

October Activity Highlights

Saturday, October 5th, 3:30pm

Tuesdays, October 1st, 22nd & 29th 3:00pm

Wednesdays 1:00pm

Thursdays 10:30am

Fridays, 3:00pm

Saturday, October 26th 1:30pm-2:30pm

Dementia Support Group (led by Ted)

Sally's Atrium Choir

Catholic Rosary

Music Therapy with Joshua

Help Thy Neighbor Bingo

Atrium Harvest Party



Atrium News

Once again we had the annual Atrium Alzheimer's luncheon and walk-a-thon. The day began with setting up the tables.... Oh wait! This event really started 2 months ago when the residents began crocheting ribbons to hang the beautiful painted egg cartons which looked like beautiful purple flowers. The traditional placemats that are known to be made with love from the residents to their loved ones had a little different flair to them for this event. Some were weaved in the traditional manner but some displayed beautiful water colored painted forget-me-not flowers which as a flower, is one of the Alzheimer's Association staples at their walkathon. This event truly displayed teamwork and togetherness. A special thank you is extended to our Dining Services team. Family members gave rave reviews on the croissant chicken salad sandwiches, fruit salads and so much more. Without our caregivers and other staff members who helped serve the residents their delicious meal this party would not have gone off without a hitch. Our residents thank all of you who took part in this day. It is so important to have these family luncheons for the residents, staff and you, —their loved ones. One of the goals in our life enrichment program here is to provide purposeful activities that bring joy and meaning to our loved ones. What better way to do it than by planning and preparing a party for those we love. Mark your calendar for Saturday, November 16th at 11:30 in the Atrium for our annual Thanksgiving Luncheon!



Doris Oct. 4th

Jessie Oct. 5th

Harriet Oct. 23rd

Rose Oct. 27th



The Atrium's
Annual
Alzheimer's
Luncheon and
Walk-a-thon

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 AM Movie Joy Ride PM Fitness Fun 3:00 Sally's Atrium Choir	2 AM It's a Brand New Day Baking PM 1:00 Rosary w/ Barb Wags & Wiggles w/ Gracie Fitness Fun Singalong w/ Tim & Diane	3 AM Movie 10:30 Music Therapy w/Joshua PM Fitness Fun Fun with Words Wags & Wiggles w/Mark & Heidi 5:30 Relaxing Moments	4 Happy Birthday Doris! AM Movie It's a Brand New Day PM Fitness Fun Help Thy Neighbor Bingo	5 Happy Birthday Jessie! AM Movies Relaxing Moments Artists Inspire PM Movies Relaxing Moments
6 AM It's A Brand New Day Hymns and Devotions PM Fitness Fun Let's Do Trivia Relaxing Moments 7:00pm Classic Movies (Ch. 98l)	7 AM It's A Brand New Day Fun with Words PM Fitness Fun Reminiscing Relaxing Moments Documentary Ch 98l	8 AM Movie Joy Ride PM Fitness Fun 3:00 Music w/ Phil Hall	9 AM It's a Brand New Day Baking PM 1:00 Rosary w/ Barb Fitness Fun Singalong w/ Tim & Diane	10 AM 10:30 Music Therapy w/Joshua PM Fitness Fun Fun with Words Wags & Wiggles w/Mark & Heidi 5:30 Relaxing Moments	11 AM Movie It's a Brand New Day PM Fitness Fun Help Thy Neighbor Bingo 5:30 Relaxing Moments	12 AM It's a Brand New Day PM Fitness Fun Say it with Music w/ Linda 5:30 Relaxing Moments
13 AM It's A Brand New Day Hymns and Devotions PM Fitness Fun Let's Do Trivia Relaxing Moments 7:00pm Classic Movies (Ch. 98l)	14 AM It's A Brand New Day Fun with Words PM Fitness Fun Reminiscing Relaxing Moments Documentary Ch 98l	15 AM Movie Joy Ride PM Fitness Fun 3:00pm Music w/ Anne Iams	16 AM It's a Brand New Day Baking PM Fitness Fun 1:00 Rosary w/ Barb Wags & Wiggles w/ Gracie Singalong w/ Tim & Diane	17 AM 10:30 Music Therapy w/Joshua PM Fitness Fun Birthday Party Fun with Words Wags & Wiggles w/ Mark & Heidi 5:30 Relaxing Moments	18 AM Movie It's a Brand New Day PM Fitness Fun Help Thy Neighbor Bingo 5:30 Relaxing Moments	19 AM Movies Relaxing Moments Artists Inspire PM Movies Walking Along Relaxing Moments
20 AM It's A Brand New Day Hymns and Devotions PM Fitness Fun Let's Do Trivia Relaxing Moments 7:00pm Classic Movies Ch. 98l	21 AM It's A Brand New Day Fun with Words PM Fitness Fun Reminiscing Relaxing Moments Documentary Ch 98l	22 AM Movie Joy Ride PM Fitness Fun 3:00 Sally's Atrium Choir	23 Happy Birthday Harriet! AM It's a Brand New Day Baking PM 1:00 Rosary w/ Barb Fitness Fun Singalong w/ Tim & Diane	24 AM 10:30 Music Therapy w/Joshua PM 1:30 Charlie & the Angels Fun with Words Wags & Wiggles w/Mark & Heidi 5:30 Relaxing Moments	25 AM Movie It's a Brand New Day PM Fitness Fun Help Thy Neighbor Bingo 5:30 Relaxing Moments	26 AM It's a Brand New Day PM 1:30pm– 2:30pm Atrium Harvest Party Say it with Music 5:30 Relaxing Moments
27 Happy Birthday Rosel AM It's A Brand New Day Hymns and Devotions PM Fitness Fun Let's Do Trivia Relaxing Moments 7:00 Classic Movies Ch. 98l	28 AM It's A Brand New Day Fun with Words PM Fitness Fun Reminiscing Relaxing Moments Documentary Ch 98l	29 AM Movie Joy Ride PM Fitness Fun 3:00 Sally's Atrium Choir	30 AM It's a Brand New Day Baking PM 1:00 Rosary w/ Barb Fitness Fun Singalong w/ Tim & Diane	31 Happy Halloween! AM 10:30 Music Therapy w/Joshua PM Fitness Fun Fun with Words Wags & Wiggles w/ Mark & Heidi 5:30 Relaxing Moments	<div> <div>The Six Principles of Wellbeing:</div> <div> Artistic Expression Physical Engagement Spiritual Support Community Connections Continuing Education Lifestyle & Leisure </div> </div>	