

FAIRVIEW ESTATES

Gracious Retirement Living



132 East Main Street • Hopkinton, MA 01748 • Phone (508) 435-8370 • www.seniorlivinginstyle.com

OCTOBER 2019

FAIRVIEW ESTATES STAFF

Managers.....LIZ & BILL CORBETT
Assistant Managers SHAUN & TONY COMEAUX
Executive Chef.....MEGAN DEMERS
Sous ChefMEGAN DEMERS
Activity Coordinator MAUREEN BECKERMAN
Maintenance WALTER JETTE
Bus DriverMIKE KING

TRANSPORTATION

Monday, 9-1:30 a.m.: Shopping/Errands

Tuesday, 9 a.m.-1:30 p.m.: Doctor Appointments

Wednesday, 9:30 a.m. and 2:15 p.m.:

Outing and Mystery Bus Ride

Thursday, 9 a.m.-1:30 p.m.:

Doctor Appointments

Friday, 9 a.m.-1:30 p.m.: Shopping/Errands

HAWTHORN
SENIOR LIVING



Halloween

We will be having our annual Halloween Costume Party on Thursday, October 31st at 2:30 p.m. We have had a lot of fun in past years. We hope everyone will participate (or at least attend, if you'd rather be a spectator). If you need help coming up with an idea or if you need help putting something together, let us know. We have extra costumes and accessories for those of you that need them.

Let's have a Halloween party to remember!



Around the Community

National Breast Cancer Awareness Month

October is National Breast Cancer Awareness Month, an annual campaign that aims to increase awareness of the disease. The risk of developing breast cancer increases dramatically with age, making seniors the most likely age group to develop it. In fact, approximately 24 percent of breast cancer cases in the United States are diagnosed in women aged 70-84 years old. For this reason, many senior living communities spend the entire month raising awareness, holding fundraisers, and doing other activities that make an impact and help others.

For those of you who would like to participate, we will be having a bake sale during our Grandma's Attic Event on October 5th. Proceeds will go to a local breast cancer organization.

If you have a recipe that you would like to share, please bring it to the Activity Room as soon as possible. We will provide all the ingredients and our group will have a lot of fun baking treats, helping us to raise money for a great cause!

On October 18th, it would be great if we could all wear pink to help raise awareness.





New England Patriots 2019-2020 Schedule

Here's the 2019-2020 New England Patriots schedule. All the games will be shown in the movie theater. Let's cheer on our team and hope we can add to our Super Bowl wins. Go Pats!



Week 1: vs. Pittsburgh Steelers, Sunday, September 8th (8:20 p.m.)

Week 2: @ Miami Dolphins, Sunday, September 15th (1 p.m.)

Week 3: vs. New York Jets, Sunday, September 22nd (1 p.m.)

Week 4: @ Buffalo Bills, Sunday, September 29th (1 p.m.)

Week 5: @ Washington Redskins, Sunday, October 6th (1 p.m.)

Week 6: vs. New York Giants, Thursday, October 10th (8:20 p.m.)

Week 7: @ New York Jets, Monday, October 21st (8:15 p.m.)

Week 8: vs. Cleveland Browns, Sunday, October 27th (4:25 p.m.)

Week 9: @ Baltimore Ravens, Sunday, November 3rd (8:20 p.m.)

Week 10: Bye Week

Week 11: @ Philadelphia Eagles, Sunday, November 17th (4:25 p.m.)

Week 12: vs. Dallas Cowboys, Sunday, November 24th (4:25 p.m.)

Week 13: @ Houston Texans, Sunday, December 1st (8:20 p.m.)

Week 14: vs. Kansas City Chiefs, Sunday, December 8th (4:25 p.m.)

Week 15: @ Cincinnati Bengals, Sunday, December 15th (1 p.m.)

Week 16: vs. Buffalo Bills, December 21st or 22nd, TBD

Week 17: vs. Miami Dolphins, Sunday, December 29th (1 p.m.)

Mike King

We'd like to welcome our bus driver Mike King back to Fairview Estates. Mike worked with us earlier this year for a short time, and now he is back!

Some words from Mike:

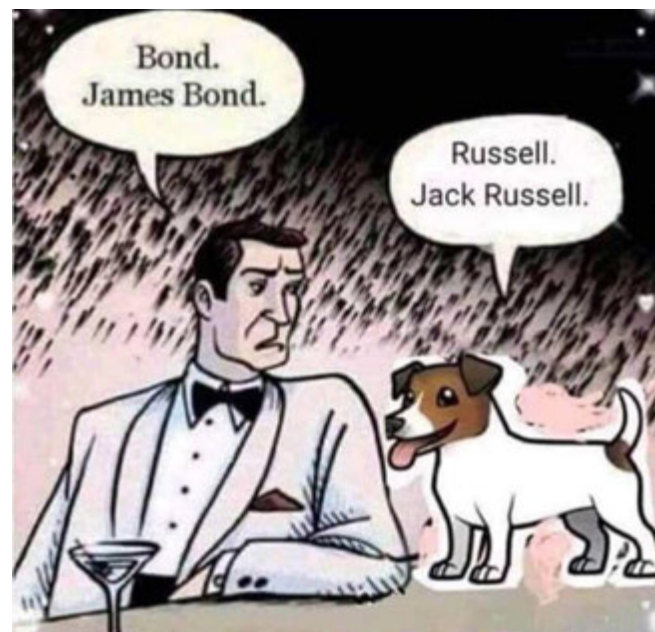
I grew up in Shrewsbury, Massachusetts and I got married in 1979. I lived in Dudley for two years and in Oxford for 35 years. Unfortunately, I lost my first wife after 35 years of marriage. I have two daughters and four grandchildren (ages 13-22). I remarried 2-1/2 years ago. My wife and I currently live in Uxbridge. I inherited a stepdaughter and stepson. I worked in shipping for 15 years and then worked in sales for 25 years. I also drove a limousine. I enjoy the beaches on Cape Cod, saltwater fishing and riding my Harley Roadking. I like to go out for live music (mostly blues and Irish music). I play the blues harmonica and love to dance.

My wife and I enjoy traveling to Aruba once a year.

I look forward to getting reacquainted with all of you.



Cartoon



OCTOBER
2019

Birthdays

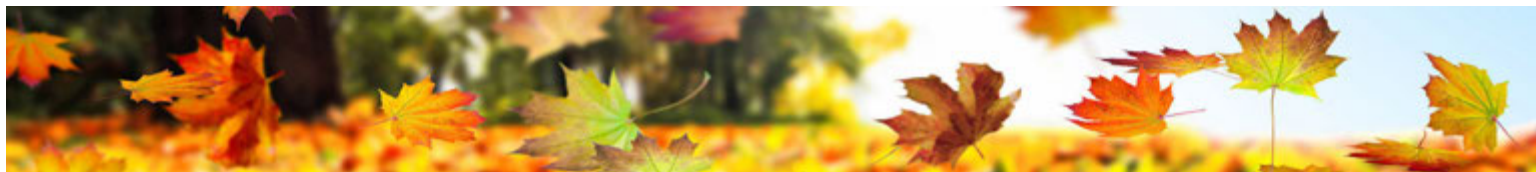
Wendy McDermott, 6th
Annamaria
DeSantis, 12th
Marcy Will, 14th
Peg Sears, 24th
Bob Halpin, 28th
Florence
Fitzgerald, 29th

Locations

Activity Room, AC
Atrium, AT
Back Patio, BP
Dining Room, DR
Library, LI
Lobby, LB
Movie Theater, MT

“Exploring
the unknown
requires
tolerating
uncertainty.”
—Brian Greene

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
		9:30 Exercise Class, AC 10:00 Residents' Closet Hour: 3rd Floor 11:00 Resident Meeting, AC 2:00 Featured Movie, MT 2:15 Skip-Bo 3:00 Name That Tune, '70s, AC 3:00 Current Events Discussion, AC 7:00 Featured Movie, MT	9:15 Blood Pressure Clinic, AC 2 9:30 Exercise Class, AC 10:00 Residents' Closet Hour: 3rd Floor 10:00 Outing, LB 2:00 Featured Movie, MT 2:00 Mahjong, TV Room 2:00 Balance Class, AC 2:15 Mystery Bus Ride, LB 3:30 Meet & Greet, AC 6:45 Bingo, AC	9:30 Exercise Class, AC 3 10:00 Residents' Closet Hour: 3rd Floor 10:30 Bocce, BP 2:00 Mahjong, TV Room 2:00 String Swing, AC 3:00 Featured Movie, MT 6:45 Singalong with Claire & Dee, LB	9:30 Yoga & Meditation, AC 4 10:00 Residents' Closet Hour: 3rd Floor 10:30 Walking Group, AT 2:00 Residents' Closet Open: 3rd Floor 2:00 Featured Movie, MT 3:00 Technology Tutors, AC 3:00 Beach Ball Volleyball, AC 6:45 Bingo, AC 7:00 Featured Movie, MT	8:00 Appreciation Pancake Breakfast, DR 5 9:00 Technology Help, AC 9:00 Grandma's Attic Sale, AC 2:00 Featured Movie, MT 3:00 Skip-Bo, AC 3:30 Bingo, AC 6:45 Bingo, AC 7:00 Scrabble 7:00 Featured Movie, MT
9:30 Exercise DVD, AC 10:00 Bingo, AC 10:30 Walking Group, AT 2:00 Catholic Service Chapel 3:30 Featured Movie, MT 4:00 Gin Rummy, Billiards Room 7:00 Featured Movie, MT 	9:30 Balance Class, AC 7 10:00 Residents' Closet Hour: 3rd Floor 11:00 Knitting Club, AC 11:30 Outdoor Walking Group, LB 2:00 Mahjong, TV Room 2:00 Featured Movie, MT 3:30 Bring & Brag, AC 6:45 Bingo, AC	YOM KIPPUR BEGINS AT SUNSET 8 9:30 Exercise Class, AC 10:00 Residents' Closet Hour: 3rd Floor 11:00 Resident Meeting, AC 2:00 Featured Movie, MT 2:15 Skip-Bo 3:00 Name That Tune, '70s, AC 7:00 Featured Movie, MT	9:15 Blood Pressure Clinic, AC 9 9:30 Exercise Class, AC 10:00 Residents' Closet Hour: 3rd Floor 10:00 Outing, LB 2:00 Featured Movie, MT 2:00 Mahjong, TV Room 2:00 Balance Class, AC 2:15 Mystery Bus Ride, LB 3:30 Meet & Greet, AC 6:45 Bingo, AC	9:30 Exercise Class, AC 10 10:00 Residents' Closet Hour: 3rd Floor 10:30 Bocce, BP 2:00 Mahjong, TV Room 2:00 Beach Ball Volleyball, AC 3:00 Featured Movie, MT 6:45 Singalong with Claire & Dee, LB	9:30 Yoga & Meditation, AC 11 10:00 Residents' Closet Hour: 3rd Floor 10:30 Walking Group, AT 2:00 Residents' Closet Open: 3rd Floor 2:00 Featured Movie, MT 3:00 Technology Tutors, AC 3:00 Beach Ball Volleyball, AC 6:45 Bingo, AC 7:00 Featured Movie, MT	9:00 Technology Help, AC 12 9:30 Exercise DVD, AC 10:30 Bocce, BP 11:00 Wii Bowling 2:00 Featured Movie, MT 3:00 Skip-Bo, AC 3:30 Bingo, AC 6:45 Bingo, AC 7:00 Scrabble 7:00 Featured Movie, MT 
9:30 Exercise DVD, AC 10:00 Bingo, AC 10:30 Walking Group, AT 2:00 Catholic Service Chapel 3:00 Youth Orchestra Performance, DR 3:30 Featured Movie, MT 4:00 Gin Rummy, Billiards Room 7:00 Featured Movie, MT	COLUMBUS DAY 14 9:30 Balance Class, AC 10:00 Residents' Closet Hour: 3rd Floor 11:00 Knitting Club, AC 11:30 Outdoor Walking Group, LB 2:00 Mahjong, TV Room 2:00 Featured Movie, MT 3:30 Bring & Brag, AC 6:45 Bingo, AC 	9:30 Exercise Class, AC 15 10:00 Residents' Closet Hour: 3rd Floor 11:00 Meet with the Chef, AC 2:00 Sunnyside Swing Band, AC 2:15 Skip-Bo 3:00 Featured Movie, MT 7:00 Featured Movie, MT	9:15 Blood Pressure Clinic, AC 16 9:30 Exercise Class, AC 10:00 Residents' Closet Hour: 3rd Floor 10:00 Outing, LB 2:00 Featured Movie, MT 2:00 Mahjong, TV Room 2:00 Balance Class, AC 2:15 Mystery Bus Ride, LB 3:30 Meet & Greet, AC 6:45 Bingo, AC	9:30 Exercise Class, AC 17 10:00 Residents' Closet Hour: 3rd Floor 10:30 Bocce, BP 2:00 Mahjong, TV Room 2:00 Beach Ball Volleyball, AC 3:00 Featured Movie, MT 6:45 Singalong with Claire & Dee, LB	9:30 Yoga & Meditation, AC 18 9:30 Hearing Clinic, AC 10:00 Residents' Closet Hour: 3rd Floor 10:30 Walking Group, AT 2:00 Featured Movie, MT 2:00 Residents' Closet Open: 3rd Floor 3:00 Technology Tutors, AC 3:00 Beach Ball Volleyball, AC 6:45 Bingo, AC 7:00 Featured Movie, MT	9:00 Technology Help, AC 19 9:30 Exercise DVD, AC 10:30 Bocce, BP 11:00 Wii Bowling 2:00 Featured Movie, MT 2:00 Community Event: Framingham Day, AC 6:45 Bingo, AC 7:00 Scrabble 7:00 Featured Movie, MT
9:30 Exercise DVD, AC 20 10:00 Bingo, AC 10:30 Walking Group, AT 2:00 Catholic Service Chapel 3:30 Featured Movie, MT 4:00 Gin Rummy, Billiards Room 7:00 Featured Movie, MT	9:30 Balance Class, AC 21 10:00 Residents' Closet Hour: 3rd Floor 11:00 Knitting Club, AC 11:30 Outdoor Walking Group, LB 2:00 Mahjong, TV Room 2:00 Featured Movie, MT 3:30 Bring & Brag, AC 6:45 Bingo, AC	9:30 Exercise Class, AC 22 10:00 Residents' Closet Hour: 3rd Floor 11:00 Ambassador Meeting, DR 11:30 Brain Games, AC 2:00 Singalong with John Guido, AC 2:15 Skip-Bo 3:00 Featured Movie, MT 7:00 Featured Movie, MT	9:15 Blood Pressure Clinic, AC 23 9:30 Exercise Class, AC 10:00 Residents' Closet Hour: 3rd Floor 10:00 Outing, LB 2:00 Featured Movie, MT 2:00 Mahjong, TV Room 2:00 Balance Class, AC 2:15 Mystery Bus Ride, LB 3:30 Meet & Greet, AC 6:45 Bingo, AC	9:30 Exercise Class, AC 24 10:00 Residents' Closet Hour: 3rd Floor 10:30 Bocce, BP 2:00 Mahjong, TV Room 2:00 Beach Ball Volleyball, AC 3:00 Featured Movie, MT 6:45 Singalong with Claire & Dee, LB 	9:30 Yoga & Meditation, AC 25 10:00 Residents' Closet Hour: 3rd Floor 10:30 Walking Group, AT 2:00 Residents' Closet Open: 3rd Floor 2:00 Featured Movie, MT 3:00 Technology Tutors, AC 3:00 Beach Ball Volleyball, AC 6:45 Bingo, AC 7:00 Featured Movie, MT	9:00 Technology Help, AC 26 9:30 Exercise DVD, AC 10:30 Bocce, BP 11:00 Wii Bowling 2:00 Featured Movie, MT 3:00 Skip-Bo, AC 3:30 Bingo, AC 6:45 Bingo, AC 7:00 Scrabble 7:00 Featured Movie, MT
9:30 Exercise DVD, AC 27 10:00 Bingo, AC 10:30 Walking Group, AT 2:00 Catholic Service Chapel 3:30 Featured Movie, MT 4:00 Gin Rummy, Billiards Room 7:00 Featured Movie, MT	9:30 Balance Class, AC 28 10:00 Residents' Closet Hour: 3rd Floor 11:00 Knitting Club, AC 11:30 Outdoor Walking Group, LB 2:00 Mahjong, TV Room 2:00 Singalong with Patrick, DR 3:00 Featured Movie, MT 3:30 Bring & Brag, AC 6:45 Bingo, AC 	9:30 Exercise Class, AC 29 10:00 Residents' Closet Hour: 3rd Floor 11:30 Brain Games, AC 2:00 Featured Movie, MT 2:15 Skip-Bo 3:00 Name That Tune, '70s, AC 3:00 Current Events Discussion, AC 7:00 Featured Movie, MT 	9:15 Blood Pressure Clinic, AC 30 9:30 Exercise Class, AC 10:00 Residents' Closet Hour: 3rd Floor 10:00 Outing, LB 2:00 Featured Movie, MT 2:00 Mahjong, TV Room 2:00 Balance Class, AC 2:15 Mystery Bus Ride, LB 3:30 Meet & Greet, AC 6:45 Bingo, AC	HALLOWEEN 31 9:30 Exercise Class, AC 10:00 Residents' Closet Hour: 3rd Floor 10:30 Bocce, BP 2:00 Mahjong, TV Room 2:30 Halloween Costume Party, AC 3:00 Featured Movie, MT 6:45 Singalong with Claire & Dee, LB		



Nick

Where did you grow up?
Italy (Sicily)

Best advice you could give someone? Get an education.

Best vacation you took?
Cape Cod

Favorite TV show? "Everybody Loves Raymond"

Happiest moment?
When I was elected captain of the Natick High football team!

Favorite hobby?
Collecting coins

Favorite movie? Any John Wayne movies

Favorite dessert?
Ice cream

First car? 1948 black Oldsmobile



Barbara C.

Where did you grow up?
Rockland, Massachusetts

Best vacation you ever had? Barbados

Favorite TV show?
"Family Feud"

Who influenced you the most? Church friends

Most embarrassing moment? Fell on the floor while performing a cartwheel at a cheer-leading competition at the Boston Garden!

Favorite hobby?
Word Jumbles

Favorite movie? "The Sound of Music"

Favorite dessert?
Anything chocolate!

First car? Ford



Peggy A.

Where did you grow up?
Rochester, New York

Best advice? Be kind to one another.

Best vacation?
Rome, Italy

Favorite TV show?
"Blue Bloods"

Your biggest influence?
My mother

Happiest moment? The births of my children

Favorite hobby? Reading

Favorite movie? "The Sound of Music"

Favorite song? "Be Not Afraid"

Favorite dessert?
Pumpkin pie

First car? Ford



Gail

Where did you grow up?
Burrillville, Rhode Island

Did you have a nickname?
My uncle called me "Red Sox."

Best vacation? Eastern Caribbean cruise

Favorite TV show?
"Downton Abbey"

Biggest influence?
My mother

Happiest moment? When my children were born

Favorite hobby? Golf

Favorite song? "Always"

Favorite dessert? Warm apple pie with ice cream

First car? Chevrolet Impala

Most embarrassing moment? I was sitting around the campfire with my family. I smelled something, but didn't think too much of it. My son let me know that my sneakers were smoking! I never felt a thing. The soles actually melted! They were the only shoes I had with me for the entire vacation. I guess I sat too close to the fire!





Over The Rainbow Trivia

October 19th is Scarecrow Saturday! In honor of this fun holiday, we'll show "The Wizard of Oz," the film with one of the most beloved scarecrows of all time. Then, after the movie, we'll pass out this fun trivia sheet to test your knowledge of this classic film!

1. In the book, Dorothy's slippers are silver. They were changed to ruby red in the film because the color popped much nicer against the technicolor yellow brick road.
2. The scarecrow face makeup that Ray Bolger wore consisted, in part, of a rubber prosthetic with a woven pattern to suggest burlap cloth. By the time the film was finished, the prosthetic had left a pattern of lines on his face that took more than a year to vanish!
3. Many of the Wicked Witch of the West's scenes were cut because they were thought to be too frightening for children.
4. The horses in the Emerald City palace were colored with Jell-O crystals. The scenes had to be filmed quickly because the horses kept licking it off.
5. Judy Garland was asked to wear a corset throughout filming to make her look more childlike — even though she was just 16 when filming.
6. The fire that engulfs the Witch's hands as she's trying to remove the ruby slippers is actually apple juice spewing out of the shoes — the film was then sped up to make it look more like fire.
7. Four sets of slippers were used in the film, one pair of which was stolen from a museum in Minnesota in 2005. They were insured for \$1 million.
8. The film won two Oscars. One for best original score and another for best original song.
9. The early technicolor process required a lot of lighting, which often made the studio set 100 degrees while shooting.
10. The Cowardly Lion's costume weighed 90 pounds and was made of real lion pelts. The actor would get so warm in his costume, he would have to take it off between takes.



Reminder ...

The Fairview Estate Grandma's Attic sale will be held on October 5th, beginning at 9 a.m.

All are welcome!

Garden Treat



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Fall in love...
with the season

Embrace Autumn without the worry of rising utility costs and home maintenance issues. Enjoy the freedom that our gracious retirement lifestyle has to offer. Please give us a call or stop by any day of the week for a complimentary meal and tour.

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