



True North Employee

Our Truth North Employee for the month Of October is Kaylynn Hatfield. Kaylynn is a Past Western Oregon University Student and has her Bachelor of Science in Social Science, and has been accepted into her Master’s program where she will be pursuing her Masters in Social Work. Kaylynn has worked for Heron Pointe since August of 2017. We enjoy having Kaylynn around with her smiling face everyday and willingness to help



out whenever it is needed. Thank you Kaylynn for being such a bubbly spirit to the rest of us!

New Employees

Rachel—DA
Bailey— Care Partner
Arcelia— Care Partner
Sydney— Care Partner
Rona —RN



Happy Birthday

Katie 10/2 Ashlee 10/2
Jessica 10/15 Emily 10/19
Angelica 10/29

Happy Anniversary

Bruce 10/8/18 Jennifer 10/15/12
Tyler 10/18/17 Angelica 10/18/18
Emily 10/19/16 Ashlee 10/26/16
Myah 10/30/18



Fall Festival & Grand Re-Opening

To commemorate our 20 years of serving our local residents and introduce our management company’s leadership team, we will be hosting a Fall Festival and Grand Re-Opening! This event will be open to the community. Guests will be able to enjoy a chili and baked potato bar, cotton candy, games, a caramel apple bar, performances from Border Collies International, and visits from Genius the trained miniature pony. We will also be joined by the Boondock Boys for a live musical performance. Prizes will be available, as well as a free raffle for a new flat-screen smart television.

The event will be October 17th, from 5pm-7pm. This event is free, and open to everyone. Space is limited, so please call 503.838.6850 or email Nichole at nelliott@heronpointesl.com to RSVP. We look forward to seeing you there and celebrating Fall with you!

Welcome Rona

Have You met Rona? If you haven't you should stop by her office and introduce yourself. Rona is our new Nurse and we are so excited to have her on board. Rona started in September and has jumped right in to her position. Rona has been a Nurse since 1984 and has worked in long term care and skilled nursing facilities with the last 3 years in assisted living. She grew up in Washington and moved to Oregon in 2000. She has 1 daughter 1 grandson and a dog.

Leadership Team

Administrator.....Amy Hynes
Business Office Director.....Kathy Endecott
Community Relations.....Nichole Elliott
Dining Services Director.....Nichelle Azevedo
Life Enrichment Coordinator.....Kori Bacon
Maintenance Director.....Bruce Burns
Registered Nurse.....Rona Smith-Coburn
Resident Care Coordinator.....Ashley Stengel



Happy Birthday

Barbara 10/1
Thomas 10/1
Karen 10/12
Jim 10/17



Welcome Home

Please give a warm welcome to our newest resident Bernie Burkholder. Bernie moved into Heron Pointe on September 25th. Bernie enjoys jumbo crosswords, scrabble and volunteering.



Bernie has her masters degree and worked as a teacher before staying home to take care of her children. Please welcome Bernie and make her feel welcome in her new home.

In Case You Missed It



*“May you Fall in love with October and all the beauty it brings,
May your life be as colorful as the turning of the leaves, On each blessed autumn day”*

— Charmaine J. Forde

Wish Of A Lifetime

As you remember Kaathleen submitted a wish through Wish Of A Lifetime to go see her sister in West Virginia. Her wish was granted and the long process began. We finally got to send Kaathleen off with the assistance of Jennifer to accompany her. They spent the weekend in Ohio and West Virginia spending time with Kathleen's sister and family, with a family BBQ on Saturday. They had a wonderful time, although saying it was not long enough, they were glad they got the opportunity to go. None of this would have been possible without Jennifer going with her, so thank you Jennifer for making this happen for Kaathleen.

Want to have an experience like this? I encourage each one of you that has something they have always wanted to do, somewhere they have always wanted to go. Submit a wish, this is something I (Kori) can help you with. Anything is possible, maybe you always wanted to fly in an airplane, maybe you have family you would like to visit, whatever you want to do but cant make happen on your own let me know we will see what we can do.



October Fun Facts

1. The birthstones for October are the tourmaline and the opal.
 2. The zodiac signs for October are Libra (September 23 - October 22) and Scorpio (October 23 - November 21).
 3. The birth flower for October is the calendula.
 4. October 1, 1896, free rural delivery of mail started in the United States.
 5. October 4, 1957, the first artificial satellite was launched by the Soviet Union.
 6. October 7, 1816, the Washington arrived at New Orleans.
 7. October 12, 1492, Christopher Columbus landed in America.
 8. October 18, 1867, The U.S. flag was formally raised over Alaska.
 9. October 22, 1836, Sam Houston was inaugurated as the first president of the Republic of Texas.
 10. October 31, 1864, Nevada became the 36th state of the United States.
 11. National Chili Month
 12. National Pizza Month
 13. Columbus Day
- October 31 - Halloween

On Thursday October 31st we will be handing out candy to kids that show up to trick or treat. Candy will be handed out from 3-5pm and is free of course. Let all your friends with little ones know that this is the place to be on Halloween. If you would like to help put bags of candy together we will be doing that on October 29th At 2:30.



Don't forget to wear your best Halloween costume on October 31st. We will have a Halloween costume contest with a prize for best costume. Let's get in the spirit and have fun this holiday season. Staff members are also encouraged to dress in your best costume while coming to work.

Menu Chat:

Every Monday after lunch at approximately 1pm, menu chat is held in the dining room with residents to discuss the weekly menu and any dining related concerns residents may have. This is a great way to let the cook know about any special food cravings you may have, discuss and share recipes, and offer ideas for upcoming menus and dining events. All residents are encouraged to come.

Turtle Pumpkin Pie

What You Need

- 1/4 cup plus 2 Tbsp. caramel ice cream topping, divided
- 1 ready-to-use graham cracker crumb crust (6 oz.)
- 1/2 cup plus 2 Tbsp. chopped PLANTERS Pecans, divided
- 2 pkg. (3.4 oz. each) JELL-O Vanilla Flavor Instant Pudding
- 1 cup cold milk
- 1 cup canned pumpkin
- 1 tsp. ground cinnamon
- 1/2 tsp. ground nutmeg
- 1 tub (8 oz.) COOL WHIP Whipped Topping, thawed, divided

Let's Make It

Pour 1/4 cup caramel topping onto bottom of pie crust; sprinkle with 1/2 cup nuts.
Beat next 5 ingredients in large bowl with whisk until blended. Stir in 1-1/2 cups COOL WHIP; spoon into crust
Refrigerate 1 hour. Top with remaining COOL WHIP, caramel topping and nuts just before serving

