

October 2019

Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>11475 Pearl Street Northglenn, CO 80233 303-452-0501</p>		<p>8:45 Daily Chronicles [TVL] 1</p> <p>9:00 October Gazette & IQ [TVL]</p> <p>9:45 PE Zumba with Sandra [TVL]</p> <p>10:00 Vendor-Burrito Man [DR]</p> <p>10:45 LL Manicures *First Come, First Serve*</p> <p>12:30 LL Music by Lois [TVL]</p> <p>3:00 PE Bowling!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 2</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:30 Kindness Rock Project</p> <p>1:15 LL BINGO</p> <p>2:45 Busy Hands</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 3</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:00 SS Nondenominational Services</p> <p>10:30 Fall Craft [AR]</p> <p>1:15 Afternoon Tea & Tunes [TVL]</p> <p>3:00 Bible Study</p> <p>6:00 Poker Night [AR]</p>	<p>8:45 CE Daily Chronicles [TVL] 4</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 Classic Games</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:30 Morning NGH News [TVL] 5</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Who Am I?</p> <p>10:30 Jewelry Making</p> <p>1:15 Pink Day</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Lets Create!</p>	
	<p>9:15 Morning NGH News [TVL] 6</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 PE Morning Walk [TVL]</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 This Day in History [TVL]</p> <p>11:15 AE Kindness Rock Project [AR]</p> <p>1:15 LL Dessert Social [DR]</p> <p>2:05 Broncos VS Chargers!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 7</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:45 Creative Kitchen [GR]</p> <p>1:15 LL BINGO</p> <p>2:45 Lawn Games [CY]</p> <p>6:00 LL Poker Night</p>	<p>8:45 CE Daily Chronicles [TVL] 8</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 CE Coffee Talk with Optimal</p> <p>10:00 Tunes Tuesday [TVL]</p> <p>11:00 VNA Podiatry</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>2:00 CC Men's Group [GR]</p> <p>3:00 PE Bowling!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 9</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>11:00 CC Chef Chat</p> <p>1:30 CC Resident Council</p> <p>2:45 LL BINGO</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 10</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:00 Health Clinic with At Home Health [AR]</p> <p>3:00 Bible Study</p> <p>6:00 Poker Night [AR]</p>	<p>8:45 CE Daily Chronicles [TVL] 11</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 Brain Teasers</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:15 Morning NGH News [TVL] 12</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Morning Sing-a-Long</p> <p>10:45 Bingo</p> <p>1:15 Lets Get Crafty</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Lets Create!</p>
	<p>9:15 Morning NGH News [TVL] 13</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 PE Morning Walk [TVL]</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 Sharing Short Stories [TVL]</p> <p>11:15 Star of the Month [TVL]</p> <p>1:15 LL Hot Chocolate Social [DR]</p> <p>2:25 Broncos VS Titans!! [TVL]</p>	<p>Columbus Day 14</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:30 SS Massage Therapy [AR]</p> <p>1:15 LL BINGO</p> <p>2:45 CE Cranium Crunches [TVL]</p> <p>6:00 LL Poker Night</p>	<p>8:45 CE Daily Chronicles [TVL] 15</p> <p>9:00 Morning Chat [TVL]</p> <p>9:45 PE Zumba with Sandra [TVL]</p> <p>10:30 LL I Love Lucy Premiere Anniversary [TVL]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>3:00 PE Bowling Tournament!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 16</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:30 Creative Kitchen</p> <p>1:15 LL BINGO</p> <p>2:00 SS Catholic Mass</p> <p>2:45 Massage Therapy</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 17</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 SS Nondenominational Services</p> <p>10:30 Embracing Hope Community Service Project [AR]</p> <p>12:00 CC Veteran's Lunch</p> <p>2:00 CC Activity Planning Meeting [AR]</p> <p>3:00 Bible Study</p> <p>6:00 Poker Night [AR]</p> <p>6:20 Broncos VS Chiefs!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 18</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 LL BINGO</p> <p>12:30 LL Music by Lois [TVL]</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:15 Morning NGH News [TVL] 19</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Who Am I?</p> <p>10:30 Scarecrow Saturday</p> <p>1:15 Jewelry Making</p> <p>2:30 SS New Life Church</p> <p>2:45 AE Lets Create!</p>
	<p>9:15 Morning NGH News [TVL] 20</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 PE Morning Walk [TVL]</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>10:45 CE Giant Crosswords [TVL]</p> <p>11:15 TED Talks [TVL]</p> <p>1:15 LL Apple Cider Social [DR]</p>	<p>8:45 CE Daily Chronicles [TVL] 21</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:30 LL BINGO</p> <p>1:30 NGH Semi Annual Funny Money Auction [DR]</p> <p>6:00 LL Poker Night</p>	<p>8:45 CE Daily Chronicles [TVL] 22</p> <p>9:00 Morning Chat [TVL]</p> <p>9:45 PE Zumba with Sandra [TVL]</p> <p>10:30 The World Series Begins! [TVL]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>3:00 PE Bowling!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 23</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:30 LL BINGO</p> <p>1:15 Afternoon Movie & Snacks</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 24</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:30 Let's Get Crafty!</p> <p>3:00 Bible Study</p> <p>6:00 Poker Night [AR]</p>	<p>8:45 CE Daily Chronicles [TVL] 25</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Musical Exercise [TVL]</p> <p>9:30 SS Rosary Recitation</p> <p>10:30 Making Pet Treats with MS</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:00 LL BINGO</p> <p>2:30 LL HAPPY HOUR</p> <p>5:00 Movie and Popcorn [TVL]</p>	<p>9:15 Morning NGH News [TVL] 26</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 Morning Sing-a-Long</p> <p>10:45 BINGO</p> <p>1:00 Trick Or Treat Street!!</p> <p>2:30 SS New Life Church</p>
	<p>9:15 Morning NGH News [TVL] 27</p> <p>9:45 CE Daily Chronicles [TVL]</p> <p>10:00 PE Morning Walk [TVL]</p> <p>10:30 Navy Day</p> <p>10:45 SS Catholic Gatherings [C]</p> <p>11:15 Mad Science [AR]</p> <p>1:15 LL Hot Tea Social [DR]</p> <p>2:25 Broncos VS Colts!! [TVL]</p>	<p>8:45 CE Daily Chronicles [TVL] 28</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Chair Pilates [TVL]</p> <p>10:00 CC Vendor-Burrito Man [DR]</p> <p>10:30 Mysterious Monday [TVL]</p> <p>1:15 LL BINGO</p> <p>3:00 Resident Support Group [AR]</p> <p>6:00 LL Poker Night</p>	<p>8:45 CE Daily Chronicles [TVL] 29</p> <p>9:00 Morning Chat [TVL]</p> <p>9:45 PE Zumba with Sandra [TVL]</p> <p>10:45 Know Your Electronics [AR]</p> <p>12:30 LL Music by Lois [TVL]</p> <p>1:15 LL Manicures *First Come, First Serve*</p> <p>3:00 PE Bowling!! [TVL]</p> <p>5:30 Family Support Group [AR]</p>	<p>8:45 CE Daily Chronicles [TVL] 30</p> <p>9:00 Laugh Therapy [TVL]</p> <p>9:30 PE Get Fit with Optimal [TVL]</p> <p>10:00 SS Catholic Gathering</p> <p>10:30 LL BINGO</p> <p>1:00 CC Chili Cook Off [AR]</p> <p>5:00 CE Evening Trivia [TVL]</p>	<p>Halloween 31</p> <p>8:45 CE Daily Chronicles [TVL]</p> <p>9:00 Morning Chat [TVL]</p> <p>9:30 PE Tai Chi</p> <p>10:00 CE Current Events</p> <p>10:30 Bible Study</p> <p>1:30 Halloween Dance!! *Costume Contest*</p> <p>6:00 Poker Night [AR]</p>	<p>Location Keys</p> <p>Activity Room AR</p> <p>Chapel C</p> <p>Court Yard CY</p> <p>Dining Room DR</p> <p>Game Room GR</p> <p>TV Lounge TVL</p>	