

THANKS

A Monthly Newsletter for the Families and Friends of Vista Gardens

November 2019

A Letter from our Executive Director

Management Team

Greetings, Vista Gardens Family!

My name is Shannon Hundley and I am thrilled to have joined the amazing Vista Gardens team as the Executive Director. Over the past few weeks I have grown to love our residents and the family members that I have been fortunate enough to meet. My absolute goal is to work collaboratively with each department to provide the best possible care to our residents and families.

I started working in long term care at the age of 16 and immediately found my life's passion. I have held several positions within the industry, including working in the kitchen, caregiving, medication technician, and business office director before obtaining my bachelor's degree in Healthcare Administration and Nursing License in 2001.

I am very excited to be a part of this team and I look forward to meeting everyone. Please reach out to me at any time to say hello and I look forward to meeting and getting to know all of you.

Sincerely,

Shannon Hundley

Shannon Hundley Executive Director / Administrator Evelyn Delgado Associate Executive Director Rachel McIntyre Memory Care Director Stephanie Morgan Director of Sales & Marketing Mara Carney Activity Director Dee Warner **Culinary Director** Easter Sialoi Staff Development Manager Peter Ledesma Maintenance Manager Leah Wallis **Community Liaison** Carmen Gonzales Garden Level Programmer Mara Sialoi Memory Care Assistant Karina Tellez Administrative / HR Assistant

Favorite Photos



November Highlights

Friday, November 1st
Musicstation
3 pm Lobby

Thursday, November 7th
HL Veterans Pizza Lunch
with Hospice of the North Coast
11:15 am Private Dining Room
Margie on Piano
2:00 pm Lobby

Friday, November 8th Music w/ Taylor Bassett 3 pm Lobby

Monday, November 11th

A Tribute to our Veterans
with Cabrillo Hospice
1:15 pm Lobby
Ukulele with Kim & Friends
2:30 pm Lobby

Friday, November 15th
"Minding Motion" Class
10:00 am Library
Music with Celeste Barbier
2:00 pm Lobby

Sunday, November 17th Thanksgiving Brunch 11:30 am & 12:30 pm

Wednesday, November 20th
"Our November History"
10:00 am Community Center
Ron's Pharmacy Family Night
4:00 pm Library

Friday, November 22nd Music w/ La Don Jones 2:30 pm Lobby

Friday, November 29th Music w/ Cowboy Jack 2:30 pm Lobby

Veterans' Day Tribute

Please join us as we honor our

Vista Gardens Veterans

Monday, November 11th 1:15 pm in the lobby







Refreshments and Entertainment by Kim and friends to follow

Thank You, Cabrillo Hospice for your support of this event and our VG Veterans!

Employee Holiday Fund

Reminder...to Our Vista Gardens Families & Friends,

Our employees are not permitted to accept tips or gifts. If you would like to show your appreciation during the coming Holiday Season, an Employee Fund has been set up. Please address your checks to the Vista Gardens Employee Fund and drop them off at the reception desk or mail to:

Employee Holiday Fund c/o Vista Gardens 1863 Devon Place Vista, CA 92084

All contributions collected will be confidential and evenly distributed among all staff members at our Employee Party.

Thank you for thinking of our staff!



1863 Devon Place, Vista, CA 92084 Phone (760) 295-3900 Fax (760)-330-9645 RFCE # 374603152
Editor: *Mara Carney*

Family Support Meeting

Caring for a loved one can be isolating and overwhelming, but you are not alone...

ALZHEIMER'S SAN DIEGO

SUPPORT AND DISCUSSION GROUP

Facilitated by Sandy Braff, MFT

Every Thursday 1:30 - 3:30 pm

Build relationships Learn from others
Develop new coping strategies
Find comfort and strength
Compassionate safe environment
Monthly educational speaker: 3rd Thursday
Vista Gardens

1863 Devon Place, Vista, CA 92084 760-295-3900

www.vistagardensmemorycare.com RCFE # 374603152

Welcome New Residents!



to our Vista Gardens Family!

Kathy D.

Fernando G.

Joyce S.

Virginia W.

We are very glad to meet you!

Daylight Savings Ends

Don't Forget:

Set clocks back 1 hour

before bedtime on Saturday, Nov. 3rd



November Birthdays

Happy Birthday!



Residents

11/1 Reiko R. 11/06 Marlene W. 11/10 Edward K. 11/14 James P. 11/20 Margie M. 11/27 Cynthia S. & Astra J. 11/28 Edith B. 11/29 Wanda Jean H.

Staff

11/3 Mercedes B. 11/4 Brenda W. 11/7 Deana W. 11/11 Peter L. 11/17 Ashley E. 11/21 Mara S. & Joyce S.

Resident Spotlight

Julie Suor



Julie is one of our most energetic residents. She loves to be outdoors walking and harvesting in our garden. Upon returning she assists with sorting and washing all the delicious fruit and produce that is collected. She enjoys going out for a ride on the bus, arranging flowers for our Dining Room and being helpful to staff and friends.

Julie was born and raised in Portland, Oregon and is the mother of 2 sons, David and Mike. Her hobbies included watching L.A. Clippers basketball games and travelling. A favorite destination was the Amalfi Coast. Julie, we're so happy to know you!