

A Trilogy Senior Living Community

Connection

October 2019



# **Celebrating our Dining Services**

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With Taste of the Town, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, Theme Dinners allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our Sunday Brunches, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

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## Happy Birthday!

#### Residents October 01 Ruby T. October 03 Raphael A. October 08 Marita H. October 09 Doris L. October 11 Delphina B. October 23 Hilda L. October 23 Joan H. October 23 Mary A. Staff October 04 Evonne R. October 10 Sylvia O. October 12 Kristy S. October 23 Hailea C. October 23 Kendall R. October 25 Lisa D. October 27 Maria V.



# Executive Director Corner

Happy October, everyone! Now that

every opportunity available to enjoy the outdoors. There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

Fall is in full swing, I'm taking

On October 24th, we'll be arriving at the next destination in our "Party in the USA"

Theme Year – Nashville
Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky-tonk the night away! Hold on to your hats for more information about this hoedown as we get closer to the Theme

Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and have a great month!

Yours in service,

Todd Maki, HFA, RN, CDP
Executive Director

#### Live a Dream

Carol's Live a Dream was to be able to have a fire truck come to our Friday morning walks and honk their horn. Little did she know they were going to go above and beyond and let her spray their hose! Thank you to the firefighters for putting a smile on Carol's face!

Live a Dreams are available to ANY resident! Please contact the Life Enrichment Team for more information.





#### Volunteer News

Thank you to the Bauer Boys for coming and playing music for the residents!





Rita and Doris are all smiles listening to the Bauer Boys!

# Smile of the Month

Smile of the Month goes to Lee. She was all smiles talking her love for animals!



#### Themed Dinner

We hope to see you there!

Sunday Brunch

October's Sunday Brunch will be

held on October 20 in the dining

resident can have 2 members eat free, but extra members must

pay a small fee of \$7 per person to account for the food expenses.

rooms starting at 11:30am. A

Please contact the Life
Enrichment Team for more
information on when the next
themed dinner will be.

#### Taste of Town

October's Taste of Town will be held on October 11.
This will be in replace of our normal noon meal.

#### Did You Know...?

The Private Dining Room can be reserved for anyone at any time. Please contact the Life Enrichment Team for more information.

Happy Hour is weekly on Fridays at 3:15pm in the Assisted Living Dining Room. Please join us and bring your loved one to enjoy a light refreshment and drink.

Men's Group is held on the first and third Tuesday of each month. The first Tuesday is a supper held in the Activities room and the second Tuesday is held in the café area which consists of a card game/board game.



## **Living Arts**

Thank you, Marissa for volunteering during craft time! The residents really enjoying spending time with you!



### **FAMILY NIGHT**

Please contact the Life Enrichment Team for more information on when the next family night will be.













A Trilogy Senior Living Community

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Todd Maki Executive Director Tanya Hentrup Director of Health Services

Lisa Dorsey Asst. Director of Health Services

Heather Jones Business Office Manager

Sherri Byers Life Enrichment Director

Bailey Sherman Community Services Director

Tracy Tinker
Director of Dining Services

Jamie Welker Director of Environmental Services

Terri Fritchley Villa Lifestyle Director

Deena Mokris Therapy Program Director Toni Clifton

Assisted Living Unit Manager

Jenny Schum Social Services Director

> Aimee Oser MDS Coordinator

TBD Guest Relations

#### Stay in the Loop **y f**

Keep up with latest campus news and happenings by following us on your favorite social networks!

We strive to provide the best customer service and quality care for our residents.

Our Department Leaders are here to solve any concerns you may have.

In the event that you need further assistance with any unresolved concerns, we encourage you to call or email our Compliance Hotline: 800-908-8618, ext. 2800; or comply@trilogyhs.com

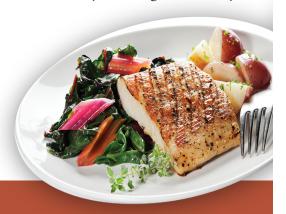
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# 'Dining Services'

Chef's Circle - Held weekly, Chef's Circle allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The Trilogy Culinary Cruiser takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



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BRUNCH	CULINARY	LOCAL	SERVICES
BUFFET	DINING	MEALS	TASTE
CHEF	DINNER	MENU	THEME
CIRCLE	FOOD	RESTAURANT	TOWN