

November Activity Highlights

Sat, November 2nd, 3:30pm	Dementia Support Group (led by Kellie)
Every Sun, 3:00pm	Hymns & Devotions
Tues, November 5th and 12th, 3:00pm	Sally's Atrium Choir
Thurs, November 28th, 10:15am	Thanksgiving Blessings w/ Sally
Every Wed, Thurs, and Sat, 5:30pm	Relaxing Moments
Saturday, November 16th, 11:30am	Count Your Blessings Family Luncheon



Togetherness is Being with Family!



Be sure to come to the “Count Your Blessing Family Luncheon” on Saturday the 16th at 11:30am. You will discover what projects the residents have been working on for this special day.



Atrium News

The Importance of Intergenerational Relationships Continuing Throughout One’s Life

Why is it important to have an intergenerational program for our loved ones who experience dementia? It brings so much joy to our loved ones when done well! Teepa Snow, a dementia expert, shares the benefits of family being a part of a residents life. “They will be the center of attention. They can have fun with grandma or grandpa and play with other kids. Great grandchildren become the highlight of the day. Your little ones can brighten the whole community and instill conversation.”

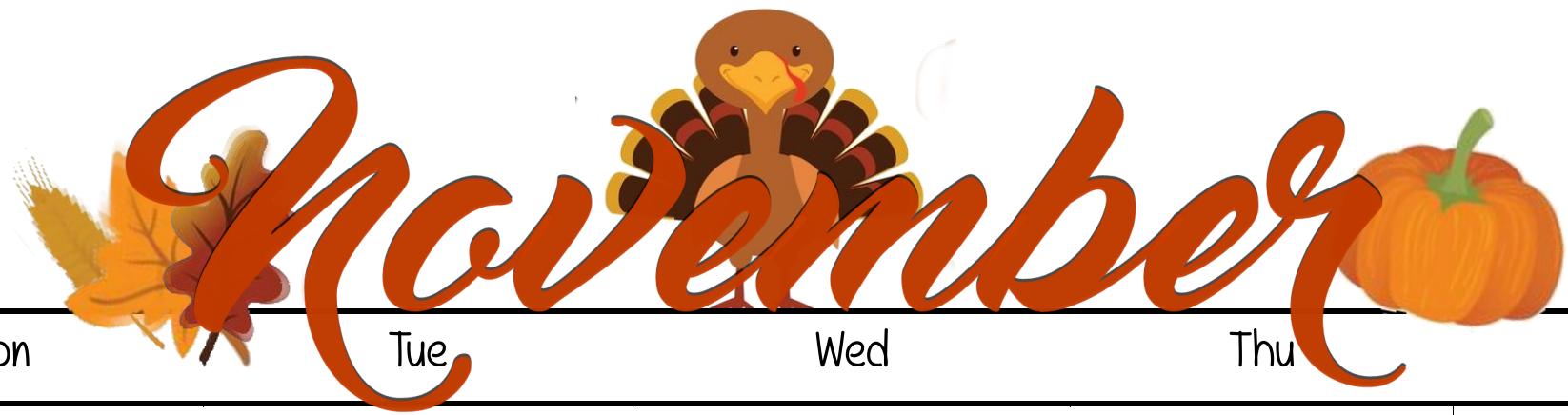
When coming to visit residents, be sure your loved one is not becoming overwhelmed, or feeling scared related to how people behave. They may not know what to do so they will need gentle assistance from you during the activity. They may need to be part of the excitement for a shorter period of time.

On Saturday, October 26th, we had our annual intergenerational Harvest party. It was a special event enjoyed by residents, their family, staff, and of course young grandchildren, great grandchildren, and godchildren dressed as unicorns, Harry Potter, Captain America, and even a few more. No matter what our age may be, kids seem to touch our hearts in a very special way. This year’s harvest party was enjoyed by all.

WINTER ALERT! The Atrium offers joyrides in The Quarry bus on Tuesdays and Fridays. As the weather continues to get colder, please be sure your loved one has a warm winter coat so they can enjoy the rides.



November 22nd
Violet and Clare



;Sun		Mon	Tue	Wed	Thu	Fri	Sat
The Six Principles of Wellbeing:		Artistic Expression Physical Engagement Spiritual Support	Community Connections Continuing Education Lifestyle & Leisure				
						1 AM Movie 9:30 Joyride PM Fitness Fun Help Thy Neighbor Bingo	2 AM It's a Brand New Day PM Fitness Fun Say it with Music 5:30 Relaxing Moments
3 AM It's A Brand New Day Relaxing Moments PM Fitness Fun Let's Do Trivia 3:00 Hymns & Devotions w/Guitar Betty 7:00pm Classic Movies (Ch. 98l)	4 AM It's A Brand New Day Fun with Words PM 1:30 Music w/ Ron Ruiz Reminiscing Relaxing Moments Documentary Ch. 98l	5 Election Day! AM Movie Joy Ride PM 1:00Catholic Rosary Fitness Fun 3:00 Sally's Choir	6 AM It's a Brand New Day Baking PM 1:00 Wags and Wiggles w/ Gracie and Lydia Fitness Fun Singalong w/ Tim & Diane Relaxing Moments	7 AM 10:30 Music Therapy w/Joshua PM Fitness Fun Fun with Words Wags & Wiggles w/Mark & Heidi 5:30 Relaxing Moments	8 AM Movie 9:30 Joyride PM Fitness Fun Help Thy Neighbor Bingo	9 AM It's a Brand New Day PM Fitness Fun Say it with Music 5:30 Relaxing Moments	
10 AM It's A Brand New Day Relaxing Moments PM Fitness Fun Let's Do Trivia Hymns and Devotions 7:00pm Classic Movies (Ch. 98l)	11 Happy Veteran's Day! AM It's A Brand New Day Fun with Words PM Fitness Fun Reminiscing Relaxing Moments Documentary Ch. 98l	12 AM Movie Joy Ride PM 1:00Catholic Rosary Fitness Fun 3:00 Sally's Choir	13 AM It's a Brand New Day Baking PM Fitness Fun Birthday Party Singalong w/ Georgina Rae Relaxing Moments	14 AM 10:30 Music Therapy w/Joshua PM Fitness Fun Fun with Words Wags & Wiggles w/ Mark & Heidi 5:30 Relaxing Moments	15 AM Movie 9:30 Joyride PM Fitness Fun Help Thy Neighbor Bingo	16 AM 9:00am Prep for Luncheon 11:30am Count your Blessings Family Luncheon PM Say it with Music 5:30 Relaxing Moments	
17 AM It's A Brand New Day Relaxing Moments PM Fitness Fun Let's Do Trivia Hymns and Devotions 7:00pm Classic Movies Ch. 98l	18 AM It's A Brand New Day Fun with Words PM 1:30 Music w/ Ron Ruiz Reminiscing Relaxing Moments Documentary Ch. 98l	19 AM Movie Joy Ride PM 1:00Catholic Rosary Fitness Fun 3:00 Music w/Anne Iams	20 AM Music Therapy w/Joshua PM 1:00Wags & Wiggles w/Gracie & Lydia Fitness Fun Singalong w/Tim & Diane Relaxing Moments	21 AM It's a Brand New Day Baking PM Fitness Fun 3:00 Music w/ Angel Casio Wags & Wiggles w/Mark & Heidi 5:30 Relaxing Moments	22 Happy Birthday Clair & Violet! AM Movie 9:30 Joyride PM Fitness Fun Help Thy Neighbor Bingo	23 AM It's a Brand New Day PM Fitness Fun Say it with Music 5:30 Relaxing Moments	
24 AM It's A Brand New Day Relaxing Moments PM Fitness Fun Let's Do Trivia Hymns and Devotions 7:00 Classic Movies Ch. 98l	25 AM It's A Brand New Day Fun with Words PM Fitness Fun Reminiscing Relaxing Moments Documentary Ch. 98l	26 AM Movie Joy Ride PM 1:00 Catholic Rosary Fitness Fun 3:00 Music w/ Molly Paige	27 AM 10:30 Music Therapy w/Joshua PM Fitness Fun Singalong w/ Georgina Rae Relaxing Moments	28 Happy Thanksgiving! AM It's a Brand New Day 10:15 Thanksgiving Music w/ Sally PM Fitness Fun Fun with Words	29 AM Movie 9:30 Joyride PM Fitness Fun Help Thy Neighbor Bingo	30 AM It's a Brand New Day PM Fitness Fun Say it with Music 5:30 Relaxing Moments	