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2121 E. Prater Way Sparks, NV 89434

> Please Join Us For Our Annual Thanksgiving Luncheon on Saturday, November 23rd At

12:30 PM: \$10/Person Fee.

RSVP to Viki: 775-284-0158

By: 11/18/2019



Administrative Team: 775-331-2229

Barb Heywood Executive Director

Suzie Kuczynski Community Relations Director

Barbara Fraide Business Office Director

Sarah Conroy/Lisa Erck Wellness Directors

Sam Goodrich/Cherise Roulllett Wellness Coordinators

Flor Martinez
Dinning Services Director

Viki Lowrey Life Enrichment Director

Mike Hoos Maintenance Director



Our mission is to create and sustain comfortable, caring environments for those who depend on us.

The Arbors Bulletin

Monthly Newsletter



November 2019

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6 Birthdays, Social Media, & Highlights 7 Special Moments & Family Stories 8 Mission & Team

The History & Significance of Veterans Day

At precisely 11 am on November 11th in the United States, massive crowds will begin ceremonies and celebrations in honor of our Veterans. With great gratitude, citizens will honor those who have bravely served our country. What has historically been a day of great significance, remains ever important today.

Veterans Day has been, and remains, a U.S. holiday that honors veterans of all wars. Its history has not been without its changes, however!

In 1918, during
World War I, on the
11th hour of the
11th day of the
11th month,
hostilities ended
between the Allied
nations and

Germany - referred to by many as "Armistice Day." The Treaty of Versailles, which marked the end of the war, was signed on June 28, 1919, but the armistice date was the one most considered the conflict's end.

In November of 1919, Armistice Day was observed by many countries with parades, public celebrations, and pauses to business and school activities at 11 am.

Then, in June of 1926, Congress passed a resolution saying November 11 should be

commemorated each year. As of May 13, 1938, Armistice Day was a legal Federal holiday.

Changes were still abound, though. During World War II, more than 16 million Americans served in the Army, Air Force, Marines, and Navy. Another 5.7 million

served in the Korean War. This spurred Veteran's service organizations to lobby for the words "Veterans Day" to replace Armistice Day in honor of the American veterans of all wars. In 1954, President Dwight D. Eisenhower signed legislation for the name to be changed.

The day would still see some changes! As of 1971, Veterans Day

was moved to the fourth Monday in October when Congress passed a Uniform Holidays Bill to make Monday "the" day for federal holidays. But as of 1978, due to many states' confusion and disapproval over the change, the holiday was moved back to its original observance date.

And so it goes, Veterans Day continues to be observed on November 11th. That day, and throughout the year, we thank all who have served for our great nation.

What is the difference between Veterans Day and Memorial Day? It is a common question. Memorial Day, in May, is dedicated to Americans who have served and who passed away during (or as a result of) serving. Veterans Day honors all Veterans, alive and who have passed.

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Special Moments









For Family Stories Month, we shared neat facts about our families:

"Great Parents! Did lots together as a family" - Lois
"Enjoyed when we all got together" - Natalie

"We laughed until we cried sometimes" - Viki

"Dad brought home big birds that sat with the family"- Don "Everyone together" - Louise

"Being with my children" - Helen
"We had wonderful camping trips" - Wendy

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November 2019 Highlights

November is Gratitude Month, Family Stories Month, Movember, and Novel Writing Month.

- 01 Authors Day; Vinegar Day
- **02 Deviled Egg Day**
- 03 Daylight Savings Ends; Sandwich Day
- **04 Candy Day; Traffic Directors Day**
- 05 Doughnut Day; Love Red Hair Day
- **06 Stress Awareness Day; Saxophone Day**
- **07 Men Make Dinner Day**
- **08 Cappuccino Day**
- **09 Louisiana Day**
- 10 Vanilla Cupcake Day; Marines Day
- 11 Veterans Day; Sundae Day
- 12 Chicken Soup for the Soul Day
- **13 World Kindness Day**
- 14 Pickle Day; Spicy Guac Day
- 15 Philanthropy Day; Raisin Bran Day
- 16 Button Day; Fast Food Day
- 17 Take a Hike Day; Baklava Day
- 18 Mickey Mouse's Birthday; Princess Day
- 19 Play Monopoly Day
- **20 Peanut Butter Fudge Day**

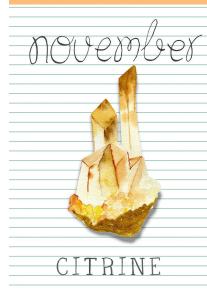


- 21 Gingerbread Cookie Day
- **22 Cranberry Relish Day**
- 23 Espresso Day; Eat a Cranberry Day
- 24 Sardines Day
- 25 Parfait Day
- 26 Cake Day
- 27 Jukebox Day; Bavarian Cream Pie Day
- 28 Thanksgiving
- 29 Native American Heritage Day; Floss Day
- 30 Mason Jar Day; Small Business Saturday

We're online @

- Facebook.com/ArborsMemoryCare
- Blog.radiantseniorliving.com
- Radiantsrliving on Instagram
- Radiantvoices on Instagram
- RadiantSrLiving on Twitter
- Pinterest.com/radiantsrliving
- Radiant Senior Living on YouTube

November Birthdays!



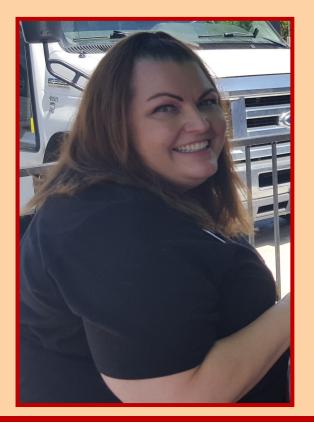
Wishing a *very* happy birthday to you!

Dottie, Nov. 5
Maureen Nov. 5
Maigene Nov 15
Kitty Nov. 10



Staff Spotlight Jen

Jen is our spotlighted team member of the month. From her great big smile, to her wonderful happy laugh, she shines a light on everyone. Jen came to the Arbors as a UNR intern and we have been fortunate enough to have her join the activity team as a life enrichment assistant, after graduating in May. She lives up to her title of enriching lives, because she enriches the lives of all she encounters with her compassionate and caring ways. She is dedicated, trustworthy, and can be counted on to help wherever the need arises. Jen loves our residents and is their greatest advocate. She can make the toughest job look easy with her cool professional manner. She is witty and intelligent and gives 100% of herself. She loves cats and being outdoors or just capturing special moments with her special guy. Her heart overflows with love and we are the receivers of her daily dose of happiness.



Resident Spotlight Paul



Paul is our spotlighted resident of the month! He was born and raised in Ireland. He is an avid reader who enjoys Fox News and classic movies. You are bound to catch Paul in the gazebo almost every day, enjoying the gardens and reading the newspaper or a good book. Moving to America as an adult, he made his home in Riverside, CA, with his wife, while raising three children. He worked as a long-distance truck driver and mover throughout his career. It is fun to talk with Paul and listen to his Irish brogue.

We're so happy to have you here, Paul!



November 2019 Arbors Memory Care Daily Activities

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Sun	Mor		Tue	Wed			Thu 🦠 🥦	FORSET	🖁 Fri 📆	X 5	Sat
		31027	O O O O O O O O O O O O O O O O O O O	Scenic Rides			Daily 12:15 pm & 5:15 pm	OUR VET	1		2
A HAPPY BIRTHDAY	HONORING ALL WH			Tues. And The	urs.		Aromatherapy Therapy -	9:30	Morning News	9:30	Morning Updates
							Warm Wash Clothes.	10:00	Walkabouts	10:00	Sittercise
Dottie, 11/4				Lunch Bunch Eve	ry Wed.		*10:30 am, 3:00 pm, & 7:15 pm	11:00	Nail Time	11:00	Nails
Maureen, 11/5				gunch			Snacks & Hydration	2:00	Puzzles-iN2L	2:00	Tick-Tac-Toe
Kitty, 11/10	n n			Banch			*iN2L="It's Never 2 Late"	2:30	Reminisce Stories	3:00	Snacktivity
Marigene, 11/15	Thank is			Live Entertain	ment		Engagement Through Technolog a Month Art-Radiant Expressions	4:00	Mocktail Fun	4:00	Challenges-iN2L
Wangene, 11/13	The Grand			A.			rity Schedule Subject to Change	6:15	Friday Flick	6:15	Puzzles
		4 8/4 8		9				7:15	Evening Relax	7:15	Evening Relax
3		4	5		6		7		8		9
15 Church Service	9:30 Monday Upda	ates 9:30 Mor	ning Updates	9:30 Morning Updates		9:30	Morning Updates	9:30	Morning News	9:30	Morning Updates
0:00 Exercise Group	10:00 Morning Stre	ch 10:00 Gold	den Walkers	10:00 Stretch and Be Fit	t	10:00	Yoga Fit	10:00	Walkabouts	10:00	Golden Walkers
1:00 Remembering the 40's	11:00 Fancy Nails	11:00 Scer	IIIC NICES	11:00 Sunshine Visits		11:00	Scenic Drive	11:00	Nail Time	11:00	Nails
00 Trivia-iN2L	2:00 Crosswords-i	N2L 2:00 Trivi	a-iN2L	11:45 Lunch Bunch	unch unch	2:00	Matching-iN2L	2:00	Puzzles-iN2L	2:00	Table Puzzles
30 Toss & Talk	2:30 Piano with J	A	oon Noodle	2:00 Trivia-iN2L	4000		Bingo	2:30	Birthday Bash	2:30	Sigma Kappa Craft
00 Social Time	4:00 Family Feud-	(D) (C) (C) (C) (C) (C) (C) (C) (C) (C) (C	nic Ride	2:30 Tic-Tac-Toe		4:00	Scenic Drive	4:00	Mocktail Fun	4:00	Family Feud-iN2L
15 Family Time	6:15 Card Games		or Dona	4:00 Game Time		6:15	Men's Social	6:15	Friday Flick	6:15	Target Shooting
:15 Evening Relax	7:15 Evening Rela			6:15 Sing Along 7:15 Evening Relax		7:15	Evening Relax	7:15	Evening Relax	7:15	Evening Relax
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30 Coloring Fun	2:30 Reminiscing		rra Arts Music	2:30 Acorn Craft		2:30	Bingo	2:30	Vocals by Ray	3:00	Snacktivity
00 Social Time	4:00 Family Feud-	iN2L 4:00 Sce	nic Ride	4:00 Jokes		4:00	Scenic Drive	4:00	Mocktail Fun	4:00	Sing Along-iN2L
:15 Family Time	6:15 Game Time	6:15 Ballo	o o n To o o	6:15 Turkey Bowling		6:15	Men's Social	6:15	Friday Flick	6:15	Family Feud-iN2L
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:00 Pictionary	11:00 Radiant Expr	essions 11:00 Scer	nic Rides	11:00 Sunshine Visits		11:00	Scenic Drive	11:00	Nail Time	12:30	Family Thanksgiving
00 Trivia-iN2L	2:00 Crosswords-i	N2L 2:00 Trivi	a-IINZL	11:45 Lunch Bunch	runch Banch	2:00	Matching-iN2L	2:00	Puzzles-iN2L	2:00	Coloring Fun
30 Fancy Nails	2:30 Target Shooti	ng 2:30 Cat	fish Carl Performs		(400)	2:30	Guitar w/Don K	2:30	Trivia-iN2L	2:30	Movie Time
00 Social Time	4:00 Family Feud-	iN2L 4:00 Sce	nic Dido	2:30 Turkey Craft 4:00 Fall Coloring		4:00	Scenic Drive	4:00	Mocktail Fun	4:00	Social Time
15 Family Time	6:15 Puzzles	6:15 Ballo	T	6:15 Pictionary		6:15	Water Pong	6:15	Friday Flick	6:15	Saturday Night Movie
:15 Evening Relax	7:15 Evening Rela	x 7:15 Eve		7:15 Evening Relax		7:15	Evening Relax	7:15	Evening Relax	7:15	Evening Relax
24		25	26		27		Thanksgiving 28		29	a	3
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