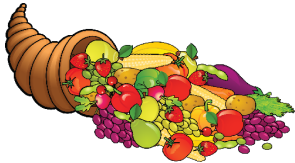


The Courtyards November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key of Abbreviations AL = Assisted Living B = Bistro BR = Billiards Room Bldg. 235 DR = Dining Room L = Lounge PDR = Private Dining Room REC = Recreation & Events	Blood Pressure Clinic  Have your blood pressure taken, plus ask a nurse anything on Tuesdays from 9:15 a.m. to 9:45 a.m. in the Bistro	Salvation Army Donations A collection barrel is in the REC where you can drop off your unwanted items Seamstress Alterations Every Tuesday at 10:00 a.m. a seamstress will pickup & drop off your items (L)	 HAPPY THANKSGIVING		1 9:00 Billiards (BR) 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Bunco (REC) 6:30 Poker (Bldg. 249 lobby)	2 9:15 Seniorcise w/ Maria (REC) 10:00 Paparazzi Jewelry Sale (B) 10:15 Red Barn Flea Market 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room Reminder: Turn clocks back one hour before going to bed and get an extra hour of sleep!
3 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:15 Fall Colors Concert 1:30 Christian Worship (REC) 4:00 Bingo (REC) Daylight Saving Time (DST) Ends Today - clocks are moved back one hour from 2am DST to 1am standard time	4 9:00 Exercise w/ Donna (REC) 10:00 Tech Support (REC) 10:00 Rosary (REC) 10:15 Walking Group (B) 10:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 4:00 Fred's Market Buffet 6:00 Mahjong Game (REC) 6:15 Mex. Train Dominos (REC)	5 9:00 Billiards (BR) 9:00 Salus Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Exercise w/Tammi (REC) 10:00 Mary Kay sales (L) 10:15 Goodwill Super Store 1:00 Discovery University (REC) 6:30 Hand and Foot (REC)	6  8:00 Podiatrist (REC) 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 11:30 Birthday Luncheon (DR) 1:00 Euchre/Cards/Mahjong (REC) 4:15 Happy Hour with Mike (L) 5:30 Bridge/6:00 Rummy Cube (REC)	7 9:00 Exercise w/ Donna (REC) 9:30 Supermarket Trip 10:00 Manicures (please sign-up) 10:00 Magnolia Jewelry Sale (B) 10:30 Arthritic Water Exercise (Pool) 11:00 Art & Water Color Group (REC) 11:00 Salus Health Chat (REC) 12:30 Bridge Game (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	8 9:00 Billiards (BR) 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 11:30 Lunch at Italian Kitchen 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Poker (Bldg. 249 lobby)	9 9:15 Seniorcise w/ Maria (REC) 10:30 Line Dancing (REC) 2:00 Building 237 Social (L) 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
10 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 12:45 Manatee Players 1:30 Christian Worship (REC) 4:00 Bingo (REC) Today is the U.S. Marine Corps Birthday 	11 VETERANS DAY 10:15 Walking Group (B) 10:30 Veteran's Day Event (REC) 12:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 3:30 Hearing Aid/Balance (REC) 6:00 Mahjong Game (REC) 6:15 Patriotic Concert at UMC 6:15 Mex. Train Dominos (REC)	12 9:00 Billiards (BR) 9:00 Salus Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Exercise w/Tammi (REC) 11:30 Bealls Department Store 2:00 Monthly Resident Social (L/B) 6:30 Hand and Foot (REC)	13 7:45 MacDill Air Force Base 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 1:00 Euchre/Cards/Mahjong (REC) 4:15 Happy Hour with Mike (L) 5:30 Bridge/6:00 Rummy Cube (REC)	14 9:00 Exercise w/ Donna (REC) 9:30 Supermarket Trip 10:30 Arthritic Water Exercise (Pool) 11:00 Art & Water Color Group (REC) 11:00 TouchStone Health Chat (REC) 11:30 Dermatology Clinic (Signup) (AL) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	15 9:00 Billiards (BR) 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Bunco (REC) 6:30 Poker (Bldg. 249 lobby)	16  9:15 Mystery Trip 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room - Walt Disney launches EPCOT Center (Experimental Prototype Community of Tomorrow) on this day in 1965
17 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Kings Point Theater 1:30 Christian Worship (REC) 4:00 Bingo (REC) - NHL's Chicago Blackhawks played their 1st game, beating Toronto St Patricks 4-1 on this day in 1926	18 9:00 Exercise w/ Donna (REC) 10:00 Tech Support (REC) 10:15 Walking Group (B) 10:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:15 Mex. Train Dominos (REC)	19 9:00 Billiards (BR) 9:00 Salus Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Exercise w/Tammi (REC) 4:15 Happy Hour with Dennis (L) 6:30 Hand and Foot (REC) 7:00 Give Thanks  Evening Party (REC)	20 9:15 Seniorcise w/ Maria (REC) 10:30 Exercise with Diane (REC) 10:40 Men's Club at Community Hall TBD - Movie Theater in Town 1:00 Euchre/Cards/Mahjong (REC) 1:30 Front Porch Pickers 4:15 Happy Hour with Mike (L) 5:30 Bridge/6:00 Rummy Cube (REC)	21 9:00 Exercise w/ Donna (REC) 9:30 Supermarket Trip 10:30 Arthritic Water Exercise (Pool) 11:00 Art & Water Color Group (REC) 1:30 Ambassador Event (REC) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	22 9:00 Billiards (BR) 9:00 Seniorcise w/ Maria (REC) 10:00 Christmas Traditions Store 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Bunco (REC) 6:30 Poker (Bldg. 249 lobby)	23 9:15 Seniorcise w/ Maria (REC) 10:30 Line Dancing (REC) 2:00 Ladies Tea (Please sign-up for planning purposes) (B)  3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room
24 8:30 Worship Transp. 9:15 Catholic Communion Service (REC) 1:30 Christian Worship (REC) 4:00 Bingo (REC) - American Woman's Suffrage Association (AMSA) formed on this day in 1865	25 9:00 Exercise w/ Donna (REC) 10:15 Walking Group (B) 10:30 Wal-Mart Trip 2:00 Sitting Tai Chi (REC) 6:00 Mahjong Game (REC) 6:15 Mex. Train Dominos (REC)	26 9:00 Billiards (BR) 9:00 Salus Exercise Class (REC) 9:15-9:45 B/P Clinic/Ask a Nurse (B) 10:00 Exercise w/Tammi (REC) 10:00 New Sarasota Mall 11:00 New Res. Orientation (REC) 4:00 Anna Maria Oyster Bar 6:30 Hand and Foot (REC)	27 7:30 Hot Breakfast (DR) 8:30 Town Hall Meeting (DR) 9:30 Supermarket Trip 9:30 Seniorcise w/ Maria (REC) 10:00 Good Samaritan Volunteering 10:30 Tampa Bay Downs 10:30 Exercise with Diane (REC) 1:00 Euchre/Cards/Mahjong (REC) 5:30 Bridge/6:00 Rummy Cube (REC)	28 Thanksgiving Day  9:00 Exercise w/ Donna (REC) 10:30 Arthritic Water Exercise (Pool) 6:00 Mahjong Game (REC) 6:30 Lady's Skip BO Game (REC)	29 9:00 Billiards (BR) 10:30 Exercise with Diane (REC) 2:00 Sitting Tai Chi (REC) 4:00 Happy Hour with Dori (L) 6:30 Bunco (REC) 6:30 Poker (Bldg. 249 lobby)	30 9:30 Orban's Annual Poinsettia Charity Sale Event 2:00 Walt Dunn's Jazz History Show with the "Just Friends Trio" (REC) 3:00 Catholic Services 7:00 Movie (REC): Check Trip Sign Up Book in Mail Room

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