

October 2019



The Wentworth at Coventry

| 20 | A : 4 | _ | 2 | 4 | - | |
|---|--|--|--|---|--|--|
| 30 | Oct 1 Green Salad Herb Roasted Turkey with Gravy Fresh Mashed Potatoes/Gravy Butternut Squash Baked Roll Chocolate Eclairs | Green Salad Ham Steaks Southern Baked Beans Sauteed Mushrooms Baked Roll Fresh Banana Cream Pie | Green Salad Barbecued Chicken Baked Macaroni Cheese Grilled Asparagus Baked Roll Chocolate Chip Brownie | Green Salad Smothered Cube Steak Fresh Mashed Potatoes/Gravy Fresh Cooked Carrots Baked Roll Cheesecake/Fruit Topping | Green Salad Burgundy Beef/Noodles Cornbread Dressing Peas Baked Roll Apple Dump Cake | Green Salad New England Pot Roast Seasoned Brown Rice Broccoli Baked Roll Pineapple Parfait |
| Green Salad Broiled Tilapia Parmesan Rice Pilaf Capri Blend Baked Roll Oreo Cheesecake | Green Salad Turkey/Glazed Vegetables Baked Potato Parsley Carrots Baked Roll Cream Puffs | Green Salad Fried Chicken/Creamy Gravy Smashed Sweet Potatoes Sauteed Yellow Squash Baked Roll Fruit Crisp | Green Salad Baked Beef Brisket Baked Beans Mixed Vegetables Baked Roll Bread Pudding/Vanilla Sauce | Green Salad Roasted Pork Parmesan Potatoes Steamed Broccoli Baked Roll Angel Food Cake | Green Salad Beef Tips in Gravy Homemade Stuffing Seasoned Peas Baked Roll Orange Sherbet Dish | Perfect Pineapple Salad Autumn Pot Roast Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie |
| Salad Roasted Chicken Legs | Green Salad Pork Chops and Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake | Cottage Cheese/Fruit Bacon and Cheese Chopped Steak Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake | Arugula Caesar Salad Pesto Chicken Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding | Cod Fillet/Lemon Sauce Roasted Potato Medley | Apple Cranberry Walnut Salad Glazed Meatloaf Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp | Green Salad Chicken Parmesan Garlic Pasta California Normandy Blend Crusty Cheese Bread Black Bottom Cherry Pie |
| Ambrosia Jello Salad Herb Seasoned Pork Glazed Sweet Potatoes Yellow Squash/Onions Baked Roll Chocolate Lush | Spinach Cheese Salad Beef Burgundy Parsley Egg Noodles Steamed Broccoli Baked Roll Lime Poke Cake | Homestyle Turkey/Gravy Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler | Feta Garbanzo Bean Salad Baked Ham Scalloped Potatoes Green Beans/Bacon Baked Roll Old Fasioned Custard Pie | Sweet Sour Meatballs Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake | Green Salad Roasted Lemon Chicken Red Potatoes Sauteed Spinach Baked Roll Vanilla Berry Trifle | Broccoli Raisin Salad Honey Glazed Pork AuGratin Potatoes Hawaiian Beets Baked Roll Fresh Banana Cream Pie |
| Philly Cube Steak Roasted Yams Capri Blend Baked Roll | Green Salad Smothered Chicken Breasts Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler | Select Orange Salad Lemon Garlic Fish Rice Orzo Pilaf Green Beans Baked Roll Fresh Coconut Cream Pie | Cranberry Applesauce Pepper Steak/Gravy Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake | Nov 1 | 2 | 3 |