



SHELBY CROSSING

HEALTH CAMPUS

A Trilogy Senior Living Community

Connection

October 2019



Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

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Happy Birthday!

October 05	Elesibeth B.
October 10	Mary V.
October 13	David L.
October 13	Gertrude S.
October 14	Vicotria P.
October 15	Maria D.
October 22	Enid (Betty) O.
October 23	Santa B.
October 25	Sally V.
October 25	Gwendolyn O.
October 28	Elizabeth M.

Entertainment

10/02: Kenny Lang at 2:00pm
10/04: Greg Greer at 3:00pm
10/07: Dr. Butler at 10:30am
10/09: Richard S. at 2:00pm
10/11: Mike C. at 3:00pm
10/16: Jim Herrmann at 1:30pm
10/18: Helmut at 3:00pm
10/24: Nashville Theme Dinner
10/30: Chet at 2:00pm

Legacy Lane Entertainment

10/08: Catholic Mass at 11:00am
10/08: Sing-a-long
with Carlene at 2:00pm
10/11: Steve Elmore at 3:00pm
10/15: Sandy at 2:00pm
10/16: Jim Herrmann at 3:30pm
10/22: Catholic Mass at 11:00am
10/23: Music Therapy with
Dr. Butler at 10:30am
10/25: Paul on the
Marimba at 3:00pm
10/28: Kenny Lang at 2:00pm

Executive Director Corner

Happy October, everyone!

Now that Fall is in full swing, I'm taking every opportunity available to enjoy the outdoors. There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky tonk the night away! Hold on to your hats for more information about this hoedown as we get closer to the Theme Week. In the meantime, don't

hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

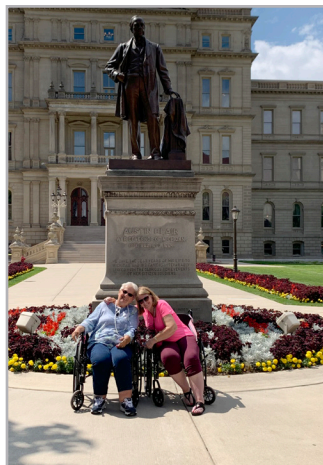
See you around, and have a great month!

Yours in Service,

Karen Monday
Executive Director

Life Enrichment Spotlight

Each year all of the Trilogy campuses in Michigan get to go on a special overnight retreat to a different destination in Michigan. This year we were able to go to Lansing to visit the Capitol building, go fishing at the state park, go to different museums, and spend time with our sister campuses. We had such a wonderful time!



More Life Enrichment Spotlight



Live a Dream

"I've always wanted to..." Don't we all have wishes we wish we would have pursued? The Trilogy Foundation grants funds to help residents achieve their dreams! What is your dream? Do you have a friend or loved one who has a wish? In the past, we've granted dreams to ride a hot air balloon, to attend a favorite sports game, to travel out of state to visit a brand new grandchild, and more! Please see your Life Enrichment Team for details.

Legacy Lane Spotlight

Thank you to all of the staff and family members who attended our outing the the Wolcott Farm. It was the perfect day with our Residents and we would not have been able to do it without all of you!



Sunday Brunch

Sunday Brunch will be held on October 20 at 11:00am. If you will be joining your loved one with a large group of guests, please contact the Dietary Department to reserve a table. We will take room reservations up until the Tuesday before brunch. Just a reminder – each resident is able to have two complimentary guests in addition to themselves. Any additional visitors will be charged \$10.00 per adult in advance and \$12.00 day of and \$5.00 for children ages 7-12. Payments for brunch can be made in cash or check or charged to the resident's room by being in contact with the business office. This standard is pertinent to Assisted Living, Health Campus, and Legacy residents.

Did You Know...?

That you can read the monthly newsletter on-line. Please follow the campus link at shelbycrossinghc.com

Happy Hour is weekly at 3:00pm. We serve beer, wine, and a drink of the week, along with light snacks. Please see the activity calendar to note whether or not there will be entertainment.

Each week, we go on an off-the-bus outing on Tuesdays and a drive-around-town outing on Thursdays. Please see the activity calendar or talk to the Life Enrichment Department for more information.

We hold a weekly ice cream social from 2:00-3:00pm in TownSquare. Please see the activity calendar to note whether or not there will be entertainment.



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13794 21 Mile Rd.

Shelby Township, MI 48315

586-532-2100

shelbycrossinghc.com | [t](#) [f](#)

Karen Monday
Executive Director

Marcus Badia
Administrator in Training

Leah Klauss
Director of Health Services

Katie Chisholm
Assistant Director of Health Services

Kathryn Leonhard
Legacy Neighborhood Director

Amanda Schwark
Life Enrichment Director

Chris Solomon
Director of Plant Operations

Coral Karpinski
Director of Food Services

Patrick Ridgell
Director of Environmental Services

Laicee Laforet
Director of Social Work

Colleen Balla
Therapy Director

Kelly Mattox
Business Office Manager

Stay in the Loop [t](#) [f](#)

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Dining Services'

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Chef's Circle - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



Word Search

J	F	Y	C	C	W	X	D	O	D	Y	Y	L	W	V	D	G	F	F
Z	S	U	O	K	J	F	I	L	A	M	F	T	O	X	A	R	H	G
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BRUNCH
BUFFET
CHEF
CIRCLE

CULINARY
DINING
DINNER
FOOD

LOCAL
MEALS
MENU
RESTAURANT

SERVICES
TASTE
THEME
TOWN