



## Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

***Taste of the Town*** - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

***Theme Dinners*** - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

***Sunday Brunch*** - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

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# Happy Birthday!

## Residents

Regina R.	10/17
Delmar T.	10/18

## Staff

Darion M.	10/4
Lindsey B.	10/9
David I.	10/9
Christy M.	10/15
Morgan G.	10/18
Drew B.	10/22
Joshua S.	10/24
Judy S.	10/27
Maria S.	10/27
Lorie P.	10/ 28



## Executive Director Corner

Happy  
October,  
everyone!

Now that

Fall is in full swing, I'm taking every opportunity available to enjoy the outdoors.

There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you start looking for a dance partner now, because before you know it, it'll be time to honky tonk the night away! Hold on to your hats for more information about this hoedown as we get closer

to the Theme Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and have a great month!

Yours in Service,  
*Tiffany Goins*  
Executive Director

## Volunteer News

We are always looking for volunteers that would like the opportunity to enhance the lives of others as well as their own. It can be something as simple as talking with a resident, playing cards, putting a puzzle together, calling bingo, painting fingernails or going on an outing. Please contact Misty Bookless or any of the other Life Enrichment staff member at 740-452-3800 for information.

## Taste of Town

Taste of Town will be on Monday, October 21st at noon. We will be enjoying Buffalo Wild Wings this month.

## Sunday Brunch

Sunday Brunch is Sunday, October 27th at noon. The first two guest are complimentary and each additional guest is \$7.00 a person. Please R.S.V.P. to the front office with the number of guest that you will have joining you. Hope to see you there!

## OUT AND ABOUT

We took our residents to the Down Home Country Retreat where we went fishing, rode on a boat, went on golf cart rides, painted a canvas picture, made pottery, enjoyed homeade ice cream, played home run derby, played our own musical instruments, swimming, tree climbing, listened to a wonderful country singer- Thomas Mack and spent the night in a cabin.



*Edytha, Becky and Misty*



# More from OUT AND ABOUT



*Kelly and Josh enjoying lunch at Cracker Barrel*



*Becky and Tiffany enjoying Cracker Barrel*



*Becky making pottery*



*Golf Cart Ride*



*Edytha and Staci in front of water*



*Group*



*Edytha making Pottery*



*Group Lineup*



## Family Night

We will be having Trick or Treat for our resident and staff families on Monday, October 28th at 6:30pm. If anyone would like to donate candy, please give it to any member of management and we will help keep the resident baskets filled with candy through the night, as the ghost and goblins beg for their treats. Be sure to have your favorite costumes on and let us know if you need assistance.

## Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link:  
[www.oaksatbethesda.com](http://www.oaksatbethesda.com)

The Private Dining Room, Recreation Room and Activity Room can be reserved for family parties and community groups. Please contact a member of Life Enrichment for details.

Happy Hour is weekly at 3:00pm on Fridays in the Assisted Living Dining Room!

The Trilogy Foundation grants Live a Dreams to residents wishing to relive an experience or engage in something they have always wanted to try. See a member of Life Enrichment for details.





# THE OAKS AT BETHESDA

*A Trilogy Senior Living Community*

**2971 Maple Avenue**

**Zanesville, OH 43701**

**740-452-3800**

**oaksatbethesda.com |  **

*Tiffany Goins*  
**Executive Director**

*April Huffman*  
**Director of Health Services**

*Darby Guthrie*  
**Assistant Director of Health Services**

*Penny Butcher*  
**Resident Services Director**

*Misty Bookless*  
**Life Enrichment Director**

*Cassie Lloyd*  
**Community Service Representative**

*Ashley Richards*  
**Director of Food Services**

*Stacey Holland*  
**Business Office Manager**

*Aaron George*  
**Director of Plant Operations**

*Judy Spaulding*  
**Environmental Services Director**

*Layne Paladino*  
**Therapy Director**

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

*Newsletter Production by PorterOneDesign.com*

# 'Dining Services'

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***Chef's Circle*** - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

***Trilogy Culinary Cruiser*** - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



## Word Search

J	F	Y	C	C	W	X	D	O	D	Y	Y	L	W	V	D	G	F	F
Z	S	U	O	K	J	F	I	L	A	M	F	T	O	X	A	R	H	G
Y	X	A	L	I	F	R	N	O	W	T	M	S	H	I	A	W	L	G
P	Y	L	K	B	P	E	N	C	N	L	E	P	V	E	S	J	S	D
O	Y	T	D	N	O	R	E	A	I	C	L	M	J	B	M	Z	R	V
D	C	W	T	O	W	N	R	L	I	S	F	U	B	C	O	E	U	E
Y	H	O	S	F	S	U	J	V	V	I	G	G	N	U	M	N	F	M
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W	Q	L	D	G	E	I	J	I	G	M	G	P	L	X	P	V	F	C
X	Q	W	Q	E	J	O	S	A	T	I	K	K	R	Z	L	Y	U	M

BRUNCH  
BUFFET  
CHEF  
CIRCLE

CULINARY  
DINING  
DINNER  
FOOD

LOCAL  
MEALS  
MENU  
RESTAURANT

SERVICES  
TASTE  
THEME  
TOWN