## November 2019 Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY	SATURDAY
WALTON WOOD LAKESIDE Redefining Retirement Living SINGH	<b>LOCATION</b> Grove Cafe (Cafe) Magnolia Dining Room (DR) Theater Room (TR) Trunk Club (TC)				9:15 9:30 9:45 10:30 10:30 11:45 1:15 2:00 2:45 3:15 3:30 4:00		19:15Sit and Stretch2a9:45Prayer and Pledge9:45Prayer and Pledge10:15Moisturizing Hand Messages & Nails10:30Love on a Leash11:45Clean Up2:00Stories, Poems and Meditation2:15Engaging Work Stations3:00Loads of Laundry
<ul> <li>9:45 Prayer and Pledge</li> <li>10:15 Parachute with Music</li> <li>11:15 Brain Games; Scattagories</li> <li>1:00 Crafty Creations; Homemade Thankful Cards</li> <li>2:00 Card and Dice Games</li> <li>3:00 Balloon Volleyball</li> <li>4:00 Walking Club</li> </ul>	<ul> <li>9:45 Prayer and Pledge</li> <li>10:30 Brain Games; Scattagories</li> <li>11:45 Clean Up</li> <li>1:15 Old Time Favorites Sing A Long</li> <li>2:00 Forever Fit with Lisa</li> <li>2:45 Candy Bar Bingo</li> <li>3:30 Engaging Work Stations</li> <li>4:00 Kickball with Lisa</li> </ul>	<ul> <li>11:00 Euchre (TC)</li> <li>1:15 Candy Bar Bingo</li> <li>2:00 Communion Service with Father Tim</li> <li>2:45 Lakeside Bowling League</li> <li>3:30 Engaging Work Stations</li> </ul>	<ul> <li>9:15 Exercise with Resident Care</li> <li>10:15 Tasty Toast and Conversations</li> <li>10:30 Great Lakes National Cemetery &amp; Lunch</li> <li>11:30 Forever Fit with Lisa</li> <li>1:15 Old Time Favorites Sing A Long</li> <li>1:30 bingo</li> <li>1:30 bingo</li> <li>3:00 Music in Motion</li> <li>3:40 Bingo</li> <li>4:00 Balloon Volleyball with Lisa</li> </ul>	<ul> <li>1:15 Engaging Work Stations</li> <li>2:00 Card and Dice Games</li> <li>2:30 Social Party with Jeff</li> <li>3:30 Engaging Work Stations</li> <li>3:45 Rosary</li> <li>5:00 Parachute with Music</li> <li>6:00 Family Meeting with the Reside Care Team</li> <li>6:00 Puzzle Time</li> </ul>	3:30 4:00	Embrace Your Inner Child Day Trip Clean Up Old Time Favorites Sing A Long Forever Fit with Lisa Healthy Smoothies Engaging Work Stations Happy Hour (Cafe) Balloon Volleyball with Lisa	<ul> <li>9:45 Prayer and Pledge</li> <li>10:15 Moisturizing Hand Messages &amp; Nails</li> <li>11:45 Clean Up</li> <li>1:00 Fall Kitchen Creations</li> <li>2:00 Stories, Poems and Meditation</li> <li>2:15 Engaging Work Stations</li> <li>3:00 Loads of Laundry</li> </ul>
9:15Sit and Stretch109:45Prayer and Pledge10:15Parachute with Music11:00Crafty Creations; USA1:00Puzzle Time2:30Bingo with Resident Care3:30Sing and Stretch with Nacy	9:45 Prayer and Pledge	<ul> <li>19:15 Sit and Stretch</li> <li>9:45 Prayer and Pledge</li> <li>10:15 Tai Chi with Stephanie</li> <li>11:00 Euchre (TC)</li> <li>11:00 Brain Games; Finish the Phrase and Geography</li> <li>11:45 Clean Up</li> <li>1:15 Candy Bar Bingo</li> <li>2:45 Lakeside Bowling League</li> <li>3:30 Engaging Work Stations</li> </ul>	129:15AM Stretch with Lisa (TR)139:15Exercise with Resident Care10:15Tasty Toast and Conversations10:30English Gardens & Milkshakes11:30Forever Fit with Lisa1:15Old Time Favorites Sing A Long3:00Music in Motion3:40Bingo4:00Balloon Volleyball with Lisa	9:15Sit and Stretch149:45Prayer and Pledge10:30Communion & Prayer11:30Conversation Starters1:15Engaging Work Stations2:00Card and Dice Games2:30Social Party with Gary3:30Engaging Work Stations3:45Rosary5:00Parachute with Music6:00Puzzle Time	9:15 9:30 9:45 10:30 10:30 11:45 1:15 2:00 2:45 3:15 3:30 4:00	Sit and Stretch Reflexology and Massage with Roberts (TC) Prayer and Pledge Brain Game; Wheel of Fortune <b>Shopping for Giving Tuesday &amp; Lunch</b> Clean Up Old Time Favorites Sing A Long Forever Fit with Lisa Healthy Smoothies Engaging Work Stations Happy Hour (Cafe) Balloon Volleyball with Lisa	9:45 Prayer and Pledge 10:15 Moisturizing Hand Messages & Nails
9:15Sit and Stretch179:45Prayer and Pledge10:15Parachute with Music11:00Crafty Creations; Turkey Trot1:00Puzzle Time2:30Bingo with Resident Care3:30Sing and Stretch with Nancy	9:15Sit and Stretch189:45Prayer and Pledge10:30Decorating for the Holiday's11:45Clean Up1:15Old Time Favorites Sing A Long2:00Forever Fit with Lisa2:45Candy Bar Bingo3:30Engaging Work Stations4:00Kickball with Lisa	<ul> <li>9:15 Sit and Stretch</li> <li>9:45 Prayer and Pledge</li> <li>10:15 Tai Chi with Stephanie</li> <li>10:45 Music Entertainment with Charleen</li> <li>11:00 Euchre (TC)</li> <li>1:15 Candy Bar Bingo</li> <li>2:00 Communion Service with Father Tim</li> <li>2:45 Lakeside Bowling League</li> <li>3:30 Engaging Work Stations</li> </ul>	199:15AM Stretch with Lisa (TR)209:15Exercise with Resident Care10:00Dog Therapy10:15Tasty Toast and Conversations10:30Movie Outing11:30Forever Fit with Lisa1:15Old Time Favorites Sing A Long3:00Music in Motion3:40Bingo4:00Balloon Volleyball with Lisa	<ul> <li>9:15 Sit and Stretch</li> <li>9:45 Prayer and Pledge</li> <li>10:30 Communion &amp; Prayer</li> <li>11:30 Conversation Starters</li> <li>1:15 Engaging Work Stations</li> <li>2:00 Card and Dice Games</li> <li>2:30 Social Party with Tom</li> <li>3:30 Engaging Work Stations</li> <li>3:45 Rosary</li> <li>4:00 Thanksgiving Family Meal (DR)</li> <li>5:00 Parachute with Music</li> <li>6:00 Waltonwood Family Thanksgiving</li> </ul>	3:30 4:00	Sit and Stretch Reflexology and Massage with Roberts (TC) Prayer and Pledge Brain Game; Wheel of Fortune	229:15Sit and Stretch23a9:45Prayer and Pledge9:45Prayer and Pledge10:15Moisturizing Hand Messages & Nails11:45Clean Up1:00Art Therapy with Liz; Thanksgiving Project2:00Stories, Poems and Meditation2:15Engaging Work Stations3:00Loads of Laundry
<ul> <li>9:15 Sit and Stretch 24</li> <li>9:45 Prayer and Pledge</li> <li>10:15 Parachute with Music</li> <li>11:00 Crafty Creations; Gratitude Turkey</li> <li>1:00 Puzzle Time</li> <li>2:30 Bingo with Resident Care</li> <li>3:30 Sing and Stretch with Nancy</li> </ul>	<ul> <li>4 9:15 Sit and Stretch 25</li> <li>9:45 Prayer and Pledge</li> <li>10:15 Decorating for the Holiday's</li> <li>11:45 Clean Up</li> <li>1:15 Old Time Favorites Sing A Long</li> <li>2:00 Forever Fit with Lisa</li> <li>2:45 Candy Bar Bingo</li> <li>3:30 Engaging Work Stations</li> <li>4:00 Kickball with Lisa</li> </ul>	<ul> <li>9:15 Sit and Stretch</li> <li>9:45 Prayer and Pledge</li> <li>10:15 Tai Chi with Stephanie</li> <li>11:00 Euchre (TC)</li> <li>11:00 Brain Games; Finish the Phrase and Geography</li> <li>1:15 Candy Bar Bingo</li> <li>2:45 Entertainment with Joel</li> <li>2:45 Lakeside Bowling League</li> <li>3:30 Engaging Work Stations</li> </ul>	269:15AM Stretch with Lisa (TR)279:15Exercise with Resident Care10:15Tasty Toast and Conversations11:30Forever Fit with Lisa11:15Old Time Favorites Sing A Long3:00Music in Motion3:40Bingo4:00Balloon Volleyball with Lisa		ful         28         9:15           9:30         9:30           ssa         9:45           10:30         11:45           1:15         2:45           sree         3:15           s30         3:30	Reflexology and Massage with Roberta (TC) Prayer and Pledge	<ul> <li>29 9:15 Sit and Stretch 30</li> <li>a 9:45 Prayer and Pledge</li> <li>9:45 Prayer and Pledge</li> <li>10:15 Moisturizing Hand Messages &amp; Nails</li> <li>11:45 Clean Up</li> <li>1:00 Fall Kitchen Creations</li> <li>2:00 Stories, Poems and Meditation</li> <li>2:15 Engaging Work Stations</li> <li>3:00 Loads of Laundry</li> </ul>

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