



Lynmoore at Lawnwood

29	30	Oct 1	2	3	4	5
		Green Salad Ginger Mustard Pork Chops <i>or</i> Turkey Divan Baked Yams Chef's Steamed Vegetable Assorted Desserts	Green Salad Honey Glazed Ham <i>or</i> Salisbury Steak/Gravy Ranch Mashed Potatoes Mixed Vegetables Assorted Desserts	Green Salad Lemon Pepper Chicken <i>or</i> Roasted Rosemary Pork Red Skin Mash Green Beans Baked Roll Assorted Desserts	Green Salad Cajun Seasoned Tilapia <i>or</i> Smothered Cube Steak Seasoned Rice Sauteed Spinach Assorted Desserts	Green Salad Beef Stroganoff <i>or</i> Sliced Turkey Breast Cornbread Dressing Peas and Pearl Onions
6	7	8	9	10	11	12
Green Salad Ham Potato Casserole <i>or</i> Turkey Salad Sandwich Chef's Steamed Vegetable Assorted Desserts	Soup Du Jour Shrimp and Scallops <i>or</i> Parmesan Chicken Breast Rice Pilaf Fresh Asparagus Assorted Desserts	Soup Du Jour Swedish Meatballs <i>or</i> Tuna Salad Sandwich Noodles Mandarin Oranges Parsley Carrots Baked Roll Assorted Desserts	Soup Du Jour Quiche Florentine <i>or</i> Dilled Pork Roast Roasted Potato Medley Yellow Squash Assorted Desserts	Soup Du Jour Salisbury Steak/Gravy <i>or</i> Chicken/Dijon Sauce Classic Mashed Potatoes Garlic Spinach Assorted Desserts	Soup Du Jour Fried Catfish <i>or</i> Balsamic Roasted Pork Parsley Rice Coleslaw Assorted Desserts	Soup Du Jour Sliced Turkey Breast <i>or</i> Baked Mahi Mahi Fresh Mashed Potatoes Roasted Brussels Sprouts Assorted Desserts
13	14	15	16	17	18	19
Green Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Green Salad Roasted Chicken Legs <i>or</i> Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak/Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	Green Salad Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Cranberry Pumpkin Cookie	Green Salad Pesto Chicken <i>or</i> Pork Roast/Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Green Salad Cod Fillet/Lemon Sauce <i>or</i> Ham/Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	Green Salad Glazed Meatloaf <i>or</i> Turkey/Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
20	21	22	23	24	25	26
Green Salad Chicken Parmesan <i>or</i> Italian Beef Pot Roast Garlic Pasta California Normandy Blend Crusty Cheese Bread Black Bottom Cherry Pie	Green Salad Herb Seasoned Pork <i>or</i> Three Cheese Ravioli Glazed Sweet Potatoes Yellow Squash/Onions Baked Roll Caramel Apple Cake	Green Salad Beef Burgundy <i>or</i> Baked Tilapia w/Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Baked Roll German Chocolate Brownie	Green Salad Homestyle Turkey/Gravy <i>or</i> Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Green Salad Baked Ham <i>or</i> Chicken/Tomato Mushroom Sauce Scalloped Potatoes Green Beans/Bacon Baked Roll Soft Snickerdoodle	Green Salad Sweet Sour Meatballs <i>or</i> Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake	Green Salad Roasted Lemon Chicken <i>or</i> Corned Beef/Cabbage Wedge Red Potatoes Sauteed Spinach Baked Roll Vanilla Berry Trifle
27	28	29	30	31	Nov 1	2
Green Salad Honey Glazed Pork <i>or</i> Herbed Roast/Vegetables AuGratin Potatoes Hawaiian Beets Fresh Banana Cream Pie	Green Salad Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	Green Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Fresh Coconut Cream Pie	Green Salad Beef Patty/Mushroom Gravy <i>or</i> Turkey Roast/Stuffing Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake		