



THE WILLOWS  
AT HAMBURG

*A Trilogy Senior Living Community*

# Monthly

October 2019



## Celebrating our Dining Services

At our campus, we believe that the right employees make the difference. October 3rd – 9th is National Healthcare Food Service Workers week, and we want to take this time to recognize the incredible individuals who make up our Dining Services team, as well as the specialized programs that they assist in providing for our residents.

***Taste of the Town*** - With *Taste of the Town*, our Dining Services team treats our residents to the sights, smells, and tastes of local restaurants - all from the comfort of home. Through music, uniforms, mascots, and specialized menu options, our

dining room is redesigned to capture the look and feel of a featured restaurant. Let us know which restaurants meals are your favorite, and we will partner with them to bring your favorite meal experience to the campus so everyone can enjoy them with you!

***Theme Dinners*** - Who said that you have to leave home to go on vacation? A celebration of the culture behind our care, *Theme Dinners* allow us to explore the world at large from within the walls of our campus. Our next Theme Dinner, Nashville Boot Scootin' Boogie, will be on Thursday,

October 24th, and will be our final destination in our "Party in the USA" Theme Year. Stay tuned for more details as we get closer to the hoedown!

***Sunday Brunch*** - With our *Sunday Brunches*, we celebrate our fondest memories of sharing a meal with those that we love. Offered monthly, resident family members are invited to our campus to enjoy delicious breakfast items served buffet-style. So mark your calendars each month and encourage your family to come out and join us! All are welcome to attend.

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# Happy Birthday!

## Residents

|         |            |
|---------|------------|
| Oct. 13 | Lucille M. |
| Oct. 13 | William H. |
| Oct. 16 | Gloria W.  |
| Oct. 16 | Shirley P. |
| Oct. 19 | Billie M.  |
| Oct. 20 | Paul G.    |
| Oct. 26 | Helen W.   |
| Oct. 26 | Joan T.    |
| Oct. 28 | Betty B.   |
| Oct. 28 | Verna W.   |
| Oct. 29 | Helen S.   |



## Executive Director Corner

Happy October, everyone!

Now that Fall is in

full swing, I'm taking every opportunity available to enjoy the outdoors. There's something especially comforting about the sound of leaves crunching beneath my feet, and the smell of fresh pumpkins being carried by a cool breeze. There's so much to appreciate about this time of the year, and we can't wait to celebrate it with you.

On October 24th, we'll be arriving at the next destination in our "Party in the USA" Theme Year – Nashville Boot Scootin' Boogie! We recommend that you get your dancing shoes ready, because before you know it, it'll be time to honky tonk the night away! Hold on to your hats for more information about this hoedown as we

get closer to the Theme Week. In the meantime, don't hesitate to talk to a member of our Life Enrichment team about any questions that you might have. They'll be more than happy to see you!

Speaking of Life Enrichment, now is the perfect time to get involved with our *Out and About* program. If you're wanting to stretch your legs and experience some of the Fall magic for yourself, then look no further. With *Out and About*, we offer our residents field trips, bus tours, sports outings, and more – up to two times per week! Talk to any members of our team about what we have planned for this month so that you can jump on board.

See you around, and have a great month!

Yours in Service,

*Sam Frazier.* MHA, LNHA  
Executive Director

## Did You Know...?

The Private Dining Room can be reserved for parties, birthdays, special events, or at our monthly brunches! Call ahead early to reserve!

Happy Hour is weekly on Fridays at 3:00! There is always appetizers and a musician! Anyone welcome!

You can follow us on Facebook at The Willows at Hamburg to see updates on everything we do!

## Heart Walk

Last month we went on an afternoon walk to promote being heart healthy! It was a beautiful day to get outside and enjoy the weather.





# South Kentucky Resident Retreat 2019: Bardestown, KY



Every year Trilogy Health Services provides a retreat for the residents to attend for free! This year we traveled to Bardestown, KY to learn the history of the area and enjoy the amazing scenic views. It was so much fun and we can't wait for next year!



## Theme Week: *Las Vegas Casino Night*



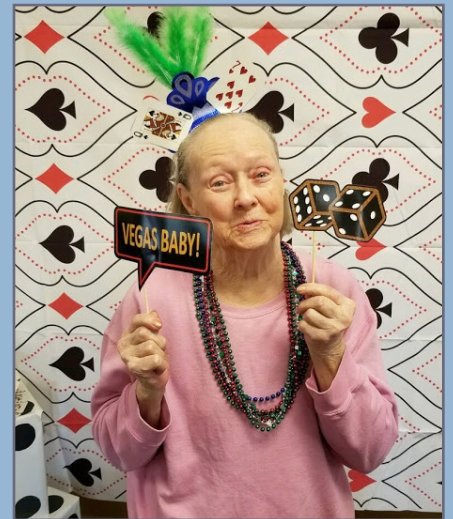
We had a great time all week that was themed around Las Vegas! We learned new card games, made fun hats and dice decorations, had a delicious Las Vegas dinner, and listened to great musicians! In

October we will be having a Nashville themed week and we are so excited for all the festivities to come with that.



## *Legacy Spotlight*

We are always keeping busy here in Legacy! There is always so much to do! We had our Las Vegas theme dinner last month and it was a blast! We have also been working on making center pieces for the Leading Age Conference. Every day is new and exciting.







# THE WILLOWS AT HAMBURG

*A Trilogy Senior Living Community*

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**willowsathamburg.com |**

*Sam Frazier  
Executive Director*

*Sabrena Fields  
Director of Health Services*

*Barbara Howard  
Assistant Director of Health Services*

*Emily Seger  
Business Office Manager*

*Rebekah Deckett  
Life Enrichment Director*

*Megan Chandler  
Therapy Department Director*

*Sally Fitch  
Legacy Neighborhood Director*

*Tracey Ragone  
Social Service Director*

*Ginger Cornett  
Director of Environmental Services*

*Tim Moore  
Director of Plant Operations*

*Chase Belcher  
Customer Service Specialist*

*Adam Bailey  
Community Services Representative*

## Stay in the Loop

Keep up with latest campus news  
and happenings by following  
us on your favorite social networks!

*We strive to provide the best customer  
service and quality care for our residents.*

*Our Department Leaders are here  
to solve any concerns you may have.*

*In the event that you need further  
assistance with any unresolved concerns,  
we encourage you to call or email  
our Compliance Hotline: 800-908-8618,  
ext. 2800; or [comply@trilogyhs.com](mailto:comply@trilogyhs.com)*

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# 'Dining Services'

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**Chef's Circle** - Held weekly, *Chef's Circle* allows our residents the opportunity to provide feedback, propose new dishes, and share their favorite recipes with our detail-oriented chefs. You may even be the first to sample our new menu offerings and help to decide which dishes we will feature on the next menu!

**Trilogy Culinary Cruiser** - The *Trilogy Culinary Cruiser* takes our dining room experience to the road. Our food truck will travel to select destinations and community events to provide those we serve with mouth-watering meals on the go. Ask a member of our team about when the Trilogy Culinary Cruiser is scheduled to be in the area!

Thank you to our Dining Services employees for helping bring these experiences to life in our community. Your commitment to quality care is reflected in every dish, and your compassionate spirit never fails to put a smile on the face of our friends and family. If you'd like to get to know our Dining Services team, join us in the dining room anytime for a meal. They'll be eager to meet you!



## Word Search

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| Y | X | A | L | I | F | R | N | O | W | T | M | S | H | I | A | W | L | G |
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BRUNCH  
BUFFET  
CHEF  
CIRCLE

CULINARY  
DINING  
DINNER  
FOOD

LOCAL  
MEALS  
MENU  
RESTAURANT

SERVICES  
TASTE  
THEME  
TOWN