



SENIOR LIVING AT
FOREST RIDGE

A Trilogy Senior Living Community

Leaflet

October 2019



Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

...continued on back page

Happy Birthday!

Staff

Sue F.

10/6

Welcome New Residents

We would like to extend our warmest welcome and thank you for choosing us!

Did You Know...?

You can read the monthly newsletter online rather than receiving it in the mail?

Please follow the campus link www.seniorlivingatforestridge.com and let Norma know if you would like to discontinue the newsletter by mail.

Social Hour is weekly at 4:00pm. Come enjoy live entertainment, drinks, and appetizers!

Join us on the fourth Sunday of every month for our Family Brunch at 11:00am. Please call our business office at 765-521-4740 and let us know that you will be joining us!



Executive Director Corner

Happy October, everyone!

Now that Fall is in full swing,

I'm taking every opportunity available to enjoy the outdoors. There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky-

tonk the night away! Hold on to your hats for more information about this hoedown as we get closer to the Theme Week.

Now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more. We have many trips planned for this month so that you can jump on board and enjoy!

See you around, and have a great month!

Yours in Service,

Laura Lisa Stamper
Executive Director

Picnic at Westwood Park

To celebrate the end of summer, Senior Living organized a picnic in Westwood Park. The outing went great with the assistance of Westwood's Park Officials who allowed us the use of a shelter, free of charge. While in the park, residents began with a picnic, which consisted of Lee's Chicken, mashed potatoes & gravy, green beans, and biscuits. After lunch, our residents enjoyed the rest of the afternoon by walking a few of the trails. It was a gorgeous day for the picnic and the residents loved being with nature.



OUT AND ABOUT

Residents experienced our annual overnight stay during our Minnetrista Madness in Muncie this year. We started our adventure at Ball State University's planetarium and then headed over the Tonne Winery and enjoyed a cool wine smoothie and cheese. Later, we had dinner at the downtown Marriott and watched the Doo Dads perform. The next morning, after breakfast, we wrapped up our stay with a tour through Mennetrista's Museum, gift shop and gardens. As always, our residents had a fantastic time and we look forward to 2020's overnight stay.



New Castle Trick or Treat Night

Senior Living will be participating in the New Castle "Trick or Treat" Night. Residents will be handing out candy during the same time period in which New Castle has sanctioned for their Halloween "Trick or Treating" hours.

Family Night

During August's Family Night, Senior Living hosted a Bingo Bash for the residents, family members, and for the community. To begin the evening, our dietary department served a delicious BBQ dinner with coleslaw and baked beans. After dinner, our guests played 10 games of Bingo and each winner chose a prize from a variety of wonderful items. All proceeds from this event went to the "Tru Harbor" Charity and we would like to thank all the volunteers and participants who contributed to this cause!

Themed Dinner: Casino Night

Our Dietary and Activity Staff hosted the Casino Night Themed Dinner in August. These departments did an excellent job in preparing the cuisine and decorating for the dinner. The dinner started with an entrée of Roast Beef and ended with Baked Alaska for dessert. Residents also received casino, decorated fedoras and necklaces, as party favors during the dinner. During our entire themed week, residents experienced the casino life, starting with the Hoosier Park & Casino in Anderson, where they played the slots. Next, many new Poker Games were introduced to our campus to heighten the casino vibe for the week. Everyone had a terrific time and we are looking forward to our next themed dinner later in the season.





SENIOR LIVING AT FOREST RIDGE

A Trilogy Senior Living Community

2800 Forest Ridge Parkway

New Castle, IN 47362

765-521-4740

seniorlivingatforestridge.com



LauraLisa Stamper
Executive Director

Vickie Taylor
Business Office Manager

Chuck Riley
Director of Plant Operations

Stacey Bonwell
Director of Food Services

TBD
Director of Environmental Services

Norma Kriner
Resident Activity Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

Newsletter Production by PorterOneDesign.com

'Dining Services'

...continued from cover

Chef's Circle - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



Word Search

J	F	Y	C	C	W	X	D	O	D	Y	Y	L	W	V	D	G	F	F
Z	S	U	O	K	J	F	I	L	A	M	F	T	O	X	A	R	H	G
Y	X	A	L	I	F	R	N	O	W	T	M	S	H	I	A	W	L	G
P	Y	L	K	B	P	E	N	C	N	L	E	P	V	E	S	J	S	D
O	Y	T	D	N	O	R	E	A	I	C	L	M	J	B	M	Z	R	V
D	C	W	T	O	W	N	R	L	I	S	F	U	B	C	O	E	U	E
Y	H	O	S	F	S	U	J	V	V	I	G	G	N	U	M	N	F	M
I	E	Z	D	B	A	E	R	H	A	Z	X	Y	X	L	A	E	G	S
I	F	V	A	T	K	E	C	V	M	X	Q	L	D	I	N	I	N	G
H	N	P	S	R	S	B	P	A	Q	Q	I	A	L	N	L	N	K	U
D	M	E	A	L	S	U	D	N	E	L	S	R	B	A	K	P	F	R
X	R	M	L	R	T	F	I	C	R	V	N	I	Q	R	X	E	I	W
I	N	Q	D	E	W	F	R	P	T	M	B	N	O	Y	U	K	K	L
A	N	O	P	K	P	E	Q	D	R	K	I	R	P	X	D	N	L	Z
J	O	V	R	T	U	T	P	T	Q	M	X	W	R	X	Q	N	C	J
F	F	F	V	K	E	G	L	N	C	S	D	A	N	K	T	E	V	H
K	T	A	S	T	E	R	O	C	I	R	C	L	E	W	D	T	Z	P
W	Q	L	D	G	E	I	J	I	G	M	G	P	L	X	P	V	F	C
X	Q	W	Q	E	J	O	S	A	T	I	K	K	R	Z	L	Y	U	M

BRUNCH
BUFFET
CHEF
CIRCLE

CULINARY
DINING
DINNER
FOOD

LOCAL
MEALS
MENU
RESTAURANT

SERVICES
TASTE
THEME
TOWN