

The Rio Grande

Gracious Retirement Living

2331 Westside Boulevard S.E. • Rio Rancho, NM 87124 • Phone (505) 994-2800 • www.seniorlivinginstyle.com

OCTOBER 2019

THE RIO GRANDE STAFF

Managers.....DAVID & MINETTE HARPER
Assistant Managers KEVIN & JUDY MCGARVEY
Executive Chef ALBERTO MENDEZ
Marketing.....ERICA COSTELLO
Activity Coordinator GINGER WALL
Maintenance Coordinator.....LEE LARRANAGA
Bus Driver PAMELA MANNING

OFFICE HOURS

Daily: 7:30 a.m.-7:30 p.m.

TRANSPORTATION

Monday, 10:30 a.m.-12:15 p.m.: Shopping
Tuesday & Thursday, 8 a.m.-4 p.m.:
Appointments
Wednesday, 9-11:15 a.m.: Shopping
Wednesday, 11:30 a.m.: Activity/Lunch Outings
Friday, 9-11:30 a.m.: Bank Runs

HAWTHORN
SENIOR LIVING

Making Cards with Sacha

Everyone always has a good time when Sacha comes to make cards. She brought three different cards for us to make. She picked out fall colors for the background and we could



Making cards

make Happy Birthday cards or Thinking of You cards. She has the cards cut out and we put them together, either the way she has hers or you can let your creative juices flow and be a little different or a lot different. They all turned out great. Sacha said she could come back in early December so we could make Christmas cards



Assortment of greeting cards made with love

in time to mail out for Christmas. We always look forward to seeing Sacha.

Thank you, Sacha, and we will see you in December.

Rio Grande First Green Chile Roast

The Rio Grande had its first Green Chile Festival. It was a big success, with lots of green chile and chips and salsa.

We had a home-made salsa tasting contest. The entries were Dave's Area 54, Chef Alberto's Almost Too Hot Hot Sauce, Hot Mama's Hot Sauce and Jaime's Hoppin' Jalapeno Hot Sauce. The winner was Jaime's Hoppin' Jalapeno Hot Sauce, and second place was Hot Mama's Hot Sauce. First prize was a gift certificate to Dave's Diner. Second Prize was a Chile Necklace and a sucker!

We had Ronnie here with his roaster, and he spent all afternoon roasting fresh Hatch Green Chile. Residents and guests bought bags and baggies of fresh green chile. Nothing smells better than roasted green chile. You know fall is just around the corner when you start smelling the chile roasting.

Norio was here to entertain the residents and visitors. We had quite a few dancers out on the floor. Everyone was having a good time, dancing, visiting and eating the green chile ice cream.

Dave made green chile ice cream for the event. It was a big hit. I'm surprised Baskin-Robbins hasn't called him for his recipe. Some of the residents tried doing some of the chile roasting, but decided to leave that to Ronnie. It's hard work and that propane burner gets really hot. Let's leave the work to Ronnie and we will just eat the result of the roasting.

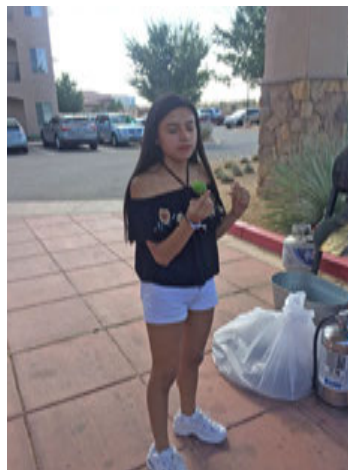
This is going to be a yearly event.



*Jaime and Brenda,
winners of the
Salsa Contest*



The smell is awesome.



Wow, this stuff is hot!





Hey, Batter Batter!

Bean Bag Baseball is very popular here at the Rio Grande. We also have a great competition/camaraderie with Paloma Landing residents every other month, with a Bean Bag Baseball Tournament taking turns at each of the facilities. In August, we had the Mascot from the Albuquerque Isotopes show up for our competition with Paloma. We all enjoyed stadium food, hot dogs, chips, soda and ice cream treats before the game. It was a lot of fun, but we lost and the traveling trophy went home with the Paloma Landing team. Watch out, we will be back for that trophy in October.

Orbit is the Mascot for the Albuquerque Isotopes, Albuquerque's semi-pro baseball team. When he isn't working the baseball games, he makes special appearances in the area. The Rio Grande and Paloma Landing both collected canned goods to give to Orbit, for the food pantries of Albuquerque and Rio Rancho. We are always glad to help out the community and so was Paloma Landing. Orbit was part-time referee, coach and cheering squad without saying a word. He did seem to enjoy our guest suite while relaxing before the game. Thanks, Erin, and all the gang from Paloma for a great game and a good time, always. But beware, we will be back with a vengeance in October.

Thanks for the help, Orbit! It was a super time.



Orbit and the Rio Renegades



Paloma Landing and Rio Grande facing off for the Tournament.



Long-time fans, Allan and Dianne



Go, red!



Home run Harry!

OCTOBER 2019

Birthdays

Judy Levey, 2nd
Vera Briden, 3rd
Yasuko Chatman, 10th
Bridie Buckholz, 11th
Veronica Bullock, 14th
Audrey Jones, 15th
Ernie Buckholz, 19th
Edith Bailey, 20th
Erv Zuehls, 21st
Debra Gabaldon, 27th
Joanne Thornton, 28th

Locations

Activity Room, AR
Atrium, AT
Backyard Patio, BP
Billiards, BL
Bistro, BI
Bus, Bus
Chapel, CH
Computer Room, CR
Dining Room, DR
Fitness Center, FC
Front Lobby, Lobby
Front Yard, FY
Gym, Gym
Library, LB
Movie Theater, MT
TV Room, TV

Your Place or Mine Hair Salon now accepting walk-ins! To schedule an appointment, contact Tammy at 505-259-4493.

“Exploring the unknown requires tolerating uncertainty.”
—Brian Greene

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<div>1</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Bocce Ball, AT</div> <div>2:00 Bridge, TV</div> <div>3:00 Horse Racing, AR</div> <div>7:00 Rummikub, BL</div>	<div>2</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>11:30 “Out to Lunch Bunch” Outing, Bus</div> <div>2:00 Putt Putt Golf, AR</div> <div>3:30 Blackjack with Ignacio, AR</div> <div>6:45 Prize Bingo!, AR</div> <div>7:00 Rummikub, BL</div> 	<div>3</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Mahjong, TV</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Uno and Sequence Card Games</div> <div>2:00 Wii Bowling, AR</div> <div>3:30 Nickels, AR</div> <div>4:00 Bible Study, MT</div> <div>7:00 Rummikub, BL</div> 	<div>4</div> <div>9:30 Confession, CH</div> <div>9:30 Exercise with Ginger, AR</div> <div>9:30 Women’s Bible Study, TV</div> <div>10:00 Mass, CH</div> <div>10:30 Money Bingo, AR</div> <div>2:00 Chair Volleyball, AT</div> <div>3:30 Happy Hour Eddie Gonzales, AR</div> <div>6:45 Friday Night Flick, MT</div> <div>6:45 Wii Bowling, AR</div> <div>7:00 Rummikub, BL</div>	<div>5</div> <div>10:00 Mahjong, TV</div> <div>10:00 Doughnut Social, AR</div> <div>1:45 Mexican Train Dominoes, BL</div> <div>3:00 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>
	<div>6</div> <div>10:00 Interdenominational Worship Service, CH</div> <div>2:00 Vet Group with Dave, TV</div> <div>3:00 Matinée, MT</div> <div>3:00 Wii Bowling, AR</div> <div>3:00 Crafts with Minette, AR</div>	<div>7</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Walmart, Bus</div> <div>10:30 Cooking Class Ginger, BI</div> <div>11:00 Ruchell Alexander Piano, DR</div> <div>2:00 Uno and Sequence Card Games, BI</div> <div>3:00 Bean Bag Baseball, AR</div> <div>6:45 Christ Fellowship Service, MT</div> <div>7:00 Rummikub, BL</div>	<div>8</div> <div>YOM KIPPUR BEGINS AT SUNSET</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Bocce Ball, AT</div> <div>2:00 Bridge, TV</div> <div>3:00 Horse Racing, AR</div> <div>7:00 Rummikub, BL</div>	<div>9</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:30 Understanding Alzheimer’s Association, AR</div> <div>11:30 “Out to Lunch Bunch” Outing, Bus</div> <div>2:00 Putt Putt Golf, AR</div> <div>3:30 Blackjack with Ignacio, AR</div> <div>6:45 Prize Bingo!, AR</div> <div>7:00 Rummikub, BL</div>	<div>10</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Mahjong, TV</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Uno and Sequence Card Games</div> <div>2:00 Wii Bowling, AR</div> <div>3:30 Nickels, AR</div> <div>4:00 Bible Study, MT</div> <div>7:00 Rummikub, BL</div> 	<div>11</div> <div>9:30 Exercise with Ginger, AR</div> <div>9:30 Women’s Bible Study, TV</div> <div>10:00 Rosary, CH</div> <div>10:30 Money Bingo, AR</div> <div>2:00 Chair Volleyball, AT</div> <div>3:30 Happy Hour Shane Stewart, AR</div> <div>3:30 Happy Hour! Shane Stewart, AR</div> <div>6:45 Friday Night Flick, MT</div> <div>6:45 Wii Bowling, AR</div> <div>7:00 Rummikub, BL</div> 
<div>13</div> <div>10:00 Interdenominational Worship Service, CH</div> <div>3:00 Matinée, MT</div> <div>3:00 Wii Bowling, AR</div> <div>3:00 Veterans Group with David, TV</div> <div>3:00 Crafts with Minette, AR</div>	<div>14</div> <div>COLUMBUS DAY</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Walmart, Bus</div> <div>11:30 Bean Bag Baseball @ Paloma Landing, Bus</div> <div>2:00 Uno and Sequence Card Games, BI</div> <div>6:45 Christ Fellowship Service, MT</div> <div>7:00 Rummikub, BL</div> 	<div>15</div> <div>9:00 Flu Shot Clinic, BL</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Bocce Ball, AT</div> <div>2:00 Bridge, TV</div> <div>3:00 Horse Racing, AR</div> <div>7:00 Rummikub, BL</div> 	<div>16</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:15 Walgreens and/or CVS, Bus</div> <div>11:00 Lori Michaels Piano and Singing, DR</div> <div>11:30 “Out to Lunch Bunch” Outing, Bus</div> <div>2:00 Putt Putt Golf, AR</div> <div>3:00 Book Club Meeting, TV</div> <div>3:30 Blackjack with Ignacio, AR</div> <div>6:45 Prize Bingo!, AR</div> <div>7:00 Rummikub, BL</div>	<div>17</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Mahjong, TV</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Uno and Sequence Card Games</div> <div>2:00 Wii Bowling, AR</div> <div>3:00 Welcome to Our Neighborhood, MT</div> <div>3:30 Nickels, AR</div> <div>4:00 Bible Study, MT</div> <div>7:00 Rummikub, BL</div>	<div>18</div> <div>9:30 Exercise with Ginger, AR</div> <div>9:30 Women’s Bible Study, TV</div> <div>10:00 Rosary, CH</div> <div>10:30 Money Bingo, AR</div> <div>2:00 Chair Volleyball, AT</div> <div>3:30 Happy Hour Steve Armijo, AR</div> <div>6:45 Friday Night Flick, MT</div> <div>6:45 Wii Bowling, AR</div> <div>6:45 Enchanters Music Group, AR</div> <div>7:00 Rummikub, BL</div>	<div>19</div> <div>10:00 Mahjong, TV</div> <div>10:00 Doughnut Social, AR</div> <div>1:45 Mexican Train Dominoes, BL</div> <div>3:00 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div> 
<div>20</div> <div>10:00 Interdenominational Worship Service, CH</div> <div>3:00 Matinée, MT</div> <div>3:00 Wii Bowling, AR</div> <div>3:00 Crafts with Minette, AR</div> 	<div>21</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Walmart, Bus</div> <div>10:30 Cooking Class Ginger, BI</div> <div>2:00 Uno and Sequence Card Games, BI</div> <div>3:00 Bean Bag Baseball, AR</div> <div>6:45 Christ Fellowship Service, MT</div> <div>7:00 Rummikub, BL</div> 	<div>22</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Bocce Ball, AT</div> <div>2:00 Bridge, TV</div> <div>3:00 Horse Racing, AR</div> <div>7:00 Rummikub, BL</div>	<div>23</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>11:30 “Out to Lunch Bunch” Outing, Bus</div> <div>2:00 Putt Putt Golf, AR</div> <div>3:30 Blackjack with Ignacio, AR</div> <div>6:45 Prize Bingo!, AR</div> <div>7:00 Rummikub, BL</div>	<div>24</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Mahjong, TV</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Uno and Sequence Card Games</div> <div>2:00 Chef Meeting, AR</div> <div>2:00 Wii Bowling, AR</div> <div>3:30 Nickels, AR</div> <div>4:00 Bible Study, MT</div> <div>7:00 Rummikub, BL</div>	<div>25</div> <div>9:30 Exercise with Ginger, AR</div> <div>9:30 Women’s Bible Study, TV</div> <div>10:00 Rosary, CH</div> <div>10:30 Money Bingo, AR</div> <div>11:30 Casino Outing, Bus</div> <div>2:00 Chair Volleyball, AT</div> <div>3:30 Happy Hour — Larry Freedman Monster Mash Mask, AR</div> <div>6:45 Friday Night Flick, MT</div> <div>6:45 Wii Bowling, AR</div> <div>7:00 Rummikub, BL</div>	<div>26</div> <div>10:00 Mahjong, TV</div> <div>10:00 Doughnut Social, AR</div> <div>10:30 Owl Rescue “Hootin Good Time,” AR</div> <div>1:45 Mexican Train Dominoes, BL</div> <div>3:00 Rummikub, TV</div> <div>6:45 Evening Movie, MT</div>
<div>27</div> <div>10:00 Interdenominational Worship Service, CH</div> <div>3:00 Matinée, MT</div> <div>3:00 Wii Bowling, AR</div> <div>3:00 Crafts with Minette, AR</div> 	<div>28</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Walmart, Bus</div> <div>2:00 Uno and Sequence Card Games, BI</div> <div>2:00 Pet Parade, FY</div> <div>2:00 Pet Parade, FY</div> <div>3:00 Bean Bag Baseball, AR</div> <div>6:45 Christ Fellowship Service, MT</div> <div>7:00 Rummikub, BL</div> 	<div>29</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Bocce Ball, AT</div> <div>11:00 John Martinez, DR</div> <div>2:00 Bridge, TV</div> <div>3:00 Horse Racing, AR</div> <div>7:00 Rummikub, BL</div>	<div>30</div> <div>8:30 St. Thomas</div> <div>9:30 Exercise with Ginger, AR</div> <div>11:00 Resident Meeting with the Managers, AR</div> <div>11:30 “Out to Lunch Bunch” Outing, Bus</div> <div>2:00 Putt Putt Golf, AR</div> <div>3:30 Blackjack with Ignacio, AR</div> <div>6:45 Prize Bingo!, AR</div> <div>7:00 Rummikub, BL</div>	<div>31</div> <div>HALLOWEEN</div> <div>9:30 Exercise with Ginger, AR</div> <div>10:00 Mahjong, TV</div> <div>10:00 Rio Mart, BI</div> <div>10:00 Uno and Sequence Card Games</div> <div>2:00 Wii Bowling, AR</div> <div>3:30 Nickels, AR</div> <div>4:00 Bible Study, MT</div> <div>6:00 Halloween Trick or Treat, AT</div> <div>7:00 Rummikub, BL</div>		



Happy Birthday!

Even the Kitchen staff are treated special for their birthdays. Jaime got the lunchtime off to eat with residents and enjoy his birthday. Well, maybe the residents don't get the same treatment. But Jaime was a good sport when we had a special "Girls' Review" just for him. We all enjoyed the show and the residents like to see everyone having a good time. Besides, the whole table gets Banana Splits.

Hope you enjoyed your birthday as much as we did, Jaime! Thanks for letting us share your special day.



All right, girls, work it.



Dave filled in for Jaime in the Kitchen.



Thanks for sharing my birthday, ladies.

Wednesday's Out to Lunch Bunch

The Wednesday out to Lunch Bunch went to Dave's Grill on 4th Street for one of our Lunch Outings. It was recommended by one of our residents. She goes there so often, they know her by name. It was good food and we all had a great time, visiting and making friends with new people and finding out things about people you have known. It was a big crowd, and everyone had a delicious lunch and a nice visit. There was plenty of food, with lots of leftovers.

Dave, the owner, came over and welcomed us and also agreed to give me a gift certificate for our Chile Roasting salsa contest. Thanks, Dave, for the great food and good service. The gift certificate was an extra bonus. We will be coming back.

Thanks for the recommendation, Su.



What's good, Su?



State Fair at the Rio Grande

New Mexico's State Fair is a big deal, and it started September 5th. We have a lot of counties that have active 4-H groups and a lot of agriculture in the state. So, we here at the Rio Grande had our own version of the State Fair, with State Fair food and Midway games. The only difference was you didn't have to pay \$6 for a Corn Dog or spend \$50 to try to win a stuffed animal that would cost you \$5 at Target! The menu consisted of Deep Fried Peanut Butter and Jelly Sandwiches, State Fair Hot Dogs and Deep Fried Oreos with Ice Cream. We did have salads for the faint of heart ... haha!

All right, who said the ladies can't hit the side of a barn? Joanne and Bridie and Crucita showed the guys how to do it. Get after it, girls!

The games were a big hit and everyone participated.



Ignacio, trying to shoot down the Solo cups.



Crucita takes aim.



Bridie, taking a turn.



Yum yum!



Right down the center, Joanne

ROMEO

Retired Old Men Eating Out

This men's group just got started back after a break. The first outing was to the "1933" Pub. Kevin is the host of this group. Next week, they are off to Cracker Barrel. If any of you retired men are interested in just the guys hanging out and talking guy stuff, sign up in the Activity Office. And also, if you have a special place that you would like to go for lunch, please let your Activity Director know.



2331 Westside Boulevard S.E.
Rio Rancho, NM 87124



Fall in love... with the season

Embrace Autumn without the worry of rising utility costs and home maintenance issues. Enjoy the freedom that our gracious retirement lifestyle has to offer. Please give us a call or stop by any day of the week for a complimentary meal and tour.

505-994-2800

The Rio Grande
Gracious Retirement Living