


October 2019  
Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1700 Woodholme Ave Pikesville, MD 21208 410-580-1400		10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>LL</span> Daily Chronicles and News 11:15 Crossword Puzzle Fun 1:30 Afternoon Stretch 1:30 <b>Departing 1:30- Movie outing Downton Abbey</b> 2:00 Icon of the week- Walter Matthau 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 Arm Chair Travel: CHINCOTEAGUE 1:30 Happy Birthday Grocho Marx- Discussion and Video Viewing 2:15 Who am I?! Trivia 3:00 Walking Club 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 What am I?! Trivia 1:30 Think Positive Thursday: Affirmation Card Creations 2:15 Bake Class- Monkey Ball Bread 3:00 <span>CE</span> Discuss & Recall- Tiny House Obsession 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Wacky Words 11:15 <span>PE</span> <i>Exercise with Bayada</i> 1:30 Manicures in the Bistro 2:30 Trivia Blast 3:00 <b>Happy Hour in the Bistro</b> 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News and Views with Psalm 11:00 Silly Saturday Poems- Shel Silverstein 1:30 Flower Arranging With Psalm 2:30 Afternoon Stretch 3:00 Word Search Fun 4:15 Coffee and Conversation
	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>SS</span> Prayer Worship with Peggy 11:00 <span>SS</span> A tour of the testaments... An exploration of the bible with Rabbi Shlomo 12:00 Lunch Music with Andrew 1:00 Ravens @ Pittsburgh 2:30 Word scramble 3:00 Garden Stroll 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>LL</span> Daily Chronicles and News 11:00 Word Scramble Fun 12:00 <b>Outing- Food for the Soul- Granny's restaurant</b> 1:30 Bingo with Hayden 2:00 Icon of the week- John Lennon 3:15 Walking Club 4:15 Coffee and Conversation	<b>Outing- Walmart Trip</b> 10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 Arm Chair Travel- Jerusalem 1:30 Yom Kippur Discussion 2:30 Crossword Puzzle Fun 3:00 Walking Club 4:15 Coffee and Conversation	<b>Library Trip</b> 10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 7 Greatest Unsolved Mysteries of the world Discussion 2:00 October Birthday Party with Ken King 3:00 <span>CE</span> Jeopardy 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Wacky Words 11:15 <span>PE</span> <i>Exercise with Bayada</i> 1:30 <span>CE</span> First Lady of the World Eleanor Roosevelt Birthday Celebration 3:00 <b>Happy Hour in the Bistro</b> 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Sunny Skyz News 11:00 <span>AE</span> Trivia Hour 1:30 Flower Arranging with Psalm 2:30 <span>AE</span> Shading Shenanigans 3:00 Garden Stroll 4:15 Coffee and Conversation
	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>CE</span> Monday Morning Mind Wake Up Trivia — <i>Exercise with Bayada</i> 1:30 <span>LL</span> Monday Movie Matinee- Chapel 3:00 <span>SS</span> <i>Fellowship w/ Pastor Wilson- Chapel</i> 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>LL</span> Daily Chronicles and News 11:00 Word Scramble Fun 12:00 <b>Outing- Food for the Soul- Granny's restaurant</b> 1:30 Bingo with Hayden 2:00 Icon of the week- John Lennon 3:15 Walking Club 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 Arm Chair Travel- Jerusalem 1:30 Yom Kippur Discussion 2:30 Crossword Puzzle Fun 3:00 Walking Club 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 7 Greatest Unsolved Mysteries of the world Discussion 2:00 October Birthday Party with Ken King 3:00 <span>CE</span> Jeopardy 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Wacky Words 11:15 <span>PE</span> <i>Exercise with Bayada</i> 1:30 <span>CE</span> First Lady of the World Eleanor Roosevelt Birthday Celebration 3:00 <b>Happy Hour in the Bistro</b> 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Sunny Skyz News 11:00 <span>AE</span> Trivia Hour 1:30 Flower Arranging with Psalm 2:30 <span>AE</span> Shading Shenanigans 3:00 Garden Stroll 4:15 Coffee and Conversation
	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>SS</span> Prayer Worship with Peggy 11:00 <span>SS</span> A tour of the testaments... An exploration of the bible with Rabbi Shlomo 1:00 Ravens VS. Cincinnati 3:00 Garden Stroll 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>LL</span> Daily Chronicles and News 11:00 Cooking club- Hummus 1:30 Bingo with Hayden 2:30 Icon of the week- Luciano Pavarotti 3:30 <span>PE</span> Walking Club 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 Arm Chair Travel- Alaska 1:30 <span>CC</span> Community Service Project with Shanika 2:30 <span>LL</span> Uno Card Game 3:00 Walking Club 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 Poetry Reading with Paula 1:30 Cooking club: Bruschetta Italian appetizer 3:00 <span>CE</span> Jeopardy 3:45 National Geographic Photo Viewing 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Wacky Words 11:15 <span>PE</span> <i>Exercise with Bayada</i> 1:30 Puzzle hour 3:00 <b>Happy Hour in the Bistro</b> 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Ring Toss 11:00 <span>AE</span> Trivia Hour 1:30 <span>AE</span> Flower Arranging with Psalm 2:30 Sweet Food Word Game 3:00 Garden Stroll 4:15 Coffee and Conversation
	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Pets on Wheels w/ Bonnie 10:30 <span>SS</span> Prayer Worship with Peggy 11:00 <span>SS</span> A tour of the testaments... An exploration of the bible with Rabbi Shlomo 1:30 Corn Hole Game 2:00 Collage Making with Ty 3:00 Walking Club 4:15 Coffee and Conversation 4:25 Ravens @ Seattle	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>CE</span> Monday Morning Mind Wake Up Trivia — <i>Exercise with Bayada</i> 1:30 <span>LL</span> Monday Movie Matinee- Chapel 3:00 <span>SS</span> <i>Fellowship w/ Pastor Wilson- Chapel</i> 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>LL</span> Daily Chronicles and News 11:00 Cooking Class- Tater Tot Casserole 1:30 Afternoon Stretch 2:00 Icon of the week- Phantom of the Opera 3:00 <span>AE</span> Craft Hour- Mini Books 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 Arm Chair Travel 1:45 <b>Outing- Wine Tasting at Basignani Winery</b> 3:00 Walking Club 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Wacky Words 11:15 <span>PE</span> <i>Exercise with Bayada</i> 12:00 <b>Outing- Lunch at Kobe's Japanese Steak and Seafood House</b> 1:30 Clue Board Game 3:00 <b>Happy Hour in the Bistro</b> 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 11:00 <span>CE</span> Famous People trivia 1:30 <span>AE</span> Flower Arranging with Psalm 2:30 Halloween Sugar cookie Decorating fun 3:00 Garden Stroll 4:15 Coffee and Conversation
<b>RAVENS BYE WEEK</b> 10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>SS</span> Prayer Worship with Peggy 11:00 <span>SS</span> A tour of the testaments... An exploration of the bible with Rabbi Shlomo 1:30 Presidential Trivia and discussion 2:15 13 Strange etiquette rules discussion 3:00 Who was Emily Post? 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>CE</span> Monday Morning Mind Wake Up Trivia — <i>Exercise with Bayada</i> 1:30 <span>LL</span> Monday Movie Matinee- Chapel 3:00 <span>SS</span> <i>Fellowship w/ Pastor Wilson- Chapel</i> 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 <span>LL</span> Daily Chronicles and News 11:00 News and views 1:30 Afternoon Stretch 2:00 Icon of the week- Statue of Liberty 3:00 Matching Costume Puzzle 4:15 Coffee and Conversation	10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 Arm Chair Travel- Nevada 1:30 A-Mazing Jack- O- Lantern maze 2:00 Halloween word Game 3:00 Walking Club 4:15 Coffee and Conversation	<b>Halloween</b> 10:00 <span>PE</span> Morning Wake up Stretch 10:30 Morning News 11:00 Halloween Facts 1:30 Halloween Bingo 2:30 Who was Houdini? 3:00 <span>CE</span> Jeopardy 4:15 Coffee and Conversation	<span>AE</span> Artistic Expression <span>CC</span> Community Connections <span>CE</span> Continuing Education <span>LL</span> Lifestyle & Leisure <span>PE</span> Physical Engagement <span>SS</span> Spiritual Support	