

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1><u>October 2019</u></h1>		1 10:00 Video Exercise 10:30 Cribbage 11:00 Art & Music (Bingo Lounge) 1:00 Bingo 2:00 Small Stitching Project 3:00 Mahjong (Bingo Lounge)	2 10:00 Strength & Flexibility 10:30 Bible Study/Rose 10:30 Wii Bowling 10:30 Cribbage 2:00 Blood Pressure Clinic 2:30 Beanbag Baseball 4:00 Winery Club 6:00 Bring Your Own DVD (Living Room)	3 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Memory Tones (Music) 1:00 Poker 2:00 Flu Shot Clinic 2:00 Country Drive 3:00 3's (Dice Game) 4:00 Ding-A-Ling Practice 4:00 Bible Study W/Greg 6:00 Bingo	4 10:00 Shopping @W/11th 10:00 Video Exercise 11:00 Activity Meeting 1:30 Clair Essig (Piano Music) 2:30 Beanbag Baseball 4:00 Spelling Bee W/Greg (Dominoes)	5 8:30 Annual Solvang Yard Sale 10:00 Video Exercise 10:00 Thistledown Farm 10:30 Wii Bowling Practice 11:00 Scrabble (Bingo Lounge) 1:00 Bingo 4:00 Chair Yoga 6:00 Saturday Night Movie "The Little Shop Of Horrors"
6 9:30 Nazarene Church Service 10:30 Wii Bowling Practice 1:00 Sunday Fun Bunch 1:30 Movie & Popcorn "The Phantom Of The Opera" 6:00 Game Time!	7 10:00 Shopping Royal Barger 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Poker 2:30 Beanbag Baseball 4:00 Chair Yoga 6:00 Game Time!	8 AM Medical Appts 10:00 Video Exercise 10:30 Cribbage 11:00 Crossword Puzzles (Bingo Lounge) 1:00 Bingo 2:00 Wii Bowling @Evergreen 2:00 Small Stitching Project 3:00 Mahjong 6:00 High Desert Duet (Music)	9 AM Medical Appts 10:00 Strength & Flexibility 10:30 Bible Study/Rose 10:30 Wii Bowling 10:30 Cribbage 2:30 Beanbag Baseball 4:00 Lutheran Services 6:00 Bring Your Own DVD (Living Room)	10 10:00 Video Exercise 10:30 Wii Bowling Practice 11:00 Community Meeting 1:00 Poker 2:00 Country Drive 3:00 Uno (Card Game) 4:00 Ding-A-Ling Practice 6:00 Bingo	11 Footcare 9-11:30 10:00 Shopping @W/11th 10:00 Video Exercise 11:00 Scrabble (Bingo Lounge) 1:00 Fall Pumpkin Pie Social FEAT. Timothy Patrick (Music) 4:00 Spelling Bee W/Greg 6:00 Hand & Foot (Card Game)	12 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Bingo 3:00 Concert & Popcorn "Danny Elfman" 4:00 Chair Yoga 6:00 Saturday Night Movie "The Phantom Of The Opera"
13 9:30 Nazarene Church Service 10:30 Wii Bowling Practice 1:00 Sunday Fun Bunch 1:30 Movie & Popcorn "The Addams Family" 6:00 Game Time!	14 10:00 @River Road DT Library 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Poker 2:30 Beanbag Baseball 4:00 Chair Yoga 6:00 Game Time!	15 AM Medical Appts 10:00 Video Exercise 10:30 Cribbage 11:00 Brain Games (Bingo Lounge) 1:00 Bingo 2:00 Small Stitching Project 2:30 High Tea W/Ruthie (Fireside Lounge) 6:00 Oregon Old Tlme Country Fiddlers	16 AM Medical Appts 10:00 Strength & Flexibility 10:30 Bible Study/Rose 10:30 Cribbage 10:30 Wii Bowling 1:30 Food Forum W/Daniel 2:00 Blood Pressure Clinic 2:30 Beanbag Baseball 4:00 Ding-A-Ling-Practice 6:00 Bring Your Own DVD (Living Room)	17 10:00 Video Exercise 10:30 Wii Bowling Practice 12:00 Lunch W/Daniel 1:00 Poker 2:00 Wildcraft Ciderworks 3:00 Yahtzee (Dice Game) 6:00 Bingo	18 10:00 Shopping @W/11th 10:00 Video Exercise 11:00 Scrabble (Bingo Lounge) 2:30 Beanbag Baseball 4:00 Spelling Bee W/Greg 6:00 Game Time!	19 10:00 Video Exercise 10:00 Thistledown Farm 10:30 Wii Bowling Practice 1:00 Bingo 2:30 Craft Club (Pumpkin Painting) 4:00 Chair Yoga 6:00 Saturday Night Movie "The Addams Family"
20 9:30 Nazarene Church Service 10:30 Wii Bowling Practice 1:00 Sunday Fun Bunch 1:30 Movie & Popcorn "Practical Magic" 6:00 Game Time!	21 10:00 Shopping Royal Barger 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Poker 2:30 Beanbag Baseball 4:00 Chair Yoga 6:00 Game Time!	22 AM Medical Appts 10:00 Video Exercise 10:30 Cribbage 11:00 Word Search & Music (Bingo Lounge) 1:00 Bingo 2:00 Wii Bowling @Lone Oak 2:00 Small Stitching Project	23 AM Medical Appts 10:00 Strength & Flexibility 10:30 Bible Study/Rose 10:30 Cribbage 10:30 Wii Bowling 2:00 Chambers Hearing 2:30 Beanbag Baseball 4:00 Ding-A-Ling-Practice 6:00 Bring Your Own DVD (Living Room)	24 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Poker 2:00 Country Drive 3:00 Phase 10 (Card Game) 6:00 Bingo	25 10:00 Shopping @W/11th 10:00 Video Exercise 11:00 Scrabble (Bingo Lounge) 1:30 Pani's Dance & Music Therapy 2:30 Beanbag Baseball 4:00 Spelling Bee W/Greg 6:00 Mexican Train (Dominoes)	26 9:30 Mennonite Country Bakery (Harrisburg) 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Bingo 3:00 Bunco (Dice Game) 4:00 Chair Yoga 6:00 Saturday Night Movie "Practical Magic"
27 9:30 Nazarene Church Service 10:30 Wii Bowling Practice 1:00 Sunday Fun Bunch 1:30 Movie & Popcorn "Pirates Of The Carribean" 6:00 Game Time!	28 10:00 Shopping River Road 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Poker 2:30 Beanbag Baseball 4:00 Chair Yoga 6:00 Game Time!	29 AM Medical Appts 10:00 Video Exercise 10:30 Cribbage 11:00 Art & Music (Bingo Lounge) 1:00 Halloween Bingo 2:00 Small Stitching Project 2:00 Wii Bowling @Crescent Park 3:00 Mahjong	30 AM Medical Appts 10:00 Strength & Flexibility 10:30 Bible Study/Rose 10:30 Cribbage 10:30 Wii Bowling 2:00 Blood Pressure Clinic 2:30 Beanbag Baseball 4:00 Ding-A-Ling-Practice 6:00 Bring Your Own DVD (Living Room)	31 Halloween 10:00 Video Exercise 10:30 Wii Bowling Practice 1:00 Poker 3:00 Halloween Party/Costume Contest 6:00 Bingo 	 <h2><u>Birthdays</u></h2> <p>Jean C.-10 Marilyn S.-11 Rose-12 John M.-15 Jane-28</p>	