



29	30	Oct 1	2	3	4	5
		Spiced Apples Parmesan Crusted Pork Chops <i>or</i> Turkey Divan Baked Yams Chef's Steamed Vegetable Baked Roll White Poke Cake	Green Salad Glazed Hamburger Steak <i>or</i> Juicy Ham Classic Mashed Potatoes Mixed Vegetables Baked Roll Fresh Banana Cream Pie	Tomato Mozzarella Salad Lemon Pepper Chicken Ginger Lime Pork Parmesan Pasta Grilled Asparagus Baked Roll Pineapple Blueberry Crumble	Whipped Pineapple Salad Tropical Tilapia Pepper Smothered Cube Steak Seasoned Rice Sauteed Spinach Baked Roll Mini S'mores Tart	Green Salad Beef Mushroom Stroganoff Smoked Roasted Turkey Baked Fried Potatoes California Normandy Blend Garlic Bread Coffee Cake
6	7	8	9	10	11	12
Caesar Salad Baked Ham/Peach Sauce <i>or</i> Orange Teriyaki Beef Baked Sweet Potato Chef's Steamed Vegetable Baked Roll Fresh Blueberry Pie	Lime Jello With Pears Chicken Cordon Bleu Open Face <i>or</i> Caribbean Shrimp Red Potatoes Capri Blend Baked Roll Banana Sheet Cake	Green Salad Seasoned Meatballs/Gravy <i>or</i> Marinated Turkey Penne Pasta Seasoned Cauliflower Baked Roll Mississippi Mud Cake	Spinach Tomato Salad Roast Pork/Ginger Glaze <i>or</i> Leg of Lamb Roasted Potato Medley Sauteed Yellow Squash Baked Roll Fruit Crisp	Melon Layered Fruit Hamburger Steak/Onions Grilled Chicken/Cucumber Melon Sauce Ranch Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding/Vanilla Sauce	Coleslaw Cod Fillet Roasted Pork Parsley Rice Steamed Broccoli Baked Roll Frozen Sherbet Dessert	Green Salad Lemon Oregano Turkey Texas BBQ Steak Homemade Stuffing Roasted Brussels Sprouts Baked Roll Mandarin Orange Cake
13	14	15	16	17	18	19
Perfect Pineapple Salad Autumn Pot Roast <i>or</i> Lemon Pepper Salmon Garlic Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Colorful Quinoa Salad Roasted Chicken Legs <i>or</i> Veal Marsala Seasoned Rice Lemon Buttered Broccoli Baked Roll Apple Crisp	Green Salad Pork Chops and Gravy <i>or</i> Country Fried Steak/Gravy Baked Yams Capri Blend Baked Roll Spiced Pear Cake	Cottage Cheese/Fruit Bacon and Cheese Chopped Steak <i>or</i> Cranberry Glazed Turkey Roast Baked Potato Oven Roasted Cauliflower Baked Roll Banana Crumb Cake	Arugula Caesar Salad Pesto Chicken Pork Roast/Mustard Sauce Lemon Pasta Green Beans Baked Roll Vanilla Fruit Pudding	Creamy Coleslaw Cod Fillet/Lemon Sauce Ham/Pineapple Sauce Roasted Potato Medley Spinach Baked Roll White Cake	Apple Cranberry Walnut Salad Glazed Meatloaf Turkey/Basil Cream Sauce Fried Potatoes and Onions Seasoned Peas Baked Roll Peach Crisp
20	21	22	23	24	25	26
Green Salad Chicken Parmesan <i>or</i> Italian Beef Pot Roast Garlic Pasta California Normandy Blend Crusty Cheese Bread Black Bottom Cherry Pie	Ambrosia Jello Salad Herb Seasoned Pork <i>or</i> Eggplant Parmesan Glazed Sweet Potatoes Yellow Squash/Onions Baked Roll Chocolate Lush	Spinach Cheese Salad Beef Burgundy <i>or</i> Baked Tilapia w/Dijon Dill Sauce Parsley Egg Noodles Steamed Broccoli Baked Roll Lime Poke Cake	Green Salad Homestyle Turkey/Gravy <i>or</i> Pork Chops and Kraut Cranberry Sage Dressing Buttery Carrots Baked Roll Fruit Cobbler	Feta Garbanzo Bean Salad Baked Ham Chicken/Tomato Mushroom Sauce Scalloped Potatoes Green Beans/Bacon Baked Roll Old Fasioned Custard Pie	Mandarin Citrus Slaw Sweet Sour Meatballs Parmesan Crusted Cod Brown Rice Snap Pea Vegetable Blend Spring Egg Roll Glazed Lemon Pound Cake	Green Salad Roasted Lemon Chicken Corned Beef/Cabbage Wedge Red Potatoes Sauteed Spinach Baked Roll Vanilla Berry Trifle
27	28	29	30	31	Nov 1	2
Broccoli Raisin Salad Honey Glazed Pork <i>or</i> Herbed Roast/Vegetables AuGratin Potatoes Hawaiian Beets Baked Roll Fresh Banana Cream Pie	Cottage Cheese/Fruit Philly Cube Steak <i>or</i> Rosemary Roasted Turkey Roasted Yams Capri Blend Baked Roll Pumpkin Angel Cake	Green Salad Smothered Chicken Breasts <i>or</i> German Braised Sausage Mashed Red Potatoes Herbed Corn Baked Roll Blueberry Cobbler	Select Orange Salad Lemon Garlic Fish <i>or</i> Citrus Glazed Ham Rice Orzo Pilaf Green Beans Baked Roll Fresh Coconut Cream Pie	Cranberry Applesauce Pepper Steak/Gravy Turkey Roast/Stuffing Boiled Potatoes Baby Carrots Baked Roll Eclair Pudding Cake		