



29	30	Oct 1	2	3	4	5
		Green Salad Parmesan Crusted Pork Chops <i>or</i> Turkey Divan Baked Yams Chef's Steamed Vegetable Baked Roll White Poke Cake	Green Salad Skillet Beef Patty/Gravy <i>or</i> Juicy Ham Classic Mashed Potatoes Mixed Vegetables Baked Roll Fresh Banana Cream Pie	Green Salad Lemon Pepper Chicken <i>or</i> Ginger Lime Pork Parmesan Pasta Grilled Asparagus Baked Roll Fruit Marshmallow Dessert	Green Salad Tropical Tilapia <i>or</i> Pepper Smothered Cube Steak Seasoned Rice Sauteed Spinach Baked Roll Soft Snickerdoodle	Green Salad Beef Stroganoff <i>or</i> Smoked Roasted Turkey California Normandy Blend Garlic Bread Coffee Cake
6	7	8	9	10	11	12
Green Salad Baked Ham/Peach Sauce <i>or</i> New England Pot Roast Baked Sweet Potato Greens Baked Roll Fresh Blueberry Pie	Green Salad Chicken Cordon Bleu Open Face <i>or</i> Caribbean Shrimp Red Potatoes Capri Blend Baked Roll Soft Brown Sugar Cookie	Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta Seasoned Cauliflower Baked Roll Mississippi Mud Cake	Green Salad Roast Pork/Ginger Glaze <i>or</i> Broccoli Quiche Roasted Potato Medley Sauteed Yellow Squash Baked Roll Fruit Crisp	Green Salad Hamburger Steak/Onions <i>or</i> Grilled Chicken/Cucumber Melon Sauce Ranch Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding	Green Salad Cod Fillet <i>or</i> Roasted Pork Parmesan Potatoes Steamed Broccoli Baked Roll Frozen Sherbet Dessert	Green Salad Lemon Oregano Turkey <i>or</i> Texas BBQ Steak Homemade Stuffing Roasted Brussels Sprouts Baked Roll Mandarin Orange Cake
13	14	15	16	17	18	19
Green Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Green Salad Roasted Chicken Legs <i>or</i> Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak/Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	Green Salad Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Cranberry Pumpkin Cookie	Green Salad Pesto Chicken <i>or</i> Pork Roast/Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Green Salad Cod Fillet/Lemon Sauce <i>or</i> Ham/Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	Green Salad Glazed Meatloaf <i>or</i> Turkey/Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
20	21	22	23	24	25	26
Green Salad Chicken Parmesan <i>or</i> Italian Beef Pot Roast Garlic Pasta California Normandy Blend Crusty Cheese Bread Black Bottom Cherry Pie	Green Salad Herb Seasoned Pork <i>or</i> Three Cheese Ravioli Glazed Sweet Potatoes Yellow Squash/Onions Baked Roll Caramel Apple Cake	Green Salad Beef Burgundy <i>or</i> Baked Tilapia w/Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Baked Roll German Chocolate Brownie	Green Salad Homestyle Turkey/Gravy <i>or</i> Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Green Salad Baked Ham <i>or</i> Chicken/Tomato Mushroom Sauce Scalloped Potatoes Green Beans/Bacon Baked Roll Soft Snickerdoodle	Green Salad Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake	Green Salad Roasted Lemon Chicken <i>or</i> Corned Beef/Cabbage Wedge Red Potatoes Sauteed Spinach Baked Roll Vanilla Berry Trifle
27	28	29	30	31	Nov 1	2
Green Salad Honey Glazed Pork <i>or</i> Herbed Roast/Vegetables AuGratin Potatoes Hawaiian Beets Fresh Banana Cream Pie	Green Salad Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	Green Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Fresh Coconut Cream Pie	Green Salad Beef Patty/Mushroom Gravy <i>or</i> Turkey Roast/Stuffing Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake		