



29	30	Oct 1	2	3	4	5
		Homestyle Turkey/Gravy <i>or</i> Beef Stuffed Cabbage Fresh Mashed Potatoes Chef's Steamed Vegetable Baked Roll Glazed Lemon Pound Cake	Salisbury Steak/Gravy Vegetable Lasagna Garlic Mashed Potatoes Mixed Vegetables Baked Roll Fresh Banana Cream Pie	Barbecued Chicken <i>or</i> Shrimp and Pasta Boiled Red Potatoes Green Beans Lemon Meringue Pie	Seasoned Baked Fish <i>or</i> Aldilla Braised Beef Seasoned Rice Fresh Cooked Carrots American Apple Pie	Green Salad Beef Mushroom Stroganoff Smoked Roasted Turkey California Normandy Blend Garlic Bread Chocolate Love Cake
6	7	8	9	10	11	12
New England Pot Roast Shrimp Creole Rice Broccoli Baked Roll Sherbet	Ranch Chicken Broiled Tilapia Parmesan Red Potatoes Capri Blend Baked Roll Red Velvet Cake	Meatballs/Burgundy Sauce <i>or</i> Marinated Turkey Fresh Mashed Potatoes California Normandy Blend Baked Roll Assorted Desserts	Southwest Chicken Beef and Broccoli Stir-Fry Rice Pilaf Stir-Fry Vegetables Baked Roll Ice Cream	Salisbury Steak/Gravy <i>or</i> Chicken Alfredo Pasta Best Noodles Sauteed Zucchini Bread Pudding/Vanilla Sauce	Cod Fillet <i>or</i> Penne Pasta in Sausage Marinara Sauce Ranch Roasted Potatoes Steamed Broccoli Baked Roll Homemade Carrot Cake	Beef Tips in Gravy Honey Roasted Chicken Thigh Fresh Mashed Potatoes Seasoned Peas Baked Roll American Apple Pie
13	14	15	16	17	18	19
Green Salad Autumn Pot Roast Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Green Salad Roasted Chicken Legs Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak/Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	Green Salad Bacon and Cheese Chopped Steak Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Cranberry Pumpkin Cookie	Green Salad Pesto Chicken <i>or</i> Pork Roast/Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Green Salad Cod Fillet/Lemon Sauce <i>or</i> Ham/Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	Green Salad Glazed Meatloaf Turkey/Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
20	21	22	23	24	25	26
Green Salad Chicken Parmesan Italian Beef Pot Roast Garlic Pasta California Normandy Blend Crusty Cheese Bread Black Bottom Cherry Pie	Green Salad Herb Seasoned Pork Three Cheese Ravioli Glazed Sweet Potatoes Yellow Squash/Onions Baked Roll Caramel Apple Cake	Green Salad Beef Burgundy <i>or</i> Baked Tilapia w/Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Baked Roll German Chocolate Brownie	Green Salad Homestyle Turkey/Gravy Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Green Salad Baked Ham <i>or</i> Chicken/Tomato Mushroom Sauce Scalloped Potatoes Green Beans/Bacon Baked Roll Soft Snickerdoodle	Green Salad Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake	Green Salad Roasted Lemon Chicken Corned Beef/Cabbage Wedge Red Potatoes Sauteed Spinach Baked Roll Vanilla Berry Trifle
27	28	29	30	31	Nov 1	2
Green Salad Honey Glazed Pork Herbed Roast/Vegetables AuGratin Potatoes Hawaiian Beets Fresh Banana Cream Pie	Green Salad Philly Cube Steak Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	Green Salad Lemon Garlic Fish Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Fresh Coconut Cream Pie	Green Salad Beef Patty/Mushroom Gravy <i>or</i> Turkey Roast/Stuffing Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake		