

PLACE  SENIOR LIVING	12877 Sylva Lane Sonora, CA 95370 209-588-0373	AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!	Location Keys  Activities Room A Dining Room D Garden G MSN Lounge F Serve individually in room R	10:00 PE Snacktivity	10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 PE Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL What's on at the Movies?
Daylight Saving Time Begins  9:30 PE Jazzercise [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL What's on at the Movies?	9:30 PE Movin' & Groovin' [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 LL Coffee & Conversation [D] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 3:30 PE Garden Stroll & Short Stories 6:00 LL What's on at the Movies?	9:00 SS Prayer & Communion (Catholic) [R] 9:30 Simple Stretches [F] 10:00 Sonacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 Senacktivity 3:00 Sonacktivity	9:30 PE Movement with Music [F]  10:00 PE Snacktivity  10:45 LL Aromatherapy  11:00 SS Individual Visits [R]  1:45 POUBE the Judge [A]  2:30 PE Snacktivity  3:00 AE Table Time- Games, Art, Puzzles etc. [A]  3:30 LL Garden Activities [G]  6:00 LL What's on at the Movies?	9:30 PE Garden Stroll [F] 10:00 PE Snacktivity 10:15 OF Therapy Dog "Gypsy" [F] 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 LL Helping Hands [A] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 3:30 PE Garden Stroll 6:00 LL What's on at the Movies?	9:30 PE Let's Get Physical [F]  10:00 PE Snacktivity  10:45 LL Aromatherapy  1:45 AE Table Time-Games, Art, Puzzles etc. [A]  2:30 PE Snacktivity  3:30 Craft Class  6:00 LL What's on at the Movies?	9:30 PE Physical Fun [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 PE Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL What's on at the Movies?
9:30 PE Jazzercise [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL What's on at the Movies?	9:30 PE Movin' & Groovin' [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 LL Coffee & Conversation [D] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 3:30 PE Garden Stroll & Short Stories 6:00 LL What's on at the Movies?	9:00 SS Prayer & Communion (Catholic) [R] 9:30 Simple Stretches [F] 10:00 Shacktivity 10:45 Aromatherapy 11:00 SS Individual Visits [R] 1:45 Afternoon Stroll 2:30 Shacktivity 3:00 AT Table Time- Games, Art, Puzzles etc. [A] 6:00 LL What's on at the Movies?	9:30 PE Movement with Music [F]  10:00 PE Snacktivity  10:45 LL Aromatherapy  11:00 SS Individual Visits [R]  1:45 PE ASPCA craft [A]  2:30 PE Snacktivity  3:00 AE Table Time- Games, Art, Puzzles etc. [A]  3:30 LL Garden Activities [G]  6:00 LL What's on at the Movies?	9:30 Garden Stroll [F] 10:00 Snacktivity 10:15 Therapy Dog "Gypsy" [F] 10:45 Aromatherapy 11:00 Snacktivity 10:45 Helping Hands [A] 2:30 Snacktivity 3:00 Snacktivity	9:30 PE Let's Get Physical [F]  10:00 PE Snacktivity  10:45 LL Aromatherapy  1:45 AE Table Time- Games, Art, Puzzles etc. [A]  2:30 PE Snacktivity  3:30 Craft Class  6:00 LL What's on at the Movies?	9:30 PE Physical Fun [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 PE Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL What's on at the Movies?
9:30 PE Jazzercise [F] 17 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL What's on at the Movies?	9:30 PE Movin' & Groovin' [F]  10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 LL Coffee & Conversation [D] 2:30 PE Taste & Tell 3:30 PE Garden Stroll & Short Stories 6:00 LL What's on at the Movies?	9:00 SS Prayer & Communion (Catholic) [R] 9:30 Simple Stretches [F] 10:00 So Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 Afternoon Stroll 2:30 So Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL What's on at the Movies?	10:00 PS Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 Pou Be the Judge [A] 2:30 PS Snacktivity 3:00 AF Table Time- Games, Art, Puzzles etc. [A] 3:30 LL Garden Activities [G] 6:00 LL What's on at the Movies?	9:30 PE Garden Stroll [F] 10:00 PE Snacktivity 10:15 OF Therapy Dog "Gypsy" [F] 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 LL Helping Hands [A] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 3:30 PE Garden Stroll 6:00 LL What's on at the Movies?	9:30 PE Let's Get Physical [F]  10:00 PE Snacktivity  10:45 LL Aromatherapy  1:45 AE Table Time- Games, Art, Puzzles etc. [A]  2:30 PE Snacktivity  3:30 Craft Class  6:00 LL What's on at the Movies?	9:30 Pe Physical Fun [F] 10:00 Pe Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 Pe Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL What's on at the Movies?
9:30 PE Jazzercise [F] 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL What's on at the Movies?	9:30 PE Movin' & Groovin' [F] 25 10:00 PE Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 1:45 LL Coffee & Conversation [D] 2:30 PE Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 3:30 PE Garden Stroll & Short Stories 6:00 LL What's on at the Movies?	9:00 SS Prayer & Communion (Catholic) [R] 9:30 Simple Stretches [F] 10:00 Se Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 12:00 SS Catholic Mass 1:45 Se Afternoon Stroll 2:30 Se Snacktivity 3:00 AE Table Time- Games, Art, Puzzles etc. [A] 6:00 LL What's on at the Movies?	9:30 PE Movement with Music [F]  10:00 PE Snacktivity  10:45 LL Aromatherapy  11:00 SS Individual Visits [R]  1:45 CF You Be the Judge [A]  2:30 PE Snacktivity  3:00 AE Table Time- Games, Art, Puzzles etc. [A]  3:30 LL Garden Activities [G]  6:00 LL What's on at the Movies?	Thanksgiving 9:30 Garden Stroll [F] 10:00 Sanacktivity 10:15 Therapy Dog "Gypsy" [F] 10:45 La Aromatherapy 11:00 Sanacktivity 1:45 La Helping Hands [A] 2:30 Sanacktivity 3:00 Sanacktivity	9:30 PE Let's Get Physical [F]  10:00 PE Snacktivity  10:45 LL Aromatherapy  1:45 AE Table Time- Games, Art, Puzzles etc. [A]  2:30 PE Snacktivity  3:30 Craft Class  6:00 LL What's on at the Movies?	9:30 Physical Fun [F] 10:00 Ps Snacktivity 10:45 LL Aromatherapy 11:00 SS Individual Visits [R] 2:30 Se Snacktivity 3:00 LL Table Time- Games, Art, Puzzles etc. [F] 6:00 LL What's on at the Movies?

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