

**Creasy Springs Health Campus
Assisted Living**

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A - Artisans CC - Community Connections CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning M - Music to My Ears O - Out & About S - Signature Events V - Vitality	Assisted Living Living Room (AL LV) Town Square (TS) Cafe (C) Activity Room (ACT) Health Center Dining Room (HC) Sunroom (SR) *Reminder-Activities are subject to change	1 V 10:00 chair fitness (Act) K 10:30 Daily News/Chronicles (Act) S 11:00 Men's Coffee w/ Plant Ops (C) K 11:00 Pokeno (Act) A 1:30 Dunkin Pumpkins (Act) S 2:30 Chef's Comer (C) K 3:30 Card Sharks (Act)	2 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicals (Act) CC 11:00 Apple Walnut Mini Pies (Act) O 1:30 Inspired Fire Tour S 3:30 AL Resident Council (Act) CC 6:30 No Sew Hats (Act)	3 I 10:00 Bible Study w/ Marge(ACT) S 11:00 Inspired Living (Act) A 1:30 Art w/ A Happy Heart (Act) I 2:00 St. Mary Communion (AL LV) GG 3:30 Card Club (Act) K 6:30 Bingo w/ Dorothy (AL)	4 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicles (act) M 11:00 Hymns & Devotions w/ ViaQuest (Act) O 1:30 South River Road Drive GG 1:30 Junk Drawer (Act) L 2:30 Remembering the Pumpkin Patch (Act)	5 V 10:00 Saturday Move & Groove (Act) CC 10:45 "What's Cooking?"- Lemon Scones (Act) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Kent Lane S 3:00 Ice Cream Social(C) GG 3:45 cards/board games(Act)
6 V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) K 11:00 Giant Crossword Puzzle (C) I 2:00 Church Service w/ the Knoths (AL LV) A 3:00 Cut-n-Paste Pumpkin (Act)	7 V 10:00 Move It Monday (ACT) K 10:30 Daily News/Chronicals(Act) K 11:00 October IQ (Act) I 1:30 Communion (ALLV) GG 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS) S 3:00 Christmas Choir Practice (Act)	8 Yom Kippur Begins V 10:00 Yoga(Act) K 11:00 Daily News/Chronicles (Act) S 11:00 Men's Coffee w/ Plant Ops (C) K 11:00 Pokeno (Act) A 1:30 Spider Web Ornament (Act) K 3:30 Card Sharks (Act)	9 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicals (Act) CC 11:00 "What's Cookin'?"- Fruity Oatmeal Cookies (Act) O 1:30 Wea Creek Orchard K 3:30 Card Club (Act) M 6:30 Piano w/ Alisha (C)	10 I 10:00 Reliving Moments w/ Marge (Act) L 11:00 Remembering the Pumpkin Patch (Act) A 1:30 Hocus Pokus Door Decor (Act) M 2:30 Music w/ Sam Piercy (C) GG 3:30 Card Club (Act) K 6:30 Bingo w/ Dorothy (AL)	11 V 10:00 Fitness Retreat! (C) I 10:30 Catholic Mass (Act) K 10:30 Daily News/Chronical (C) O 1:30 Pretty Prairie Road Drive K 2:00 Hidden In Plain Sight (Act) CC 3:30 Happy Hour with	12 V 10:00 Saturday Move & Groove (Act) CC 10:45 "What's Cooking?"- Pumpkin Pie Choc. Chip Cookies (Act) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Donna Shaw(TS)
13 V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) S 11:00 SUNDAY BRUNCH! K 11:00 Giant Crossword Puzzle (C) I 2:00 Lafayette Reform Christian Church (Act) A 3:00 Halloween Garland (Act)	14 Columbus Day V 10:00 Move It Monday (ACT) K 10:30 Daily News/Chronicals(Act) K 11:00 Easy Does It Trivia (Act) I 1:30 Communion (ALLV) GG 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS) CC 3:00 Christmas Choir	15 V 10:00 chair fitness (Act) K 10:30 Daily News/Chronicles (Act) S 11:00 Men's Coffee w/ Plant Ops (C) K 11:00 Pokeno (Act) A 1:30 LaLa Pottery (Act) S 2:30 Chef's Comer (C) K 3:30 Card Sharks (Act)	16 V 10:00 Trilogy Fit (ACT) O 10:30 Lunch at Outback Steakhouse K 10:30 Daily News/Chronicals (Act) CC 1:30 "What's Cookin'?"- Nutella Cocoa Bites (Act) GG 3:00 Wii Bowling (Act)	17 I 10:00 Bible Study w/ Marge(ACT) L 11:00 Remembering Glories Of Fall (Act) A 1:30 Halloween Wreath (Act) I 2:00 St. Mary Communion (AL LV) GG 3:00 Dominoes (Act) GG 3:30 Card Club (Act)	18 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicles (act) M 11:00 Hymns & Devotions w/ ViaQuest (Act) O 1:30 West Pointe Drive V 2:00 Junk Drawer (Act) M 3:30 Happy Hour with Dave Wilcox (TS)	19 V 10:00 Saturday Move & Groove (Act) CC 10:45 "What's Cooking?"- Maple Doodles (Act) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Jeff Anderson (TS) S 3:00 Ice Cream Social(C)
20 V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) K 11:00 Giant Crossword Puzzle (C) I 2:00 Church Service w/ Rick & Marge (AL LV) A 3:00 Popsicle Stick Witch(Act)	21 V 10:00 Move It Monday (ACT) M 10:30 Boot Scootin Country w/ Pat Loro (C) I 1:30 Communion (ALLV) GG 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS) CC 3:00 Christmas Choir Practice (Act)	22 V 10:00 Yoga (Act) S 11:00 Men's Coffee w/ Plant Ops (C) K 11:00 Pokeno (Act) A 1:30 Crafts Unlimited w/ Judy (Act) S 2:30 Chef's Comer (C) K 3:30 Card Sharks (Act)	23 V 10:00 Trilogy Fit (ACT) K 10:30 Daily News/Chronicals (Act) CC 11:00 "What's Cookin'?"- Banana Oatmeal Muffins (Act) O 1:30 Wild Cat Winery K 3:30 Card Club (Act) CC 6:30 Boot Scootin' Line	24 I 10:00 Reliving Moments w/ Marge (Act) L 11:00 The Boo Game (Act) A 1:30 Jack-O-Lantern Magazine Collage (Act) M 3:00 Music w/ Ryan Rollins (C) GG 3:30 Card Club (Act) S 5:15 BOOT SCOOTIN' THEME	25 V 10:00 Fitness Retreat! (C) I 10:30 Catholic Mass (Act) K 10:30 Daily News/Chronical (C) K 11:00 Ramdom Trivia (C) O 1:30 Independence Drive K 2:00 Word Pairs (Act) M 3:30 Happy Hour with Larry Gould (TS)	26 V 10:00 Saturday Move & Groove (Act) CC 10:45 "What's Cooking?"- Pumpkin Bars (Act) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Mea Ward (TS) S 3:00 Ice Cream Social(C) GG 3:45 cards/board games(Act)
27 V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) K 11:00 Giant Crossword Puzzle (C) I 2:00 Service w/Pastor Rick & Marge (AL LV) CC 3:00 Halloween Haunt Goody Bags (Act)	28 V 10:00 Move It Monday (ACT) M 10:30 Music w/ Todd Hair (C) I 1:30 Communion (ALLV) GG 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS) CC 3:00 Christmas Choir Practice (Act)	29 V 10:00 chair fitness (Act) K 10:30 Daily News/Chronicles (Act) S 11:00 Men's Coffee w/ Plant Ops (C) K 11:00 Pokeno (Act) S 12:00 Men's Lunch! (ACT) A 1:30 Halloween Haunt Bags (Act)	30 V 10:00 Trilogy Fit (ACT) O 10:30 Shopping at Walmart K 10:30 Daily News/Chronicals (Act) S 12:15 TASTE OF TOWN A 1:30 "What's Cookin'?"- Cream Cheese Whoopie Pies (Act) K 3:30 Card Club (Act)	31 Halloween I 10:00 Bible Study w/ Marge(ACT) L 11:00 HAPPY HALLOWEEN (Act) A 1:30 Fall Leaf Lantern (Act) GG 3:30 Card Club (Act) K 6:30 Bingo w/ Dorothy (AL)	Resident Birthday's 10/1 Margaret W. 10/7 Edith S. 10/11 Sally F. 10/15 James D. 10/24 Clyde M. 10/28 Carlos S	Available daily in the activity room: Please ask for a member of our Life Enrichment Department to supply you with any of the following materials: Popcorn Books/magazines Books on tape

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A - Artisans CC - Community Connections CC - Creative Cooking GG - Group Games I - Inspirations K - Keeping it Sharp/Reminisce L - Lifelong Learning MM - Mindful Moments M - Music to My Ears O - Out & About S - Signature Events	Assisted Living Living Room (AL LV) Town Square (TS) Cafe (C) Activity Room (ACT) Health Center Dining Room (HC) *Reminder-Activities are subject to change.	1 V 10:00 Fitness Club (TS) K 10:30 Morning News/Chronical (C) M 11:00 Sing Fit (C) S 11:00 Men's Coffee w/ Plant Ops (C) K 11:00 Pokeno (Act) A 1:30 Dunkin Pumpkins (TS) S 2:30 HC Resident Council	2 V 10:00 Chair Fitness (C) K 10:30 Daily News/Chronical (C) CC 11:00 Apple Walnut Mini Pies (C) O 1:30 Inspired Fire Tour S 3:30 AL Resident Council (Act) MM 4:00 Find it Tubes (200 hall)	3 I 10:00 Bible Study w/ Marge(ACT) S 11:00 Inspired Living (Act) A 1:30 Art w/ A Happy Heart (Act) I 2:00 St. Mary Communion (AL LV) GG 3:30 Card Club (Act) MM 4:00 Ribbon Dancing (200)	4 V 10:00 Fitness Retreat! (C) K 10:30 Daily News/Chronical (C) M 11:00 Hymns & Devotions w/ ViaQuest (Act) O 1:30 South River Road Drive GG 1:30 Junk Drawer (Act) L 2:30 Remembering the Pumpkin Patch (Act)	5 V 10:00 Saturday Move & Groove (Act) CC 10:45 "What's Cooking?"- Lemon Scones (Act) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Kent Lane S 3:00 Ice Cream Social(C) GG 3:45 cards/board games(Act)
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13 V 10:00 Sunday Stretch (C) K 10:30 Daily News/Daily Chronicles (TS) S 11:00 SUNDAY BRUNCH! K 11:00 Giant Crossword Puzzle (C) I 2:00 Lafayette Reform Christian Church (Act) A 3:00 Halloween Garland (Act)	14 Columbus Day V 10:00 Move It Monday (C) K 10:30 Daily News/Chronicals (C) K 11:00 Easy Does It Trivia w/ Miss Kay (C) I 1:30 Communion (ALLV) GG 2:00 Bingo (HC) S 2:45 Nails w/ Dorothy (TS) CC 3:00 Christmas Choir	15 V 10:00 Fitness Club (TS) K 10:30 Morning News/Chronical (C) M 11:00 Sing Fit (C) S 11:00 Men's Coffee w/ Plant Ops (C) K 11:00 Pokeno (Act) A 1:30 LaLa Pottery (Act) A 2:00 Popsicle Stick Pumpkin	16 V 10:00 Chair Fitness (C) O 10:30 Lunch at Outback Steakhouse K 10:30 Daily News/Chronical (C) K 11:00 It's A Small World w/ Miss Kay (C) CC 1:30 "What's Cookin'?"- Nutella Cocoa Bites (C)	17 I 10:00 Bible Study w/ Marge(ACT) L 11:00 Remembering Glories Of Fall (Act) A 1:30 Bat Clay Pot (C) I 2:00 St. Mary Communion (AL LV) GG 3:00 Dominoes (Act) GG 3:30 Card Club (Act)	18 V 10:00 Fitness Retreat! (C) K 10:30 Daily News/Chronical (C) M 11:00 Hymns & Devotions w/ ViaQuest (Act) O 1:30 West Pointe Drive V 2:00 Junk Drawer (Act) S 3:00 HC Chefs Corner (C) M 3:30 Happy Hour with Dave	19 V 10:00 Saturday Move & Groove (Act) CC 10:45 "What's Cooking?"- Maple Doodles (Act) K 11:00 Daily News/Daily Chronicles M 2:00 Music w/ Jeff Anderson (TS) S 3:00 Ice Cream Social(C)
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A - Artisans CC - Creative Cooking GF - Gathering of Friends GG - Group Games K - Keeping it Sharp/Reminisce M - Music to My Ears S - Signature Events V - Vitality	Join us for Sunday Brunch on 9/11 from 11am-1pm. The first 2 guests are complimentary and additional guests are \$10 each. Please RSVP by 9/3 to reserve your seats.	1 V Cowboy Boogie K Best Friends Forever! CC Bohemian Cookies S Healthy Hands Relax & Recharge A Indian Corn M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands	2 V Chair Swimming K Autumn Spelling Words CC Pumpkin Seeds S Healthy Hands Relax & Recharge A Pumpkin Seed Art M SING FIT GG Lollipop Paddle Healthy Hands	3 V Basketball K Glorious Verbs! CC Apple Cheddar Melts S Healthy Hands Relax & Recharge M Cantwells A Spider Web Wreath GG Turkey Toss Healthy Hands	4 V Pumpkin Pass K October Word Poem CC Cranberry Shortbread S Healthy Hands Relax & Recharge A Ribbon Wreath M October Happy Hour GG Pin the Tail on Bessie Healthy Hands	5 V Mindfulness Matters K Turn Over CC Apple Betty S Healthy Hands Relax & Recharge A Leaf Silhouette M Kent Lane GG Life on the Farm Healthy Hands
6 V Bowling K Create a Caption CC Maple Butter Cake S Healthy Hands Relax & Recharge A Felt Hats M Hymns/Bible Study GG Image Snap Healthy Hands	7 V Bandana Dance K Football Frenzy! CC Chocolate Covered Pretzels S Healthy Hands Relax & Recharge A Yam Wrapped Mummy M Sing Fit GG Horseshoes Healthy Hands	8 Yom Kippur Begins V Cowboy Boogie K Best Friends Forever! CC Fluffemutter Cake S Healthy Hands Relax & Recharge A Spider Web Candle Holders A Meine Palmer M Toot Your Flute GG Roll the Die & Break the Ice	9 V Chair Swimming K Autumn Spelling Words CC Pumpkin Cupcakes S Healthy Hands Relax & Recharge A Apple Pie Playdoh M Creasy Christmas Choir Practice GG Lollipop Paddle Healthy Hands	10 V Basketball K Glorious Verbs! CC Angel Food Cake S Healthy Hands Relax & Recharge A Mummy Mason Jar Luminaries M Feel The Heartbeat GG Turkey Toss Healthy Hands	11 V Pumpkin Pass K October Word Poem CC Granola Bars S Healthy Hands Relax & Recharge A Pumpkin Spice Sugar Scrub M Slaughterbecks Happy Hour GG Pin the Tail on Bessie Healthy Hands	12 V Mindfulness Matters K Turn Over CC Cheese Spread S Healthy Hands Relax & Recharge A Yam Ghost M Donna Shaw GG Life on the Farm Healthy Hands
13 V Bowling K Create a Caption CC Brunch S Healthy Hands Relax & Recharge A Coloring with Style M Celebrity Sunday GG Image Snap Healthy Hands	14 Columbus Day V Bandana Dance K Football Frenzy! CC Butterscotch Fudge S Healthy Hands Relax & Recharge A Paper Boats M Sing Fit GG Horseshoes Healthy Hands	15 V Cowboy Boogie/Chair Exercise K Best Friends Forever! CC Monkey Bread S Healthy Hands Relax & Recharge A DIY Lotion M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands	16 V Chair Swimming K Autumn Spelling Words CC Cranberry Fizz S Healthy Hands Relax & Recharge A Fossil Fun M Sing Fit GG Lollipop Paddle Healthy Hands	17 V Basketball K Glorious Verbs! CC Banana Frozen Yogurt S Healthy Hands Relax & Recharge M Hymns with ViaQuest A Spider Web Gloop GG Turkey Toss Healthy Hands	18 V Pumpkin Pass K October Word Poem CC Chocolate Cupcakes S Healthy Hands Relax & Recharge A Stress Balls M October Happy Hour GG Pin the Tail on Bessie Healthy Hands	19 V Mindfulness Matters K Julie Berry CC Caramel Pretzel Candy S Healthy Hands Relax & Recharge A Paper Mache Pumpkin Pinatas M Sing Fit GG Life on the Farm Healthy Hands
20 V Bowling K Create a Caption CC Lemon Herb Muffins S Healthy Hands Relax & Recharge A Paper Mache Pumpkin Pinatas Day 2 M Hymns/Bible Study GG Image Snap	21 V Bandana Dance K Football Frenzy! CC No Bake Pumpkin Cheesecake S Healthy Hands Relax & Recharge A Pom Pom Gecko M Sing Fit GG Horseshoes Healthy Hands	22 V Cowboy Boogie K Best Friends Forever! CC Hazelnut Biscotti S Healthy Hands Relax & Recharge A Cling Wrap Paintings M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands	23 V Chair Swimming K Autumn Spelling Words CC Boston Cream Pie Poke Cake S Healthy Hands Relax & Recharge M Creasy Christmas Choir Practice M Music with Gilbert GG Lollipop Paddle Healthy Hands	24 V Basketball K Glorious Verbs! CC Spiced Pear Bread S Healthy Hands Relax & Recharge A Fall Tree Painting M Feel The Heartbeat GG Turkey Toss Healthy Hands	25 V Pumpkin Pass K October Word Poem CC Breadstick Bones S Healthy Hands Relax & Recharge A Frankenstein Figures M Happy Hour Music with Kenny GG Pin the Tail on Bessie Healthy Hands	26 V Mindfulness Matters K Turn Over CC Pumpkin Pie S Healthy Hands Relax & Recharge A Pumpkin Decorating M Sing Fit GG Life on the Farm Healthy Hands
27 V Bowling K Create a Caption CC Irish Soda Bread S Healthy Hands Relax & Recharge A Candy Corn Banner M Hymns/Bible Study GG Image Snap Healthy Hands	28 V Bandana Dance K Football Frenzy! CC Chocolate Pudding S Healthy Hands Relax & Recharge A Ghost Windsock M Sing Fit GG Horseshoes Healthy Hands	29 V Cowboy Boogie K Best Friends Forever! CC Oatmeal Muffins S Healthy Hands Relax & Recharge A Halloween Masks M Toot Your Flute GG Roll the Die & Break the Ice Healthy Hands	30 V Chair Swimming K Autumn Spelling Words CC Candy Corn Bark S Healthy Hands Relax & Recharge A Candy Corn Fun M Sing Fit GG Lollipop Paddle Healthy Hands	31 Halloween V Basketball K Glorious Verbs! CC Caramel Apple Salad S Healthy Hands Relax & Recharge M Hymns with ViaQuest A Ghost Lollipops GG Turkey Toss Healthy Hands	Outings are subject to change based on weather and resident needs.	Birthdays Carlos.S 10/28

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All activities held at The Clubhouse, Outings will be location specific	Use our day planner to reserve clubhouse. Please see Kathy to insure dates/times are available.	1	2 9:30 Coffee & Donuts 10:30 Card Club	3	4 1:15 TrilogyFIT 2:15 Fun and Games 3:00 Happy Hour	5
6 11:00 Sunday Brunch 2:00 Church with the Knoths (AL LV)	7 1:15 TrilogyFIT 2:00 Cooking Club 6:00 Kindred Spirit Group	8 Yom Kippur Begins	9 9:30 Coffee & Donuts 3:00 Legacy Choir Practice	10 10:00 Senior Executive Council with Jean Kolp	11 1:15 TrilogyFIT 2:15 Fun and Games 3:00 Happy Hour with Neal Whitlock	12
13 11:00 SUNDAY BRUNCH! 2:00 Lafayette Reform Church (ACT)	14 Columbus Day 1:15 TrilogyFIT 2:00 Crafts with Noel	15	16 8:30 Wellness Wednesday 9:30 Coffee & Donuts 10:30 Bingo	17 10:00 Mystery Lunch Location - load van at Club house	18 1:15 TrilogyFIT 2:00 Trivia with Yvonne 3:00 Happy Hour	19
20 2:00 Church with Rick and Marge (AL LV)	21 1:15 TrilogyFIT 2:00 Plam Project 6:00 Kindred Spirt Group	22	23 9:30 Coffee & Donuts 2:00 Legacy Choir Practice	24 5:00 Nashville Theme Dinner	25 1:15 TrilogyFIT 2:00 Coffee with a Cop - Ian Shields 3:00 Happy Hour	26
27 2:00 Church with Rick and March (AL LV)	28 12:00 Lunch with Justin 1:15 TrilogyFIT	29 6:30 Halloween Haunt - Main Building	30 9:30 Coffee & Donuts	31 Halloween 10:30 Lunch Out	Birthdays Ginny 10/3 Elise 10/28	Pick an evening - lets make S'mores!!!!