

SUN	MON	TUE	WED	THUR	FRI	SAT
		Rosh Hashanah 10:30 Devotional (B) 10:30 Shopping Trip (CAR) 1:15 Walk Club!! (Front Door) 2:00 Bible Study (MR) 3:00 Current News (MR) 4:00 Coffee and Cookies (B)	1 9:30 Exercise- Warm Up Wednesdays (LR) 10:30 Manicures (AR) 1:00 Pickleball Tournament Trip (CAR) 1:15 Walk Club!! (Front Door) 1:30 Exercise with Therapy Dept. (LR) 3:30 Treat Making (B) 4:00 Thank you cards for staff (AR)	2 9:00-5:00 Beauty Salon open for appts. 10:00 Maintaining Wellness (LR) 11:00 Lunch Outing 1:15 Walk Club!! (Front Door) 2:30 BINGO! (AR) 3:30 Board Games (AR)	3 Wear Purple for Alzheimer's Awareness 9:30 Health and Fitness-Fitness Fridays (LR) 10:30 Jeopardy/Trivia (AR) 1:15 Walk Club!! (Front Door) 2:30 Tasty Treats (B) 3:30 Come play Putt Putt! (Courtyard) 5:00 Taste of Pumpkin!	4 9:30 Walking Club (Front Desk) 10:30 Coffee and Tea Time (B) 11:00 Book Club (AR) 1:15 Walk Club!! (Front Door) 1:30 Manicures and Hand Massages (AR) 2:30 BINGO! (AR)
9:30 Sunday Morning Worship with Lois (LR) 10:30 Snack and Chat (B) 11:00 Encouraging Word w/ Don Wilton (MR) 1:15 Walk Club!! (Front Door) 2:30 Jeopardy and Trivia (AR) 3:30 Treat Time! (B)	6 9:30 Exercise-Muscle Monday! (LR) 10:00 Fitness 1 on 1 (Front Room) 10:15 Hydration Station (B) 1:15 Walk Club!! (Front Door) 1:30 Trivia (AR) 2:30 Tasty Treats- Chocolate Covered Pretzels 3:30 Wine-derful Mondays (B)	7 10:30 Devotional (B) 10:30 Shopping Trip (CAR) 1:15 Walk Club!! (Front Door) 2:00 Bible Study (MR) 3:00 Current News (MR) 4:00 Make Thank You Cards for First Responders (AR)	8 Yom Kippur 9:30 Exercise- Warm Up Wednesdays (LR) 10:30 Manicures (AR) 1:15 Walk Club!! (Front Door) 1:30 Exercise with Therapy Dept. (LR) 3:30 Treat Making (B)	9 9:00-5:00 Beauty Salon open for appts. 10:00 Maintaining Wellness (LR) 11:00 Outing (Various Destinations) * Check the sign up sheet in front of the Calendar (CAR) 1:15 Walk Club!! (Front Door) 2:30 BINGO! (AR) 3:30 Tasty Treats- Angel Food Cake (B)	10 Breast Cancer Awareness-Wear Pink Today 9:30 Health and Fitness-Fitness Fridays (LR) 10:30 Jeopardy/Trivia (AR) 1:15 Walk Club!! (Front Door) 2:30 Tasty Treats (B) 3:30 Bowling! (Courtyard)	11 9:30 Walking Club (Front Desk) 10:30 Coffee and Tea Time (B) 11:00 Book Club (AR) 1:15 Walk Club!! (Front Door) 1:30 Manicures and Hand Massages (AR) 2:30 BINGO! (AR)
9:30 Sunday Morning Worship with Lois (LR) 10:30 Snack and Chat (B) 11:00 Encouraging Word w/ Don Wilton (MR) 1:15 Walk Club!! (Front Door) 2:30 Jeopardy and Trivia (AR) 3:30 Treat Time! (B)	13 Columbus Day 9:30 Exercise-Muscle Monday! (LR) 10:00 Fitness 1 on 1 (Front Room) 10:15 Hydration Station (B) 1:15 Walk Club!! (Front Door) 1:30 Trivia (AR) 3:30 Wine-derful Mondays (B)	14 10:30 Devotional (B) 10:30 Shopping Trip (CAR) 1:15 Walk Club!! (Front Door) 2:00 Bible Study (MR) 3:00 Current News (MR) 4:00 I Love Lucy Day! (Movie) (MR)	15 9:30 Exercise- Warm Up Wednesdays (LR) 10:30 Manicures (AR) 1:15 Walk Club!! (Front Door) 1:30 Exercise with Therapy Dept. (LR) 2:30 Ultimate Trivia (AR) 3:30 Treat Making (B)	16 9:00-5:00 Beauty Salon open for appts. 10:00 Maintaining Wellness (LR) 11:00 Lunch Outing 1:15 Walk Club!! (Front Door) 2:30 BINGO! (AR) 3:30 Birthday Celebration! (B)	17 Dress Silly Day! 9:30 Health and Fitness-Fitness Fridays (LR) 10:30 Jeopardy/Trivia (AR) 1:15 Walk Club!! (Front Door) 2:30 Tasty Treats (B)	18 9:30 Walking Club (Front Desk) 10:30 Coffee and Tea Time (B) 11:00 Book Club (AR) 1:15 Walk Club!! (Front Door) 1:30 Manicures and Hand Massages (AR) 2:30 BINGO! (AR)
9:30 Sunday Morning Worship with Lois (LR) 10:30 Snack and Chat (B) 11:00 Encouraging Word w/ Don Wilton (MR) 1:15 Walk Club!! (Front Door) 2:30 Jeopardy and Trivia (AR) 3:30 Treat Time! (B)	20 9:30 Exercise-Muscle Monday! (LR) 10:00 Fitness 1 on 1 (Front Room) 10:15 Hydration Station (B) 1:15 Walk Club!! (Front Door) 1:30 Trivia (AR) 3:30 Wine-derful Mondays (B)	21 10:30 Devotional (B) 10:30 Shopping Trip (CAR) 1:15 Walk Club!! (Front Door) 2:00 Bible Study (MR) 2:30 Bennie Performs on the Piano! (LR) 3:00 Current News (MR)	22 Happy Birthday Peggy Ashford 9:30 Exercise- Warm Up Wednesdays (LR) 10:30 Manicures (AR) 1:15 Walk Club!! (Front Door) 1:30 Exercise with Therapy Dept. (LR) 3:30 Treat Making (B)	23 9:00-5:00 Beauty Salon open for appts. 10:00 Maintaining Wellness (LR) 11:00 Outing (Various Destinations) * Check the sign up sheet in front of the Calendar (CAR) 1:15 Walk Club!! (Front Door) 2:30 BINGO! (AR) 5:30 Costume Party!	24 Wear your favorite sports team colors! 9:30 Health and Fitness-Fitness Fridays (LR) 10:30 Jeopardy/Trivia (AR) 1:15 Walk Club!! (Front Door) 2:30 Tasty Treats (B) 3:30 Craft Corner! (AR)	25 Happy Birthday Jack Nance 9:30 Walking Club (Front Desk) 10:30 Coffee and Tea Time (B) 11:00 Book Club (AR) 1:15 Walk Club!! (Front Door) 1:30 Manicures and Hand Massages (AR) 2:30 BINGO! (AR)
9:30 Sunday Morning Worship with Lois (LR) 10:30 Snack and Chat (B) 11:00 Encouraging Word w/ Don Wilton (MR) 1:15 Walk Club!! (Front Door) 2:30 Jeopardy and Trivia (AR) 3:30 Treat Time! (B)	27 9:30 Exercise-Muscle Monday! (LR) 10:00 Fitness 1 on 1 (Front Room) 10:15 Hydration Station (B) 1:15 Walk Club!! (Front Door) 1:30 Trivia (AR) 3:30 Wine-derful Mondays (B)	28 10:30 Devotional (B) 10:30 Shopping Trip (CAR) 1:15 Walk Club!! (Front Door) 2:00 Bible Study (MR) 2:30 National Cat Day Craft (AR) 3:00 Current News (MR)	29 Happy Birthday Macy Cravens 9:30 Exercise- Warm Up Wednesdays (LR) 10:30 Manicures (AR) 1:15 Walk Club!! (Front Door) 1:30 Exercise with Therapy Dept. (LR) 3:30 Treat Making (B)	30 Halloween 9:00-5:00 Beauty Salon is open for appts 10:00 Maintaining Wellness (LR) 11:00 Lunch Outing 1:15 Walk Club!! (Front Door) 2:30 BINGO! (AR)	31 ROOM KEY AR - Activity Room B - Bistro LR - Living Room MR - Media Room	