



27	28	29	30	31	Nov 1	2
					Green Salad Chicken with Savory Cream Gravy <i>or</i> Salmon with Honey Thyme Sauce Parsley Egg Noodles Sauteed Yellow Squash Baked Roll Black Forest Poke Cake	Tropical Pear Salad Country Style Pork Ribs <i>or</i> Steak Picante Potato Salad Chef's Steamed Vegetable Baked Roll Pineapple Parfait
3	4	5	6	7	8	9
Fruited Jello Salad Meatloaf/Gravy <i>or</i> Feta Chicken O'Brien Potatoes Mixed Vegetables Baked Roll Pumpkin Pie	Pineapple Cucumber Salad Teriyaki Chicken <i>or</i> Tilapia/Tomato Cream Sauce Brown Rice Honey Glazed Pea Pods/Carrots Baked Roll Apple Cobbler	Green Salad Pork Milanese <i>or</i> Herb Roasted Turkey Sweet Baked Yams Scandinavian Veg Baked Roll Lemon Cream Cake	Four Bean Salad Seasoned Salisbury Steak <i>or</i> Ham with Raisin Sauce Twice Baked Potato Casserole Cauliflower and Carrots Baked Roll Banana Split Dessert	Green Salad Mushroom and Swiss Chicken <i>or</i> Hot Pork Gravy Penne Pasta Roasted Brussels Sprouts Baked Roll Fresh Blueberry Pie	Orange-Kiwi Salad Grilled Cod/Lemon Dill Sauce <i>or</i> Spanish Cubed Steak Rice Pilaf Chef's Steamed Vegetable Baked Roll Autumn Apple Tart	Green Salad Traditional Lasagna <i>or</i> Sliced Turkey Breast Garlic Zucchini Saute Garlic Bread Buttermilk Spice Cake
10	11	12	13	14	15	16
Kale and Feta Salad Glazed Baked Ham <i>or</i> Pepper Steak Baked Yams Seasoned Cabbage Baked Roll Dutch Apple Pie	Orange Cottage Salad Sour Cream Chicken <i>or</i> Shrimp Creole Ranch Potato Bake Capri Blend Baked Roll Cheesecake	Green Salad Meatballs/Marinara Sauce <i>or</i> Lemon Oregano Turkey Garlic Pasta Parmesan Green Beans Garlic Bread Chocolate Oreo Poke Cake	Harvest Salad Roast Pork with Apples <i>or</i> Quiche Lorraine Lyonnaise Potatoes Buttered Squash Baked Roll Mixed Berry Crisp	Fresh Fruit Salad Hamburger Steak/Gravy <i>or</i> Chicken Vanderbilt Sour Cream Potatoes Parsley Carrots Baked Roll Butterscotch Bread Pudding	Pineapple Fruit Cup Flounder Fillet <i>or</i> Shredded Pork Lemon Rice Spinach Polonaise Baked Roll Ice Cream Pudding Swirl	Green Salad Turkey Roast <i>or</i> Sirloin Steak Apple Sausage Stuffing Roasted Parmesan Brussels Sprouts Baked Roll Lazy Daisy Oatmeal Cake
17	18	19	20	21	22	23
Perfect Pineapple Salad Autumn Pot Roast <i>or</i> Tilapia/Savory Herb Butter Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Green Salad Roasted Chicken Legs <i>or</i> Hamburger Steak/Onions Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	Green Salad Dilled Pork Roast <i>or</i> Country Fried Steak/Gravy Fresh Mashed Potatoes Capri Blend Baked Roll Spiced Pear Cake	Cottage Cheese/Fruit Cranberry Glazed Turkey Roast <i>or</i> Bacon and Cheese Chopped Steak Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake	Green Salad Grilled Chicken <i>or</i> Pork Roast/Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Creamy Coleslaw Cod Fillet/Lemon Sauce <i>or</i> Ham/Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	Apple Cranberry Walnut Salad Glazed Meatloaf <i>or</i> Turkey/Basil Cream Sauce Fresh Mashed Potatoes Seasoned Peas Baked Roll Peach Crisp
24	25	26	27	28	29	30
Cucumber Onion Salad Apricot Chicken <i>or</i> Italian Beef Pot Roast Garlic Pasta California Normandy Blend Baked Roll Fruit Cup	Ambrosia Jello Salad Grilled Pork Steak <i>or</i> Chicken Madras Fresh Mashed Potatoes Parmesan Green Beans Baked Roll Caramel Apple Cake	Green Salad Beef Burgundy <i>or</i> Baked Tilapia w/Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Baked Roll German Chocolate Brownie	Creamy Coleslaw Homestyle Turkey/Gravy <i>or</i> Maple Crusted Pork Roast Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Tangy Fruit Salad Ham Steak/Cider Sauce <i>or</i> Chicken/Lemon Sauce Fresh Mashed Potatoes Green Beans/Bacon Baked Roll Peanut Butter Cake	Green Salad Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Baked Roll Glazed Lemon Pound Cake	Caesar Salad Grilled Chicken with Cilantro Sauce <i>or</i> Corned Beef/Cabbage Wedge Red Potatoes Glazed Baby Carrots Baked Roll Pear Crisp