



SENSATIONS
DINING

Blue Ridge AL and Memory Care

Today's Menu

Breakfast Menu

Main Course

Scrambled Egg

or

Oatmeal

or

Grits

Sides

Egg of Choice

or

Hash Browns

or

Bacon

Fresh Fruit

Beverages

100% Juice

Breads

Whole Grain Toast



SENSATIONS
DINING

Blue Ridge AL and Memory Care

Today's Menu

Lunch Menu

Main Course

BBQ Glazed Meatballs

or

Pan Fried Trout

Sides

Delicious Rice

Peas and Carrots

Breads

Baked Roll

Dessert

White Almond Cake



SENSATIONS
DINING

Blue Ridge AL and Memory Care

Today's Menu

Dinner Menu

Main Course

Skillet Ham and Potatoes

or

Parmesan Chicken Sandwich

Sides

Zesty Cucumber Salad

Dessert

Lemon Cookie