

October 2019

In The Moment – Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>4840 W. Atlantic Ave. Delray Beach, FL 33445</p>		10:00 PE Morning Fitness 1 10:30 Don's Painting Class 4:00 What Would You Do? 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Exercise 2 10:30 AE Expressive Art Class 1:00 Word Games 3:30 Sing a long 6:00 Hand Massages	10:00 PE Sit & Be Fit 3 10:30 Trivia 11:00 Lucky Dog 2:00 Men of Symphony 3:30 Making Center Pieces 6:00 Joggin' Your Noggin"	10:00 PE Morning Time Move and Grove 4 10:30 Craft with Aimee 11:00 SS Shabbat Services 2:00 Senic Bus Ride 3:30 LL Root Beer Floats 6:00 CE Engage Your Brain	10:30 PE Morning Stretches 5 11:00 LL Morning Sing A Long 2:00 Movie Theater Time 4:00 LL Balloon Volley 6:00 Animal Documentary	
	9:00 Sunday Morning Show 6 10:00 SS Sunday Spiritual Service 10:30 Sing a long 1:00 Nail Spa 2:00 Sunday Football 3:30 CC Pet Therapy 6:00 Movie night	10:00 PE Stretch and Flex 7 10:30 Brain Gym 11:00 CE Crafting Corner 1:00 Master Musicians 2:00 Word Games 4:00 PE Noodle Ball 6:30 Monday Night Football	10:00 PE Morning Fitness 8 10:30 Don's Painting Class 2:00 Happy Hour 2:30 Nanci Suzanne Sings 4:00 What Would You Do? 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Exercise 9 10:30 AE Expressive Art Class 1:00 Word Games 3:30 Bubbles on the Patio 6:00 Hand Massages	10:00 PE Sit & Be Fit 10 10:30 Trivia 11:00 Lucky Dog 2:30 Comedy & Sing -a-Long with Bernie 3:30 Bingo 6:00 Joggin' Your Noggin"	10:00 PE Morning Time Move and Grove 11 10:30 Craft with Aimee 11:00 SS Shabbat Services 2:30 Sally Sutton Sings 3:30 PE Happy Hour 6:00 CE Engage Your Brain	10:30 PE Morning Stretches 12 11:00 LL Morning Sing A Long 2:00 Movie Theater Time 4:00 LL Bowling 6:00 Animal Documentary
	9:00 Sunday Morning Show 13 10:00 SS Sunday Spiritual Service 10:30 Sing a long 1:00 Nail Spa 2:00 Sunday Football 3:30 CC Pet Therapy 6:00 Movie night	Columbus Day 10:00 PE Stretch and Flex 14 10:30 Brain Gym 11:00 CE Crafting Corner 1:00 Master Musicians 2:00 Word Games 4:00 PE Noodle Ball 6:30 Monday Night Football	10:00 PE Morning Fitness 15 10:30 Don's Painting Class 2:00 V.I. Choral Group 4:00 What Would You Do? 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Exercise 16 10:30 AE Expressive Art Class 1:00 Word Games 2:00 Town Hall Meeting 3:30 Lemonade On The Patio 6:00 Hand Massages	10:00 PE Sit & Be Fit 17 10:30 Trivia 11:00 Pumkin Painting Contest 2:00 Women Of Symphony 3:30 Bingo 6:00 Joggin' Your Noggin"	10:00 PE Morning Time Move and Grove 18 10:30 Craft with Aimee 11:00 SS Shabbat Services 2:00 Scenic Bus Ride 3:30 PE Happy Hour 3:30 Root Beer Floats 6:00 CE Engage Your Brain	10:30 PE Morning Stretches 19 11:00 LL Morning Sing A Long 2:00 Movie Theater Time 4:00 LL Corn Hole 6:00 Animal Documentary
	9:00 Sunday Morning Show 20 10:00 SS Sunday Spiritual Service 10:30 Sing a long 1:00 Nail Spa 2:00 Sunday Football 3:30 CC Pet Therapy 6:00 Movie night	10:00 PE Stretch and Flex 21 10:30 Brain Gym 11:00 CE Crafting Corner 1:00 Master Musicians 2:00 Word Games 4:00 PE Noodle Ball 6:30 Monday Night Football	10:00 PE Morning Fitness 22 10:30 Don's Painting Class 2:30 LL Ron Dagon Sings 4:00 What Would You Do? 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Exercise 23 10:30 AE Expressive Art Class 1:00 Word Games 2:00 Town Hall Meeting 3:30 Garden Party 6:00 Hand Massages	10:00 PE Sit & Be Fit 24 10:30 Trivia 11:00 Lucky Dog 12:00 October Fest 3:30 Bingo 6:00 Joggin' Your Noggin"	10:00 PE Morning Time Move and Grove 25 10:30 Craft with Aimee 11:00 SS Shabbat Services 2:30 Myles Sings 3:30 PE Happy Hour 6:00 CE Engage Your Brain	10:30 PE Morning Stretches 26 11:00 LL Morning Sing A Long 2:00 Movie Theater Time 4:00 LL Bowling 6:00 Animal Documentary
	9:00 Sunday Morning Show 27 10:00 SS Sunday Spiritual Service 10:30 Sing a long 1:00 Nail Spa 2:00 Sunday Football 3:30 CC Pet Therapy 6:00 Movie night	10:00 PE Stretch and Flex 28 10:30 Brain Gym 11:00 CE Crafting Corner 1:00 Master Musicians 2:00 Word Games 4:00 PE Noodle Ball 6:30 Monday Night Football	10:00 PE Morning Fitness 29 10:30 Don's Painting Class 2:30 Sally Sutton Sings 4:00 What Would You Do? 6:00 Aroma Therapy & Relaxing Music	10:00 PE Chair Exercise 30 10:30 AE Expressive Art Class 1:00 Word Games 2:00 Taste and Tell 3:30 Sing a long 6:00 Hand Massages	Halloween 10:00 PE Sit & Be Fit 31 10:30 Trivia 11:00 Lucky Dog 2:00 Halloween Party 3:30 Bingo 6:00 Joggin' Your Noggin"	Healthy Snacks & Hydration offered throughout each day! AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	