



29	30	Oct 1	2	3	4	5
		Spiced Apples Parmesan Crusted Pork Chops <i>or</i> Turkey Divan Baked Yams Chef's Steamed Vegetable Baked Roll White Poke Cake	Green Salad Glazed Hamburger Steak <i>or</i> Juicy Ham Classic Mashed Potatoes Mixed Vegetables Baked Roll Fresh Banana Cream Pie	Tomato Mozzarella Salad Lemon Pepper Chicken <i>or</i> Ginger Lime Pork Parmesan Pasta Grilled Asparagus Baked Roll Pineapple Blueberry Crumble	Whipped Pineapple Salad Tropical Tilapia <i>or</i> Pepper Smothered Cube Steak Seasoned Rice Sautéed Spinach Baked Roll Mini S'mores Tart	Green Salad Beef Stroganoff <i>or</i> Smoked Roasted Turkey Baked Fried Potatoes California Normandy Blend Garlic Bread Coffee Cake
6	7	8	9	10	11	12
Caesar Salad Baked Ham/Peach Sauce <i>or</i> Orange Teriyaki Beef Baked Sweet Potato Chef's Steamed Vegetable Baked Roll Blueberry Pie	Lime Jello With Pears Chicken Cordon Bleu Open Face <i>or</i> Caribbean Shrimp Red Potatoes Capri Blend Baked Roll Banana Sheet Cake	Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta Seasoned Cauliflower Baked Roll Mississippi Mud Cake	Spinach Tomato Salad Roast Pork/Ginger Glaze <i>or</i> Leg of Lamb Roasted Potato Medley Sautéed Yellow Squash Baked Roll Fruit Crisp	Melon Layered Fruit Hamburger Steak/Onions <i>or</i> Grilled Chicken/Cucumber Melon Sauce Ranch M' Potatoes Mixed Vegetables Baked Roll Bread Pudding/Vanilla Sauce	Coleslaw Cod Fillet <i>or</i> Roasted Pork Parsley Rice Steamed Broccoli Baked Roll Frozen Sherbet Dessert	Green Salad Lemon Oregano Turkey <i>or</i> Texas BBQ Steak Homemade Stuffing Roasted Brussels Sprouts Baked Roll Mandarin Orange Cake
13	14	15	16	17	18	19
Perfect Pineapple Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Colorful Quinoa Salad Roasted Chicken Legs <i>or</i> Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak/Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	Cottage Cheese/Fruit Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake	Arugula Caesar Salad Pesto Chicken <i>or</i> Pork Roast/Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Creamy Coleslaw Cod Fillet/Lemon Sauce <i>or</i> Ham/Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	Apple Cranberry Walnut Salad Glazed Meatloaf <i>or</i> Turkey/Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
20	21	22	23	24	25	26
Green Salad Chicken Parmesan <i>or</i> Italian Beef Pot Roast Garlic Pasta California Normandy Blend Crusty Cheese Bread Cherry Pie	Ambrosia Jello Salad Herb Seasoned Pork <i>or</i> Eggplant Parmesan Glazed Sweet Potatoes Yellow Squash/Onions Baked Roll Chocolate Lush	Spinach Cheese Salad Beef Burgundy <i>or</i> Baked Tilapia w/Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Baked Roll Lime Poke Cake	Green Salad Homestyle Turkey/Gravy <i>or</i> Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Feta Garbanzo Bean Salad Baked Ham <i>or</i> Chicken/Tomato Mushroom Sauce Scalloped Potatoes Green Beans/Bacon Baked Roll Old Fasioned Custard Pie	Mandarin Citrus Slaw Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake	Green Salad Roasted Lemon Chicken <i>or</i> Corned Beef/Cabbage Wedge Red Potatoes Sautéed Spinach Baked Roll Vanilla Berry Trifle
27	28	29	30	31	Nov 1	2
Broccoli Raisin Salad Honey Glazed Pork <i>or</i> Herbed Roast/Vegetables AuGratin Potatoes Hawaiian Beets Baked Roll Fresh Banana Cream Pie	Cottage Cheese/Fruit Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	Select Orange Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Coconut Cream Pie	Cranberry Applesauce Pepper Steak/Gravy <i>or</i> Turkey Roast/Stuffing Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake		