



THE GLEN

A Trilogy Senior Living Community

Gazette

October 2019



Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

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Happy Birthday!

Residents

Carol G.	October 02
Vicki S.	October 04
Ann T.	October 05
Pat A.	October 10
Barb C.	October 11
Kelly C.	October 13
Peg M.	October 15
Alice C.	October 20
Sam A.	October 20

Staff

Hope L.	October 06
Teresa E.	October 11
Missy R.	October 18
Holly T.	October 20
Ruth C.	October 25
Simone B.	October 26
Terri S.	October 30



Executive Director Corner

Happy October, everyone!

Now that Fall is in full swing, I'm taking every opportunity available to enjoy the outdoors.

There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky-tonk the night away! Hold on to your hats for more information about this hoedown as we get closer to the Theme

Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and have a great month!

Sincerely,

Valerie Wallen

Executive Director

Volunteer News

Do you have a hobby or activity that you enjoy, that you would like to share with our residents?

We are currently looking to grow our volunteer program in activities, such as Bingo, painting nails, lifelong learning, arts/crafts projects, gardening, pet visits, outings, in-room visits, etc. Please contact a member of our Life Enrichment team if you or someone you know would be interested in giving the gift of time.

THEMED DINNER: LAS VEGAS

We had a great time during our last Casino-Night Theme Dinner! It was fun spending time with family and friends, while enjoying live entertainment and yummy food. Our next Theme Dinner will take place on October 24. There will be live entertainment starting at 4:00pm and a fantastic dinner at 5:00pm. The theme for this dinner is country, so feel free to dress up!



Summer Retreat

Our “Down Home Country” summer retreat was an absolute blast! We had so much fun spending time together and doing a variety of activities. Some of our favorite activities were rock climbing, taking a boat ride, fishing, doing pottery, listening to some great country music, swimming, and OF COURSE winning the annual home run derby!



Legacy Lane Spotlight

Summer is the best time to get out and about, especially when it is to Skyline! Their chili is amazing. We will sure miss these warm summer days, but look forward to the beautiful colors of fall!



Sunday Brunch

Please join us for our next Sunday Brunch on October 20, from 11:30am-1:30pm. Please RSVP with number attending. The first two guests are complimentary, any additional will be \$10. See the business office or admissions team for reservations and tickets!

Did You Know...?

That you can read the monthly newsletter and calendars on-line. Please follow the campus link www.theglensl.com.

The Private Dining Room can be reserved for private parties, family dinners, birthday dinners and any other special event. Please contact the Life Enrichment Director, Mary for reservations.

Happy Hour is held weekly on Friday at 3:30pm.

The Trilogy Foundation grants Live a Dreams to residents wishing to experience something they have always wanted to do, or relive an experience they have enjoyed in the past. For more information please contact the Life Enrichment Director, Mary.

Creative Cooking

It has been a lot of hard-work maintaining our gardens this summer, but it sure has paid off! We made zucchini cocoa cookies from scratch this month using our very own zucchini! They sure turned out well.





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theglensl.com |

Valerie Wallen
Executive Director

Jenny Lowell
Director of Health Services

Chelsie Gray
Assistant Director of Health Services

Erin Cecil
Customer Service Representative

Earleen Cox
Business Office Manager

Mary Cales
Life Enrichment Director

Renee Davis
Director of Resident Services

William Russell
Director of Plant Operations

Adam Jennings
Director of Dining Services

Clarence Harris
Environmental Services Director

Krista Harmon
MDS Coordinator

Christie Jennings
Therapy Program Director

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

'Dining Services'

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Chef's Circle - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



Word Search

J	F	Y	C	C	W	X	D	O	D	Y	Y	L	W	V	D	G	F	F
Z	S	U	O	K	J	F	I	L	A	M	F	T	O	X	A	R	H	G
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P	Y	L	K	B	P	E	N	C	N	L	E	P	V	E	S	J	S	D
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BRUNCH
BUFFET
CHEF
CIRCLE

CULINARY
DINING
DINNER
FOOD

LOCAL
MEALS
MENU
RESTAURANT

SERVICES
TASTE
THEME
TOWN