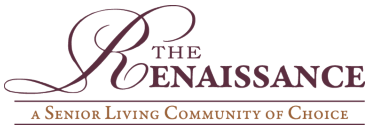


October 2019

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	2616 Turner Road Ponca City, OK 74604 580-765-5900	10:00 PE Morning Exercises 1 11:00 SS Daily Devotionals	10:00 PE Morning Exercises & Coffee & Crosswords 2 11:00 Morning Exercises & Coffee & Crosswords	10:00 PE Morning Exercises 3 11:00 CC Food Committee Meeting 1:00 Manicures 2:30 Bible Study 6:00 Dominos 7:15 Wind Down Walk	10:00 PE Morning Exercises 4 11:00 Porch Talk 2:00 LL Bingo! 6:00 Movie Night 7:15 Stretch It Out	10:00 Morning Stroll 5 2:00 Color Me Calm 6:00 Card Game 7:15 Saturday Striders		
		10:00 Sunday Service 6 2:00 Pitch 6:00 Word Puzzles 7:15 Sunday Striders	10:00 PE Morning Exercises 7 11:00 CE Brain Teasers 2:00 Toss N' Talk	10:00 PE Morning Exercises 8 11:00 SS Daily Devotionals 2:00 Taste & Tell w/ Justine	10:00 PE Morning Exercises & Coffee & Crosswords 9 11:00 Coffee & Crosswords 2:00 Movie & Refreshments!	10:00 PE Morning Exercises 10 11:00 CC Food Committee Meeting 1:00 Manicures 2:30 Bible Study 6:00 Dominos 7:15 Wind Down Walk	10:00 PE Morning Exercises 11 11:00 Porch Talk 2:00 LL Bingo! 6:00 Movie Night 7:15 Stretch It Out	10:00 Morning Stroll 12 2:00 Color Me Calm 6:00 Card Game 7:15 Saturday Striders
		10:00 Sunday Service 13 2:00 Pitch 6:00 Word Puzzles 7:15 Sunday Striders	Columbus Day 14 10:00 PE Morning Exercises 11:00 Brain Teasers 2:00 Dominos	10:00 PE Morning Exercises 15 11:00 SS Daily Devotionals 8:30 AE Pumpkin Decorating	10:00 PE Morning Exercises & Coffee & Crosswords 16 11:00 Coffee & Crosswords 2:00 Ice Cream Social	10:00 PE Morning Exercises 17 11:00 CC Food Committee Meeting 1:00 Manicures 2:30 Bible Study 6:00 Dominos 7:15 Wind Down Walk	10:00 PE Morning Exercises 18 11:00 Porch Talk 2:00 LL Bingo! 6:00 Movie Night 7:15 Stretch It Out	10:00 Morning Stroll 19 2:00 Color Me Calm 6:00 Card Game 7:15 Saturday Striders
		10:00 Sunday Service 20 2:00 Pitch 6:00 Word Puzzles 7:15 Sunday Striders	10:00 PE Morning Exercises 21 11:00 Brain Teasers 2:00 Wine & Cheese	10:00 PE Morning Exercises 22 11:00 SS Daily Devotionals 2:00 Birthday Bash!	10:00 PE Morning Exercises & Coffee & Crosswords 23 11:00 Coffee & Crosswords 2:00 Cookies & Milk	10:00 PE Morning Exercises 24 11:00 CC Food Committee Meeting 1:00 Manicures 2:30 Bible Study 6:00 Dominos 7:15 Wind Down Walk	10:00 PE Morning Exercises 25 11:00 Porch Talk 2:00 LL Bingo! 6:00 Movie Night 7:15 Stretch It Out	10:00 Morning Stroll 26 2:00 Color Me Calm 6:00 Card Game 7:15 Saturday Striders
		10:00 Sunday Service 27 2:00 Pitch 6:00 Word Puzzles 7:15 Sunday Striders	10:00 PE Resident Council Meeting 28 11:00 Brain Teasers	10:00 PE Morning Exercises 29 11:00 SS Daily Devotionals 2:00 Rootbeer Floats	10:00 PE Morning Exercises & Coffee & Crosswords 30 11:00 Coffee & Crosswords 2:00 Bingo!	Halloween 31 10:00 PE Morning Exercises 11:00 CC Food Committee Meeting 1:00 Manicures 2:30 Bible Study 6:00 Trick or Treaters! 7:15 Wind Down Walk	Legend: AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	