

November
2019

Brentwood at Fore Ranch

4511 SW 48th Ave
Ocala, FL 34474



Today's Trend Online Shopping Tips!

Shopping via the internet offers convenience and a tempting array of products. Keep your shopping spree safe by taking a few precautions. Before making an online purchase, make sure the website is secure.

The absence of a physical address or contact phone number is a red flag. If you are dealing with an unfamiliar company, check its online rating with the Better Business Bureau at www.BBB.org, or use another consumer feedback website. Be vigilant in keeping your personal information safe by choosing strong passwords that contain a random series of upper and lowercase letters, numbers and punctuation marks. Don't use the same password across multiple websites, and change your passwords frequently.

COME ON IN AND JOIN US

Nov 4th Picasso's Palette Studio

Nov 11th Veterans Ceremony

Nov 14th Birthday Bash

Nov 24th Taste & Tell

Nov 25th Picasso's Palette Studio

Nov 25th Community Out Reach Helping Hands

Nov 28th Thanksgiving



Breast Cancer Month

Finding Zen in the Garden

Imagine a quiet, calm place where you can focus on the sights and sounds of nature. That serenity is at the heart of a Zen garden.

Also called rock gardens or dry landscape gardens, Zen gardens originated centuries ago in Japan with Buddhist monks, who built the gardens as peaceful places to spend time and contemplate their studies. Today, these gardens are popular throughout the world.

A Zen garden can be an outdoor space or a small section of a garden. Miniature versions, made to sit on a table or desk, are also common. No matter the size, there are shared elements.

Groupings of stones are the focal point and represent different facets of nature such as earth and fire. Sand or gravel fills the base of the garden, and a rake is used to create lines and patterns around the stones to symbolize the movement of water.

Some Zen gardens include plants and statues, but they are never cluttered. The simplicity and symmetry of the garden's features promote relaxation and reflection. Many people use a Zen garden as a place to meditate or simply feel a peaceful connection to nature.

Ventura Gutierrez Executive Director

Nadia Covo Business Office Manager

Amanda Bayles Health and wellness Dir

Sandra Maples Resident Care Cordinator

Sharon Talley Memory Support Dir/LLD

April Dilorenzo Director Sales & Marketing

Nick Villano Food Service Director

Luis Carrasquillo Maintenance Director

