



THE SPRINGS
AT LAFAYETTE

A Trilogy Senior Living Community

News

October 2019



Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

...continued on back page

Happy Birthday!

Residents

| | |
|-------------|-------|
| Dean P. | 10/01 |
| Marilyn W. | 10/07 |
| Jerry B. | 10/09 |
| Willie B. | 10/24 |
| Patricia H. | 10/28 |
| Allen W. | 10/29 |

Staff

| | |
|------------|-------|
| Melissa W. | 10/03 |
| Tiffany M. | 10/27 |
| Jina H. | 10/27 |



Executive Director Corner

Dear Springs
at Lafayette
friends
and family
members,

Happy October, everyone!

Now that Fall is in full swing, I'm taking every opportunity available to enjoy the outdoors. There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky tonk the night away! Hold on to your hats for more information about this hoedown as we

get closer to the Theme Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

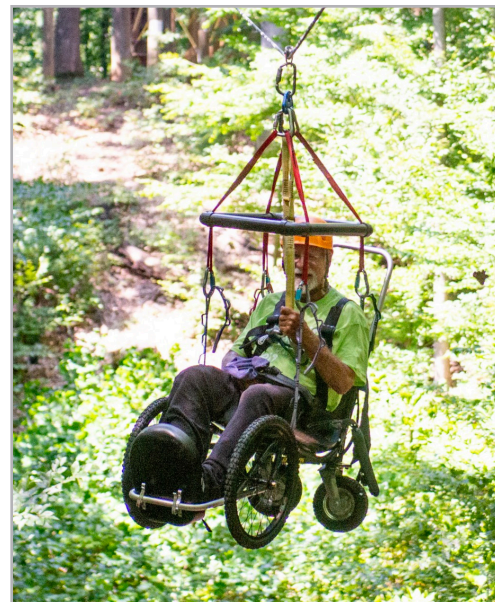
Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and
have a great month!

Sincerely,

Michael Meadows
Executive Director

Annual Retreat



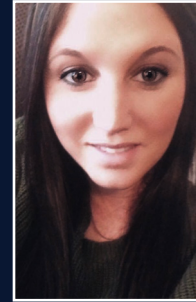
CAMPUS CARNIVAL



THEME DINNER: LAS VEGAS



A Note from Life Enrichment



Hello Everyone,
What an
exciting summer
this has been
and now we
are falling
into fall; my

personal favorite season.

This Past month we kicked off the fall fell with our amazing retreat to Bradford Woods. Residents and staff went Zip lining, fishing, horseback riding, sat fireside for wonderful entertainment with our own Jeff Anderson. Many of these residents were able to live some of their dreams, also known as marking one off of their “bucket list”. If you personally have something that you have always wanted to do, please reach out to myself or a member of Life Enrichment. Let us make your dreams come true.

Help us make this fall as best as it can be and look for our resident council and inspired living meetings on the calendar. Come enjoy a treat and give us your feedback.

We are always looking for new fun ideas and want to make sure everything is going as perfect as it can be for you. Have a wonderful October!

Warmly,

Amber McCall

Life Enrichment Director



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2402 South Street
Lafayette, IN 47904
765-446-9229

springsatlafayette.com | [t](#) [f](#)

Michael Meadows
Executive Director

Stephanie McCalment
Director of Health Services

TBD
Assistant Director of Health Services

Lisa Botka
Business Office

Amber McCall
Life Enrichment Director

Hannah Napier
Director of Social Services

Jina Harris
Director of Food Service

Tom Kennedy
Director of Plant Operations

Barb Chumley
Director of Environmental Services

Brooke Ekola
Community Services Manager

Diana Stetler
MDS Coordinator

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Dining Services'

...continued from cover

Chef's Circle - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



Word Search

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BRUNCH
BUFFET
CHEF
CIRCLE

CULINARY
DINING
DINNER
FOOD

LOCAL
MEALS
MENU
RESTAURANT

SERVICES
TASTE
THEME
TOWN