October 2019
Assisted Living Lifestyle & Leisure

Symphony Square
Assisted Living & Memory Care

35 Old Lancaster Road
Bala Cynwyd, PA 19004
610-660-6560

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 **Fluau Party!** 10:15 PE Move & Groove 10:45 SS Teen Mitzvah Program 11:15 CE Spelling Bee! Can You Spell? 12:00 LL **Fluau Party!** 1:15 LL Bingo Blast! 2:15 LL Root Beer Floats 3:00 AE Sip n Stroke 4:00 AE Making Music	2 10:00 SS Chicken Soup for the Soul 10:30 PE Chair Aerobics 11:30 CC **Trip to Red Lobster** 2:15 LL Sing-Along with Memory Support [MS] 3:30 CE Scenes from a Show 4:15 AE Crafty Corner	3 10:00 SS Inspirational Moment 10:30 PE Tune Up Thursday! 11:00 CE Trivia Fun 1:30 CE Puzzle Perfect! 2:30 LL Pokeno 3:30 LL Milkshake Social 4:00 AE Singing & Dancing w/ Margo	4 10:00 CC **Shopping at Dollar Tree [OT]** 11:00 LL What's Cooking w/ Chef Thomas [MS] 1:30 AE Gardening Time! 2:45 LL Symphony Square Buck (Auction) 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR]	5 10:00 SS Spiritual Saturday Moment 10:30 PE Fitness Fun! [AR] 11:00 LL Hot Cocoa/Coffee Social [AR] 1:30 AE Puzzle me Crazy! [AR] 2:00 LL Women's Chat [2FL] 3:00 CE Poetry Circle! 4:00 CE Brain Trivia! [LB] 6:00 PE Saturday Stroll
6 10:30 CE Sunday Morning News & Coffee [2FL] 11:30 PE Bend & Stretch 1:30 LL Sunday Matinee [AR] 2:00 SS Sunday Service with Sharon Baptist Church [LI] 3:30 CE Crossword Puzzle Fun! [LB] 4:30 LL Bridge Club	7 10:00 SS Meditation Monday 10:30 CC **Shopping at Giants** 10:30 PE Workout Fun! 1:30 LL Cook Off (AL vs. MS) [AR] 2:00 CE Blackjack (21 Club) 3:30 CE Armchair Travels [AR] 6:00 LL Monday Movie Night!	8 10:15 SS Daily Devotional 10:45 PE Silver Sneakers at LA Fitness!! [OT] 11:15 CE Riddle Me This! 1:15 LL Bingo Blast! 2:15 LL Banana Split Social! 2:45 PE Chair Ballot 4:00 AE Making Music	9 10:00 CE Chicken Soup for the Soul 10:30 PE Chair Aerobics 11:30 CC **Trip to Olive Garden** 2:15 LL Sing-Along with Memory Support [MS] 3:30 CE Scenes from a Show 4:15 AE Crafty Corner	10 10:00 SS Inspirational Moment 10:30 PE Tune Up Thursday! 11:00 CE Scrabble! 1:00 AE Painting Time w/ Diana 1:30 CE Puzzle Perfect! 2:30 LL Pokeno! 3:30 LL Fruit Smoothies 4:00 AE Singing & Dancing w/ Margo 5:00 SS Yom Kippur Break Fast	11 10:30 CC **Shopping at Target** 11:00 CE Jeopardy! 1:30 AE Gardening Time! 2:45 LL Symphony Square Buck (Auction) 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR]	12 10:00 SS Spiritual Saturday Moment 10:30 PE Fitness Fun! [AR] 11:00 LL Hot Cocoa/Coffee Social [AR] 1:30 AE Puzzle me Crazy! [AR] 2:00 LL Women's Chat [2FL] 3:00 CE Poetry Circle! 4:00 CE Brain Trivia! [LB] 6:00 PE Saturday Stroll
13 10:30 CE Sunday Morning News & Coffee [2FL] 11:00 SS Sunday Service with Reverend Winder [MS] 11:30 PE Bend & Stretch 1:30 LL Sunday Matinee [AR] 3:30 CE Crossword Puzzle Fun! [LB] 4:30 LL Bridge Club	14 **Columbus Day** 10:00 SS Meditation Monday 10:00 Music Therapy 10:30 PE Workout Fun! 11:00 CE Hangman (Guess This!) 1:30 LL Chess (Check Mate!) [AR] 2:00 CE Blackjack (21 Club) 3:30 CE Armchair Travels [AR] 6:00 LL Monday Movie Night!	15 10:15 SS Daily Devotional 10:45 PE Silver Sneakers at LA Fitness!! [OT] 11:00 LL Spa Time (Mimosa, Massages and Donuts) [AR] 1:15 LL Bingo Blast! 2:15 LL Ice Cream Cone Social 3:00 AE Sip n Stroke 4:00 AE Making Music	16 10:00 CE Chicken Soup for the Soul 10:30 PE Chair Aerobics 11:00 CE What's News? with Bob Haley [AR] 11:30 CC **Trip to Chili's** 2:15 **Resident Council Meeting** 3:30 CE Scenes from a Show 4:15 AE Crafty Corner	17 10:00 SS Inspirational Moment 10:30 PE Tune Up Thursday! 11:00 CE Let's Play UNO 1:30 CE Puzzle Perfect! 2:30 LL Pokeno! 3:30 LL Root Beer Floats 4:00 AE Singing & Dancing w/ Margo	18 10:00 CC **Shopping at CVS** 10:00 PE Yoga Time! 11:00 CE Jeopardy! 1:30 AE Gardening Time! 2:45 LL Symphony Square Buck (Auction) 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR]	19 10:00 SS Spiritual Saturday Moment 10:30 PE Fitness Fun! [AR] 11:00 LL Hot Cocoa/Coffee Social [AR] 1:30 AE Puzzle me Crazy! [AR] 2:00 LL Women's Chat [2FL] 3:00 CE Poetry Circle! 4:00 CE Brain Trivia! [LB] 6:00 PE Saturday Stroll
20 10:30 CE Sunday Morning News & Coffee [2FL] 11:30 PE Bend & Stretch 1:30 LL Sunday Matinee [AR] 3:30 CE Crossword Puzzle Fun! [LB] 4:30 LL Bridge Club 8:30 LL Men's Club (Sunday Night Football) Eagles vs. Cowboys	21 10:00 SS Meditation Monday 10:30 PE Workout Fun! 11:00 CE Family Feud 1:30 LL Cook Off (AL vs. MS) [AR] 2:00 CE Blackjack (21 Club) 3:30 CE Armchair Travels [AR] 6:00 LL Monday Movie Night!	22 10:15 SS Daily Devotional 10:45 PE Silver Sneakers at LA Fitness!! [OT] 11:15 CE Travel Club! 1:15 LL Bingo Blast! 2:30 LL Strawberry Daiquiri Social 2:45 PE Chair Ballot 4:00 AE Making Music	23 10:00 CE Chicken Soup for the Soul 10:30 PE Chair Aerobics 11:30 CC **Trip to Ruby Tuesday** 2:15 LL Sing-Along with Memory Support [MS] 2:30 AE Wednesday Party with Stu Weitz 3:30 CE Scenes from a Show 4:15 AE Crafty Corner	24 8:30 LL **Veteran's Breakfast Fellowship** 10:00 CC Give Back Club! 10:30 PE Tune Up Thursday! 11:00 CE Dominoes 1:00 AE Painting w/ Diane 1:30 CE Puzzle Perfect! 2:30 LL Pokeno! 3:30 LL Ice Cream w/ Toppings 4:00 AE Singing & Dancing w/ Margo	25 10:00 CC Blankets for Animal Shelter [AR] 1:30 AE Gardening Time! 2:45 LL Symphony Square Buck (Auction) 3:30 LL Happy Hour [BR] 5:00 SS Shabbat Service [AR] 6:00 LL Movie & Popcorn [AR] 6:30 PE Friday Walkers Club!	26 10:00 SS Spiritual Saturday Moment 10:30 PE Fitness Fun! [AR] 11:00 LL Hot Cocoa/Coffee Social [AR] 1:30 AE Puzzle me Crazy! [AR] 2:00 LL Women's Chat [2FL] 3:00 CE Poetry Circle! 4:00 CE Brain Trivia! [LB] 6:00 PE Saturday Stroll
27 10:30 CE Sunday Morning News & Coffee [2FL] 11:00 SS Sunday Service with Reverend Winder [MS] 11:30 PE Bend & Stretch 1:30 LL Sunday Matinee [AR] 3:30 CE Crossword Puzzle Fun! [LB] 4:30 LL Bridge Club	28 10:00 SS Meditation Monday 10:30 PE Workout Fun! 11:00 CE Taboo Game 1:30 LL Chess (Check Mate!) [AR] 2:00 CE Blackjack (21 Club) 3:30 CE Armchair Travels [AR] 6:00 LL Monday Movie Night!	29 10:15 SS Daily Devotional 10:45 PE Silver Sneakers at LA Fitness!! [OT] 11:15 CE Riddle Me This! 1:15 LL Bingo Blast! 2:15 LL Cookies and Cream Ice Cream Social 3:00 AE Sip n Stroke 4:00 AE Making Music	30 10:00 CE Chicken Soup for the Soul 10:30 PE Chair Aerobics 11:30 LL **Trip to Cheesecake Factory** 1:00 LL Pet Therapy w/ Caring Hospice [MS] 2:15 LL Sing-Along with Memory Support [MS] 3:30 CE Scenes from a Show 4:15 AE Crafty Corner	31 **Halloween** 10:00 SS Inspirational Moment 10:30 PE Tune Up Thursday! 11:00 CE Trivia Fun 1:30 CE Puzzle Perfect! 2:00 LL **Halloween Party (Custom Contest)** 4:00 AE Singing & Dancing w/ Margo		

AE Artistic Expression
CC Community Connections
CE Continuing Education
LL Lifestyle & Leisure
PE Physical Engagement
SS Spiritual Support

Location Keys

2nd Floor	2FL
Activity Room	AR
Bistro	BR
Library	LI
Lobby	LB
Memory Support	MS
Outing	OT