# November 2019
## In The Moment – Memory Support

created with Sagely

Gardenview
Assisted Living & Memory Care

26096 Elm Street
Calumet Township, MI
49913
906-337-0800

AE Artistic Expression
CC Community Connections
CE Continuing Education
LL Lifestyle & Leisure
PE Physical Engagement
SS Spiritual Support

Healthy Snacks &
Hydration offered throughout
each day!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | | | | **1**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Fitness Fun<br>12:30 AE Creative Expressions<br>2:00 LL **Happy Hour! Socialize over Drinks and Snacks!**<br>2:00 CE **Local History Interests & Education w/ Robert Sakkinen**<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Friday's Flick and Popcorn Party! | **2**<br>8:00 SS Salon Saturday!<br>9:30 SS Spiritual Music & Sing-a-longs<br>10:30 PE Simple Stretches<br>12:30 AE Creative Expressions<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News |
| **Daylight Saving Time Begins**<br>**3**<br>8:00 AE Salon Sunday!<br>10:00 SS *"Let The Bible Speak"- WLUC TV 6 program & Spiritual Music*<br>12:30 AE Creative Expressions<br>2:00 LL **Ice Cream Sunday Social**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Family Movie Night & Popcorn Party! | **4**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Movement for Memory<br>12:30 AE Creative Expressions- Manicure Mondays!<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **Election Day**<br>**5**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Move and Groove<br>12:30 AE Creative Expressions<br>2:00 CE **Local History Interests & Education w/ Robert Sakkinen**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **6**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Sit and Be Fit<br>1:00 AE **Bocce Ball!**<br>1:00 LL **Pet Therapy w/ Bowser**<br>1:00 SS **Scripture Reading- Nondenominational Bible Study w/ Robert Sakkinen**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **7**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Gentle Exercises<br>12:30 LL Brain Games<br>2:00 LL **Cheesecake Sampler Social**<br>2:00 CE **Local History Interests & Education w/ Robert Sakkinen**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **8**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Fitness Fun<br>12:30 AE Creative Expressions<br>2:00 LL **Happy Hour! Socialize over Drinks and Snacks!**<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Friday's Flick and Popcorn Party! | **9**<br>8:00 SS Salon Saturday!<br>9:30 SS Spiritual Music & Sing-a-longs<br>10:30 PE Simple Stretches<br>12:30 AE Creative Expressions<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News |
| **10**<br>8:00 AE Salon Sunday!<br>10:00 SS *"Let The Bible Speak"- WLUC TV 6 program & Spiritual Music*<br>12:30 AE Creative Expressions<br>2:00 LL **Ice Cream Sunday Social**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Family Movie Night & Popcorn Party! | **Veterans Day**<br>**11**<br>8:30 AE Morning Makeover and Music<br>10:30 CC **Outing! - Lunch at Pilgrim River Steak House!**<br>12:30 AE Creative Expressions- Manicure Mondays!<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **National Chicken Soup for the Soul Day!**<br>**12**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Move and Groove<br>12:30 SS **Chicken Soup for the Soul - Inspirational Story Hour**<br>2:00 CE **Local History Interests & Education w/ Robert Sakkinen**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **13**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Sit and Be Fit<br>1:00 PE **Bocce Ball!**<br>1:00 LL **Pet Therapy w/ Bowser**<br>1:00 SS **Scripture Reading- Nondenominational Bible Study w/ Robert Sakkinen**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **14**<br>8:30 AE Morning Makeover and Music<br>9:30 CC **Portage Blood Pressure Clinic**<br>10:30 PE Gentle Exercises<br>12:30 LL Brain Games<br>2:00 CE **Local History Interests & Education w/ Robert Sakkinen**<br>2:00 LL **Tiramisu Social**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **15**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Fitness Fun<br>12:30 AE Creative Expressions<br>2:00 LL **Happy Hour! Socialize over Drinks and Snacks!**<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Friday's Flick and Popcorn Party! | **16**<br>8:00 SS Salon Saturday!<br>9:30 SS Spiritual Music & Sing-a-longs<br>10:30 PE Simple Stretches<br>12:30 AE Creative Expressions<br>2:00 AE ***Live Music with Pete Anttila and the TRV Crew!***<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News |
| **National Baklava Day!**<br>**17**<br>8:00 AE Salon Sunday!<br>10:00 SS *"Let The Bible Speak"- WLUC TV 6 program & Spiritual Music*<br>12:30 AE Creative Expressions<br>2:00 LL **Baklava Social!**<br>2:00 LL **Ice Cream Sunday Social**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Family Movie Night & Popcorn Party! | **18**<br>8:30 AE Morning Makeover and Music<br>10:00 SS **Catholic Mass with Rev. Gracious Pulimoottil**<br>10:30 PE Movement for Memory<br>12:30 AE Creative Expressions- Manicure Mondays!<br>2:00 CE **Cooking Corner! - Magic Scones!**<br>2:30 SS **Baptist Service w/ Pastor Joel**<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **19**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Move and Groove<br>1:00 AE **Bill White Accordion Hour**<br>2:00 CE **Local History Interests & Education w/ Robert Sakkinen**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **20**<br>8:30 AE Morning Makeover and Music<br>10:15 CE ***Taste & Tell! - Homemade Banana and Zucchini Bread!***<br>12:30 AE Creative Expressions<br>1:00 LL **Pet Therapy w/ Bowser**<br>1:00 SS **Scripture Reading- Nondenominational Bible Study w/ Robert Sakkinen**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **21**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Gentle Exercises<br>1:00 SS **Faith Lutheran Service**<br>2:00 CE **Local History Interests & Education w/ Robert Sakkinen**<br>2:00 LL **Pecan Caramel Cake Social**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **22**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Fitness Fun<br>12:30 AE Creative Expressions<br>2:00 LL **Happy Hour! Socialize over Drinks and Snacks!**<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Friday's Flick and Popcorn Party! | **23**<br>8:00 SS Salon Saturday!<br>9:30 SS Spiritual Music & Sing-a-longs<br>10:30 PE Simple Stretches<br>12:30 AE Creative Expressions<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News |
| **24**<br>8:00 AE Salon Sunday!<br>10:00 SS *"Let The Bible Speak"- WLUC TV 6 program & Spiritual Music*<br>12:30 AE Creative Expressions<br>2:00 LL **Ice Cream Sunday Social**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Family Movie Night & Popcorn Party! | **National Parfait Day!**<br>**25**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Movement for Memory<br>1:00 AE **Build Your Own Parfait!**<br>2:00 AE **Artistic Expressions**<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **26**<br>8:30 AE Morning Makeover and Music<br>10:30 CC **Outing- Lunch at Quincy's Restaurant**<br>12:30 AE Creative Expressions<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **27**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Sit and Be Fit<br>12:30 AE Creative Expressions<br>1:00 LL **Pet Therapy w/ Bowser**<br>1:00 SS **Scripture Reading- Nondenominational Bible Study w/ Robert Sakkinen**<br>2:00 LL **Blueberry Cobbler Tulip Muffin Social!**<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **Thanksgiving**<br>**28**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Gentle Exercises<br>12:30 CE *Brain Games- Thanksgiving Puzzles and Brain Builders*<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News | **29**<br>8:30 AE Morning Makeover and Music<br>10:30 PE Fitness Fun<br>12:30 AE Creative Expressions<br>2:00 LL **Happy Hour! Socialize over Drinks and Snacks!**<br>2:00 CE **Local History Interests & Education w/ Robert Sakkinen**<br>3:00 LL Puzzle Builders<br>5:30 LL Activity Hour<br>6:30 LL Friday's Flick and Popcorn Party! | **30**<br>8:00 SS Salon Saturday!<br>9:30 SS Spiritual Music & Sing-a-longs<br>10:30 PE Simple Stretches<br>12:30 AE Creative Expressions<br>3:00 AE Puzzle Builders<br>5:30 LL Activity Hour<br>6:00 CE Evening News |

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