



ST. ELIZABETH
HEALTHCARE CAMPUS

A Trilogy Senior Living Community

Elizabethian

October 2019



Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

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Happy Birthday!

Residents

Sandra D.	10/08
Joan B.	10/13
Rose Ann B.	10/14
Virginia M.	10/15
Wilma F.	10/23

Staff

Katelyn A.	10/04
Michael I.	10/10
Samantha E.	10/11
Megan S.	10/12
Ann S.	10/16
Destini G.	10/18
Katrina S.	10/20
Shelby S.	10/20
Malinda H.	10/24
Mary K.	10/28

Taste of Town

Residents enjoyed eating from the Blue Moose in the month of August.

Live a Dream

Please let a life enrichment team member know if you have a live a dream you would like us to fulfill. We would be honored to help with this!

Sunday Brunch

Our next Sunday Brunch will be held on Sunday, October 20. Come enjoy time with your loved one while enjoying delicious food prepared by our wonderful dietary department. Please RSVP ahead of time, as always two guests eat free all other guests is \$7.00 for the meal.

Family Night

Our next family night will be held on Tuesday, December 10, please join us for a wonderful evening of food, fun and entertainment.



Executive Director Corner

Happy October, everyone!

Now that Fall is in full swing, I'm taking every opportunity available to enjoy the outdoors.

There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky-tonk the night away! Hold on to your hats for more information about this hoedown as we get closer to the Theme

Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and have a great month!

Yours in Service,

Shelly Dyrek
Executive Director

THEMED DINNER: LAS VEGAS CASINO NIGHT

Everyone enjoyed our last theme dinner, Las Vegas: Casino Night. We enjoyed learning new card games, theme related crafts and delicious food. Our next theme dinner will be held on Thursday, October 24. The theme for this week will be Nashville: Boot Scootin' Boogie!



Out and About

We were happy to get out and about in the month of August! Residents enjoyed going on our scenic drives, to the churches for lunch and bingo. We had fun shopping at Walmart and Ollies. We enjoyed eating out at IHOP, Olive Garden and Burger King. We had fun going to White Oaks Health Campus for some games. Everyone enjoyed going to the movie theater and the trip to the Farmers Market.



Ollies



IHOP



Olive Garden



Movie Theater



Farmers Market

AUGUST HIGHLIGHTS

Residents enjoyed the fun activities that were scheduled throughout the month of August. Some of the highlights were our exercise program, our different types of bingo, art class, zoo visit, cooking class, games and trivia, manicures, Lockport Church, our mindful moment's program, Taste of the Town, staff and Resident led programs and our men's group. Residents enjoyed entertainment this month as well, Happy Hours with Lee, John, Mike and Jeff, as well as Piano with Shirley, the Cutler Band and the Mennonites. We also enjoyed entertainment from Lee during our theme dinner night. We enjoyed welcoming the elementary school kids back to school, having a fair, our bingo auction, art walk and of course all of our fun activities during our theme week.



Art Walk



Playing euchre outside



Happy Hour Fair



Photo Finish Craft



Watermelon Craft



Taste of Town: Blue Moose



Lovely couple



Walking Club

LifeShare

If you or your loved one would like to know more about LifeShare, please contact our Life Enrichment Department today.

Volunteer News

We love our volunteers! We are always looking for ways to enrich the lives of our residents. If you would like to become a volunteer, please visit our Life Enrichment team to discuss the possibilities. In addition, when you see our volunteers please thank them for spending their time helping to enrich the lives of our residents. Thank you!

Senior Executive Club

October is here and with it comes all things that are creepy, spooky, and fall smells everywhere. Come and join us for our monthly Senior Executive Club on Wednesday, October 16 at 1:30pm. If you are 55 years young then hop on your brooms and fly over here to our Harvest Café in our beautiful Assisted Living facility. Join us for an afternoon of great fun, food and entertainment. This month we have a special treat for our members, and I promise there will not be any tricks. Be sure to come to our luncheon! Please RSVP to 765-564-6380 by Friday, October 11. Thank you and have a Happy Halloween and a wonderful fall season.

Thank you,

Amber Beatty


Customer Service Representative



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Katelyn Allen
Assistant Director of Health Services

Amber Beatty
Customer Services Rep.

Tammy Krpan
Business Office Manager

Amber Lantz
Life Enrichment Director

Dr. Li, MD
Medical Director

Kelly Best
Director of Social Services

Cindy Fisher, RN, BSN
MDS Coordinator

Stay in the Loop

Keep up with latest campus news
 and happenings by following
 us on your favorite social networks!

*We strive to provide the best customer
 service and quality care for our residents.*

*Our Department Leaders are here
 to solve any concerns you may have.*

*In the event that you need further
 assistance with any unresolved concerns,
 we encourage you to call or email
 our Compliance Hotline: 800-908-8618,
 ext. 2800; or comply@trilogyhs.com*

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'Dining Services'

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Chef's Circle - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



Word Search

J	F	Y	C	C	W	X	D	O	D	Y	Y	L	W	V	D	G	F	F
Z	S	U	O	K	J	F	I	L	A	M	F	T	O	X	A	R	H	G
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BRUNCH
 BUFFET
 CHEF
 CIRCLE

CULINARY
 DINING
 DINNER
 FOOD

LOCAL
 MEALS
 MENU
 RESTAURANT

SERVICES
 TASTE
 THEME
 TOWN