


November 2019 Independent Living Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	LOCATION Fitness Center (FC) Front Desk (FD) Grove Cafe (Cafe) Hobby Room (HR) Juniper Library (LIB) Magnolia Dining Room (DR) Room 428 (RM) Theater Room (TR) Trunk Club (TC)				9:15 Morning Stretch with Lisa (TR) 1 9:30 Reflexology and Massage with Roberta (TC) 1 10:30 Baking Class: Cream Cheese Muffins (HR) 10:30 Cooking Class: Fall Quinoa Salad (HR) 1:00 Sit N' Fit with Lisa (TR) 1:30 Thanksgiving Trivia! (DR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 3:30 Happy Hour (Cafe) 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: As Good As It Gets (TR)	9:45 Prayer and Pledge 2 10:00 Weekend Errands 11:00 Love on a Leash Pet Visits (Cafe) 12:30 Balloon Volleyball (HR) 12:30 Bridge (TC) 1:30 Putt Putt Practice (LIB) 1:30 Saturday Stylings with Steven Elmore (DR) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's
9:00 Walking Club (LIB) 3 9:00 Service at Trinity Lutheran 10:30 Service at Rockpointe Community Church 11:00 Bridge (TC) 2:00 Movie of the Week: As Good As It Gets (TR) 5:00 Rummy (TC)	Pendant Checks 8:30-5 (FD) 4 9:45 Rosary and Mass (TR) 11:00 Tai Chi for Health Class (TC) 11:00 Troopons (HR) 11:30 Vince & Joe's Market 12:00 Jeopardy! (LIB) 1:00 Sit N' Fit with Lisa (TR) 3:00 BINGO (TC) 7:00 Chair Yoga with Amy (TR)	9:00 Walking Club (LIB) 5 10:30 Chair Exercise with Pauline (TC) 11:00 Euchre (TC) 11:00 Euchre (TC) 11:30 Meijer Shopping 1:00 Beer and Bowling (TC) 2:00 Bank Runs 2:30 Bible Study (TR) 3:30 Wine of the Week: Canadian White (TC) 6:30 Pictionary (LIB)	9:15 AM Stretch with Lisa (TR) 6 9:15 Morning Stretch with Lisa (TR) 10:30 Arts and Crafts: American Flag Folding (HR) 12:00 Wheel of Fortune (LIB) 1:00 Balance Class with Lisa (TR) 1:30 bingo 1:30 bingo 2:00 Fitness Test with Lisa (FC) 2:00 Warbler's Choir Practice (HR) 3:00 BINGO (TC) 3:40 Bingo 4:00 Fitness Center with Lisa (FC) 7:00 Poker Night (TC)	9:00 Walking Club (LIB) 7 9:30 MGM Casino 10:30 Chair Exercise (TC) 11:00 Euchre (TC) 1:00 Balloon Volleyball (HR) 2:00 Line Dance Practice (TR) 3:00 Current Events (TC) 4:00 Scattergories (TC)	9:15 Morning Stretch with Lisa (TR) 8 9:30 Reflexology and Massage with Roberta (TC) 9:30 Reflexology & Massage with Roberta (TC) 10:30 Cooking Class: Cranberry Orange Salsa (HR) 1:00 Sit N' Fit with Lisa (TR) 1:30 Birthday Party with Dan Bergen (DR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 3:30 Happy Hour (Cafe) 4:30 Interfaith Volunteers Spaghetti Dinner 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: The Laundromat (TR)	9:45 Prayer and Pledge 9 10:00 Weekend Errands 12:30 Balloon Volleyball (HR) 12:30 Bridge (TC) 1:30 Putt Putt Practice (LIB) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's
9:00 Walking Club (LIB) 10 9:00 Service at Trinity Lutheran 10:30 Service at Rockpointe Community Church 11:00 Bridge (TC) 2:00 Movie of the Week: The Laundromat (TR) 5:00 Rummy (TC)	9:45 Rosary and Mass (TR) 11 11:00 Tai Chi for Health Class (TC) 11:00 Troopons (HR) 11:30 Nino Salvaggio's 12:00 Jeopardy! (LIB) 1:00 Sit N' Fit with Lisa (TR) 1:30 Celebrating our Veterans! (DR) 3:00 BINGO (TC) 7:00 Chair Yoga with Amy (TR)	9:00 Walking Club (LIB) 12 10:30 Chair Exercise with Pauline (TC) 11:00 Euchre (TC) 11:00 Euchre (TC) 11:30 Kroger Shopping 1:00 Beer and Bowling (TC) 1:30 Meet the Nurse (DR) 2:00 Bank Runs 2:30 Bible Study (TR) 3:30 Kings in the Corner (TC) 4:30 Dinner Club: Ernie's- Clinton Twp	9:15 AM Stretch with Lisa (TR) 13 9:15 Morning Stretch with Lisa (TR) 10:30 Arts and Crafts: Water Color Painting (HR) 12:00 Wheel of Fortune (LIB) 1:00 Balance Class with Lisa (TR) 2:00 Fitness Test with Lisa (FC) 2:00 Warbler's Choir Practice (HR) 3:00 BINGO (TC) 3:40 Bingo 4:00 Fitness Center with Lisa (FC) 7:00 Poker Night (TC)	9:00 Salvation Army Donations (HR) 14 9:00 Walking Club (LIB) 10:30 Chair Exercise (TC) 11:00 Euchre (TC) 11:30 Tour of Morley Candy Factory 1:00 Balloon Volleyball (HR) 2:00 Line Dance Practice (TR) 3:00 Current Events (TC) 4:00 Scattergories (TC)	9:15 Morning Stretch with Lisa (TR) 15 9:30 Reflexology and Massage with Roberta (TC) 10:30 Baking Class: Lemon Balm Cookies (HR) 1:00 Sit N' Fit with Lisa (TR) 1:30 Friday Favorites with Joel Palmer (DR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 3:30 Happy Hour (Cafe) 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: The Highwaymen (TR)	9:45 Prayer and Pledge 16 10:00 Weekend Errands 12:30 Carpathian Club Fall Concert 12:30 Bridge (TC) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's
9:00 Walking Club (LIB) 17 9:00 Service at Trinity Lutheran 10:30 Service at Rockpointe Community Church 11:00 Bridge (TC) 2:00 Movie of the Week: The Highwaymen (TR) 5:00 Rummy (TC)	Pendant Checks 8:30-5 (FD) 18 9:45 Rosary and Mass (TR) 11:00 Tai Chi for Health Class (TC) 11:00 Troopons (HR) 11:30 Dollar Tree 12:00 Jeopardy! (LIB) 1:00 Sit N' Fit with Lisa (TR) 3:00 BINGO (TC) 7:00 Chair Yoga with Amy (TR)	9:00 Walking Club (LIB) 19 10:30 Chair Exercise with Pauline (TC) 11:00 Euchre (TC) 11:00 Euchre (TC) 11:30 Meijer Shopping 1:00 Beer and Bowling (TC) 2:00 Bank Runs 2:30 Bible Study (TR) 3:30 Wine of the Week: Canadian Red (TC) 6:30 Pictionary (LIB)	9:15 AM Stretch with Lisa (TR) 20 9:15 Morning Stretch with Lisa (TR) 10:30 Arts and Crafts: Cinnamon Vanilla Sugar Scrub (HR) 12:00 Wheel of Fortune (LIB) 1:00 Balance Class with Lisa (TR) 2:00 Fitness Test with Lisa (FC) 2:00 Warbler's Choir Practice (HR) 3:00 BINGO (TC) 3:40 Bingo 4:00 Fitness Center with Lisa (FC) 7:00 Poker Night (TC)	9:00 Walking Club (LIB) 21 10:30 Chair Exercise (TC) 11:00 Men's Outing: Rusty Bucket 11:00 Euchre (TC) 1:00 Balloon Volleyball (HR) 2:00 Line Dance Practice (TR) 4:00 Thanksgiving Family Meal (DR) 4:00 Thanksgiving Holiday Meal (DR) 6:00 Thanksgiving Holiday Meal (DR)	9:15 Morning Stretch with Lisa (TR) 22 9:30 Reflexology and Massage with Roberta (TC) 10:30 Baking Class: 5- Ingredient Bread (HR) 12:00 Resident Council (TR) 1:00 Sit N' Fit with Lisa (TR) 1:30 Marimba Lessons with Paul Demick (DR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 3:30 Happy Hour (Cafe) 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: Mary Poppins Returns (TR)	9:45 Prayer and Pledge 23 10:00 Weekend Errands 11:00 Holiday Bazaar 12:30 Bridge (TC) 1:30 Putt Putt Practice (LIB) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's
9:00 Walking Club (LIB) 24 9:00 Service at Trinity Lutheran 10:30 Service at Rockpointe Community Church 11:00 Bridge (TC) 2:00 Movie of the Week: Viewer's Choice (TR) 5:00 Rummy (TC)	9:45 Rosary and Mass (TR) 25 11:00 Tai Chi for Health Class (TC) 11:00 Troopons (HR) 11:30 Target 12:00 Jeopardy! (LIB) 1:00 Sit N' Fit with Lisa (TR) 1:30 Coffee with Greg (DR) 1:30 Community Book Club (RM) 3:00 BINGO (TC) 7:00 Chair Yoga with Amy (TR)	9:00 Walking Club (LIB) 26 10:30 Chair Exercise with Pauline (TC) 11:00 Euchre (TC) 11:00 Euchre (TC) 11:30 Kroger Shopping 1:00 Beer and Bowling (TC) 1:30 Meet the Nurse (DR) 2:00 Bank Runs 2:30 Bible Study (TR) 4:30 Dinner Club: Brio's- Clinton Twp	9:15 AM Stretch with Lisa (TR) 27 9:15 Morning Stretch with Lisa (TR) 10:30 Arts and Crafts: Wood Block Snowman (HR) 12:00 Wheel of Fortune (LIB) 1:00 Balance Class with Lisa (TR) 2:00 Fitness Test with Lisa (FC) 2:00 Warbler's Choir Practice (HR) 3:00 BINGO (TC) 3:40 Bingo 4:00 Fitness Center with Lisa (FC) 7:00 Poker Night (TC)	9:00 Walking Club (LIB) 28 9:00 Life Enrichment Coordinator Holiday Programming 11:00 Euchre (TC) 11:30 Holiday Craft (HR) 1:00 Thanksgiving Scavenger Hunt	9:15 Morning Stretch with Lisa (TR) 29 9:30 Reflexology and Massage with Roberta (TC) 10:30 Baking Class: Thanksgiving Leftover Muffins (HR) 1:00 Sit N' Fit with Lisa (TR) 3:00 BINGO (TC) 3:30 Happy Hour (Cafe) 5:00 Kings in the Corner (Cafe) 7:00 Movie of the Week: Viewer's Choice (TR)	9:45 Prayer and Pledge 30 10:00 Weekend Errands 12:30 Balloon Volleyball (HR) 12:30 Bridge (TC) 1:30 Putt Putt Practice (LIB) 2:30 BINGO (TC) 4:00 Sign Language Class with Phyllis (HR) 4:00 Mass at St. Michael's