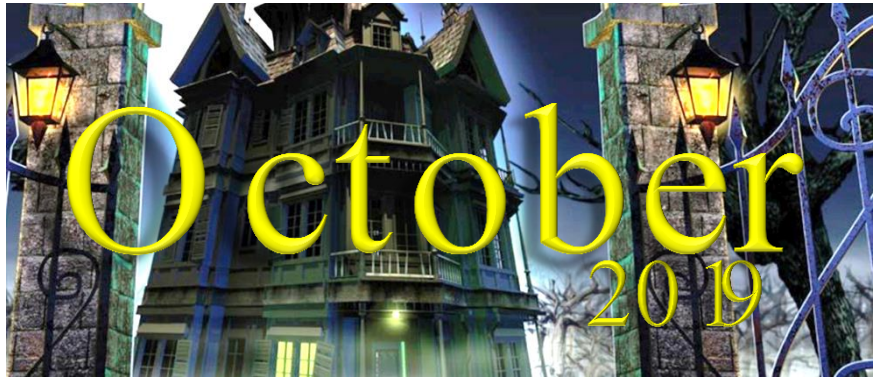



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						5 9:00 Armchair Fitness 10:00 LDS Gen. Conference 2:00 PBS Series 3:00 Saturday Matinee 7:00 Saturday Night Movie
	6 Religious Services transportation by arrangement 10:00 LDS Gen. Conference 11:30 Sunday Lunch 2:00 LDS Gen. Conference 4:00 Readers Corner 7:00 Sunday Night Movie	7 Armchair Fitness 10:00 Ask a Nurse/Blood Pressure Clinic 1:00 Smith's Shopping 2:45 Hale Theater "Phantom" 3:00 BINGO! 4:15 PBS Series 7:00 Monday Night Movie	8 Armchair Fitness 9:45 Writing Made Fun 11:00 Out to Lunch "The Lion House" 1:30 FLU SHOT CLINIC 2:00 "Family Feud!" 4:15 PBS Series 7:00 "The Scarlet Pimpernel"	9 Blood Pressure Clinic 8:30 Minding Motion 9:00 Bank Run 1:00 "Art for the Rest of Us" with Kate 3:00 PBS Series 4:15 "Smokin' Blues Band" (Heart & Soul) 6:45 Wednesday Movie	10 Armchair Fitness 9:00 Pilates w/ Courtney 10:45 Afternoon Drive 1:00 Parklane Profiles Linda Haslam 3:00 PBS Series 4:15 Readers Corner 6:45	11 Armchair Fitness 9:00 Coloring Corner 10:30 Trader Joes Flowers 1:00 Grocery Store 2:00 Music Appreciation 3:00 Happy Hour! 7:00 Bauchauer Concert
13 Full Moon Religious Service transportation by arrangement 11:30 LDS Sacrament 11:30 Sunday Lunch with Kevin Scott (Piano) 4:00 Readers Corner 7:00 Sunday Night Movie	14 YOGA WITH ALLISON 9:00 Medicare Open Enrollment / Teresa Peck 11:00 Smith's Shopping 1:00 BINGO! 3:00 PBS Series 4:15 Monday Night Movie	15 Armchair Fitness 9:00 Writing Made Fun 9:45 Utah Opera Preview 3:00 "La Traviata" with Paula Fowler 4:15 PBS Series	16 Blood Pressure Clinic 8:30 Minding Motion 9:00 Morgan City Day Trip 10:15 "Larry's Spring Chicken Inn" (lunch) 1:00 Bank Run 3:00 Alice Telford / "95-yr-old Energizer Bunny" 4:15 PBS Series	17 Hearing Clinic 9:00 Armchair Fitness 10:00 SHARP HEARING 10:45 Pilates w/ Courtney 1:00 Afternoon Drive 3:00 "Time Steppers" 4:15 PBS Series 7:00 Gail Picca's Violin Studio!	18 Armchair Fitness 9:00 Coloring Corner 10:30 Grocery Store 1:00 Happy Hour / Interim 3:00 JoAnne Elmer 4:15 PBS Series 7:00 Friday Night Movie	19 Armchair Fitness 9:00 Armchair Fitness 2:00 PBS Series 3:00 Saturday Matinee 7:00 Saturday Night Movie
20 Religious Service transportation by arrangement 11:30 LDS Sacrament 11:30 Sunday Lunch with Cathy Clayton (Harp) 1:30 Utah Opera "La Traviata" 4:00 Readers Corner	21 Armchair Fitness 9:00 Ask a Nurse/Blood Pressure Clinic 10:00 Smith's Shopping 1:00 BINGO! 3:00 PBS Series 4:15 Monday Night Movie	22 Armchair Fitness 9:00 Writing Made Fun 9:45 Out to Lunch 11:00 "Chili Amor" 3:00 "All Aboard for Bavaria!" w/ Ray Dautel 4:15 PBS Series	23 Blood Pressure Clinic 8:30 Minding Motion 9:00 Bank Run 1:00 Oktoberfest featuring Polka Doodle Doo! 5:30	24 Armchair Fitness 9:00 Pilates w/ Courtney 10:45 Afternoon Drive 1:00 Current Events with Tim Chambless 3:00 PBS Series 4:15	25 Armchair Fitness 9:00 Coloring Corner 10:30 Medicare Open Enrollment / Teresa 11:00 Grocery Store 1:00 Happy Hour / Teresa Maggie & Julie 3:00 UTAH SYMPHONY 7:00	26 Armchair Fitness 9:00 Armchair Fitness 2:00 PBS Series 3:00 Saturday Matinee 7:00 Saturday Night Movie
27 Religious Service transportation by arrangement 11:30 LDS Sacrament 11:30 Sunday Lunch 4:00 Readers Corner 7:00 Sunday Night Movie	28 YOGA WITH ALLISON 9:00 Blood Pressure Clinic 11:15 Smith's Shopping 1:00 BINGO! 3:00 PBS Series 4:15 Monday Night Movie	29 Armchair Fitness 9:00 Writing made Fun 9:45 Out to Lunch (TBD) 11:00 Current Events with Tim Chambless 3:30 PBS Series 4:15	30 Blood Pressure Clinic 8:30 Minding Motion 9:00 Bank Run 1:00 Afternoon Drive 1:00 Que Pasa! 3:45 Laura Shane-McWhorter U of U School of Pharmacy 7:00 Wednesday Movie	31 Happy Halloween  9:00 Armchair Fitness 10:45 Pilates w/ Courtney 3:00 HALLOWEEN PARTY 4:15 PBS Series 7:00 Thursday Movie Night	CELEBRATING OCTOBER BIRTHDAYS! 1 st Virginia Leonard 6 th Gordon Walton 8 th Jane Bassler 31 st Evan Allred	



The Park Bench



680 E. 100 S.
SLC, UT 84102
(801)537-1100



October 2019