



ASTON GARDENS®

At Pelican Marsh

By Discovery Senior Living

4800 Aston Gardens Way • Naples, FL 34109 • (239) 593-1923

Newsletter

Published monthly by Residents of
Aston Gardens.

Editor: Mimi Romero

(Director of Recreation & Events)

I thank all our contributors and photographers!

The deadline for stories for the December

2019 issue is November 10th, 2019.

Want to submit a story or photograph to
the editor?

Send me an email at

mromero@astongardens.com,

place your story or photograph at the front desk,

call me at (239) 254-6295,

or stop by my office.

Thank you!

With
Sympathy



Deep Condolences

To the families of our recently lost friends
and neighbors

- Emily Park - Phyllis White

May they rest in Peace.

Find us on



November 2019

From the Desk of...



Kenneth M. Williams (Executive Director)

As we say goodbye to October and enter November, my mind drifts to the many questions this month will bring and, in some instances, answers as well. The month of November will tell me whether or not the NFL football team I root for will have a fighting chance this season. In the same spirit, I will learn the plight of the Nittany Lions as this is when the games matter. At some point, November will end and leave the answer of what kind of hurricane season just passed. November may clue me in on whether or not I am capable of growing a beard should I participate in 'Movember'. Doubtful, but you never know.

Of the many questions November will offer, none is more paramount than "What am I thankful for?". Sure, that is an easy answer, as the words "family, friends, health", exist to roll off the tongue without contemplation. Strangely, I would also say that I am thankful for these little baby dinosaurs that run about our campus day and night. Big ones, tiny ones, and medium sized lizards with one intention; mischief. At a closer glance, you will see that they are kind to one another despite many collisions. I am thankful for Harmony the cat in building three. *Continued on the next page . . .*

Independent Living

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Kenneth M. Williams

Business Office Manager

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Director of Resident Relations

Heidi Viera

Director of Recreation & Events

Mimi Romero

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Henry Perez

Executive Chef

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Director of Facility Operations

Miguel Hoyos

Director of Housekeeping

Maria Escobar

Director of Security &

Transportation

David B. Ogilvie

Assisted Living

AL Administrator

Mary Tracy

Director of Health & Wellness

Gary Eissman

Memory Care

Garden Program Director

Johanna Espinosa

Have questions or concerns?

Please come to us. Our doors are always open to you and your family.

The feline met me once and came to me as if to say, "Ken, my old friend, you may now resume petting me." I am thankful that there is only one speed bump around the bend of building two, if only because it makes me ponder where its partner may have gone. I am thankful for every memory I have, good or bad. I am thankful for our team members who operate with a joy of service every day. I am thankful for the resident who thanks me just as I am for the resident who challenges me, as they feed a perfect balance of gratification and determination. I am thankful for those that say something can't be done as a seed of challenge is one I will enjoy watering day and night.

Although I could go on and on, the point is that there are so many things that each person can be thankful for, unique perspectives and aspects of life that are uniquely meaningful to them.

My greatest hope, in this month of Thanksgiving, is that a litany of wonderful responses roll off of your tongue when you contemplate for which you are thankful. In the event this is a challenge, think of the little things. It might be that wonderful bite of cereal when it has soaked in the milk just perfectly. Perhaps, it is a gentle breeze that cools your lanai to be 'just right'. Maybe it is the thought of mischief and heckling Tiburon golfers from a

window in building five. I guarantee there are so many things for which to be thankful. In the event you have difficulty finding something to be thankful, please let me know, and as family does, I will gladly share that which I find thanks with you, big, tiny, and medium.



Dalton Patt

Meet the Staff at Aston Gardens

By Al Starr

DALTON PATT is one of the newest members of the staff. He is one of the drivers who serve us so well and so cheerfully as they deliver us to doctors' offices, banks, businesses and other spots in the Naples community. But he is also working in security during the graveyard shift.

He was born in Janesville, Wisconsin but the family moved to Naples when he was five.

Continued on the next page . . .

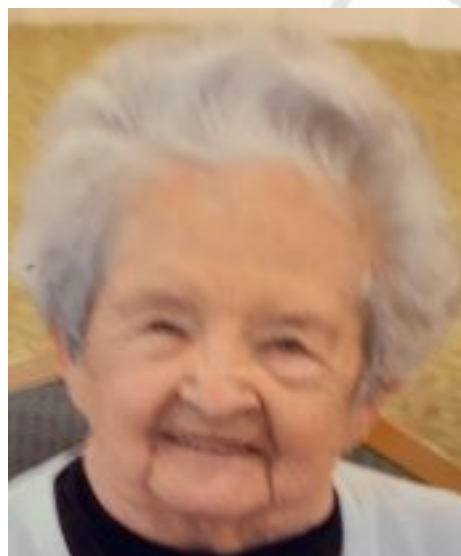
He attended high school at Everglades City where he played baseball, basketball and football. He is young.... only 22.... but he is confident and self-assured. He is engaged to a girl he has known since they were together in grade school.

He has been a member of the staff for less than three weeks but when asked how well he likes the job this is what he had to say.....in his own words:

"I absolutely LOVE it here. I work with a smile on my face and a song in my heart ALL DAY LONG. I try not to worry about tomorrow.....it may never come. Each day is a new adventure."

Pretty sound philosophy, isn't it?

His ultimate goal is to finish college with a degree in criminal justice. We wish him God speed and we will enjoy him while he is with us.



Olga Helen Troiano

Meet Your Neighbors in Aston Gardens

By Al Starr

OLGA HELEN TROIANO was born in Harbin, Manchuria and lived there for nine years before the family moved to Shanghai. She spent the next nine years there and learned to speak English in the Shanghai schools. Her parents were Russian and emigrated from Russia during the revolution. Her father served in the White army and when the Red army was triumphant he fled to China.

Olga married an Italian-American and came to San Francisco in 1947. Her husband was a Lieutenant Colonel in the Army.

They traveled extensively and had eight children. Two were born in Rhode Island and one in each of the following cities: Chicago, St. Petersburg, Colorado Springs and New Yorkplus one in Japan and one in Germany. She currently has 21 grandchildren and 17 great grandchildren.

Obviously, Olga is well traveled and well educated. She speaks several languages including French, Russian, German and English.

She likes to paint, particularly with oils and her apartment is full of lovely art and photography.

Very interesting woman.

Off Campus Dinner Club

By Rosemary Blakemore

On a lovely Sunday afternoon 36 residents gathered at the clubhouse to dine at one of Naples' Bayside Restaurant.

Upon arrival we were escorted to an elevator to reach our special destination: a private room with a lovely view of Venetian Bay, which was very enjoyable.

A very large menu with many selections awaited us. We could choose crispy calamari, coconut shrimp or baked Brie, or other tasty items. Salads were plentiful, such as beet salad and classic Caesar.

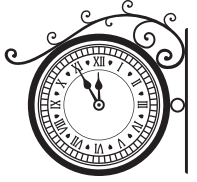

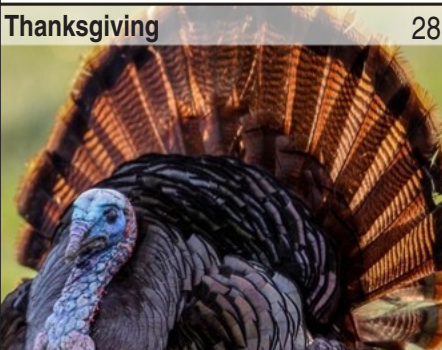
Many residents ordered roast duck, bone-in grilled pork chops, rack of lamb, chicken penne or steak.

To finish off the delicious dinner there was a selection of sorbets.

On November 10th we will be going to the Cheesecake Factory, located across from the Coastland Mall. What a great selection of food! There are steaks, seafood and pork chops. There are also small plates of flatbreads, fried macaroni and cheese, chicken sliders and pizza.

To make your reservation please call Rosemary Blakemore at 250-1136 by November 7th and be at the clubhouse by 4:00 pm as the buses leave at 4:30 pm.

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>Fall Back! Daylight Saving Time Ends</p></div>	<div><p>Thank You VETERANS</p></div>	<div></div>	<div></div>	<div>WATCH CHANNEL 3! Keep up to date with menu, daily activities & community news by watching our local channel 3. A few minutes each day keeps you informed and in the know.</div>	<div>Token Friday 1 9:00 BR Fitness Class 9:30 Catholic Rosary & Communion @ The Inn 9:30 DEPART: Trader Joe's 1:00 GR Mahjong 1:00 V Rummikub 1:30 DEPART: Bonita Thrift Stores 2:00 GR Hand & Food Card game 2:00 BR Stretching with Megan 6:30 BR Live Entertainment by Casanova & Company</div>	<div>Cocktail Time Saturday 2 9:15 BR Stretch & Strength video Fitness 9:30 DEPART: Naples Zoo 10:15 BR Stronger Seniors Chair Yoga 1:00 GR Euchre Card Game 1:00 V Mahjong 1:00 V Sequence 2:15 DEPART: St. John's Church 3:15 DEPART: St. Agnes Church</div>
<div>Daylight Saving Time Ends / Transportation to Churches 3 10:00 BR Non-Denominational Church Service 1:00 V Bridge 1:00 GR Pinochle Club 3:00 BR Afternoon Matinee & Popcorn</div>	<div>Margarita Monday 4 9:00 BR Fitness Class 10:30 GR Coloring Book 1:00 V Cribbage 1:30 DEPART: Rt. # 1 \$ Store, TJ Maxx, Bealls & Target 3:00 GR Flowers Arrangements 4:00 PD Chaplet & Rosary 6:45 BR BINGO!</div>	<div>Election Day / Martini Tuesday 5 9:00 PG Putting 10:15 P Aquacise 10:30 DEPART TO VOTE! 10:45 BR Spanish Class 1:00 GR Pinochle Club 2:00 DEPART: Publix 2:00 GR Ping Pong 3:30 GR Mexican Train Dominoes 7:00 BR Poker</div>	<div>Happy Hour Wednesday 6 9:00 BR Fitness Class 10:00 DEPART: Immokalee Casino 10:00 GR Mahjong 11:00 GR Hearing Aids Check 1:00 V Mahjong 1:00 V Rummikub 3:00 GR Wine, Splash & Painting with Sandra 6:45 BR BINGO!</div>	<div>Beer & Wine Thursday / DEPART: Publix / Super Walmart: 9:30 & 11:30 am. Publix: 1:30 pm. 7 9:00 PG Putting 9:30 V Bridge 9:30 BR Tai Chi Class 10:00 GR Mahjong for Beginners 10:15 P Aquacise 10:30 GR Bagels with Buddies 1:00 V Mahjong 3:00 BR Show & Tell (AG Neighbors Creations) 4:00 Trivia @ The Bar 7:00 GR Poker</div>	<div>Token Friday 8 9:00 BR Fitness Class 9:30 Catholic Rosary & Communion @ The Inn 10:30 DEPART: Broadway Palm (Finding Neverland) Lunch & Show 12:00 BR Toastmasters Meeting 1:00 GR Mahjong 1:00 V Rummikub 2:00 GR Hand & Food Card game 2:00 BR Stretching with Megan 6:30 BR Live Entertainment by Gregg Clemons</div>	<div>Cocktail Time Saturday 9 9:15 BR Stretch & Strength video Fitness 10:15 BR Stronger Seniors Chair Yoga 1:00 GR Euchre Card Game 1:00 V Mahjong 1:00 V Sequence 2:15 DEPART: St. John's Church 3:15 DEPART: St. Agnes Church 7:00 DEPART: Artis Naples / Pops / Cirque at the Movies</div>
<div>Transportation to Churches 10 10:00 BR Non-Denominational Church Service 1:00 V Bridge 1:00 GR Pinochle Club 3:00 BR Afternoon Matinee & Popcorn 4:30 DEPART: Off Campus Dinner Club (The Cheesecake Factory)</div>	<div>Veterans Day / Margarita Monday 11 9:00 BR Fitness Class 1:00 V Cribbage 1:30 DEPART: Rt. # 2 CVS, Publix & Stein Mart 1:30 BR HONORING OUR VETERANS! 3:00 BR Discovery University 4:00 PD Chaplet & Rosary 6:45 BR BINGO!</div>	<div>Martini Tuesday 12 9:00 PG Putting 9:30 BR Tai Chi Class 10:15 P Aquacise 10:30 DEPART: Movies @ Paragon Pavilion 10:45 BR Spanish Class 1:00 GR Pinochle Club 2:00 DEPART: Publix 2:00 L Tech Time with Patricia 2:00 BR Wii Tennis 3:30 GR Mexican Train Dominoes 7:00 BR Poker</div>	<div>Happy Hour Wednesday 13 9:00 BR Fitness Class 10:00 DEPART: Homegoods, Big Lots, \$ Store & Fresh Market 10:00 GR Mahjong 1:00 V Mahjong 1:00 V Rummikub 2:00 Book Club by The Bar 3:00 Mass @ The Inn 3:00 PD Writing Group 3:30 BR Thanksgiving Show 6:45 BR BINGO!</div>	<div>Beer & Wine Thursday / DEPART: Publix / Super Walmart: 9:30 & 11:30 am. Publix: 1:30 pm. 14 9:00 PG Putting 9:30 V Bridge 9:30 BR Tai Chi Class 10:00 GR Mahjong for Beginners 10:15 P Aquacise 11:30 Mary Kay Pampering by The Bar 12:00 BR Expedia Cruise Ship Center 1:00 V Mahjong 4:00 Trivia @ The Bar 7:00 GR Poker</div>	<div>Token Friday 15 9:00 BR Fitness Class 9:30 Catholic Rosary & Communion @ The Inn 9:30 DEPART: Ft. Myers Fleamarket & Lunch TBD 1:00 GR Mahjong 1:00 V Rummikub 2:00 GR Hand & Food Card game 2:00 BR Stretching with Megan 6:30 BR Live Entertainment by Mended Hearts Trio</div>	<div>Cocktail Time Saturday 16 9:15 BR Stretch & Strength video Fitness 10:15 BR Stronger Seniors Chair Yoga 1:00 GR Euchre Card Game 1:00 V Mahjong 1:00 V Sequence 2:15 DEPART: St. John's Church 3:15 DEPART: St. Agnes Church 7:00 DEPART: Artis Naples / Masterworks / Symphonic Dances</div>
<div>Transportation to Churches 17 10:00 BR Non-Denominational Church Service 1:00 V Bridge 1:00 DEPART: Cambier Park (Naples Dixieland Jazz Band) 1:00 GR Pinochle Club 1:45 DEPART: St. John's Church (Kristallnacht Presentation) 3:00 BR Afternoon Matinee & Popcorn</div>	<div>Margarita Monday 18 9:00 BR Fitness Class 10:30 GR Coloring Book 1:00 V Cribbage 1:30 DEPART: Rt. # 3 Super Walmart & Super Target 2:00 GR Crafter's Corner 4:00 PD Chaplet & Rosary 6:45 BR BINGO!</div>	<div>Martini Tuesday 19 9:00 PG Putting 9:30 BR Tai Chi Class 10:15 P Aquacise 10:30 DEPART: DSW, Bealls & Bed Bath & Beyond 10:45 BR Spanish Class 1:00 GR Pinochle Club 2:00 DEPART: Publix 3:00 BR New Residents Welcome Social and Monthly Birthday Celebration 3:30 GR Mexican Train Dominoes 7:00 BR Poker</div>	<div>Happy Hour Wednesday 20 9:00 BR Fitness Class 9:30 DEPART: Naples Tour & Lunch @ Campiello Ristorante 10:00 GR Mahjong 1:00 V Mahjong 1:00 V Rummikub 3:00 GR Wine, Splash & Painting with Sandra 6:45 BR BINGO!</div>	<div>Beer & Wine Thursday / DEPART: Publix / Super Walmart: 9:30 & 11:30 am. Publix: 1:30 pm. 21 9:00 PG Putting 9:30 V Bridge 9:30 BR Tai Chi Class 10:00 GR Mahjong for Beginners 10:15 P Aquacise 1:00 V Mahjong 4:00 Trivia @ The Bar 6:00 BR Men's Movie Evening with Beer & Popcorn 7:00 GR Poker</div>	<div>Token Friday 22 9:00 BR Fitness Class 9:30 Catholic Rosary & Communion @ The Inn 9:30 DEPART: Michaels, PetSmart & The Home Depot 12:00 BR Toastmasters Meeting 1:00 GR Mahjong 1:00 V Rummikub 1:30 DEPART: 11th Annual Artist Show & Sale (Unique Boutique) 2:00 GR Hand & Food Card game 2:00 BR Stretching with Megan 6:30 BR Live Entertainment by Perry Fotos</div>	<div>Cocktail Time Saturday 23 9:15 BR Stretch & Strength video Fitness 9:30 DEPART: Collier County Library 10:15 BR Stronger Seniors Chair Yoga 1:00 GR Euchre Card Game 1:00 V Mahjong 1:00 V Sequence 2:15 DEPART: St. John's Church 3:15 DEPART: St. Agnes Church</div>
<div>Transportation to Churches 24 10:00 BR Non-Denominational Church Service 1:00 V Bridge 1:00 GR Pinochle Club 3:00 BR CABARET SHOW BY CARL EVANS!</div>	<div>Margarita Monday 25 9:00 BR Fitness Class 1:00 V Cribbage 1:30 DEPART: Rt. # 4 Marshalls, Hobby Lobby, Tuesday Morning, \$ Store & Walmart 2:00 GR Musical Bingo 4:00 PD Chaplet & Rosary 6:45 BR BINGO!</div>	<div>Martini Tuesday 26 9:00 PG Putting 9:30 BR Tai Chi Class 10:15 P Aquacise 10:30 DEPART: SEPHORA @ Waterside Shops 10:45 BR Spanish Class 1:00 GR Pinochle Club 2:00 DEPART: Publix 2:00 L Tech Time with Patricia 3:30 GR Mexican Train Dominoes 3:30 BR Town Hall Meeting 7:00 BR Poker</div>	<div>Happy Hour Wednesday 27 9:00 BR Fitness Class 10:00 DEPART: Coastland Center 10:00 GR Mahjong 1:00 V Mahjong 1:00 V Rummikub 3:00 GR Wine, Splash & Painting with Sandra 6:45 BR BINGO!</div>	<div>Thanksgiving 28 </div>	<div>Black Friday / Token Friday 29 9:00 BR Fitness Class 9:30 Catholic Rosary & Communion @ The Inn 9:30 DEPART: Miromar Outlets 1:00 GR Mahjong 1:00 V Rummikub 2:00 GR Hand & Food Card game 6:30 BR The Big Band Years (DVD)</div>	<div>Cocktail Time Saturday 30 9:15 BR Stretch & Strength video Fitness 10:15 BR Stronger Seniors Chair Yoga 1:00 GR Euchre Card Game 1:00 V Mahjong 1:00 V Sequence 2:15 DEPART: St. John's Church 3:15 DEPART: St. Agnes Church 7:00 DEPART: Artis Naples (Holiday Favorites / Handel's Messiah)</div>



Anna Fuglsang 11/1
Miles Zeedyk 11/4
Sylvana Kocher 11/5
Erika Sibenmann 11/8
Lois Dever 11/9
Frank Nigrelli 11/10
Donna Garrison 11/11
Joe Delfino 11/12
Martha Broeker 11/13
Al Santos 11/14
David Isaacson 11/16
Denise McLean 11/16
Marguerite Atwell 11/17
Joyce Wells 11/17
Miriam Levy 11/18
Laura Smock 11/19
Rosemarie DeRosette 11/21
Paul Kleinheinz 11/22
Mary Sylvan 11/23
Stella Quaday 11/25
Jane Moates 11/27
Fredda Isaacson 11/28



Joseph and Janice Bunting
4 - 302
Dr. David Hiles 5 - 309
Patricia Counts &
Thomas Feehan 7 - 115

PUTTING REPORT

Sept. 24 Those gals sure are pesky. They chased the men the whole way and finally tied them on the last hole. Unfortunately, the men go last on Tuesday. Marty stepped up and dropped his put in the cup. You could have heard a ball drop. 7 to 6 for the men.

Sept. 26 The ladies were in fine form. In fact, Jeanne was on a slash and burn program. "Take that, you men" she said as she proceeded to knock in five putts. The boys could only gape in awe as she destroyed them 10 to 4. Congratulations, Jeanne.

Oct. 1 It's another day and another story. The boys scored 6 times before the girls could

ladies stayed for a practice session.

Oct 8 The girls are using secret weapons. It has come to our attention that Velma was loaned an exceptional weapon to be used against the men. Use it she did, knocking in 3 putts. Unfortunately the weapons in the rest of the ladies' quivers were not as productive. Tho they led for most of the game in the end it was the boys 10 to 7. Dave and Marty combined for a total of 7 themselves. Good show.

Oct. 10 Surprise, surprise!!!! Pancakes again today!!! Overcast, dull day. The play was close most of the way.

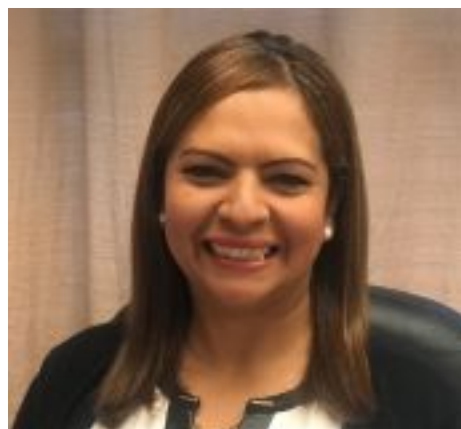
figure out what happened. When they finally sank one it was too late. Miles was deadly. Kinda reminded you of Wyatt Earp in his prime. The ladies succumbed 11 to 3. All the putters enjoyed a beautiful morning. It doesn't get any better than this.

Oct 3 Gosh the months go by quickly. It only seems like yesterday that we last ate pancakes. And here they were again in all their plump glory waiting to be slathered with syrup. YUMMY!!!! But to the task at hand. The pancakes are but a prelude to the game. At the conclusion the score stood 7 for the men and 5 for the ladies. I must report that some of the

As happens frequently on one hole a team scores multiple times which puts them ahead for good. Thus the men won again 11 to 8.

Oct. 15 Magnificent morning. Waffles for breakfast. Very close game until the last 2 holes when the men roared ahead. Tom and Bud led the scoring with 4 and 3 hios respectively. Velma's weapon was idle today. Fran and Joyce and others scored for the ladies. Final.....men 9, ladies 6.





Maria Escobar
Director of Housekeeping

Be thankful for all you have . . .

As many of you know I am Maria Escobar, Housekeeping Director at Aston Gardens, born and raised in Venezuela (South America). While living in Venezuela I went to college and studied technology and data base systems. I have lived in Naples since 2002 and have a daughter who is 14 years old who loves sports.

In my free time, I enjoy nature, practice yoga and participate with the community in programs to clean up the beaches and protect our marine life.

For more than a decade, I have proudly been a part of the housekeeping team at Aston Gardens. This community has given me the opportunity to grow and develop professionally. I started working here as a housekeeper in bldg. 3. After a couple of years I was promoted to the position of supervisor and for the last 3 years I had the honor of

directing an awesome housekeeping team. My goal as a Director of housekeeping is to ensure that our residents enjoy a safe and clean environment, and to go the extra mile always looking to exceed expectations.

I would like to take this opportunity to remind you that during the holiday season in order to allow my employees to spend time with their families, we will adjust the work schedules of the housekeepers to service all residents that are on the schedule.

The month of November is one of my favorite times in which the most special holiday begins. Thank you in advance for your understanding of the importance of allowing, when possible, my team members to enjoy their time with their families, a time when all of us pause to thank and be grateful for everything we have achieved, shared and lived all year. I am grateful for the wonderful residents like you! Thank you for choosing our community as your home.



ASTON GARDENS RESIDENTS VISIT ROBERTS RANCH

By Bill Kaye

On Friday, September 27, 2019, 18 residents of Aston Gardens visited the Immokalee Pioneer Museum, better known as "Roberts Ranch."

We started our tour in the museum, an old converted church building that had been moved to the Roberts Ranch site to serve as a museum, and that contains informational exhibits on life in the Immokalee area in the 1900s. We then went over to the Roberts Ranch House itself, that housed Mr. and Mrs. Roberts and their 9 children. We toured the inside of the house. Surrounding the relatively small main house were a number of outbuildings such as a kitchen, and a smoke house, and a bunk house for the cowboys and horse stalls. (In early times, it was customary to put the kitchen in an outbuilding in case the kitchen caught fire; in that case, the kitchen fire wouldn't burn down the house.)

After our visit to Roberts Ranch, we drove about a mile away to Lozano's Mexican Restaurant for a delicious luncheon meal of tacos, burritos, fajitas, and other Mexican foods. Then, we returned home to Aston Gardens. Thanks, too, to our driver Archie Archer, Mimi Romero and Sandra Ricardo from the Activities Department.

