

October 2019

In The Moment – Memory Support & Enhanced Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div></div> <div>8700 Riley Drive Little Rock, AR 72205 501-224-4242</div>		10:30 Morning Drive - Downtown LR 1 1:30 Bingo 2:15 Yoga & Fitness 4:00 Coffee Day Tasting 6:00 Serenity Hour	10:30 Arts and Crafts - Autumn Centerpieces 2 2:00 Music in the Atrium - Harry Blanton 3:00 Cooking Club - Fall Trail Mix 4:00 Happy Hour	10:00 Community Volunteering - Cards for LRFD 3 10:30 Bill Hinson Performance 11:30 Lunch Bunch - Mellow Mushroom 3:00 Trivia & Games - 1st Floor 6:00 Serenity Hour	10:00 Spa Hour - 1st Floor 4 10:30 Chair Aerobics 11:00 5 Minute Massage - 2nd Floor 1:30 Bingo 4:00 Happy Hour & Oktoberfest Social	10:30 Good News and Coffee 5 1:00 Tech Time 2:00 Brain Tease 6:30 Popcorn and a Movie - 1st and 2nd Floor -Oceans	
	9:00 Morning Worship 6 10:30 Coffee & Donuts 1:00 Church Service 2:00 Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Pet Therapy with Tom & Harley 7 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 1:00 Gardening Club 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Cards	10:30 Sole Train Walking Club 8 1:30 Bingo 2:15 Yoga & Fitness 3:00 Exploring Outer Space 6:00 Serenity Hour	Birthday Night 9 10:30 Arts and Crafts - Fall Snow Globes 2:00 Music in the Atrium - Carol Dabney 3:00 Cooking Club - Pizza Bites 4:00 Happy Hour	10:30 Community Service Outing - LRFD 10 11:30 Lunch bunch - David's Burgers 3:00 What Did it Cost? 6:00 Serenity Hour	10:00 Spa Hour - 1st Floor 11 10:30 Chair Aerobics 11:00 5 Minute Massage - 2nd Floor 1:30 Bingo 4:00 Happy Hour & Name That Tune	10:30 Good News and Coffee 12 11:00 Games For Guys 2:00 Brain Tease 6:30 Popcorn and a Movie - 1st and 2nd Floor - Coraline
	9:00 Morning Worship 13 10:30 Coffee & Donuts 1:30 Church Service 2:00 Dominoes 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Columbus Day 14 Pet Therapy with Tom & Harley 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 1:00 Gardening Club 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Bowling	10:30 Morning Drive - Maumelle Park 15 1:30 Bingo 2:15 Yoga & Fitness 3:00 Talk and Toss 6:00 Serenity Hour	10:30 Arts and Crafts - Seasonal Candles 16 2:00 Music in the Atrium - Paul Morphis 3:00 Cooking Club - Spooky Peanut Butter Apples 4:00 Happy Hour	10:00 Morning Devotional 17 11:30 Lunch bunch - All Aboard 3:00 The Price is Right 6:00 Serenity Hour	10:00 Spa Hour - 1st Floor 18 10:30 Taste & Tell with Melissa 11:00 5 Minute Massage - 2nd Floor 1:30 Bingo 4:00 Happy Hour Mimosas & Name That Tune	10:30 Good News and Coffee 19 1:00 Discussion Jar 2:00 Brain Tease 6:30 Popcorn and a Movie - 1st and 2nd Floor - Gremlins
	9:00 Morning Worship 20 10:30 Coffee & Donuts 1:00 Church Service 2:00 Uno 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Pet Therapy with Tom & Harley 21 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 1:00 Gardening Club 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Cards	10:30 Sole Train Walking Club 22 1:30 Bingo 2:15 Yoga & Fitness 3:00 Explore the World - National Parks 6:00 Serenity Hour	10:30 Arts and Crafts - Fall Leaf Suncatchers 23 2:00 Music in the Atrium - Butch Money Gospel 3:00 Cooking Club - Caramel Apple Bar 4:00 Happy Hour	10:00 Community Volunteering 24 11:30 Lunch Bunch - Outback Steakhouse 2:15 Yoga & Fitness 3:00 Science for Seniors - 2nd Floor 6:00 Serenity Hour	10:00 Spa Hour - 1st Floor 25 10:30 Chair Aerobics 11:00 5 Minute Massage - 2nd Floor 1:30 Bingo 4:00 Happy Hour & Name That Tune	10:30 Good News and Coffee 26 11:00 Games For Guys 2:00 Brain Tease 6:30 Popcorn and a Movie - 1st and 2nd Floor - Casper
	10:30 Coffee & Donuts 27 1:00 Church Service 2:00 Dominoes 6:30 Classic Show Watch Party - The Andy Griffith Show - 2nd Floor	Pet Therapy with Tom & Harley 28 10:00 Water Aerobics 10:30 Relax and Renew - 1st floor 1:00 Gardening Club 2:00 Relax and Renew - 2nd Floor 4:00 Happy Hour & Bowling	10:30 Morning Drive - Pinnacle Mountain 29 1:30 Bingo 2:15 Yoga & Fitness 3:00 Halloween Games & Trivia 6:00 Serenity Hour	10:30 Arts and Crafts - Spiderweb Art 30 2:00 Music in the Atrium - Eclipse the Rain Duo 3:00 Cooking Club - Candy Corn Parfaits 4:00 Happy Hour	Halloween 31 10:00 Halloween Mad Libs 2:15 Yoga & Fitness 4:00 Halloween Party 6:00 Serenity Hour	Healthy Snacks & Hydration offered throughout each day!	