




SENSATIONS

DINING

Rittenhouse at Lehigh Valley

Today's Menu

Breakfast

Oatmeal 

or

Scrambled Egg

or

Pancakes

Bacon

or

Sausage Patty

100% Juice

Whole Grain Toast

Lunch

Green Salad

or

Beef Barley Soup


Homestyle Turkey/Gravy

or

Cottage Cheese/Fruit Platter

Fresh Mashed Potatoes and Gravy

Peas and Carrots

Banana Pudding 

Dinner

Green Salad

or

Cream of Fresh Asparagus Soup

Sweet and Sour Pork 



or

Cranberry Apple Chicken Salad

Broccoli

Rice

Lemon Blueberry Explosion Bread

 30 g carbohydrate or less per serving  low fat

Please notify your server if you have any food allergies