



2321 Freedom Way, York, PA 17402

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HALLOWEEN TRIVIA

1. Is a pumpkin a fruit or a vegetable?
2. Which city observes the largest Halloween Parade in the U.S.?
3. In which country did Jack-o-Lanterns originate?
4. Each year, how many pounds of candy corn are produced?
5. What is the record for world's fastest pumpkin carving?

1. Fruit, 2. New York, 3. Ireland,
4. 35 million pounds, 5. 24.03 seconds

Julie K.	<i>October 2</i>
Barb H.	<i>October 3</i>
Dorothy Y.	<i>October 3</i>
Shirley A.	<i>October 5</i>
Bill Q.	<i>October 10</i>
Joan B.	<i>October 26</i>
Mildred S.	<i>October 26</i>
Mary H.	<i>October 27</i>
Jack N.	<i>October 29</i>



OCTOBER 2019

CELEBRATING OCTOBER

Adopt a Shelter Dog Month

Breast Cancer Awareness Month

International Coffee Day *October 1*

World Teacher's Day *October 5*

Columbus Day *October 14*

Sweetest Day *October 19*

United Nations Day *October 24*

Halloween *October 31*

I'd like to share with all of you something that I recently wrote reviewing The Haven as my workplace:

"I love what we do at The Haven, and I enjoy coming to work each day. I'm incredibly proud of my team, and see how they work so hard, trying their best to care for our residents, and one another. Every single day I see people going out of their way to help others—it's something I never want to take for granted...This is an awesome place to work, so much so, that sometimes we laugh and say "Haven" is just one letter short of "Heaven!" I know in my heart that I am truly blessed to be a part of this community."

I hope that all of our residents, loved ones, and staff feel the same as I do about our community here at The Haven—I am so thankful for each and every one of you! Recently I have been reading a book titled One Thousand Gifts, and I'd like to invite each of you in the spirit of gratitude to tell us what you are thankful for—the morning sun, crickets chirping, the majesty of a spiderweb, the sound of our children laughing. As we approach the Thanksgiving season, we will place a Thankful Basket in the lobby to hopefully collect 1000 things that we are thankful for!

We have had a lot of happenings at the community recently. In late September we held a job fair to help us fill some of our open positions, and we also held our annual evacuation drill and fire extinguisher training for our staff. Last month we also fully implemented our electronic health record, Eldermark®, which will streamline our charting processes and medication administration records. The Activity Room and Library also received a fresh coat of paint, and installation of our new carpeting in the lobby is well underway!

Have a great month!

Warmest Regards,
Sheila O'Gara



OCTOBER BUS TRIPS

Lunch at Sons of Sicily Pizza • Dollar Tree • Perry Dell • Country Ride • Halloween Parade
Suburban Bowlerama • Hobby Lobby & Burlington Coat Factory • Brown's Orchard

OCTOBER SPECIAL EVENTS

Pumpkin Painting with Grane Hospice
Wednesday, October 2nd at 2:00pm

Cooking with Wendy
Thursday, October 3rd at 2:00pm

Order Out Lunch: Royal Farms Chicken
Wednesday, October 16th at 11:30am

Trick or Treat Night
Monday, October 21st at 6:30pm

Apple Fest
Wednesday, October 23rd at 2:00pm

High Tea with Sheila
Thursday, October 24th at 3:00pm

Oktoberfest Happy Hour
Friday, October 25th at 2:00pm

Audiology Presentation with Dr. Hull
Tuesday, October 29th at 2:00pm

October Birthday Party
Wednesday, October 30th at 2:00pm

Halloween Party with Jimmy E.
Thursday, October 31st at 2:00pm



Annual Haven



Trick or Treat Night

All kids, grandkids, and four-legged
children welcome!

Monday, October 21st at 6:30pm

Trick or treating, snacks, craft,
music, and the return of our
HAUNTED THEATER!

Please RSVP to the front desk.
If you would like to donate candy for
this event, please drop off at the
Activity Room or front desk.

If your child has a food restriction or
allergy, please let us know when you
RSVP so we can make sure to have
appropriate items available!

WELCOME NEW RESIDENTS!



**Janice B.
Norma S.
Julie K.**



HOW TO SUCCEED IN LIFE

Submitted By Resident Ed M.

Talk—Softly
Eat—Sensibly
Breathe—Deeply
Sleep—Sufficiently
Dress—Smartly
Act—Fearlessly
Work—Patiently
Think—Creatively
Behave—Decently
Earn—Honestly
Save—Regularly
Spend—Intelligently

*“My son, do not forget my teaching, but let
your heart keep my commandments, for
length of days and years of life and peace
they will add to you. Let not steadfast love
and faithfulness forsake you; bind them
around your neck; write them on the tablet
of your heart. So you will find favor and
good success in the sight of God and man.”*

Proverbs 3:1-4

**Our residents made and dropped off cookies for the
York Area Regional Police Department!**




**We had a great time celebrating National
Assisted Living Week last month!**



During the month of October, The Haven will be running a sock drive for “Sock-tober!” We will be collecting socks for men, women, and children of all ages. All donations will go directly to the Bell Family Shelter in York, which houses as many as 40 people per night, about half of whom are under the age of 12. Please help us support their organization! The donation bin will be located in the front lobby.

Please see Kim in Activities if you have any questions.

Would you like to receive photos of your loved one participating in activities? Or would you like an emailed version of our monthly calendar and newsletter? Email Kim Sullivan at lifestyleandleisure@havenatspringwood.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>The Haven at Springwood Personal Care & Memory Care</div>	2321 Freedom Way York, PA 17402 717-741-9919	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Dice Bingo [AR] 1:15 Theater Movie: North By Northwest [T] 2:00 Resident Culinary Council [AR] 2:30 Resident Meeting [AR] 3:15 Ticket Stand/Haven Store [B] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 CE Horticulture with Sue [AR] 1:15 Theater Movie: Love On Safari [T] 2:00 AE Pumpkin Painting with Grane Hospice [AR] 3:30 Nail Care [AR] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 I Spelled It [AR] 1:15 Theater Movie: Hawaii [T] 2:00 CE Cooking with Wendy [B] 3:15 Jackpot Bingo [AR] 3:30 PE Noodle Ball [AR] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Bunco [AR] 1:15 Theater Movie: E.T. [T] 1:30 CC Trip to Perry Dell 3:00 Haven Happy Hour [B] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Sharon [AR] 10:15 PE Morning Stretches [AR] 10:30 Ticket Bingo [AR] 1:15 Netflix Movie: Gremlins [T] 2:00 AE Pumpkin Craft [AR] 3:30 Uno [AR] 5:30 Resident TV & Movie Club [T]
9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Bible Jingo [AR] 1:30 Nail Care [AR] 3:00 SS Church Service [T] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Jingo [AR] 1:15 Theater Movie: Coma [T] 1:30 CC Country Ride, Trip A 3:30 Friendly Visits 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Po.Ke.No [AR] 1:15 Theater Movie: Phenomenon [T] 2:00 Bingo [AR] 3:30 Nail Care [AR] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Bunco [AR] 2:00 LL Saxophone Music with Jerry [B] 3:30 Friendly Visits 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Left, Right, Center Game [AR] 1:15 Theater Movie: Blue Hawaii [T] 2:00 Jackpot Bingo [AR] 3:30 PE Noodleball [B] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 1:15 Netflix Movie: Alice Doesn't Live Here Anymore [T] 1:30 CC Trip to Suburban Bowlerama 3:00 Haven Happy Hour [B] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Sharon [AR] 10:15 PE Morning Stretches [AR] 10:30 Ticket Bingo [AR] 1:15 Theater Movie: Oklahoma! [T] 2:00 AE Making Halloween Treats [AR] 3:30 Cards & Board Games [AR] 5:30 Resident TV & Movie Club [T]
9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 People of the Bible Jingo [AR] 1:30 Nail Care [AR] 3:00 SS Church Service [T] 5:30 Resident TV & Movie Club [T]	Columbus Day 9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Charades [AR] 1:15 Theater Movie: The Green Mile [T] 1:30 CC Trip to Hobby Lobby & Burlington Coat Factory 3:30 Friendly Visits 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Dice Bingo [AR] 2:00 SS Catholic Mass [T] 2:00 Nail Care [AR] 3:15 Ticket Stand/Haven Store [B] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 October Hangman [AR] 11:30 CC Order Out Lunch: Royal Farms Chicken [AR] 2:00 LL Music with Wayne & Gene [B] 3:30 Friendly Visits 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 I Spelled It [AR] 1:15 Theater Movie: Clintock [T] 2:00 Jackpot Bingo [AR] 3:30 Friendly Visits [AR] 5:30 CC Halloween Parade Trip 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 CE Universal Yums [AR] 1:15 Theater Movie: Dial M For Murder [T] 1:30 CC Trip to Dollar Tree on Haines Road 3:00 Haven Happy Hour [B] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Becca [AR] 10:15 PE Morning Stretches [AR] 10:30 Ticket Bingo [AR] 1:15 Theater Movie: Star! [T] 2:00 AE Clay Creations [AR] 3:30 Under The Cups [AR] 5:30 Resident TV & Movie Club [T]
9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Animals of the Bible Jingo [AR] 1:30 Nail Care [AR] 3:00 SS Church Service [T] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Candy Prep for Trick or Treat [AR] 1:30 CC Country Ride, Trip B 3:30 Friendly Visits 6:30 CC Trick or Treat Night	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Po.Ke.No [AR] 1:15 Theater Movie: Where Angels Go Trouble Follows [T] 2:00 Bingo [AR] 3:30 Nail Care [AR] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Bunco [AR] 1:15 Theater Movie: Bewitched [T] 2:00 Apple Fest [B] 3:30 Friendly Visits 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Left, Right, Center Game [AR] 1:15 Theater Movie: Young Frankenstein [T] 2:00 Jackpot Bingo [AR] 3:00 High Tea with Sheila [L] 3:30 PE Cornhole [B] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Jingo [AR] 11:00 CC Lunch Trip to Sons of Sicily Pizza 1:15 Theater Movie: Swiss Family Robinson [T] 2:00 Oktoberfest Happy Hour [B] 3:30 Friendly Visits 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Sharon [AR] 10:15 PE Morning Stretches [AR] 10:30 Ticket Bingo [AR] 2:00 AE November Flower Arranging [AR] 3:30 Yahtzee [AR] 5:30 Resident TV & Movie Club [T]
9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Bible Jingo [AR] 1:30 Nail Care [AR] 3:00 SS Church Service [T] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Pictionary [AR] 1:15 Theater Movie: Torn Curtain [T] 1:30 CC Trip to Brown's Orchard 3:30 Friendly Visits 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Dice Bingo [AR] 2:00 Audiology Presentation with Dr. Hull [T] 3:15 Ticket Stand/Haven Store [B] 5:30 Resident TV & Movie Club [T]	9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Darrell [AR] 10:15 PE Morning Stretches [AR] 10:30 Make the Birthday Cupcakes [AR] 1:15 Netflix Movie: The Sixth Sense [T] 2:00 LL October Birthday Party [B] 3:30 Nail Care [AR] 5:30 Resident TV & Movie Club [T]	Halloween 9:30 The Daily Chronicle [AR] 9:45 SS Devotions with Jim [AR] 10:15 PE Morning Stretches [AR] 10:30 Halloween I Spelled It [AR] 2:00 LL Halloween Party with Jimmy [B] 3:15 Jackpot Bingo [AR] 5:30 Resident TV & Movie Club [T]	<div>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</div> <div>Location Keys Activity Room AR Bistro B Library L Theater T</div>	