SUNDAY

# Memory Care November Calendar

	RAFTY CORNER / FALL CRAFT IDEAS NOVEMBER BIRTHDAYS				KOZY KITCHEN /			THE FIVE PILLARS	1	ZUMBA IN THE FIRESIDE LOUNGE	2	SCENIC DRIVE	
	Tree of Many Thank You's: Painting the Tree Tree of Many Thank You's: Painting the Leaves Fall Leaves Placemats Page and Leaf Garland			Mary       November 5 <sup>th</sup> Maurine       November 13 <sup>th</sup> Ken       November 6 <sup>th</sup> Carolyn       November 13 <sup>th</sup> Georgia       November 6 <sup>th</sup> Carolyn       November 13 <sup>th</sup> Beldon       November 7 <sup>th</sup> Richard       November 14 <sup>th</sup> Janet       November 8 <sup>th</sup> Eleanor       November 18 <sup>th</sup> Ardeth       November 26 <sup>th</sup> November 26 <sup>th</sup> Wayne       November 29 <sup>th</sup> November 29 <sup>th</sup>			<b>LET'S BAKE A TREAT</b> National Vanilla Cupcake Day Autumn Snack Mix Candy Corn Fruit Cup Pumpkin Pie in a Cup		Days with Dignity Engaging the Senses Culinary Experiences Personalized and Holistic Care Team Approach		BEAUTY AND BARBER SHOP <b>ZUMBA IN FIRESIDE LOUNGE</b> CHAIR EXERCISES WITH NOODLES INSPIRATIONAL WORD FOR THE DAY CURRENT EVENTS AND A CUP OF COFFEE LET'S GO FOR A STROLL HAND MASSAGES SING-ALONG BINGO NIGHT EVENING MOVIE AND A POPCORN	DD 9:00 PHC 9:30 PHC 10:15 ES 10:45 PHC 1:30 PHC 2:30 ES 2:30 TA 3:30 TA 5:30 ES 6:30	
N.	3 CHRISTIAN SERVICE THE FIRESIDE LOUN		WORD SEARCH	5	REMINISCING: THANKSGIVING TRADITIONS	6	WALKING CLUB	7	FALL CRAFT: TREE OF MANY THANK-YOU'S	8	HISTORY LADY IN THE FIRESIDE LOUNGE	9	BAKING SURPRISE
EX EX PHI EX EX PHI CI DI TZ PHI	9:30     CHAIR EXERCISE WITH NOODLES       10:30     INSPIRATIONAL WORD FOR THE DAY       10:45     COFFEE AND DONUTS       11:50     CHRISTIAN SERVICE IN THE FIRESIDE I       1:30     WALKING CLUB       1:30     SPA DAY AND HAND MASSAGE       4:00     THANKSGIVING TRIVIA	UNGE PHC 9:3( ES 10: PHC 11:0 PHC 11:1 PHC 1:3 PHC 2:3( DD 3:30 PHC 4:3(	<ul> <li>STRETCHING WITH MUSIC</li> <li>NEWS TALK AND A CUP OF COFFEE</li> <li>INSPIRATIONAL WORD FOR THE DAY</li> <li>WORD SEARCH</li> <li>HAND MASSAGES</li> <li>WALKING CLUB</li> <li>PUZZLE MANIA</li> </ul>	DD         9:00           ES         9:30           PHC         10:15           CE         10:45           ES         10:45           ES         1:30           PHC         2:30           PHC         3:30           TA         4:30           TA         5:30           ES         6:30	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES INSPIRATIONAL WORD FOR THE DAY LET'S BAKEI MUSIC THERAPY/ SING-ALONG CURRENT EVENTS AND A CUP OF COFFEE REMINISCING: FAMILY THANKSGIVING TRADITIONS WALKING CLUB THANKSGIVING TRIVIA BINGO NIGHT GAME NIGHT AND REFRESHMENTS	DD         9:00           PHC         9:30           PHC         10:15           ES         11:00           PHC         130           ES         2:30           ES         3:00           PHC         3:00           ES         5:00           ES         6:30	BEAUTY AND BARBER SHOP STRETCHING WITH MUSIC INSPIRATIONAL WORD FOR THE DAY NEWS TALK AND A CUP OF COFFEE WALKING CLUB SING- ALONG SCENIC DRIVE REMINISCING: FAMILY THANKSGIVING TRADITIONS LET'S PLAY CARDS EVENING MOVIE AND POPCORN	DD         9:00           ES         9:30           CE         10:30           ES         11:00           TA         1:30           PHC         2:30           TA         3:30           ES         5:00           ES         6:30	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES <b>KOZY KITCHEN: NATIONAL PEANUT BUTTER MONTH</b> CURRENT EVENTS AND A CUP OF COFFEE <b>FALL CRAFT: TREE OF MANY THANK-YOU'S</b> LET'S GO FOR A STROLL THANKSGIVING WORD SEARCH COLOR MANIA GAME NIGHT AND REFRESHMENTS	DD         9:00           ES         9:30           TA         10:15           ES         10:45           PHC         1:30           TA         2:45           ES         3:30           TA         5:00           ES         6:30	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES <b>HISTORY LADY IN FIRESIDE LOUNGE</b> CURRENT EVENTS AND A CUP OF COFFEE LET'S GO FOR A STROLL <b>HAPPY HOUR IN THE FIRESIDE LOUNGE</b> SING- ALONG BINGO NIGHT EVENING MOVIE AND POPCORN	DD 9:00 PHC 9:30 CE 10:15 ES 10:45 PHC 1:30 PHC 2:30 ES 3:00 PHC 3:00 TA 4:00 TA 5:30 ES 6:15	
	10 NATIONAL VANILI CUPCAKE DAY	11	TRIBUTE TO VETERAN'S FIRESIDE LOUNGE	12	KOZY KITCHEN: NATIONAL PEANUT BUTTER MONTH	13	FALL CRAFT: TREE OF MANY THANK-YOU'S	14	LET'S BAKE	15	ZUMBA IN THE FIRESIDE LOUNGE	16	PAWS PET THERAPY
PH E PH PH PH T T PH	s         10:45         COFFEE AND DONUTS           s         1:15         CHRISTIAN SERVICE IN THE FIRESIDE I           c         1:30         WALKING CLUB           s         2:30         NATIONAL VANILLA CUPCAKE DAY           c         3:30         SPA DAY AND HAND MASSAGES	PHC 9:3 TA 9:4 PHC 11: PHC 1:3 DD 2:3 TA 3:3 ES 4:3	<ul> <li>STRETCHING WITH MUSIC</li> <li>TRIBUTE TO VETERAN'S-FIRESIDE LOUNGE</li> <li>INSPIRATIONAL WORD FOR THE DAY</li> <li>WALKING CLUB</li> <li>HAND MESSAGES</li> <li>WORD SCRAMBLE</li> <li>PUZZLE MANIA</li> </ul>	DD 9:00 ES 9:30 PHC 10:15 CE 10:45 PHC 1:30 PHC 1:30 PHC 2:30 ES 3:30 TA 4:30 TA 5:30 ES 6:30	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES INSPIRATIONAL WORD FOR THE DAY KOZY KITCHEN: NATIONAL PEANUT BUTTER MONTH MUSIC THERAPY/ SING ALONG WALKING CLUB REMINISCING: FAMILY THANKSGIVING TRADITIONS CURRENT EVENTS AND A CUP OF COFFEE THANKSGIVING TRIVIA BINGO NIGHT	DD         9:00           PHC         9:30           PHC         10:15           ES         11:00           PHC         1:30           TA         2:30           ES         3:00           PHC         5:00           ES         6:30	BEAUTY AND BARBER SHOP STRETCHING WITH MUSIC INSPIRATIONAL WORD FOR THE DAY NEWS TALK AND A CUP OF COFFEE WALKING CLUB FALL CRAFT: TREE OF MANY THANK-YOU'S SCENIC DRIVE REMINISCING: FAMILY THANKSGIVING TRADITIONS LET'S PLAY CARDS EVENING MOVIE AND POPCORN	DD         9:00           ES         9:30           CE         10:00           ES         1:30           ES         1:30           PHC         2:30           TA         3:30           ES         5:30           ES         6:15	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES <b>LET'S BAKE!</b> CURRENT EVENTS AND A CUP OF COFFEE TOSS THE BALL LET'S GO FOR A STROLL WORD GAMES COLOR MANIA GAME NIGHT WITH REFRESHMENTS	DD         9:00           TA         9:15           PHC         10:15           ES         10:45           PHC         1:30           TA         2:45           ES         3:30           TA         5:00           ES         6:30	BEAUTY AND BARBER SHOP <b>ZUMBA IN FIRESIDE LOUNGE</b> INSPIRATIONAL WORD FOR THE DAY CURRENT EVENTS AND A CUP OF COFFEE LET'S GO FOR A STROLL <b>HAPPY HOUR IN THE FIRESIDE LOUNGE</b> SING- ALONG BINGO NIGHT EVENING MOVIE AND POPCORN	DD         9:00           PHC         9:30           PHC         10:15           ES         10:45           PHC         1.30           TA         2:30           ES         2:30           TA         2:45           CE         3:00           TA         4:00           TA         5:30           ES         6:15	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES INSPIRATIONAL WORD FOR THE DAY CURRENT EVENTS AND A CUP OF COFFEE BAKING SURPRISE PAWS PET THERAPY SCENIC DRIVE MUSICAL SOCIAL IN THE FIRESIDE LOUNGE LET'S GO FOR A STROLL THANKSGIVING TRIVIA BINGO NIGHT GAME NIGHT AND REFRESHMENTS
	17 CATHOLIC COMMUNINI IN THE THEATRE ROOM		WORD SCRAMBLE	19	CRAFTY CORNER	20	LET'S PLAY CARDS	21	COOKING WITH CHEF JOHN	22	HAPPY HOUR IN THE FIRESIDE LOUNGE	23	SIT & BE FIT
E PH E PH DI T T E	3     10:45     COFFEE AND DONUTS       3     1:15     CHRISTIAN SERVICE IN THE FIRESIDE L	UNGE PHC 9:30 ES 10: CE 11:0 TA 1:3 PHC 2:30 DD 3:30 ES 4:30	<ul> <li>STRETCHING WITH MUSIC</li> <li>NEWS TALK AND A CUP OF COFFEE</li> <li>LET'S BAKE A TREAT!</li> <li>WORD SCRAMBLE</li> <li>WALKING CLUB</li> <li>HAND MASSAGES</li> <li>PUZZLE MANIA</li> </ul>	DD         9:00           ES         9:30           PHC         10:45           ES         10:45           PHC         1:30           TA         2:30           ES         3:30           TA         4:30           TA         5:30           ES         6:30	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES INSPIRATIONAL WORD FOR THE DAY MUSIC THERAPY/ SING ALONG WALKING CLUB CRAFTY CORNER CURRENT EVENTS AND A CUP OF COFFEE THANKSGIVING TRIVIA BINGO NIGHT GAME NIGHT AND REFRESHMENTS		INSPIRATIONAL WORD FOR THE DAY NEWS TALK AND A CUP OF COFFEE WALKING CLUB SING- ALONG SCENIC DRIVE REMINISCING: FAMILY THANKSGIVING TRADITIONS LET'S PLAY CARDS	DD         9:00           ES         9:30           CE         10:00           PHC         11:00           PHC         2:30           TA         3:30           TA         4:00           ES         5:30           ES         6:15	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES <b>COOKING WITH CHEF JOHN</b> INSPIRATIONAL WORD FOR THE DAY REMINISCING: FAMILY THANKSGIVING TRADITIONS LET'S GO FOR A STROLL WORD GAMES THANKSGIVING TRIVIA COLOR MANIA GAME NIGHT WITH REFRESHMENTS	TA         2:45           ES         3:30           TA         5:00	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES CURRENT EVENTS AND A CUP OF COFFEE INSPIRATIONAL WORD OF THE DAY LET'S GO ON A STROLL HAPPY HOUR IN THE FIRESIDE LOUNGE SING- ALONG BINGO NIGHT EVENING MOVIE AND POPCORN	PHC <b>11:30</b> TA         1:30           PHC         2:30           ES         3:00           CE <b>3:00</b> TA         4:00           TA         5:30	SIT & BE FIT REMINISCING: FAMILY THANKSGIVING TRADITIONS THANKSGIVING TRIVIA LET'S GO ON A STROLL SCENIC DRIVE BAKING SURPRISE WORD SEARCH
	24 CHRISTIAN SERVICE THE FIRESIDE LOUN		KOZY KITCHEN	26	LET'S BAKE	27	REMINISCING: FAMILY THANKSGIVING TRADITIONS	28	HAPPY THANKSGIVING	29	HAPPY HOUR IN THE FIRESIDE LOUNGE	30	NOVEMBER BIRTHDAY CELEBRATION
E PH E PH T E PH T T E	9:00     BEAUTY AND BARBER SHOP       9:15     CATHOLIC COMMUNION IN THE THEATRI       6     9:30     CHAIR EXERCISES WITH NOODLES       10:30     INSPIRATIONAL WORD FOR THE DAY       5     10:30     COFFEE AND DONUTS       5     11:5     CHRISTIAN SERVICE IN THE FIRESIDE L       2     1:30     WALKING CLUB       3     2:30     LET'S BAKE A TREAT!       2     3:30     SPA DAY AND HAND MASSAGES       4:00     THANKSGIVING TRIVIA       5:00     REMINISCING: THANKSGIVING FEASTS       2:6:30     LET'S PLAY CARDS	ES 10:1 PHC 11:0	<ul> <li>STRETCHING WITH MUSIC</li> <li>NEWS TALK AND A CUP OF COFFEE</li> <li>INSPIRATIONAL WORD FOR THE DAY</li> <li>KOZY KITCHEN</li> <li>WALKING CLUB</li> <li>HAND MASSAGES</li> <li>PUZZLE MANIA</li> </ul>	DD         9:00           ES         9:30           PHC         10:15           CE         10:45           ES         10:45           ES         1:30           PHC         2:30           TA         4:30           TA         5:30           ES         6:30	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES INSPIRATIONAL WORD FOR THE DAY LET'S BAKE! MUSIC THERAPY/ SING ALONG CURRENT EVENTS AND A CUP OF COFFEE WALKING CLUB THANKSGIVING TRIVIA BINGO NIGHT GAME NIGHT AND REFRESHMENTS	PHC         10:15           ES         11:00           PHC         1:30           ES         2:30           ES         3:00           PHC         3:00           ES         5:00	BEAUTY AND BARBER SHOP STRETCHING WITH MUSIC INSPIRATIONAL WORD FOR THE DAY NEWS TALK AND A CUP OF COFFEE <b>REMINISCING: FAMILY</b> <b>THANKSGIVING TRADITIONS</b> SING- ALONG SCENIC DRIVE WALKING CLUB LET'S PLAY CARDS EVENING MOVIE AND POPCORN	DD         9:00           ES         9:30           TA         10:15           PHC         11:30-           12:30         1:45           PHC         2:30           TA         3:30           ES         5:30           ES         6:15	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES CRAFTY CORNER: TURKEY CRAFT INSPIRATIONAL WORD FOR THE DAY THANKSGIVING FEAST ENTERTAINMENT IN THE FIRESIDE LOUNGE LET'S GO FOR A STROLL HANG MAN COLOR MANIA GAME NIGHT WITH REFRESHMENTS	TA         9:15           PHC         10:15           ES         10:45           PHC         2:30           TA         2:45           ES         3:30           TA         5:00	BEAUTY AND BARBER SHOP <b>ZUMBA IN FIRESIDE LOUNGE</b> INSPIRATIONAL WORD FOR THE DAY CURRENT EVENTS AND A CUP OF COFFEE LET'S GO ON A STROLL <b>HAPPY HOUR IN THE FIRESIDE LOUNGE</b> SING-ALONG BINGO NIGHT EVENING MOVIE AND POPCORN	PHC         9:30           PHC         10:15           ES         10:45           PHC         1:30           TA         2:30           TA         3:00           PHC         3:30           TA         5:30	BEAUTY AND BARBER SHOP CHAIR EXERCISES WITH NOODLES INSPIRATIONAL WORD FOR THE DAY CURRENT EVENTS AND A CUP OF COFFEE LET'S GO ON A STROLL <b>NOVEMBER BIRTHDAY CELEBRATION</b> SCENIC DRIVE REMINISCING: FAMILY THANKSGIVING TRADITIONS BINGO NIGHT GAME NIGHT AND REFRESHMENTS

FRIDAY

# EARLY BIRD **ACTIVITIES:**

TOSS AND CATCH BUILD AND PUZZLE SPA MORNING

### **AFTERNOON ACTIVITIES:**

BUILD A PUZZLE CARD GAMES MEMORY GAMES HANG MAN HOW MANY WORDS IN A WORD

## **EVENING ACTIVITIES:**

SATURDAY

MOVIE AND POPCORN LEMONADE AND COOKIES MEMORY GAMES SING-A-LONG TRIVIA CLASSIC MOVIE NIGHT HAND MASSAGES AND REFRESHMENTS