



October 2019

VALLEY TERRACE

PREMIER ASSISTED LIVING & MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KEY		1	2	3	4 World Smile Day	5
AR Activity Room CK Country Kitchen DR Dining Room LR Living Room P Pub SR Sun Room EX Exercise Room C1 Clover First Floor	Family & Friends invited to attend activities. Please call Bobbi or Michele to confirm time and locations. 802-280-1910	9:30 New Balance Class 10:15 Quiddler 2:00 Hartford Library 3:00 Corey - Music & Sing along	Hair Salon Open 10:00 Yoga 1:00 Holy Communion with Roger Tatro 2:00 Music/Art Presentation 4:00 Happy Hour 6:30 Movie	10:00 News & Views 1:30 Fall Van Ride 3:45 Music with George	10:00 Flower Arranging & Grandparent 11:00 Rosary 2:00 Smile Social 4:00 Happy Hour 6:30 Movie	10:00 Walkers meet at front desk 1:30 Movie 
6	7	8	9 Yom Kippur Hair Salon Open	10	11	12
AM Coffee & News 1:30 Documentary Movie 3:30 Scrabble 	10:00 Yoga 2:30 St. Anthony's Church Mass 4:00 Happy Hour	9:30 New Balance Class 10:15 Quiddler 2:00 Travel/Art with Pippa 2:00 Mary G - Guitar 	10:00 Flu Shot Clinic 1:00 Holy Communion 2:00 Music/Art Presentation 4:00 Happy Hour 6:30 Movie	10:00 News & Views 2:00 Episcopal Church Service 3:45 Music with George	10:00 Flower Arranging & Grandparent 2:00 Brain Aerobics 4:00 Happy Hour 6:30 Movie	10:00 Walkers meet at front desk 1:30 Movie 
13 Full Moon	14 Indigenous People's Day	15	16 Nat'l Bosses Day Hair Salon Open	17	18	19
AM Coffee & News 1:30 Documentary Movie 3:00 UNO Game 	10:00 Yoga 2:00 Indigenous People's Day Social 4:00 Happy Hour	9:30 New Balance Class 10:15 Quiddler 2:00 Hartford Library 2:30 Travel/Art with Pippa	1:00 Holy Communion with Roger Tatro 2:00 Music/Art Presentation 4:00 Happy Hour 6:30 Movie	10:00 News & Views 2:00 Crafts with Rita 3:45 Music with George	10:00 Flower Arranging & Grandparent 2:00 LRC Game 4:00 Happy Hour 6:30 Movie 	10:00 Walkers meet at front desk 1:30 Movie 
20	21	22 Nat'l Nut Day	23 Hair Salon Open	24	25	26
AM Coffee & News 1:30 Documentary Movie 3:00 Name 10 	10:00 Yoga 2:00 Roger Tatro - Guitar 4:00 Happy Hour	9:30 New Balance Class 10:15 Quiddler 1:45 Norwich School Children reading circle 3:30 Nut Social	1:00 Holy Communion with Roger Tatro 2:00 Music/Art Presentation 4:00 Happy Hour 6:30 Movie 	10:00 News & Views 2:00 Rick & Terry - Trumpet & Drums 3:45 Music with George	10:00 Flower Arranging & Grandparent 1:15 Resident Council Meeting 2:30 Bingo Social 4:00 Happy Hour 6:30 Movie	10:00 Walkers meet at front desk 1:30 Movie 
27 New Moon	28	29	30	31 Halloween		
AM Coffee & News 1:30 Documentary Movie 3:00 Board Game 	10:00 Yoga 2:00 Martha Mitchell - Guitar 4:00 Happy Hour	9:30 New Balance Class 10:15 Quiddler 2:00 Hartford Library 2:30 Travel/Art with Pippa	1:00 Holy Communion with Roger Tatro 2:00 Music/Art Presentation 4:00 Happy Hour 6:30 Movie	10:00 News & Views 2:30 Halloween Party with Costume contest 		