



FOREST SPRINGS

HEALTH CAMPUS

A Trilogy Senior Living Community

Press

October 2019



Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

Taste of the Town - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

Theme Dinners - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

Sunday Brunch - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

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Happy Birthday!

Residents

Richard O.	Oct 03
Rolf J.	Oct 03
Donald W.	Oct 09
Donna L.	Oct 12
Charles H.	Oct 25

Sunday Brunch

We always look forward to mingling with our residents and their families and friends during our Sunday Brunches, the second Sunday of every month. Each resident can invite up to two guests free of charge. Additional tickets may be purchased for \$10 from the business office or that day from a staff member. If you anticipate bringing a large group, reservations are accepted up to three days in advance. *So come join us for a delicious meal!*

Live a Dream

Our "Live a Dream" program is designed to grant long-held wishes for our residents. We collaborate with the Trilogy Foundation to help finance our bigger dreams, but even small dreams are granted, through this wonderful program. Please let the Life Enrichment Director know if your loved one has expressed a wish and will do our best to grant it! Also we are a part of the Honor Flight! If you are a Veteran and would like take part in the Honor Flight please make us aware so we can get you signed up.



Executive Director Corner

Happy October, everyone!

Now that Fall is in full swing, I'm taking every opportunity available to enjoy the outdoors.

There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky tonk the night away! Hold on to your hats for more information about this hoedown as we get closer to the Theme

Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our Out and About program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With Out and About, we offer our residents field trips, bus tours, sports outings, and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and have a great month!

Sincerely,

Matthew Jones
Executive Director

Las Vegas Casino Night

This year has been so much fun, with our theme weeks. Here are some photos from our last one, Las Vegas Casino Night! This month will be our last Theme Week of the year and it will be Boot Scootin' Boogie! We look forward to a week filled with lots of country themed events.



More Las Vegas Casino Night



Taste of the Town

Taste of the Town is an opportunity on the third Tuesday of every month for our residents to “eat out” without the hassles of leaving the building! Residents are encouraged to provide feedback to our chef during “Chef Circle”. Resident preferences will determine the restaurant we will host at our campus for the month.

LifeShare

LifeShare Technologies, in partnership with this campus, provides an innovative service that allows you to connect with family and engage in your community, all through your personal television. With LifeShare, you can do all of the following through your television:

- View Photo's
- View community information, such as activities, announcements and dining menus
- Receive event reminders on the screen or by phone
- Read daily news
- Play games, music and faith based programs

See your Life Enrichment Department to get started today!

Volunteers Needed

Forest Springs strives to make all of our resident's days fun and enjoyable. Volunteers are the heart and soul of our campus and the key to making that happen. We are asking for just one hour per week/month to make a difference in their lives. If you are interested please contact: Becky Dunaway Life Enrichment Director.



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Matthew Jones
Executive Director

Krista Shepherd
Director of Post-Acute

Brandon Campbell
Assistant Director of Post-Acute

Taelor Adams
Customer Service Specialist

Kelsey Strader
Community Services Representative

Julie Cash
Business Office Manager

Becky Dunaway
Life Enrichment Director

Denise Bivens
Director of Assisted Living

Jennifer Alvarez
Social Services Director

Keith Dobson
Director of Plant Operations

Mark Heil
Director of Food Services

Taelor Adams
Villa Lifestyle Director

Billie Kinteh
Director of Environmental Services

Stay in the Loop

Keep up with latest campus news
and happenings by following
us on your favorite social networks!

*We strive to provide the best customer
service and quality care for our residents.*

*Our Department Leaders are here
to solve any concerns you may have.*

*In the event that you need further
assistance with any unresolved concerns,
we encourage you to call or email
our Compliance Hotline: 800-908-8618,
ext. 2800; or comply@trilogyhs.com*

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'Dining Services'

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Chef's Circle - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

Trilogy Culinary Cruiser - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



Word Search

J	F	Y	C	C	W	X	D	O	D	Y	Y	L	W	V	D	G	F	F
Z	S	U	O	K	J	F	I	L	A	M	F	T	O	X	A	R	H	G
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BRUNCH
BUFFET
CHEF
CIRCLE

CULINARY
DINING
DINNER
FOOD

LOCAL
MEALS
MENU
RESTAURANT

SERVICES
TASTE
THEME
TOWN