

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October 2019</b> Mountain View Cottages Assisted Living Plus		<b>1</b> <b>9:15 JOYRIDE</b> 1:30 Spider Web Ornaments 2:30 Picture Bingo 3:30 Corn Hole	<b>2</b> 9:45 Morning Stretch 10:30 Morning News 1:30 Jingo Bingo 2:30 Bocce Ball <b>3:00 Zumba With Lilya</b> 3:30 Sing Fit	<b>3</b> 9:45 Good News Reporting <b>10:15 Boxing w/ Gary</b> 1:30 Creative Art 3:00 Let's get Moving 3:30 Cool Down and Refreshments	<b>4</b> 10:00 Balloon Volleyball/Commons <b>1:30 Chat w/ Chaplain Mark</b> 2:30 Hot Apple Cider 3:30 Noodle Ball	<b>5</b> <b>10:00 Saddleback Church Service</b> 1:30 Painting Pumpkin Rocks 3:00 Bingo 3:30 Balloon Balls
<b>6</b> 9:45 Sing Fit 1:30 Minnie Witches' Hats 3:00 Picture Bingo 3:30 Pumpkin Tic Tac Toe	<b>7</b> 9:45 Resistance Bands 10:30 Balloon Ball 1:30 Collaging 3:00 Sing Fit 3:30 Bells	<b>8</b> <b>9:15 JOYRIDE</b> 1:30 Hocus Pocus Door Décor 2:30 Blackjack 3:00 Bocce Ball 3:30 Trivia	<b>9</b> 9:45 Weights and Cardio 10:30 Balloon Ball 1:30 Memories in the Making 2:30 Origami 3:00 What Is Yom Kippur 3:30 Sing Fit <small>Yom Kippur</small>	<b>10</b> 9:45 Good News Reporting <b>10:15 Boxing w/ Gary</b> <b>1:30 Happy Hour</b> <b>2:00 Bob Houle</b> 3:00 Sing Fit	<b>11</b> 10:00 Balloon Volleyball/Commons 1:30 Decoupage Mason Jars 3:00 S'mores and Drinks 3:30 Trivia	<b>12</b> <b>10:00 Saddleback Church Service</b> <b>10:30 Paws Pet Therapy</b> 1:30 Pumpkin Painting 3:00 Sing Fit 3:30 Bells
<b>13</b> 9:45 Morning Stretch 10:45 Trivia Ball 1:30 Refreshments <b>2:00 Upbeat Music</b> 3:00 Sing Fit 3:30 Balloon Ball	<b>14</b> 9:45 Stretch and Flex 10:30 Balloon Ball 1:30 Painting Puzzle Pieces for Thursday Art 3:00 Bells 3:30 Sing Fit <small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small>	<b>15</b> <b>9:15 JOYRIDE</b> 1:30 Bowling Bottles Decoupage 2:30 Bells 3:00 Snack and Chat 3:30 Sing Along	<b>16</b> 9:45 Resistance Bands 10:30 Sing Fit 1:30 Baking Cookies 2:30 Snack & Chat <b>3:00 Zumba With Lilya</b> 3:30 Afternoon Stretch	<b>17</b> 9:45 Good News Reporting <b>10:15 Boxing w/ Gary</b> 1:30 Fall Puzzle Tree 3:00 Play Ball 3:30 Reminisce Trivia	<b>18</b> 10:00 Balloon Volleyball/Commons <b>1:30 Chat w/ Chaplain Mark</b> 2:30 Leaf Painting 3:30 Sing Fit	<b>19</b> <b>10:00 Saddleback Church Service</b> 1:30 Pretzels dipped in Chocolate 3:00 Floor Games 3:30 Bells
<b>20</b> 9:45 Sing Fit 10:45 Resistance Bands 1:30 Cookie Decorating (Mummies) 2:30 Refreshments 3:30 Ring Toss	<b>21</b> 9:45 Morning Stretch 10:30 Balloon Ball 1:30 Collaging 2:30 Bells 3:30 Sing Fit	<b>22</b> <b>9:15 JOYRIDE</b> 1:30 Collaging 2:30 Snack and Chat 3:00 Bowling with Pumpkin 3:30 Sing Along <small>Simchat Torah</small>	<b>23</b> 9:45 Horseshoes 10:30 Morning Cardio 1:30 Origami 2:30 Brain Teasers 3:00 Picture Bingo 3:30 Balloon Ball <b>3-4pm Dementia Talk</b>	<b>24</b> 9:45 Good News Reporting <b>10:15 Boxing w/ Gary</b> 1:30 Sweet and Salty Spiders 3:00 Basketball 3:30 Bells	<b>25</b> 10:00 Balloon Volleyball/Commons 1:30 Teatime Umbrella Decorating 3:00 Bowling 3:30 Refreshments	<b>26</b> <b>10:00 Saddleback Church Service</b> 1:30 Halloween Themed Art 2:30 Teatime Refreshment and Snacks 3:30 Bells
<b>27</b> 9:45 Weights & Cardio 10:45 Cool Down 1:30 Painting Cuties 2:30 Snack and Chat 3:00 Bells 3:30 Afternoon Stretch	<b>28</b> 9:45 Chair Tai Chi 10:30 Balloon Ball 1:30 Fall Forest Art 2:30 Bells 3:30 Sing Fit	<b>29</b> <b>9:15 JOYRIDE</b> <b>1:30 Resident Birthday Party</b> 2:30 Bingo 3:30 Balloon Ball <b>Trick-o-Treaters</b>	<b>30</b> 9:45 Balloon Volleyball 10:30 Morning Stretch 1:30 Drama Club 2:30 Walker Decorating <b>3:00 Zumba With Lilya</b> 3:30 Sing Fit	<b>31</b> 9:45 Good News Reporting <b>10:15 Boxing w/ Gary</b> <b>1:30 Happy Hour</b> <b>3:00 Flashback Music</b> <small>Halloween</small>	<b>Dementia Talk</b> Join Rhoda and other family members for a time of sharing and learning more about Dementia. Wednesday, October 23 3-4pm Commons	