


November 2019  
Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Woodholme Gardens Assisted Living &amp; Memory Care</div> <div>1700 Woodholme Ave Pikesville, MD 21208 410-580-1400</div>		<div><div>AE Artistic Expression</div><div>CC Community Connections</div><div>CE Continuing Education</div><div>LL Lifestyle &amp; Leisure</div><div>PE Physical Engagement</div><div>SS Spiritual Support</div></div>				
					<div>10:00 PE Morning Wake up Stretch 1</div> <div>10:30 Wacky Words</div> <div>11:15 PE Exercise with Bayada</div> <div>1:30 Jeopardy with Psalm</div> <div>2:30 Let's get into your business! Discussion</div> <div>3:00 Happy Hour in the Bistro</div> <div>4:30 Daily Dose of Scriptural Reading</div>	<div>2</div> <div>10:00 PE Morning Wake up Stretch</div> <div>11:00 CE Hangman with Psalm in the Bistro</div> <div>1:30 AE Flower Arranging with Psalm</div> <div>2:30 Checkers with Psalm</div> <div>3:30 End of the week Reflection with Psalm</div> <div>4:00 Daily dose of scriptural Reading</div>
<div>Daylight Saving Time Begins: TURN YOUR CLOCKS BACK 1 HOUR 3</div> <div>10:00 SS Please join us for Freda Garelick's Celebration of Life Service</div> <div>10:30 Pets on Wheels w/ Bonnie</div> <div>11:30 Bible Word Search</div> <div>1:30 Uno Card Game</div> <div>3:00 PE Garden Stroll</div> <div>3:00 November Trivia</div> <div>4:00 Hangman with Ty</div> <div>8:20 Ravens VS. New England</div>	<div>4</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 CE Monday Morning Mind Wake Up Trivia</div> <div>— Exercise with Bayada</div> <div>1:30 LL Monday Comedy Movie Matinee- Chapel- Men In Black</div> <div>3:00 SS Fellowship w/ Pastor Wilson- Chapel</div>	<div>Election Day 5</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 LL Daily Chronicles and News</div> <div>11:30 Election Day Puzzle</div> <div>1:30 Bingo with Hayden on the 3rd floor</div> <div>2:00 Weather presentation with Chief Meteorologist Lynnette Charles</div> <div>3:00 Nat King Cole Milestone Day- Concert Clips in the Chapel</div> <div>4:00 Monopoly Word Maze</div>	<div>6</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Morning News</div> <div>11:00 Ball toss Exercise</div> <div>1:30 Hoops Day- Basketball Trivia</div> <div>2:00 CE Time to Unscramble the words</div> <div>3:00 The Woodholme Harmonizers Choir Practice</div> <div>4:00 Take a Ride on the Reading Railroad Word Search</div>	<div>7</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Morning News</div> <div>1:30 AE Handmade Greeting Cards</div> <div>2:00 First Congresswoman Day- Let's learn about Jeanette Rankin</div> <div>3:00 CE Jeopardy</div> <div>4:00 what am I trivia?</div>	<div>8</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Wacky Words</div> <div>11:15 PE Exercise with Bayada</div> <div>1:30 Zumba with Helena</div> <div>2:00 LL National Parents as teachers day: Discussion &amp; Sharing Parenting Tips</div> <div>3:00 Happy Hour in the Bistro</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>9</div> <div>10:00 PE Morning Wake up Stretch</div> <div>11:00 AE Hangman with Psalm</div> <div>1:30 AE Flower Arranging with Psalm</div> <div>2:30 LL Checkers with Psalm</div> <div>3:00 AE Draw a perfect Circle Day: Circle Art</div> <div>4:00 SS Daily Dose of Scriptural reading</div>
<div>10</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 SS Prayer Worship with Peggy</div> <div>11:00 SS A tour of the testaments... An exploration of the bible with Rabbi Shlomo</div> <div>1:00 Ravens@Bengals</div> <div>2:00 LL Vanilla Cupcake Day: Baking Vanilla Cupcakes</div> <div>3:00 PE Garden Stroll</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>11</div> <div>10:00 AE Veteran Appreciation Craft: Thank you Cards</div> <div>10:30 CE Monday Morning Mind Wake Up Trivia</div> <div>— Exercise with Bayada</div> <div>1:30 LL Monday Comedy Movie Matinee- The Flintstones</div> <div>2:00 CE History of Veterans Day Discussion</div> <div>3:00 SS Fellowship w/ Pastor Wilson- Chapel</div> <div>4:00 Scripture of the day reading</div>	<div>12</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 LL Daily Chronicles and News</div> <div>1:30 Bingo with Hayden</div> <div>2:30 Short Story Club- Meeting and Discussion</div> <div>3:15 LL Veterans Word Search</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>13</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Morning News</div> <div>11:00 Arm Chair Travel</div> <div>1:30 Time to Unscramble the words</div> <div>2:00 AE Let's Get Crafty</div> <div>2:30 CE Happy Birthday, Robert Louis Stevenson: Reading Poems &amp; Facts</div> <div>3:00 The Woodholme Harmonizers Choir Practice</div> <div>3:00 Walking Club</div> <div>4:15 LL Mixed up countries Puzzle</div>	<div>14</div> <div>10:00 CC Honoring our Veterans Ceremony</div> <div>10:30 Morning News</div> <div>11:00 CE Nellie Bly Begins Journey Around the World Discussion</div> <div>2:00 Birthday Party with Ken King</div> <div>3:00 CE Jeopardy</div> <div>3:30 LL Pickle Day: Pickle Trivia &amp; Pickle Snacks</div> <div>4:15 Lulu of a Day: Lighten up with some jokes</div>	<div>15</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Wacky Words</div> <div>11:15 PE Exercise with Bayada</div> <div>1:30 CE Jeopardy</div> <div>2:00 AE I Love to Write Day: Writing a Thank-You-Note</div> <div>3:00 Happy Hour in the Bistro</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>16</div> <div>10:00 PE Morning Wake up Stretch</div> <div>11:00 CE Hangman with Psalm</div> <div>11:30 CE Daily Chronicle</div> <div>1:30 AE Flower Arranging with Psalm</div> <div>2:30 Checkers with Psalm</div> <div>3:00 LL International Game Day: Matching Puzzles</div> <div>3:30 End of the Week Reflection</div> <div>4:00 SS Daily Dose of Scriptural reading</div>
<div>17</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Pets on Wheels w/ Bonnie</div> <div>10:30 SS Prayer Worship with Peggy</div> <div>11:00 SS A tour of the testaments... An exploration of the bible with Rabbi Shlomo</div> <div>1:00 LL Ravens VS. Texans</div> <div>2:00 AE World Peace Day: Making Paper Doves</div> <div>3:00 PE Garden Stroll</div> <div>3:15 LL November Trivia</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>18</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 CE Monday Morning Mind Wake Up Trivia</div> <div>— Exercise with Bayada</div> <div>1:30 LL Monday Movie Matinee- National Treasure</div> <div>2:00 CC Civic Service Project: Donating Accessories &amp; Making Lunch Bags for Homeless</div> <div>3:00 SS Fellowship w/ Pastor Wilson- Chapel</div> <div>4:15 Happy Birthday Mickey Mouse: How he's changed over the years</div>	<div>19</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 LL Daily Chronicles and News</div> <div>11:00 CE Gettysburg Address Anniversary: Why was this important?</div> <div>1:30 Afternoon Stretch</div> <div>2:00 Short Story Club- Meeting and Discussion</div> <div>2:30 CE Cold War Ended: Short Videos &amp; Timeline in Chapel</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>20</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Morning News</div> <div>11:00 Arm Chair Travel: England</div> <div>1:30 CE Happy Anniversary Queen Elizabeth and Prince Philip- Flashback to their wedding</div> <div>3:00 The Woodholme Harmonizers Choir Practice</div> <div>3:00 Walking Club</div> <div>4:15 AE Rose National Emblem Day- How to draw a Rose</div>	<div>21</div> <div>Library Trip</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Morning News</div> <div>11:00 PE Pikesville Librarians: Let's Read, Let's Move, Let's Sing</div> <div>1:30 Icon of the week- Queen Elizabeth</div> <div>3:00 CE Jeopardy</div> <div>4:15 PE Let's Stretch with Ty</div>	<div>22</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Wacky Words</div> <div>11:15 PE Exercise with Bayada</div> <div>1:30 My favorite proverb sayings</div> <div>2:00 CE Sagittarius, the Archer: Learning &amp; Discussing personality traits</div> <div>2:30 Let's Get into your business Discussion</div> <div>3:00 Happy Hour in the Bistro</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>23</div> <div>10:00 PE Morning Wake up Stretch</div> <div>11:00 CE Word Games with Psalm</div> <div>11:30 Daily Chronicle</div> <div>1:30 AE Flower Arranging with Psalm</div> <div>2:00 CE Free Dr. Pepper Day- Lets watch some classic commercials!</div> <div>2:30 LL Checkers with Psalm</div> <div>4:00 SS Daily Dose of Scriptural reading</div>
<div>24</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 SS Prayer Worship with Peggy</div> <div>11:00 SS A tour of the testaments... An exploration of the bible with Rabbi Shlomo</div> <div>1:30 A Moment of Reminiscing: Discuss and Recall</div> <div>2:00 LL Let the Games Begin: Board Games, Card Games and Word Search</div> <div>3:00 PE Garden Stroll</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>25</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 CE Monday Morning Mind Wake Up Trivia</div> <div>— Exercise with Bayada</div> <div>1:30 LL Monday Movie Matinee: Indiana Jones</div> <div>2:15 Farm-City Week Begins- Presentation Then and Now</div> <div>2:45 AE Rudolph's Red Nose Day: Creative writing &amp; Rewriting the lyrics</div> <div>3:00 SS Fellowship w/ Pastor Wilson- Chapel</div> <div>4:15 Happy Birthday, Joe Dimaggio! Discussion</div> <div>8:15 Ravens VS Rams</div>	<div>26</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 LL Daily Chronicles and News</div> <div>11:00 Price is Right Game: How much is it?</div> <div>1:30 Afternoon Stretch</div> <div>2:00 Short Story Club- Meeting and Discussion</div> <div>3:15 Let's Talk Turkey Tuesday: Trivia &amp; Sharing History of Turkey</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>27</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Morning News</div> <div>11:00 Arm Chair Travel: Canada</div> <div>1:30 What you want to know Wednesday: Google Search Fun at the Computer</div> <div>2:30 Word Puzzle Wednesday: Solving Wacky Wordies</div> <div>3:00 The Woodholme Harmonizers Choir Practice</div> <div>3:00 Walking Club</div> <div>4:00 Pumpkin Pie Pudding</div>	<div>28</div> <div>Thanksgiving: HAPPY THANKSGIVING!!!!</div> <div>9:00 Macy's Thanksgiving Day Parade</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Morning News</div> <div>11:00 Word Game Fun</div> <div>2:00 Happy Thanksgiving Day: Thanksgiving Bingo</div> <div>3:00 CE Jeopardy</div>	<div>29</div> <div>10:00 PE Morning Wake up Stretch</div> <div>10:30 Wacky Words</div> <div>11:15 PE Exercise with Bayada</div> <div>1:30 Jeopardy Fun</div> <div>2:00 Shop 'til You Drop Day: Black Friday Crossword Puzzle</div> <div>3:00 Happy Hour in the Bistro</div> <div>4:00 SS Daily Dose of Scriptural reading</div>	<div>30</div> <div>10:00 PE Morning Wake up Stretch</div> <div>11:00 LL Hangman with Psalm</div> <div>11:30 Daily Chronicle</div> <div>1:30 AE Flower Arranging with Psalm</div> <div>2:00 Notable Quotable Day: Mark Twain Quotes</div> <div>2:30 Game Fun with Psalm</div> <div>4:00 SS Daily Dose of Scriptural reading</div>