


October 2019
Independent Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>CHERRY PARK PLAZA Independent, Assisted and Memory Care Communities</p></div> <div>1323 SW Cherry Park Road Troutdale, OR 97060 503-491-1661</div>	Bus: Doctor Appointment Days 9:30 PE Balance & Posture [ALD] 11:00 PE Wii Bowling [TV] 1:00 CE Mexican Train Dominos [L] 2:00 CE Netflix Docuseries: The Story of God w/ Morgan Freeman [TV] 3:00 AE Cherry Park Choir [L] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 9:30 PE Balance & Posture [ALD] 11:00 PE Wii Bowling [TV] 1:00 CE Mexican Train Dominos [L] 2:00 CE Netflix Docuseries: The Story of God w/ Morgan Freeman [TV] 3:00 AE Cherry Park Choir [L] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 9:30 PE Sittercise [L] 10:30 LL Troutdale General Store & Lunch at Ristorante Di Pompello 1:00 CE Hand & Foot [L] 2:00 CE Group Crossword Troop [L] 3:00 PE Wii Bowling 2 [TV] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 9:00 PE Balance & Posture [ALD] 9:30 LL Donuts and Coffee Social [L] 11:00 PE Wii Bowling [TV] 1:00 SS Resident Council Meeting [ALD] 2:00 SS AL ONLY Room Visits w/ Anna 3:00 CC Town Hall [DR] 6:00 LL Nightly Movie: Staff Choice	Bus: Shopping/Errands Day 10:00 PE Friday Aerobic Fun (exercise video) [ALD] 10:00 LL Wii Bowling 2 [TV] 10:30 PE Sittercise [L] 1:00 LL Nickels Flow Bingo [L] 2:00 CE Cribbage [CR] 3:00 LL Happy Birthday Happy Hour w/ The One Man Band Will Spillette [BA] 6:00 LL Nightly Movie: Staff Choice	Bus: Shopping/Errands Day 9:30 PE Balance & Posture [ALD] 9:30 LL Coffee Social [L] 11:00 PE Wii Bowling [TV] 1:00 LL 9 Square [CR] 3:00 LL Table Games [CR] 6:00 LL Nightly Movie: Staff Choice
10:00 LL Sunday Stroll 1:30 SS Self Care Day (meditate/reflect) 3:00 LL Sunday Fun Day Board Games 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 10:00 SS Bible Study [CR] 11:00 CE Chuck Presentation 11:00 PE Sittercise [L] 1:00 LL Nickels Flow Bingo [L] 3:00 LL Dean Sings [BA] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 9:30 PE Balance & Posture [ALD] 11:00 PE Wii Bowling [TV] 1:00 CE Mexican Train Dominos [L] 2:00 CE Netflix Docuseries: The Story of God w/ Morgan Freeman [TV] 3:00 AE Cherry Park Choir [L] 6:00 LL Nightly Movie: Staff Choice	9:30 LL Outing: Art Gallery and Swedish lunch in Hood River 10:30 PE Sittercise [L] 1:00 CE Hand & Foot [L] 2:00 CE Group Crossword Troop [L] 3:00 PE Wii Bowling 2 [TV] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days Gerry's Bday Sam Bday 9:00 PE Balance & Posture [ALD] 9:30 LL Donuts and Coffee Social [L] 11:00 PE Wii Bowling [TV] 2:00 SS AL ONLY Room Visits w/ Anna 3:00 CE History's Mysteries [TV] 6:00 LL Nightly Movie: Staff Choice	Bus: Shopping/Errands Day 10:00 PE Friday Aerobic Fun (exercise video) [ALD] 10:00 LL Wii Bowling 2 [TV] 10:30 PE Sittercise [L] 1:00 LL Nickels Flow Bingo [L] 2:00 CE Cribbage [CR] 3:00 LL Happy Hour w/ Mathew Langston 6:00 LL Nightly Movie: Staff Choice	9:30 PE Balance & Posture [ALD] 9:30 LL Coffee Social [L] 11:00 PE Wii Bowling [TV] 1:00 LL 9 Square [CR] 3:00 LL Table Games [CR] 6:00 LL Nightly Movie: Staff Choice
Shirley L. 100th Bday 9:00 CC Sunday Brunch [DR] 10:00 LL Sunday Stroll 1:30 SS Self Care Day (meditate/reflect) 2:00 SS Worship Service w/Wood Village Baptist Church [CR] 3:00 LL Sunday Fun Day Board Games 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days Columbus Day 10:00 SS Bible Study [CR] 11:00 PE Sittercise [L] 1:00 CE HALLOWEEN FREE BINGO W/ ANNA [L] 1:30 LL Pinochle [CR] 3:00 LL MONDAY MATINEE W/ POPCORN [TV] 6:00 LL Checkers Night	Bus: Doctor Appointment Days Dick's Bday 9:30 PE Balance & Posture [ALD] 11:00 PE Wii Bowling [TV] 1:00 CE Mexican Train Dominos [L] 1:30 CC New Resident Pie Social [L] 2:00 LL Food Forum w/Chef Robert [L] 2:00 CE Netflix Docuseries: The Story of God w/ Morgan Freeman [TV] 3:00 AE Cherry Park Choir [L] 6:00 LL Nightly Movie: Staff Choice	Mary's Bday 10:30 LL Outing: Pumpkin Patch & Lunch 10:30 PE Sittercise [L] 1:00 CE Hand & Foot [L] 2:00 CE Group Crossword Troop [L] 3:00 PE Wii Bowling 2 [TV] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days Hannah's Bday 9:00 PE Balance & Posture [ALD] 9:30 LL Donuts and Coffee Social [L] 11:00 PE Wii Bowling [TV] 1:00 CC Humana Presentation [TV] 1:00 LL Pumpkin Carving/Decorating Contest [ALD] 2:00 SS AL ONLY One on One w/ Anna 6:00 LL Nightly Movie: Staff Choice	Bus: Shopping/Errands Day 10:00 PE Friday Aerobic Fun (exercise video) [ALD] 10:00 LL Wii Bowling 2 [TV] 10:30 PE Sittercise [L] 1:00 LL Nickels Flow Bingo [L] 2:00 CE Cribbage [CR] 3:00 LL Happy Hour w/ The Hill Brothers 6:00 LL Nightly Movie: Staff Choice	9:30 PE Balance & Posture [ALD] 9:30 LL Coffee Social [L] 11:00 PE Wii Bowling [TV] 1:00 LL 9 Square [CR] 3:00 LL Table Games [CR] 6:00 LL Nightly Movie: Staff Choice
Ruth Q Bday 10:00 LL Sunday Stroll 1:30 SS Self Care Day (meditate/reflect) 3:00 LL Sunday Fun Day Board Games 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 10:00 SS Bible Study [CR] 11:00 PE Sittercise [L] 1:00 LL Monday Matinee w/ Popcorn [TV] 1:00 LL Nickels Flow Bingo [L] 3:00 LL Dean Sings [BA] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 9:30 PE Balance & Posture [ALD] 11:00 PE Wii Bowling [TV] 1:00 CE Mexican Train Dominos [L] 2:00 CE Netflix Docuseries: The Story of God w/ Morgan Freeman [TV] 3:00 AE Cherry Park Choir [L] 6:00 LL Nightly Movie: Staff Choice	10:30 LL Outing: Lunch at Bob's Red Mill 10:30 PE Sittercise [L] 1:00 CE Hand & Foot [L] 2:00 CE Group Crossword Troop [L] 3:00 PE Wii Bowling 2 [TV] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 9:00 PE Balance & Posture [ALD] 9:30 LL Donuts and Coffee Social [L] 11:00 PE Wii Bowling [TV] 2:00 SS AL ONLY Room Visits w/ Anna 3:00 CE Music History [TV] 4:00 LL Candlelight Dinner 6:00 LL Nightly Movie: Staff Choice	Bus: Shopping/Errands Day 10:00 PE Friday Aerobic Fun (exercise video) [ALD] 10:00 LL Wii Bowling 2 [TV] 10:30 PE Sittercise [L] 1:00 LL Nickels Flow Bingo [L] 2:00 CE Cribbage [CR] 3:00 LL Happy Hour w/The Old Time Fiddlers 6:00 LL Nightly Movie: Staff Choice	9:30 PE Balance & Posture [ALD] 9:30 LL Coffee Social [L] 11:00 PE Wii Bowling [TV] 1:00 LL 9 Square [CR] 3:00 LL Table Games [CR] 6:00 LL Nightly Movie: Staff Choice
10:00 LL Sunday Stroll 1:30 SS Self Care Day (meditate/reflect) 2:00 SS Worship Service w/Wood Village Baptist Church [CR] 3:00 LL Sunday Fun Day Board Games 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days 10:00 SS Bible Study [CR] 11:00 PE Sittercise [L] 1:00 LL Nickels Flow Bingo [L] 1:30 LL Pinochle [CR] 2:30 CC Able Hearing [CR] 3:00 LL Monday Matinee w/ Popcorn 5:00 CE Dementia Support Group 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days Faye's Bday 9:30 PE Balance & Posture [ALD] 11:00 PE Wii Bowling [TV] 1:00 CE Mexican Train Dominos [L] 2:00 CE Netflix Docuseries: The Story of God w/ Morgan Freeman [TV] 3:00 AE Cherry Park Choir [L] 6:00 LL Nightly Movie: Staff Choice	Karen's Bday 10:00 LL The Woodblock Chocolate Manufactory & Cafe 10:30 PE Sittercise [L] 1:00 CE Hand & Foot [L] 2:00 CE Group Crossword Troop [L] 3:00 PE Wii Bowling 2 [TV] 6:00 LL Nightly Movie: Staff Choice	Bus: Doctor Appointment Days Halloween 9:00 PE Balance & Posture [ALD] 9:30 LL Devilish Donuts and Creepy Coffee Social [L] 10:00 CE Resident Store [L] 11:00 PE Wii Bowling [TV] 1:00 LL Movie Scarathon w/ pumpkin flavored everything [TV] 2:00 LL Costume Contest — LL Howling Halloween Social 6:00 LL INVITE YOUR GRANDCHILDREN TO TRICK OR TREAT W/ US	<div>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</div> <div>Location Keys Assisted Living Dining Room ALD Bistro Area BA Card Room CR Dining Room DR Lounge L Theater Room TV</div>	