



Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

...continued on back page

Happy Birthday!

Residents

October 01	Ruby T.
October 03	Raphael A.
October 08	Marita H.
October 09	Doris L.
October 11	Delphina B.
October 23	Hilda L.
October 23	Joan H.
October 23	Mary A.

Staff

October 04	Evonne R.
October 10	Sylvia O.
October 12	Kristy S.
October 23	Hailea C.
October 23	Kendall R.
October 25	Lisa D.
October 27	Maria V.



Executive Director Corner

Happy
October,
everyone!

Now that

Fall is in full swing, I'm taking every opportunity available to enjoy the outdoors.

There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky-tonk the night away! Hold on to your hats for more information about this hoedown as we get closer to the Theme

Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and
have a great month!

Yours in service,

Todd Maki, HFA, RN, CDP
Executive Director

Live a Dream

Carol's Live a Dream was to be able to have a fire truck come to our Friday morning walks and honk their horn. Little did she know they were going to go above and beyond and let her spray their hose! Thank you to the firefighters for putting a smile on Carol's face!

Live a Dreams are available to ANY resident! Please contact the Life Enrichment Team for more information.



Volunteer News

Thank you to the Bauer Boys for coming and playing music for the residents!



Rita and Doris are all smiles listening to the Bauer Boys!

Smile of the Month

Smile of the Month goes to Lee. She was all smiles talking her love for animals!



Sunday Brunch

October's Sunday Brunch will be held on October 20 in the dining rooms starting at 11:30am. A resident can have 2 members eat free, but extra members must pay a small fee of \$7 per person to account for the food expenses. We hope to see you there!

Themed Dinner

Please contact the Life Enrichment Team for more information on when the next themed dinner will be.

Taste of Town

October's Taste of Town will be held on October 11. This will be in replace of our normal noon meal.

Did You Know...?

The Private Dining Room can be reserved for anyone at any time. Please contact the Life Enrichment Team for more information.

Happy Hour is weekly on Fridays at 3:15pm in the Assisted Living Dining Room. Please join us and bring your loved one to enjoy a light refreshment and drink.

Men's Group is held on the first and third Tuesday of each month. The first Tuesday is a supper held in the Activities room and the second Tuesday is held in the café area which consists of a card game/board game.

Living Arts

Thank you, Marissa for volunteering during craft time! The residents really enjoying spending time with you!



FAMILY NIGHT

Please contact the Life Enrichment Team for more information on when the next family night will be.





ST. CHARLES

HEALTH CAMPUS

A Trilogy Senior Living Community

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stcharleshc.com |  

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Bailey Sherman

Community Services Director

Tracy Tinker

Director of Dining Services

Jamie Welker

Director of Environmental Services

Terri Fritchley

Villa Lifestyle Director

Deena Mokris

Therapy Program Director

Toni Clifton

Assisted Living Unit Manager

Jenny Schum

Social Services Director

Aimee Oser

MDS Coordinator

TBD

Guest Relations

Stay in the Loop  

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Dining Services'

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Chef's Circle - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



Word Search

J	F	Y	C	C	W	X	D	O	D	Y	Y	L	W	V	D	G	F	F
Z	S	U	O	K	J	F	I	L	A	M	F	T	O	X	A	R	H	G
Y	X	A	L	I	F	R	N	O	W	T	M	S	H	I	A	W	L	G
P	Y	L	K	B	P	E	N	C	N	L	E	P	V	E	S	J	S	D
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BRUNCH

BUFFET

CHEF

CIRCLE

CULINARY

DINING

DINNER

FOOD

LOCAL

MEALS

MENU

RESTAURANT

SERVICES

TASTE

THEME

TOWN