummikub 7:00 Evening Movie, MT
Can Goods Food Drive, AR 10 11:15 St. Benedict's Catholic Service and Eucharist, CH 2:00 Worship Service, AR 2:00 Sunday Matinee, MT 3:00 Rummikub 7:00 Evening Movie, MT	**VETERANS DAY** 11 **Can Goods Food Drive, AR** 10:00 Weights & Cardio, AR **11:00 Veterans Day Program, AR** **2:00 Veterans Day Music with Tina & Rick, AR** 3:00 Funny Money Bingo, DRBO **3:30 Ashwood Weavers, MCC** 7:00 Billiards, BL 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 12 10:00 Yoga with Gina, AR 11:00 Name That Tune, AR *12:30 Piano with Rick Corrao, DR* 2:00 Balloon Volleyball, AR 2:00 Bridge, BL 3:00 Meadows Market (3rd Floor) 3:00 Rummikub 7:00 Evening Movie, MT	**Outing: Zoo Atlanta & Six Feet Under Pub, ML** 13 **Can Goods Food Drive, AR** 2:00 Mahjong, TR 2:00 Western Wednesday Matinee, MT 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 14 10:00 Stretch Bands & Come on Cardio, AR 11:00 Trivia, AR 2:00 Meadows Market 3:00 Funny Money Bingo, DRBO 4:00 Rummikub 4:10 Prayer Group, LIB 7:00 Evening Movie, MT 7:00 Bridge, BL	**Can Goods Food Drive, AR** 15 10:00 Let's Get Movin', AR **11:00 Wine Cork Craft, AR** 11:15 Communion, CH **11:30 Hugs with Sheila B., AR** 2:00 Bible Study, CH **2:30 Ashwood Weavers, MCC** **4:00 BYOB to Happy Hour, AR** **4:00 Happy Hour with Cindy Bell, AR** 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 16 **10:00 Fall Craft and Vendor Show** **10:00 Non-Partisan Voter Registration, ML** 11:00 Wii Bowling, AR **11:00 Ashwood Weavers, MCC** 2:00 Funny Money Bingo, DRBO 3:00 Mahjong, TR 3:00 Silly Saturday Matinee, MT 4:00 Rummikub 7:00 Evening Movie, MT
Can Goods Food Drive, AR 17 11:15 St. Benedict's Catholic Service and Eucharist, CH 2:00 Worship Service, AR 2:00 Sunday Matinee, MT 3:00 Rummikub **3:00 Piano with Eduardo, DR** 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 18 10:00 Weights & Cardio, AR 11:00 Chit Chat with Sheila B., AR 2:00 Funny Money Bingo, DRBO *2:00 Special Call for Bingo with Eileen, DRBO* **3:30 Ashwood Weavers, MCC** 7:00 Billiards, BL 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 19 10:00 Yoga with Gina, AR 11:00 Name That Tune, AR **11:30 Ambassador Meeting, MT** 2:00 Balloon Volleyball, AR 2:00 Bridge, BL 3:00 Meadows Market (3rd Floor) 3:00 Rummikub 7:00 Evening Movie, MT	**Outing: Mystery Outing, ML** 20 **Can Goods Food Drive, AR** 2:00 Mahjong, TR 2:00 Western Wednesday Matinee, MT 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 21 10:00 Stretch Bands & Come on Cardio, AR 11:00 Trivia, AR 2:00 Meadows Market **3:00 Chef's Chat, AR** 4:00 Rummikub 4:10 Prayer Group, LIB 7:00 Evening Movie, MT 7:00 Bridge, BL	**Can Goods Food Drive, AR** 22 **9:00 Perimeter Church Children Craft, AR** 10:00 Let's Get Movin', AR 11:15 Communion, CH **11:30 Hugs with Sheila B., AR** 2:00 Bible Study, CH **2:30 Ashwood Weavers, MCC** **4:00 Happy Hour with Tom & Holly, AR** **4:00 Happy Hour Sponsored by "Surprise," AR** 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 23 11:00 Wii Bowling, AR **11:00 Ashwood Weavers, MCC** 2:00 Funny Money Bingo, DRBO 3:00 Mahjong, TR 3:00 Silly Saturday Matinee, MT 4:00 Rummikub 7:00 Evening Movie, MT
Can Goods Food Drive, AR 24 11:15 St. Benedict's Catholic Service and Eucharist, CH 2:00 Worship Service, AR 2:00 Sunday Matinee, MT 3:00 Rummikub 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 25 10:00 Weights & Cardio, AR 11:00 Chit Chat with Sheila B., AR 2:00 Funny Money Bingo, DRBO **3:30 Ashwood Weavers, MCC** 7:00 Billiards, BL 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 26 10:00 Yoga with Gina, AR 11:00 Name That Tune, AR 2:00 Balloon Volleyball, AR 2:00 Bridge, BL 3:00 Meadows Market (3rd Floor) 3:00 Rummikub 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 27 2:00 Mahjong, TR 2:00 Western Wednesday Matinee, MT **2:00 Single & Let's Mingle Mixer, AR** 2:30 St. Benedict's Catholic Rosary, CH 3:30 Bean Bag Baseball, AR 7:00 Evening Movie, MT	**THANKSGIVING DAY** 28 **Can Goods Food Drive, AR** 10:00 Stretch Bands & Come on Cardio, AR 11:00 Trivia, AR **12:30 Gobble Gobble Thanksgiving Lunch, DR** 2:00 Meadows Market 3:00 Funny Money Bingo, AR 4:00 Rummikub 4:10 Prayer Group, LIB 7:00 Evening Movie, MT 7:00 Bridge, BL	**Can Goods Food Drive, AR** 29 10:00 Let's Get Movin', AR **11:00 Leaf Bowl Craft, AR** 11:15 Communion, CH **11:30 Hugs with Sheila B., AR** 2:00 Bible Study, CH **2:30 Ashwood Weavers, MCC** **4:00 Happy Hour Sponsor: Lily's Pharmacy, AR** **4:00 Happy Hour with Craig Gleason, AR** 7:00 Evening Movie, MT	**Can Goods Food Drive, AR** 30 11:00 Wii Bowling, AR **11:00 Ashwood Weavers, MCC** 2:00 Funny Money Bingo, DRBO 3:00 Mahjong, TR 3:00 Silly Saturday Matinee, MT 4:00 Rummikub 7:00 Evening Movie, MT

Ashwood Meadows would like to honor and salute all those who served to make our lives safe. Thank you, we are truly grateful.

- Al Meyers: Navy
- Allen Lockhart: Army
- Bill Dieter: Navy
- Bob Haas: Army
- Bob Perry: Army
- Clay Messer: Army
- Don Benton: Navy
- Ed Scheiman: Air Force
- George "Buddy" Clifton: Air Force
- Len Perlman: Army
- Maynard Englebrecht: Air Force
- Ray Leathers: Air Force
- Sheila Bailey: Army
- Wayne Riebow: Navy

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

—John F. Kennedy

An elderly woman had just returned to her home from an evening at church service, when she was startled by an intruder. As she caught the man in the act of robbing her home of its valuables, she yelled, "Stop! Acts 2:38!" (Repent and be baptized, in the name of the Lord, so that your sins may be forgiven.)

The burglar stopped in his tracks. The woman calmly called the police and explained what she had done. As the officer cuffed the man to take him in, he asked the burglar, "Why did you just stand there? All the old lady did was yell scripture at you."

"Scripture?" replied the burglar. "She said she had an axe and two .38s!"

Frozen Pumpkin Pie

Here's an easy, YUMMY dessert for your TUMMY!

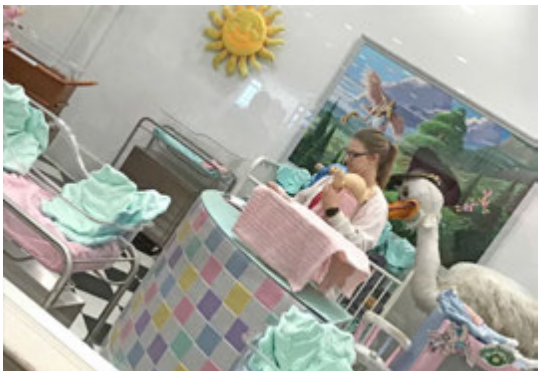
Serves: 8 to 10

- 1 pint vanilla ice cream
- 1 cup pure pumpkin
- 1/2 teaspoon pumpkin pie spice
- 1 store-bought graham cracker crust
- Whipped cream, for decorating and/or serving

1. Soften the vanilla ice cream in the microwave, about 30 seconds.
2. Beat the ice cream, pumpkin and pumpkin pie spice until smooth. Pour into the graham cracker crust and freeze at least 3 hours or until firm.
3. Garnish and/or serve with whipped cream, if desired.

Babies, Babies Everywhere

Our outing to BabyLand General was just a cutie patootie of a trip! We even had the opportunity to witness Momma Cabbage giving birth! What a fun trip! Be sure to check in the Activity Room for a list of our outings. See you on one of them soon.



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